



**FIRST**  
IN A NOVEL  
CLASS OF  
**SLEEP**  
AGENTS

# Start and stay with nonscheduled Rozerem— ZERO evidence of abuse or dependence



Clinical studies show no evidence  
of potential abuse, dependence, or withdrawal\*

- **First and only**—nonscheduled prescription insomnia medication...not a controlled substance and approved for long-term use<sup>1</sup>
- **First and only**—prescription insomnia medication that targets the normal sleep-wake cycle<sup>1</sup>
- **First and only**—prescription insomnia medication with no evidence of abuse potential in clinical studies<sup>1</sup>
- **First and only**—prescription insomnia medication that does not promote sleep by CNS depression<sup>1</sup>
- **Promote sleep with Rozerem**—patients who took Rozerem fell asleep faster than those who took placebo<sup>1</sup>
- **One simple 8-mg dose**<sup>1</sup>

\*Rozerem is not a controlled substance. A clinical abuse liability study showed no differences indicative of abuse potential between Rozerem and placebo at doses up to 20 times the recommended dose (N=14). Three 35-day insomnia studies showed no evidence of rebound insomnia or withdrawal symptoms with Rozerem compared to placebo (N=2082).<sup>1,2</sup>

Rozerem is indicated for the treatment of insomnia characterized by difficulty with sleep onset. Rozerem can be prescribed for long-term use. Rozerem should not be used in patients with hypersensitivity to any components of the formulation, severe hepatic impairment, or in combination with fluvoxamine. Failure of insomnia to remit after a reasonable period of time should be medically evaluated, as this may be the result of an unrecognized underlying medical disorder. Hypnotics should be administered with caution to patients exhibiting signs and symptoms of depression. Rozerem has not been studied in patients with severe sleep apnea, severe COPD, or in children or adolescents. The effects in these populations are unknown. Avoid taking Rozerem with alcohol. Rozerem has been associated with decreased testosterone levels and increased prolactin levels. Health professionals should be mindful of any unexplained symptoms possibly associated with such changes in these hormone levels. Rozerem should not be taken with or immediately after a high-fat meal. Rozerem should be taken within 30 minutes before going to bed and activities confined to preparing for bed. The most common adverse events seen with Rozerem that had at least a 2% incidence difference from placebo were somnolence, dizziness, and fatigue.

Please visit [www.rozerem.com](http://www.rozerem.com)

Please see adjacent Brief Summary of Prescribing Information.

 **Rozerem**<sup>™</sup>  
**ramelteon** 8-mg tablets

*Proven for sleep.  
Nonscheduled for added safety.*

# ZYPREXA® (olanzapine)?

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Rx

*ZYPREXA  
10 mg*

You wrote “ZYPREXA.”

Will your patient leave the pharmacy with something else?

With over 4,000 drugs on the market and more than 8 million prescriptions filled every day, medication errors can and do occur. For example, ZYPREXA and Zyrtec® (cetirizine HCl) have been mistaken, one for the other, in the past.

To help avoid such medication errors, the Institute for Safe Medication Practices (ISMP) recommends that physicians:

- Print the medication’s brand name and generic name on all prescriptions.
- Include dosage form, strength, and full instructions.
- Pronounce the name for the patient or caregiver, and have them say it back to you.
- Remind the patient to check for anything unusual (eg, capsules instead of the usual tablets) before they leave the pharmacy.

**Please take special care when prescribing any medication.**

**Millions of patients and their families are counting on you.**

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ZYPREXA is a registered trademark of Eli Lilly and Company.  
Zyrtec is a registered trademark of UCB, Societe Anonyme.



**Treat the symptoms of depression your patients talk about, and those they don't.** When patients don't express all their symptoms to you, it can make treating depression to remission more complex. Cymbalta treats the emotional, anxious, and painful somatic symptoms of depression.<sup>1a-c, 2\*</sup> Cymbalta also offers high rates of remission, so patients can feel more like themselves again.<sup>1d†</sup> To learn more about treating beyond the obvious, visit [www.insidecymbalta.com](http://www.insidecymbalta.com)

\*Cymbalta 60 mg/day vs placebo ( $P \leq .05$ ) by MMRM for major depressive disorder (MDD) on mean change in HAM-D<sub>17</sub> Total Score, Maier Subscale, Psychic Anxiety, and Visual Analog Scale.

MMRM=Mixed-effects Models Repeated Measures analysis

† Remission=HAM-D<sub>17</sub> Total Score  $\leq 7$ , 43% vs 27% placebo,  $P \leq .001$ .

References: 1. Data on file, Lilly Research Laboratories: a: CYM20060101A; b: CYM20060101B; c: CYM20050315S; d: CYM20060101C.  
2. Fava M, et al. *J Clin Psychiatry*. 2004;65(4):521-530.

treat beyond the obvious



**Cymbalta**<sup>®</sup> DELAYED RELEASE CAPSULES  
duloxetine HCl

**Important Safety Information**

- **Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with major depressive disorder (MDD) and other psychiatric disorders.**
- **Patients started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior.**
- **Cymbalta is not approved for use in pediatric patients.**

Cymbalta should not be used concomitantly with monoamine oxidase inhibitors (MAOIs) or thioridazine and not in patients with a known hypersensitivity or with uncontrolled narrow-angle glaucoma.

**Clinical worsening and suicide risk: All adult and pediatric patients being treated with an antidepressant for any indication should be observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially when initiating drug therapy and when increasing or decreasing the dose.** A health professional should be immediately notified if the depression is persistently worse or there are symptoms that are severe, sudden, or were not part of the patient's presentation. If discontinuing treatment, taper the medication.

Development of a potentially life-threatening serotonin syndrome may occur with SNRIs and SSRIs, including Cymbalta treatment, particularly with

concomitant use of serotonergic drugs, including triptans. Concomitant use is not recommended.

Cymbalta should not be administered to patients with any hepatic insufficiency or patients with end-stage renal disease (requiring dialysis) or severe renal impairment (CrCl <30 mL/min).

Postmarketing, severe elevations of liver enzymes or liver injury with a hepatocellular, cholestatic, or mixed pattern have been reported.

Cymbalta should generally not be prescribed to patients with substantial alcohol use or evidence of chronic liver disease.

Cases of orthostatic hypotension and/or syncope as well as cases of hyponatremia have been reported.

Most common adverse events ( $\geq 5\%$  and at least twice placebo) in MDD premarketing clinical trials were: nausea, dry mouth, constipation, fatigue, decreased appetite, somnolence, and increased sweating. Most common adverse events in diabetic peripheral neuropathic pain (DPNP) premarketing clinical trials were: nausea, somnolence, dizziness, constipation, dry mouth, increased sweating, decreased appetite, and asthenia.

*See Brief Summary of full Prescribing Information, including Boxed Warning, on adjacent page.*

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# CYMBALTA® (duloxetine hydrochloride) Delayed-release Capsules

**Brief Summary:** Consult the package insert for complete prescribing information.

## WARNING

**Suicidality in Children and Adolescents—Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use of Cymbalta or any other antidepressant in a child or adolescent must balance this risk with the clinical need. Patients who are started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. Cymbalta is not approved for use in pediatric patients. (See WARNINGS and PRECAUTIONS, Pediatric Use.)**

**Pooled analyses of short-term (4 to 16 weeks) placebo-controlled trials of 9 antidepressant drugs (SSRIs and others) in children and adolescents with major depressive disorder (MDD), obsessive compulsive disorder (OCD), or other psychiatric disorders (a total of 24 trials involving over 4400 patients) have revealed a greater risk of adverse events representing suicidal thinking or behavior (suicidality) during the first few months of treatment in those receiving antidepressants. The average risk of such events in patients receiving antidepressants was 4%, twice the placebo risk of 2%. No suicides occurred in these trials.**

**INDICATIONS AND USAGE:** Cymbalta is indicated for the treatment of major depressive disorder (MDD). Cymbalta is indicated for the management of neuropathic pain associated with diabetic peripheral neuropathy (DPN).

