

Continuing Medical Education

Exams are available online only at cme.psychiatryonline.org

INFORMATION TO PARTICIPANTS

OBJECTIVES. After evaluating a specific journal article published in the American Journal of Psychiatry, participants should be able to demonstrate an increase in their knowledge of clinical medicine. Participants should be able to understand the contents of a selected research or review article and to apply the new findings to their clinical practice.

PARTICIPANTS. This program is designed for all psychiatrists in clinical practice, residents in Graduate Medical Education programs, medical students interested in psychiatry, and other physicians who wish to advance their current knowledge of clinical medicine.

EXPLANATION OF HOW PHYSICIANS CAN PARTICIPATE AND EARN CREDIT. In order to earn CME credit, subscribers should read through

the material presented in the article. After reading the article, complete the CME quiz online at cme.psychiatryonline.org and submit your evaluation and study hours (up to 1 AMA PRA Category 1 Credit™).

CREDITS. The APA designates this educational activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The American Psychiatric Association (APA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education (CME) for physicians.

Estimated Time to Complete: 1 Hour
Begin date July 1, 2006 – End date June 30, 2008

EXAMINATION QUESTIONS

Select the single best answer for each question below.

A Comparison of Mirtazapine and Nortriptyline Following Two Consecutive Failed Medication Treatments for Depressed Outpatients: A STAR*D Report

Maurizio Fava et al.

Am J Psychiatry 2006; 163:1161-1172

QUESTION 1. In this Level 3 study of STAR*D, there was a statistically significant difference between mirtazapine or nortriptyline in:

- A. Efficacy
- B. Tolerability
- C. Both
- D. Neither

QUESTION 2. In this Level 3 study of STAR*D, the remission rates to mirtazapine or nortriptyline are:

- A. Greater than 30%
- B. Greater than 20%
- C. Less than 20%
- D. It depends on the treatment

QUESTION 3. In this Level 3 study of STAR*D, was the remission rate with mirtazapine:

- A. Greater than 15%
- B. Between 8% and 15%
- C. Less than 8%
- D. It depends on the definition of remission

EVALUATION QUESTIONS

This evaluation form is adapted from the MedBiquitous Journal-Based Continuing Education Guidelines 28 November 2005. This evaluation will appear online at the end of each CME course. Participants must complete this evaluation in order to receive credit. Select the response which best indicates your reaction to the following statements about this activity.

STATEMENT 1. The activity achieved its stated objectives

- 1. Strongly agree
- 2. Agree
- 3. Neutral
- 4. Disagree
- 5. Strongly disagree

STATEMENT 2. The activity was relevant to my practice.

- 1. Strongly agree
- 2. Agree
- 3. Neutral
- 4. Disagree
- 5. Strongly disagree

STATEMENT 3. I plan to change my current practice based on what I learned in the activity.

- 1. Strongly agree
- 2. Agree
- 3. Neutral
- 4. Disagree
- 5. Strongly disagree

STATEMENT 4. The activity validated my current practice.

- 1. Strongly agree
- 2. Agree
- 3. Neutral
- 4. Disagree
- 5. Strongly disagree

STATEMENT 5. The activity provided sufficient scientific evidence to support the content presented.

- 1. Strongly agree
- 2. Agree
- 3. Neutral
- 4. Disagree
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STATEMENT 6. The activity was free of commercial bias toward a particular product or company.

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EXAMINATION QUESTIONS

Select the single best answer for each question below.

Descriptive and Longitudinal Observations on the Relationship of Borderline Personality Disorder and Bipolar Disorder

John G. Gunderson et al.

Am J Psychiatry 2006; 163:1173-1178

QUESTION 1. Longitudinal studies show that patients with borderline personality disorder develop bipolar disorder at what frequency compared to other personality disorders?

- The same rate as other personality disorders
- The same rate except a higher rate of Bipolar II only
- A higher rate than other personality disorders
- Less than other personality disorders

QUESTION 2. Bipolar Disorder co-occurs with borderline personality more frequently than:

- Major depressive disorder
- Posttraumatic stress disorder
- All of the above
- none of the above

QUESTION 3. The clinical course of borderline patients is affected in which of the following ways by the co-occurrence of Bipolar disorder?

- A lower chance of remission
- Worse functional outcomes and disability
- Higher treatment utilization
- There is no significant difference in clinical course

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A Double-Blind, Randomized, Placebo-Controlled Trial of Oxcarbazepine in the Treatment of Bipolar Disorder in Children and Adolescents

Karen Dineen Wagner et al.
Am J Psychiatry 2006; 163:1179-1186

QUESTION 1. The results of the multicenter double-blind placebo-controlled trial of oxcarbazepine for the treatment of children and adolescents demonstrated that

- Oxcarbazepine improved psychosis
- Oxcarbazepine was not more effective than placebo
- Oxcarbazepine was effective only in treating adolescents
- Oxcarbazepine worsened depression

QUESTION 2. The most common side effect of oxcarbazepine treatment was

- Rash
- Irritability
- Dizziness
- Increased appetite

QUESTION 3. Oxcarbazepine has FDA approval for the treatment of

- Bipolar disorder in adults
- Bipolar disorder in children
- Tourette's disorder
- Partial seizures in adults

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