**CONTRAINDICATIONS: Hypersensitivity—**Known hypersensitivity to duloxetine or any of the inactive ingredients. **Monoamine Oxidase Inhibitors (MAOIs)—**Concomitant use with Cymbalta is contraindicated (see WARNINGS). **Uncontrolled Narrow-Angle Glaucoma—**In clinical trials, Cymbalta use was associated with an increased risk of mydriasis; therefore, its use is not recommended in patients with uncontrolled narrow-angle glaucoma.

**WARNINGS: Clinical Worsening and Suicide Risk—**Patients with MDD, both adult and pediatric, may experience worsening of their depression and/or the emergence of suicidal ideation and behavior (suicidality) or unusual changes in behavior, whether or not they are taking antidepressant medications, and this risk may persist until significant remission occurs. There has been a long-standing concern that antidepressants may have a role in inducing worsening of depression and the emergence of suicidality in certain patients. Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with MDD and other psychiatric disorders.

Pooled analyses of short-term placebo-controlled trials of 9 antidepressant drugs (SSRIs and others) in children and adolescents with MDD, OCD, or other psychiatric disorders (a total of 24 trials involving over 4400 patients) have revealed a greater risk of adverse events representing suicidal behavior or thinking (suicidality) during the first few months of treatment in those receiving antidepressants. The average risk of such events in patients receiving antidepressants was 4%, twice the placebo risk of 2%. There was considerable variation in risk among drugs, but a tendency toward an increase for almost all drugs studied. The risk of suicidality was most consistently observed in the MDD trials, but there were signals of risk arising from some trials in other psychiatric indications (obsessive compulsive disorder and social anxiety disorder) as well. **No suicides occurred in any of these trials.** It is unknown whether the suicidality risk in pediatric patients extends to longer-term use, ie, beyond several months. It is also unknown whether the suicidality risk extends to adults.

**All pediatric patients being treated with antidepressants for any indication should be observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases. Such observation would generally include at least weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks of treatment, then every other week visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks. Additional contact by telephone may be appropriate between face to face visits.**

**Adults with MDD or co-morbid depression in the setting of other psychiatric illness being treated with antidepressants should be observed similarly for clinical worsening and suicidality, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases.**

The following symptoms, anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, and mania, have been reported in adult and pediatric patients being treated with antidepressants for MDD as well as for other indications, both psychiatric and nonpsychiatric. Although a causal link between the emergence of such symptoms and either the worsening of depression and/or the emergence of suicidal impulses has not been established, there is concern that such symptoms may represent precursors to emerging suicidality.

Consideration should be given to changing the therapeutic regimen, including possibly discontinuing the medication, in patients whose depression is persistently worse, or who are experiencing emergent suicidality or symptoms that might be precursors to worsening depression or suicidality, especially if these symptoms are severe, abrupt in onset, or were not part of the patient's presenting symptoms.

If the decision has been made to discontinue treatment, medication should be tapered, as rapidly as is feasible, but with recognition that abrupt discontinuation can be associated with certain symptoms (see PRECAUTIONS, Discontinuation of Treatment with Cymbalta).

**Families and caregivers of pediatric patients being treated with antidepressants for major depressive disorder or other indications, both psychiatric and nonpsychiatric, should be alerted about the need to monitor patients for the emergence of agitation, irritability, unusual changes in behavior, and the other symptoms described above, as well as the emergence of suicidality, and to report such symptoms immediately to health care providers. Such monitoring should include daily observation by families and caregivers.** Prescriptions for Cymbalta should be written for the smallest quantity of capsules consistent with good patient management, in order to reduce the risk of overdose. Families and caregivers of adults being treated for depression should be similarly advised.

**Screening Patients for Bipolar Disorder—**A major depressive episode may be the initial presentation of bipolar disorder. It is generally believed (though not established in controlled trials) that treating such an episode with an antidepressant alone may increase the likelihood of precipitation of a mixed/manic episode in patients at risk for bipolar disorder. Whether any of the symptoms described above represent such a conversion is unknown. However, prior to initiating treatment with an antidepressant, patients with depressive symptoms should be adequately screened to determine if they are at risk for bipolar disorder; such screening should include a detailed psychiatric history, including a family history of suicide, bipolar disorder, and depression. It should be noted that Cymbalta is not approved for use in treating bipolar depression.

**MAOIs—**In patients receiving a serotonin reuptake inhibitor (SSRI) in combination with an MAOI, there have been reports of serious, sometimes fatal, reactions including hyperthermia, rigidity, myoclonus, autonomic instability with possible rapid fluctuations of vital signs, and mental status changes that include extreme agitation progressing to delirium and coma. These reactions have also been reported in patients who have recently discontinued SSRIs and are then started on an MAOI. Some cases presented with features resembling neuroleptic malignant syndrome. The effects of combined use of Cymbalta and MAOIs have not been evaluated in humans or animals. Therefore, because Cymbalta is an inhibitor of both serotonin and norepinephrine reuptake, it is recommended that Cymbalta not be used in combination with an MAOI, or within at least 14 days of discontinuing treatment with an MAOI. Based on the half-life of Cymbalta, at least 5 days should be allowed after stopping Cymbalta before starting an MAOI.

**Serotonin Syndrome—**The development of a potentially life-threatening serotonin syndrome may occur with SSRIs and SSRIs, including Cymbalta treatment, particularly with concomitant use of serotonergic drugs (including triptans) and with drugs which impair metabolism of serotonin (including MAOIs). Serotonin syndrome symptoms may include mental status changes (eg, agitation, hallucinations, coma), autonomic instability (eg, tachycardia, labile blood pressure, hyperthermia), neuromuscular aberrations (eg, hyperreflexia, incoordination) and/or gastrointestinal symptoms (eg, nausea, vomiting, diarrhea).

The concomitant use of Cymbalta with MAOIs intended to treat depression is contraindicated (see CONTRAINDICATIONS and WARNINGS).

If concomitant treatment of Cymbalta with a 5-hydroxytryptamine receptor agonist (triptan) is clinically warranted, careful observation of the patient is advised, particularly during treatment initiation and dose increases (see PRECAUTIONS, Drug Interactions).

The concomitant use of Cymbalta with serotonin precursors (such as tryptophan) is not recommended (see PRECAUTIONS, Drug Interactions).

**PRECAUTIONS: General—Hepatotoxicity—**Cymbalta increases the risk of elevation of serum transaminase levels. Liver transaminase elevations resulted in the discontinuation of 0.4% (31/8454) of Cymbalta-treated patients. In these patients, the median time to detection of the transaminase elevation was about two months. In controlled trials in MDD, elevations of alanine transaminase (ALT) to >3 times the upper limit of normal occurred in 0.9% (8/930) of Cymbalta-treated patients and

in 0.3% (2/652) of placebo-treated patients. In controlled trials in DPN, elevations of ALT to >3 times the upper limit of normal occurred in 1.68% (8/477) of Cymbalta-treated patients and in 0% (0/187) of placebo-treated patients. In the full cohort of placebo-controlled trials in any indication, 1% (39/3732) of Cymbalta-treated patients had a >3 times the upper limit of normal elevation of ALT compared to 0.2% (6/2568) of placebo-treated patients. In placebo-controlled studies using a fixed-dose design, there was evidence of a dose-response relationship for ALT and AST elevation of >3 times the upper limit of normal and >5 times the upper limit of normal, respectively. Postmarketing reports have described cases of hepatitis with abdominal pain, hepatomegaly and elevation of transaminase levels to more than twenty times the upper limit of normal with or without jaundice, reflecting a mixed or hepatocellular pattern of liver injury. Cases of cholestatic jaundice with minimal elevation of transaminase levels have also been reported.

The combination of transaminase elevations and elevated bilirubin, without evidence of obstruction, is generally recognized as an important predictor of severe liver injury. In clinical trials, three Cymbalta patients had elevations of transaminases and bilirubin, but also had elevation of alkaline phosphatase, suggesting an obstructive process; in these patients, there was evidence of heavy alcohol use and this may have contributed to the abnormalities seen. Two placebo-treated patients also had transaminase elevations with elevated bilirubin. Postmarketing reports indicate that elevated transaminases, bilirubin and alkaline phosphatase have occurred in patients with chronic liver disease or cirrhosis. Because it is possible that duloxetine and alcohol may interact to cause liver injury or that duloxetine may aggravate pre-existing liver disease, Cymbalta should ordinarily not be prescribed to patients with substantial alcohol use or evidence of chronic liver disease. **Orthostatic Hypotension and Syncope—**Orthostatic hypotension and syncope have been reported with therapeutic doses of duloxetine. Syncope and orthostatic hypotension tend to occur within the first week of therapy but can occur at any time during duloxetine treatment, particularly after dose increases. The risk of blood pressure decreases may be greater in patients taking concomitant medications that induce orthostatic hypotension (such as antihypertensives) or are potent CYP1A2 inhibitors (see CLINICAL PHARMACOLOGY, Drug-Drug Interactions, and PRECAUTIONS, Drug Interactions) and in patients taking duloxetine at doses above 60 mg daily. Consideration should be given to discontinuing duloxetine in patients who experience symptomatic orthostatic hypotension and/or syncope during duloxetine therapy. **Effect on Blood Pressure—**In MDD clinical trials, Cymbalta treatment was associated with mean increases in blood pressure, averaging 2 mm Hg systolic and 0.5 mm Hg diastolic and an increase in the incidence of at least one measurement of systolic blood pressure over 140 mm Hg compared to placebo. In a clinical pharmacology study designed to evaluate the effects of duloxetine on various parameters, including blood pressure at supratherapeutic doses with an accelerated dose titration, there was evidence of increases in supine blood pressure at doses up to 200 mg BID. At the highest 200 mg BID dose, the increase in mean pulse rate was 5.0-6.8 bpm and increases in mean blood pressure were 4.7-6.8 mm Hg (systolic) and 4.5-7 mm Hg (diastolic) up to 12 hours after dosing. Blood pressure should be measured prior to initiating treatment and periodically measured throughout treatment (see ADVERSE REACTIONS, Vital Sign Changes). **Activation of Mania/Hypomania—**In placebo-controlled trials in patients with MDD, activation of mania or hypomania was reported in 0.1% (1/1139) of Cymbalta-treated patients and 0.1% (1/1777) of placebo-treated patients. Activation of mania/hypomania has been reported in a small proportion of patients with mood disorders who were treated with other marketed drugs effective in the treatment of MDD. As with these other agents, Cymbalta should be used cautiously in patients with a history of mania. **Seizures—**Cymbalta has not been systematically evaluated in patients with a seizure disorder, and such patients were excluded from clinical studies. In placebo-controlled clinical trials in patients with MDD, seizures occurred in 0.1% (1/1139) of Cymbalta-treated patients and 0% (0/777) of placebo treated patients. In placebo-controlled clinical trials in patients with diabetic peripheral neuropathy, seizures did not occur in any patients treated with either Cymbalta or placebo. Cymbalta should be prescribed with care in patients with a history of a seizure disorder. **Hyponatremia—**Cases of hyponatremia (some with serum sodium lower than 110 mmol/L) have been reported and appeared to be reversible when Cymbalta was discontinued. Some cases were possibly due to the syndrome of inappropriate antidiuretic hormone secretion (SIADH). The majority of these occurrences have been in elderly individuals, some in patients taking diuretics or who were otherwise volume depleted. **Controlled Narrow-Angle Glaucoma—**In clinical trials, Cymbalta was associated with an increased risk of mydriasis; therefore, it should be used cautiously in patients with controlled narrow-angle glaucoma (see CONTRAINDICATIONS, Uncontrolled Narrow-Angle Glaucoma). **Discontinuation of Treatment with Cymbalta—**Discontinuation symptoms have been systematically evaluated in patients taking Cymbalta. Following abrupt discontinuation in MDD placebo-controlled clinical trials of up to 9 weeks duration, the following symptoms occurred at a rate greater than or equal to 2% and at a significantly higher rate in Cymbalta-treated patients compared to those discontinuing from placebo: dizziness; nausea; headache; paresthesia; vomiting; irritability; and nightmare.

During marketing of other SSRIs and SNRIs (serotonin and norepinephrine reuptake inhibitors), there have been spontaneous reports of adverse events occurring upon discontinuation of these drugs, particularly when abrupt, including the following: dysphoric mood, irritability, agitation, dizziness, sensory disturbances (eg, paresthesias such as electric shock sensations), anxiety, confusion, headache, lethargy, emotional lability, insomnia, hypomania, tinnitus, and seizures. Although these events are generally self-limiting, some have been reported to be severe.

Patients should be monitored for these symptoms when discontinuing treatment with Cymbalta. A gradual reduction in the dose rather than abrupt cessation is recommended whenever possible. If intolerable symptoms occur following a decrease in the dose or upon discontinuation of treatment, then resuming the previously prescribed dose may be considered. Subsequently, the physician may continue decreasing the dose but at a more gradual rate.

**Use in Patients with Concomitant Illness—**Clinical experience with Cymbalta in patients with concomitant systemic illnesses is limited. There is no information on the effect that alterations in gastric motility may have on the stability of Cymbalta's enteric coating. As duloxetine is rapidly hydrolyzed in acidic media to naphthol, caution is advised in using Cymbalta in patients with conditions that may slow gastric emptying (eg, some diabetics). Cymbalta has not been systematically evaluated in patients with a recent history of myocardial infarction or unstable coronary artery disease. Patients with these diagnoses were generally excluded from clinical studies during the product's premarketing testing. However, the electrocardiograms of 321 patients who received Cymbalta in MDD placebo-controlled clinical trials and had qualitatively normal ECGs at baseline were evaluated; Cymbalta was not associated with the development of clinically significant ECG abnormalities (see ADVERSE REACTIONS, Electrocardiogram Changes). In DPN placebo-controlled clinical trials, Cymbalta-treated patients did not develop abnormal ECGs at a rate different from that in placebo-treated patients (see ADVERSE REACTIONS, Electrocardiogram Changes). In three clinical trials of Cymbalta for the management of neuropathic pain associated with diabetic peripheral neuropathy, the mean duration of diabetes was approximately 12 years, the mean baseline fasting blood glucose was 176 mg/dL, and the mean baseline hemoglobin A<sub>1c</sub> (HbA<sub>1c</sub>) was 7.8%. In the 12-week acute treatment phase of these studies, small increases in fasting blood glucose were observed in Cymbalta-treated patients. HbA<sub>1c</sub> was stable in both Cymbalta-treated and placebo-treated patients. In the extension phase of these studies, which lasted up to 52 weeks, there was an increase in HbA<sub>1c</sub> in both the Cymbalta and the routine care groups, but the mean increase was 0.3% greater in the Cymbalta-treated group. There was also a small increase in fasting blood glucose in the Cymbalta-treated group. Total cholesterol was increased in Cymbalta-treated patients (2 mg/dL) and decreased in the routine care group (6 mg/dL). Increased plasma concentrations of duloxetine, and especially of its metabolites, occur in patients with end-stage renal disease (requiring dialysis). For this reason, Cymbalta is not recommended for patients with end-stage renal disease or severe renal impairment (creatinine clearance <30 mL/min). Markedly increased exposure to duloxetine occurs in patients with hepatic insufficiency and Cymbalta should not be administered to these patients.

**Laboratory Tests—**No specific laboratory tests are recommended.

**Drug Interactions—Potential for Other Drugs to Affect Cymbalta—**Both CYP1A2 and CYP2D6 are responsible for duloxetine metabolism. **Inhibitors of CYP1A2—**Concomitant use of duloxetine with fluvoxamine, an inhibitor of CYP1A2, results in approximately a 6-fold increase in AUC and about a 2.5-fold increase in C<sub>max</sub> of duloxetine. Some quinolone antibiotics would be expected to have similar effects and these combinations should be avoided. **Inhibitors of CYP2D6—**Because CYP2D6 is involved in duloxetine metabolism, concomitant use of duloxetine with potent inhibitors of CYP2D6 may result in higher concentrations of duloxetine. Paroxetine (20 mg QD) increased the concentration of duloxetine (40 mg QD) by about 60%, and greater degrees of inhibition are expected with higher doses of paroxetine. Similar effects would be expected with other potent CYP2D6 inhibitors (eg, fluoxetine, quinidine). **Potential for Duloxetine to Affect Other Drugs—Drugs Metabolized by CYP1A2—**In *in vitro* drug interaction studies demonstrate that duloxetine does not induce CYP1A2 activity, and it is unlikely to have a clinically significant effect on the metabolism of CYP1A2 substrates. **Drugs Metabolized by CYP2D6—**Cymbalta is a moderate inhibitor of CYP2D6. When duloxetine was administered (at a dose of 60 mg BID) in conjunction with a single 50-mg dose of desipramine, a CYP2D6 substrate, the AUC of desipramine increased 3-fold. Therefore, co-administration of Cymbalta with other drugs that are extensively metabolized by this isozyme and which have a narrow therapeutic index, including certain antidepressants (tricyclic antidepressants [TCAs], such as nortriptyline, amitriptyline, and imipramine), phenothiazines and Type 1C antiarrhythmics (eg, propafenone, flecainide), should be approached with caution. Plasma TCA concentrations may need to be monitored and the dose of the TCA may need to be reduced if a TCA is co-administered with Cymbalta. Because of the risk of serious ventricular arrhythmias and sudden death potentially associated with elevated plasma levels of thioridazine, Cymbalta and thioridazine should not be co-administered.

**Drugs Metabolized by CYP3A—**Results of *in vitro* studies demonstrate that duloxetine does not inhibit or induce CYP3A activity. **Cymbalta May Have a Clinically Important Interaction with the Following Other Drugs—Alcohol—**When Cymbalta and ethanol were administered several hours apart so that peak concentrations of each would coincide, Cymbalta did not increase the impairment of mental and motor skills caused by alcohol. In the Cymbalta clinical trials database, three Cymbalta-treated patients had liver injury as manifested by ALT and total bilirubin elevations, with evidence of obstruction. Substantial intercurrent ethanol use was present in each of these cases, and this may have contributed to the abnormalities seen (see PRECAUTIONS,

**Hepatotoxicity.** **CNS-Acting Drugs**—Given the primary CNS effects of Cymbalta, it should be used with caution when it is taken in combination with or substituted for other centrally acting drugs, including those with a similar mechanism of action. **Serotonergic Drugs**—Based on the mechanism of action of SNRIs and SSRIs, including Cymbalta and the potential for serotonin syndrome, caution is advised when Cymbalta is coadministered with other drugs that may affect the serotonergic neurotransmitter systems, such as triptans, linezolid (an antibiotic which is a reversible non-selective MAOI), lithium, tramadol, or St. John's Wort (see WARNINGS, Serotonin Syndrome). The concomitant use of Cymbalta with other SSRIs, SNRIs, or tryptans is not recommended (see PRECAUTIONS, Drug Interactions). **Triptans**—There have been rare postmarketing reports of serotonin syndrome with use of an SSRI and a triptan. If concomitant treatment of Cymbalta with a triptan is clinically warranted, careful observation of the patient is advised, particularly during treatment initiation and dose increases (see WARNINGS, Serotonin Syndrome). **Potential for Interaction with Drugs that Affect Gastric Acidity**—Cymbalta has an enteric coating that resists dissolution until reaching a segment of the gastrointestinal tract where the pH exceeds 5.5. In extremely acidic conditions, Cymbalta, unprotected by the enteric coating, may undergo hydrolysis to form naphthol. Caution is advised in using Cymbalta in patients with conditions that may slow gastric emptying (eg, some diabetics). Drugs that raise the gastrointestinal pH may lead to an earlier release of duloxetine. However, co-administration of Cymbalta with aluminum- and magnesium-containing antacids (51 mEq) or Cymbalta with famotidine, had no significant effect on the rate or extent of duloxetine absorption after administration of a 40-mg oral dose. It is unknown whether the concomitant administration of proton pump inhibitors affects duloxetine absorption.

**Monooamine Oxidase Inhibitors**—See CONTRAINDICATIONS and WARNINGS.

**Carcinogenesis, Mutagenesis, Impairment of Fertility**—Carcinogenesis—Duloxetine was administered in the diet to mice and rats for 2 years. In female mice receiving duloxetine at 140 mg/kg/day (11 times the maximum recommended human dose [MRHD, 60 mg/day] and 6 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis), there was an increased incidence of hepatocellular adenomas and carcinomas. The no-effect dose was 50 mg/kg/day (4 times the MRHD and 2 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis). Tumor incidence was not increased in male mice receiving duloxetine at doses up to 100 mg/kg/day (8 times the MRHD and 4 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis). In rats, dietary doses of duloxetine up to 27 mg/kg/day in females (4 times the MRHD and 2 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis) and up to 36 mg/kg/day in males (6 times the MRHD and 3 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis) did not increase the incidence of tumors. **Mutagenesis**—Duloxetine was not mutagenic in the *in vitro* bacterial reverse mutation assay (Ames test) and was not clastogenic in an *in vivo* chromosomal aberration test in mouse bone marrow cells. Additionally, duloxetine was not genotoxic in an *in vitro* mammalian forward gene mutation assay in mouse lymphoma cells or in an *in vitro* unscheduled DNA synthesis (UDS) assay in primary rat hepatocytes, and did not induce sister chromatid exchange in Chinese hamster bone marrow *in vivo*. **Impairment of Fertility**—Duloxetine administered orally to either male or female rats prior to and throughout mating at daily doses up to 45 mg/kg/day (7 times the maximum recommended human dose of 60 mg/day and 4 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis) did not alter mating or fertility.

**Pregnancy—Pregnancy Category C**—In animal reproduction studies, duloxetine has been shown to have adverse effects on embryo/fetal and postnatal development. When duloxetine was administered orally to pregnant rats and rabbits during the period of organogenesis, there was no evidence of teratogenicity at doses up to 45 mg/kg/day (7 times the maximum recommended human dose [MRHD, 60 mg/day] and 4 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis, in rats; 15 times the MRHD and 7 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis in rabbits). However, fetal weights were decreased at this dose, with a no-effect dose of 10 mg/kg/day (2 times the MRHD and -1 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis in rats; 3 times the MRHD and 2 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis in rabbits). When duloxetine was administered orally to pregnant rats throughout gestation and lactation, the survival of pups to 1 day postpartum and pup body weights at birth and during the lactation period were decreased at a dose of 30 mg/kg/day (5 times the MRHD and 2 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis); the no-effect dose was 10 mg/kg/day. Furthermore, behaviors consistent with increased reactivity, such as increased startle response to noise and decreased habituation of locomotor activity, were observed in pups following maternal exposure to 30 mg/kg/day. Post-weaning growth and reproductive performance of the progeny were not affected adversely by maternal duloxetine treatment.

There are no adequate and well-controlled studies in pregnant women; therefore, duloxetine should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

**Neonatal Effects**—Neonates exposed to SSRIs or serotonin and norepinephrine reuptake inhibitors (SNRIs), late in the third trimester have developed complications requiring prolonged hospitalization, respiratory support, and tube feeding. Such complications can arise immediately upon delivery. Reported clinical findings have included respiratory distress, cyanosis, apnea, seizures, temperature instability, feeding difficulty, vomiting, hypoglycemia, hypotonia, hypertonia, hyperreflexia, tremor, jitteriness, irritability, and constant crying. These features are consistent with either a direct toxic effect of SSRIs and SNRIs or, possibly, a drug discontinuation syndrome. It should be noted that, in some cases, the clinical picture is consistent with serotonin syndrome (see WARNINGS, Monooamine Oxidase Inhibitors). When treating a pregnant woman with Cymbalta during the third trimester, the physician should carefully consider the potential risks and benefits of treatment.

**Labor and Delivery**—The effect of duloxetine on labor and delivery in humans is unknown. Duloxetine should be used during labor and delivery only if the potential benefit justifies the potential risk to the fetus.

**Nursing Mothers**—Duloxetine is excreted into the milk of lactating women. The estimated daily infant dose on a mg/kg basis is approximately 0.14% of the maternal dose. Because the safety of duloxetine in infants is not known, nursing while on Cymbalta is not recommended. However, if the physician determines that the benefit of duloxetine therapy for the mother outweighs any potential risk to the infant, no dosage adjustment is required as lactation did not influence duloxetine pharmacokinetics.

**Pediatric Use**—Safety and effectiveness in the pediatric population have not been established (see BOX WARNING and WARNINGS, Clinical Worsening and Suicide Risk). Anyone considering the use of Cymbalta in a child or adolescent must balance the potential risks with the clinical need.

**Geriatric Use**—Of the 2418 patients in clinical studies of Cymbalta for MDD, 5.9% (143) were 65 years of age or over. Of the 1074 patients in the DPN studies, 33% (357) were 65 years of age or over. No overall differences in safety or effectiveness were observed between these subjects and younger subjects, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out. As with other antidepressants, Cymbalta has been associated with cases of clinically significant hyponatremia (see Hyponatremia, under PRECAUTIONS).

**ADVERSE REACTIONS:** Cymbalta has been evaluated for safety in 2418 patients diagnosed with MDD who participated in multiple-dose premarketing trials, representing 1099 patient-years of exposure. Among these 2418 Cymbalta-treated patients, 1139 patients participated in eight 8 or 9 week, placebo-controlled trials at doses ranging from 40 to 120 mg/day, while the remaining 1279 patients were followed for up to 1 year in an open-label safety study using flexible doses from 80 to 120 mg/day. Two placebo-controlled studies with doses of 80 and 120 mg/day had 6-month maintenance extensions. Of these 2418 patients, 993 Cymbalta-treated patients were exposed for at least 180 days and 445 Cymbalta-treated patients were exposed for at least 1 year. Cymbalta has also been evaluated for safety in 1074 patients with diabetic peripheral neuropathy representing 472 patient-years of exposure. Among these 1074 Cymbalta-treated patients, 568 patients participated in two 12 to 13 week, placebo-controlled trials at doses ranging from 20 to 120 mg/day. An additional 449 patients were enrolled in an open-label safety study using 120 mg/day for a duration of 6 months. Another 57 patients, originally treated with placebo, were exposed to Cymbalta for up to 12 months at 60 mg twice daily in an extension phase. Among these 1074 patients, 484 had 6 months of exposure to Cymbalta, and 220 had 12 months of exposure. For both MDD and DPN clinical trials, adverse reactions were assessed by collecting adverse events, results of physical examinations, vital signs, weights, laboratory analyses, and ECGs.

Clinical investigators recorded adverse events using descriptive terminology of their own choosing. To provide a meaningful estimate of the proportion of individuals experiencing adverse events, grouping similar types of events into a smaller number of standardized event categories is necessary. MedDRA terminology was used to classify reported adverse events.

The stated frequencies of adverse events represent the proportion of individuals who experienced, at least once, a treatment-emergent adverse event of the type listed. An event was considered treatment-emergent if it occurred for the first time or worsened while receiving therapy following baseline evaluation. Events reported during the studies were not necessarily caused by the therapy, and the frequencies do not reflect investigator impression (assessment) of causality.

**Adverse Events Reported as Reasons for Discontinuation of Treatment in Placebo-Controlled Trials—Major Depressive Disorder**—Approximately 10% of the 1139 patients who received Cymbalta in the MDD placebo-controlled trials discontinued treatment due to an adverse event, compared with 4% of the 777 patients receiving placebo. Nausea (Cymbalta 1.4%, placebo 0.1%) was the only common adverse event reported as reason for discontinuation and considered to be drug-related (ie, discontinuation occurring in at least 1% of the Cymbalta-treated patients and at a rate of at least twice that of placebo). **Diabetic Peripheral Neuropathic Pain**—Approximately 14% of the 568 patients who received Cymbalta in the DPN placebo-controlled trials discontinued treatment due to an adverse event, compared with 7% of the 223 patients receiving placebo. Nausea (Cymbalta 3.5%, placebo 0.4%), dizziness (Cymbalta 1.6%, placebo 0.4%), somnolence (Cymbalta 1.6%, placebo 0%) and fatigue (Cymbalta 1.1%, placebo 0%) were the common adverse events reported as reasons for discontinuation and considered to be drug-related (ie, discontinuation occurring in at least 1% of the Cymbalta-treated patients and at a rate of at least twice that of placebo).

**Adverse Events Occurring at an Incidence of 2% or More Among Cymbalta-Treated Patients in Placebo-Controlled Trials—Major Depressive Disorder**—Treatment-emergent adverse events that occurred in 2% or more of patients treated with

Cymbalta in the premarketing acute phase of MDD placebo-controlled trials (N=1139 Cymbalta; N=777 placebo) with an incidence greater than placebo were: **Gastrointestinal Disorders**—nausea, dry mouth, constipation, diarrhea, vomiting; **Metabolism and Nutrition Disorders**—appetite decreased (includes anorexia); **Investigations**—weight decreased; **General Disorders and Administration Site Conditions**—fatigue; **Nervous System Disorders**—dizziness, somnolence, tremor; **Skin and Subcutaneous Tissue Disorders**—sweating increased; **Vascular Disorders**—hot flushes; **Eye Disorders**—vision blurred; **Psychiatric Disorders**—insomnia (includes middle insomnia), anxiety, libido decreased, orgasm abnormal (includes anorgasmia); **Reproductive System and Breast Disorders**—males only: erectile dysfunction, ejaculation delayed, ejaculation dysfunction (includes ejaculation disorder and ejaculation failure).

The following events were reported by at least 2% of patients treated with Cymbalta for MDD and had an incidence  $\leq$  placebo: upper abdominal pain, palpitations, dyspepsia, back pain, arthralgia, headache, pharyngitis, cough, nasopharyngitis, and upper respiratory tract infection.

The most commonly observed adverse events in Cymbalta-treated MDD patients (incidence  $\geq$ 5% and at least twice the incidence in placebo patients) were: nausea; dry mouth; constipation; decreased appetite; fatigue; somnolence; and increased sweating.

**Diabetic Peripheral Neuropathic Pain**—Treatment emergent adverse events that occurred in 2% or more of patients treated with Cymbalta in the premarketing acute phase of DPN placebo-controlled trials (N=225 Cymbalta 60 mg BID; N=228 Cymbalta 60 mg QD; N=115 Cymbalta 20 mg QD; N=223 placebo) with an incidence greater than placebo were: **Gastrointestinal Disorders**—nausea, constipation, diarrhea, dry mouth, vomiting, dyspepsia, loose stools; **General Disorders and Administration Site Conditions**—fatigue, asthenia, pyrexia; **Infections and Infestations**—nasopharyngitis; **Metabolism and Nutrition Disorders**—decreased appetite, anorexia; **Musculoskeletal and Connective Tissue Disorders**—muscle cramp, myalgia; **Nervous System Disorders**—somnolence, headache, dizziness, tremor; **Psychiatric Disorders**—insomnia; **Renal and Urinary Disorders**—pollakiuria; **Reproductive System and Breast Disorders**—erectile dysfunction; **Respiratory, Thoracic and Mediastinal Disorders**—cough, pharyngolaryngeal pain; **Skin and Subcutaneous Tissue Disorders**—hyperhidrosis.

The following events were reported by at least 2% of patients treated with Cymbalta for DPN and had an incidence  $\leq$  placebo: edema peripheral, influenza, upper respiratory tract infection, back pain, arthralgia, pain in extremity, and pruritus.

The most commonly observed adverse events in Cymbalta-treated DPN patients (incidence  $\geq$ 5% and at least twice the incidence in placebo patients) were: nausea; somnolence; dizziness; constipation; dry mouth; hyperhidrosis; decreased appetite; and asthenia.

Adverse events seen in men and women were generally similar except for effects on sexual function (described below). Clinical studies of Cymbalta did not suggest a difference in adverse event rates in people over or under 65 years of age. There were too few non-Caucasian patients studied to determine if these patients responded differently from Caucasian patients.

**Effects on Male and Female Sexual Function**—Although changes in sexual desire, sexual performance and female satisfaction often occur as manifestations of a psychiatric disorder, they may also be a consequence of pharmacologic treatment. Reliable estimates of the incidence and severity of untoward experiences involving sexual desire, performance and satisfaction are difficult to obtain, however, in part because patients and physicians may be reluctant to discuss them. Accordingly, estimates of the incidence of untoward sexual experience and performance cited in product labeling are likely to underestimate their actual incidence. Sexual side effects spontaneously reported by at least 2% of either male or female patients taking Cymbalta in MDD placebo-controlled trials were: Males (N=378 Cymbalta; N=247 placebo): orgasm abnormal (includes anorgasmia), ejaculatory dysfunction (includes ejaculation disorder and ejaculation failure), libido decreased, erectile dysfunction, ejaculation delayed. Females (N=761 Cymbalta; N=530 placebo): orgasm abnormal, libido decreased.

Because adverse sexual events are presumed to be voluntarily underreported, the Arizona Sexual Experience Scale (ASEX), a validated measure designed to identify sexual side effects, was used prospectively in 4 MDD placebo-controlled trials. In these trials, patients treated with Cymbalta experienced significantly more sexual dysfunction, as measured by the total score on the ASEX, than did patients treated with placebo. Gender analysis showed that this difference occurred only in males. Males treated with Cymbalta experienced more difficulty with ability to reach orgasm (ASEX Item 4) than males treated with placebo. Females did not experience more sexual dysfunction on Cymbalta than on placebo as measured by ASEX total score. These studies did not, however, include an active control drug with known effects on female sexual dysfunction, so that there is no evidence that its effects differ from other antidepressants. Physicians should routinely inquire about possible sexual side effects. See Table 4 in full PI for specific ASEX results.

**Urinary Hesitation**—Cymbalta is in a class of drugs known to affect urethral resistance. If symptoms of urinary hesitation develop during treatment with Cymbalta, consideration should be given to the possibility that they might be drug-related.

**Laboratory Changes**—Cymbalta treatment, for up to 9 weeks in MDD or 13 weeks in DPN placebo-controlled clinical trials, was associated with small mean increases from baseline to endpoint in ALT, AST, CPK, and alkaline phosphatase; infrequent, modest, transient, abnormal values were observed for these analytes in Cymbalta-treated patients when compared with placebo-treated patients (see PRECAUTIONS). **Vital Sign Changes**—Cymbalta treatment, for up to 9 weeks in MDD placebo-controlled clinical trials of 40 to 120 mg daily doses caused increases in blood pressure, averaging 2 mm Hg systolic and 0.5 mm Hg diastolic compared to placebo and an increase in the incidence of at least one measurement of systolic blood pressure over 140 mm Hg (see PRECAUTIONS). Cymbalta treatment, for up to 9 weeks in MDD placebo-controlled clinical trials and for up to 13 weeks in DPN placebo-controlled trials caused a small increase in heart rate compared to placebo of about 2 beats per minute. **Weight Changes**—In MDD placebo-controlled clinical trials, patients treated with Cymbalta for up to 9 weeks experienced a mean weight loss of approximately 0.5 kg, compared with a mean weight gain of approximately 0.2 kg in placebo-treated patients. In DPN placebo-controlled clinical trials, patients treated with Cymbalta for up to 13 weeks experienced a mean weight loss of approximately 1.1 kg, compared with a mean weight gain of approximately 0.2 kg in placebo-treated patients.

**Electrocardiogram Changes**—Electrocardiograms were obtained from 321 Cymbalta-treated patients with MDD and 169 placebo-treated patients in clinical trials lasting up to 8 weeks. The rate-corrected QT (QTc) interval in Cymbalta-treated patients did not differ from that seen in placebo-treated patients. No clinically significant differences were observed for QT, PR, and QRS intervals between Cymbalta-treated and placebo-treated patients. Electrocardiograms were obtained from 528 Cymbalta-treated patients with DPN and 205 placebo-treated patients in clinical trials lasting up to 13 weeks. The rate-corrected QT (QTc) interval in Cymbalta-treated patients did not differ from that seen in placebo-treated patients. No clinically significant differences were observed for QT, PR, QRS, or QTc measurements between Cymbalta-treated and placebo-treated patients.

**Postmarketing Spontaneous Reports**—Adverse events reported rarely since market introduction that were temporally related to Cymbalta therapy include: hallucinations, rash, and urinary retention. The following adverse events were reported very rarely: alanine aminotransferase increased, alkaline phosphatase increased, anaphylactic reaction, angioneurotic edema, aspartate aminotransferase increased, bilirubin increased, extrapyramidal disorder, glaucoma, hepatitis, hypersensitivity, hypertensive crisis, hyponatremia, jaundice, mania, orthostatic hypotension (especially at the initiation of treatment), seizures, serotonin syndrome, Stevens-Johnson Syndrome, supraventricular arrhythmia, syncope (especially at initiation of treatment), syndrome of inappropriate antidiuretic hormone secretion (SIADH), trismus, and urticaria.

**DRUG ABUSE AND DEPENDENCE: Controlled Substance Class**—Duloxetine is not a controlled substance. **Physical and Psychological Dependence**—In animal studies, duloxetine did not demonstrate barbiturate-like (depressant) abuse potential. In drug dependence studies, duloxetine did not demonstrate dependence-producing potential in rats.

While Cymbalta has not been systematically studied in humans for its potential for abuse, there was no indication of drug-seeking behavior in the clinical trials. However, it is not possible to predict on the basis of premarketing experience the extent to which a CNS-active drug will be misused, diverted, and/or abused once marketed. Consequently, physicians should carefully evaluate patients for a history of drug abuse and follow such patients closely, observing them for signs of misuse or abuse of Cymbalta (eg, development of tolerance, incrementation of dose, drug-seeking behavior).

**OVERDOSAGE:** There is limited clinical experience with Cymbalta overdose in humans. In premarketing clinical trials, cases of acute ingestions up to 1400 mg, alone or in combination with other drugs, were reported with none being fatal. Postmarketing experience includes reports of overdoses, alone or in combination with other drugs, with duloxetine doses of almost 2000 mg. Fatalities have been very rarely reported, primarily with mixed overdoses, but also with duloxetine alone at a dose of approximately 1000 mg. Signs and symptoms of overdose (mostly with mixed drugs) included serotonin syndrome, somnolence, vomiting, and seizures. **Management of Overdose**—There is no specific antidote to Cymbalta, but if serotonin syndrome ensues, specific treatment (such as with cyproheptadine and/or temperature control) may be considered. In case of acute overdose, treatment should consist of those general measures employed in the management of overdose with any drug.

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PV 3609 AMP

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Cymbalta® (duloxetine hydrochloride) Delayed-release Capsules

PV 3609 AMP



# MASTER THE FINE ART OF SLEEP

PRESCRIBE **LUNESTA**  
FIRST-LINE—FOR A FULL  
7 TO 8 HOURS OF SLEEP

LUNESTA has been studied in large, well-controlled clinical trials in **all** of the following patient types:

- ✓ Patients With Insomnia Comorbid With Major Depressive Disorder
- ✓ Patients With Insomnia Comorbid With Generalized Anxiety Disorder
- ✓ Patients With Insomnia Comorbid With Rheumatoid Arthritis
- ✓ Patients With Insomnia Comorbid With Menopause

The failure of insomnia to remit after 7 to 10 days of treatment should be medically evaluated.

LUNESTA is indicated for the treatment of insomnia. In controlled outpatient and sleep laboratory studies, LUNESTA administered at bedtime decreased sleep latency and improved sleep maintenance. LUNESTA is not indicated for the treatment of depression, generalized anxiety disorder, rheumatoid arthritis, or menopause.

#### Important Safety Information

LUNESTA, like other hypnotics, has CNS-depressant effects. Because of the rapid onset of action, LUNESTA should only be ingested immediately prior to going to bed or after the patient has gone to bed and has experienced difficulty falling asleep. Patients should not take LUNESTA unless they are prepared to get a full night's sleep. As with other hypnotics, patients receiving LUNESTA should be cautioned against engaging in hazardous occupations requiring complete mental alertness or motor coordination (eg, operating machinery or driving a motor vehicle) after ingesting the drug, including potential impairment of the performance of such activities that may occur the day following ingestion of LUNESTA. In clinical trials, the most common adverse events associated with LUNESTA were unpleasant taste, headache, somnolence, dizziness, dry mouth, infection, and pain.

LUNESTA has been classified as a Schedule IV controlled substance. Sedative hypnotics have produced withdrawal signs and symptoms following abrupt discontinuation. The risk of abuse and dependence increases with the dose and duration of treatment and concomitant use of other psychoactive drugs. The risk is also greater for patients who have a history of alcohol or drug abuse or history of psychiatric disorders. These patients should be under careful surveillance when receiving LUNESTA or any other hypnotic. Sedative/hypnotic drugs should be administered with caution to patients exhibiting signs and symptoms of depression. Suicidal tendencies may be present in such patients, and protective measures may be required. Intentional overdose is more common in this group of patients; therefore, the least amount of drug that is feasible should be prescribed for the patient at any one time.

LUNESTA, like other hypnotics, may produce additive CNS-depressant effects when coadministered with other psychotropic medications, anticonvulsants, antihistamines, ethanol, and other drugs that themselves produce CNS depression. LUNESTA should not be taken with alcohol. Dosage adjustment may be necessary when LUNESTA is administered with other CNS-depressant agents because of the potentially additive effects.

Impaired motor and/or cognitive performance after repeated exposure or unusual sensitivity to sedative/hypnotic drugs is a concern in the treatment of elderly and/or debilitated patients. See dosage and administration in complete prescribing information.

Please see brief summary of complete prescribing information.

Any night or every night

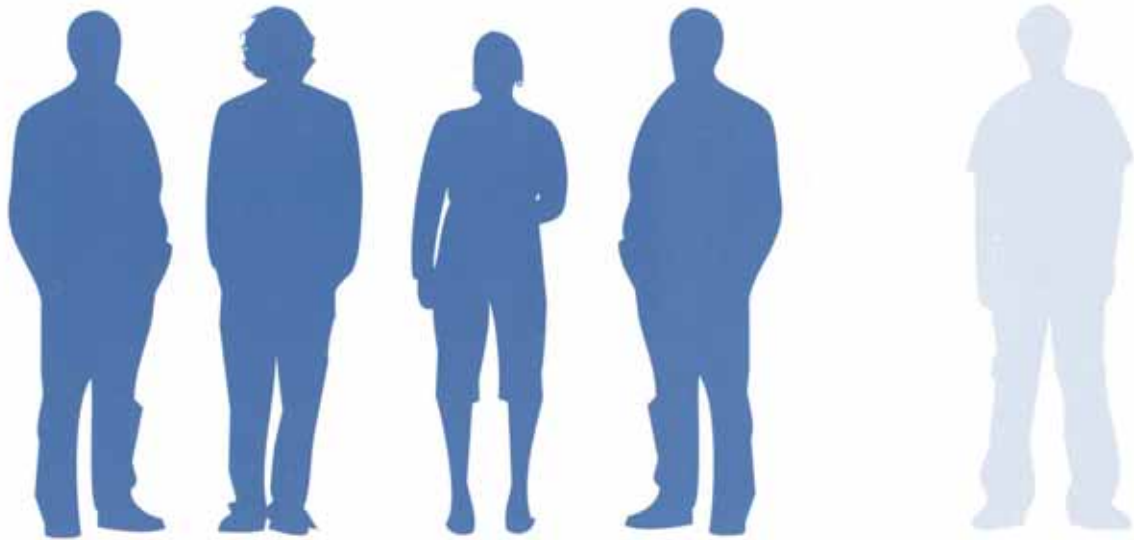
Leave the rest to...

**Lunesta**  
(eszopiclone)  
1, 2 AND 3 MG TABLETS





# **METABOLIC CONCERNS: You Can Make A Difference**



**In the landmark CATIE  
schizophrenia study, diabetes  
was 4 times more common  
in patients at baseline than  
in the general population.<sup>1</sup>**

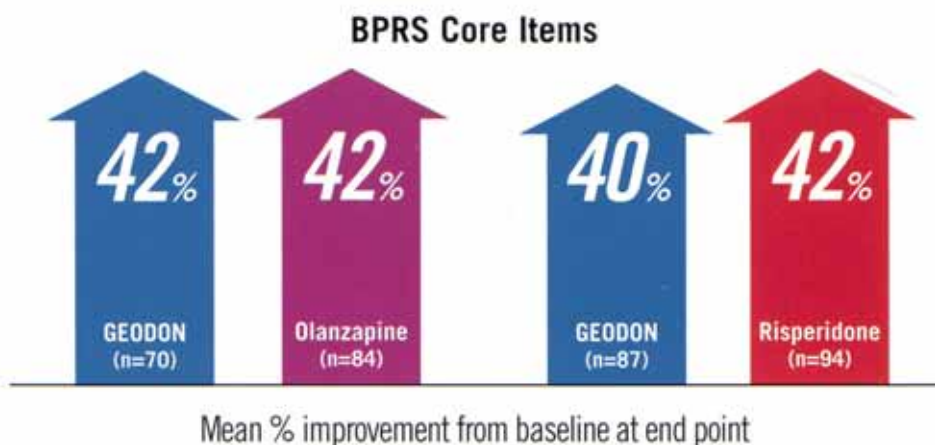


# IN SCHIZOPHRENIA...

# Choose GEODON—treat

## CHOOSE COMPARABLE POWER...

*Consistent results in acute head-to-head studies<sup>2-4</sup>*



A 6-week, double-blind, randomized study of GEODON vs olanzapine and an 8-week, double-blind, randomized study of GEODON vs risperidone.

- BPRS core items include hallucinatory behavior, unusual thought content, conceptual disorganization, and suspiciousness
- Comparable efficacy was maintained in double-blind extension studies
  - up to 1 year vs risperidone<sup>2</sup>
  - up to 6 months vs olanzapine<sup>5</sup>

GEODON is indicated for the treatment of schizophrenia.

**Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. GEODON is not approved for the treatment of patients with dementia-related psychosis.**

**GEODON is contraindicated in patients with a known history of QT prolongation, recent acute myocardial infarction, or uncompensated heart failure, and should not be used with other QT-prolonging drugs. GEODON has a greater capacity to prolong the QT<sub>C</sub> interval than several antipsychotics. In some drugs, QT prolongation has been associated with torsade de pointes, a potentially fatal arrhythmia. In many cases this would lead to the conclusion that other drugs should be tried first.**

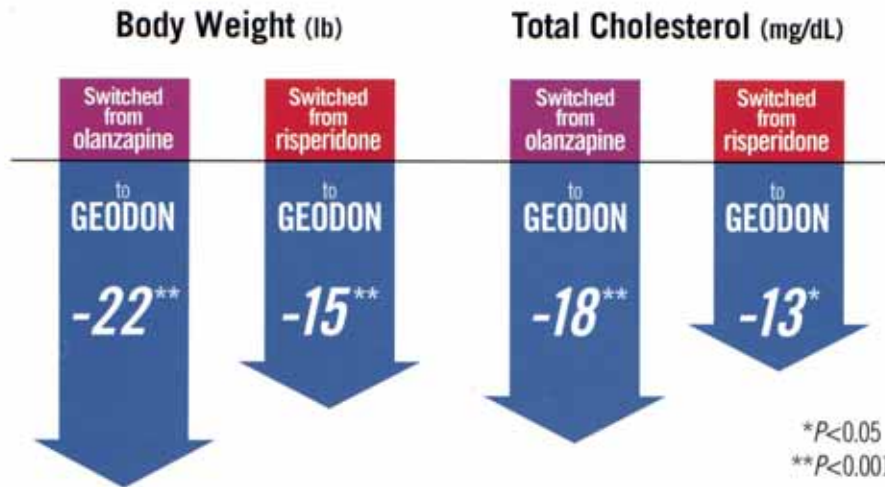
Hyperglycemia-related adverse events, sometimes serious, have been reported in patients treated with atypical antipsychotics. There have been few reports of hyperglycemia or diabetes in patients treated with GEODON, and it is not known if GEODON is associated with these events. Patients treated with an atypical antipsychotic should be monitored for symptoms of hyperglycemia.

In short-term schizophrenia trials, 10% of GEODON-treated patients experienced a weight gain of  $\geq 7\%$  of body weight vs 4% for placebo. In the same short-term trials, the most common adverse events were somnolence (14%) and respiratory tract infection (8%).

# with the body in mind

...WITHOUT COMPROMISING METABOLIC PARAMETERS

*Significant results in switch studies after 1 year<sup>2,6</sup>*



Two 1-year open-label extensions of 6-week, open-label switch studies in patients suboptimally controlled due to partial response or poor tolerability.

- Patients switching to GEODON from olanzapine and risperidone also experienced reductions in triglycerides<sup>6</sup>

*In the acute head-to-head studies...*


- In the GEODON vs olanzapine study, olanzapine significantly increased body weight (8 lb vs 2 lb for GEODON,  $P<0.0001$ )<sup>2,3</sup>
- In the GEODON vs risperidone study, risperidone increased body weight (2 lb vs 0 lb for GEODON,  $P<0.01$ )<sup>2,4</sup>

**GEODON**<sup>®</sup>  
(ziprasidone HCl) **Oral Capsules**



*Please see brief summary of prescribing information on adjacent page.*





# Still depressed?

- Anxiety, insomnia,  
low energy
- Currently on an SSRI
- Still suffering

It may be time  
to make a change



## IMPORTANT TREATMENT CONSIDERATIONS

### Suicidality in Children and Adolescents

Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with Major Depressive Disorder (MDD) and other psychiatric disorders. Anyone considering the use of EFFEXOR XR or any other antidepressant in a child or adolescent must balance this risk with the clinical need. Patients who are started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. EFFEXOR XR is not approved for use in pediatric patients. (See Warnings and Precautions: Pediatric Use.)

Pooled analyses of short-term (4 to 16 weeks) placebo-controlled trials of 9 antidepressant drugs (SSRIs and others) in children and adolescents with Major Depressive Disorder (MDD), obsessive-compulsive disorder (OCD), or other psychiatric disorders (a total of 24 trials involving over 4,400 patients) have revealed a greater risk of adverse events representing suicidal thinking or behavior (suicidality) during the first few months of treatment in those receiving antidepressants. The average risk of such events in patients receiving antidepressants was 4%, twice the placebo risk of 2%. No suicides occurred in these trials.

- EFFEXOR XR is contraindicated in patients taking monoamine oxidase inhibitors (MAOIs). EFFEXOR XR should not be used in combination with an MAOI or within at least 14 days of discontinuing treatment with an MAOI; at least

7 days should be allowed after stopping EFFEXOR XR before starting an MAOI.

# Break *the* Cycle

## with EFFEXOR XR

- ✓ In an open-label study of patients who failed previous antidepressant treatment, nearly **60%** achieved remission when changed to EFFEXOR XR<sup>1</sup>
- ✓ In the **PREVENT**<sup>™</sup> study, the probability of preventing a new episode of depression was **92%** with EFFEXOR XR in maintenance year 2 vs. 55% with placebo<sup>2\*</sup>
- ✓ More than **12** years of clinical experience and over **20** million patients treated with EFFEXOR/EFFEXOR XR<sup>3†</sup>

- Adult and pediatric patients with MDD can experience worsening of their depression and/or the emergence of suicidal ideation and behavior, whether or not they are taking antidepressants. **Patients treated with antidepressants should be observed closely for clinical worsening and suicidality, especially at the beginning of drug therapy, or at the time of increases or decreases in dose.** Anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia, hypomania, and mania have been reported and may represent precursors to emerging suicidality. Stopping or modifying therapy should be considered especially when symptoms are severe, abrupt in onset, or not part of presenting symptoms.
- The development of potentially life-threatening serotonin syndrome may occur when EFFEXOR XR is coadministered with other drugs that may affect the serotonergic neurotransmitter systems. Concomitant use of EFFEXOR XR with MAOIs is contraindicated. If concomitant use of EFFEXOR XR with an SSRI, SNRI, or a triptan is clinically warranted, careful observation of the patient is advised. Concomitant use of EFFEXOR XR with tryptophan supplements is not recommended.
- Treatment with venlafaxine is associated with sustained increases in blood pressure (BP) in some patients. Postmarketing cases of elevated BP requiring immediate treatment have been reported. Pre-existing hypertension should be controlled. Regular BP monitoring is recommended.
- Mydriasis has been reported in association with venlafaxine; therefore, patients with raised intraocular pressure or those at risk of acute narrow-angle glaucoma (angle-closure glaucoma) should be monitored.

- Abrupt discontinuation or dose reduction has been associated with discontinuation symptoms. Patients should be counseled on possible discontinuation symptoms and monitored while discontinuing the drug; the dose should be tapered gradually. See the Precautions section of the Prescribing Information.
- The most common adverse events reported in EFFEXOR XR short-term placebo-controlled MDD, generalized anxiety disorder (GAD), social anxiety disorder (SAD), and/or panic disorder (PD) trials (incidence  $\geq 10\%$  and  $\geq 2x$  that of placebo) were anorexia, asthenia, constipation, dizziness, dry mouth, ejaculation problems, impotence, insomnia, nausea, nervousness, somnolence, and sweating.

\*For study design, please see references or visit [PreventStudy.com](http://PreventStudy.com).

†Based on IMS National Prescription Audit and SDI longitudinal prescription data.

ONCE-DAILY  
VENLAFAXINE HCl  
**EFFEXOR XR**<sup>®</sup> EXTENDED  
RELEASE  
CAPSULES

*The change they deserve.*

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# Dialogues

Time to Talk™

## Dialogues

is a unique patient support and education program that is designed to help you foster successful therapy

## Dialogues

offers patients access to a call center to speak with a health care provider for patient support and education to reinforce your efforts

## Dialogues

supplies feedback and updates about these patient calls to you, their physician

Encourage your **EFFEXOR XR** patients to enroll in **Dialogues** by calling 866-313-3737 — and you can visit [mddpatientsupport.com](http://mddpatientsupport.com)

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RELEASE  
CAPSULES

## The change they deserve.

**References:** 1. Baldomero ER, Ubago JG, Cercós CL, et al. Venlafaxine extended release versus conventional antidepressants in the remission of depressive disorders after previous antidepressant failure: ARGOS study. *Depress Anxiety*. 2005;22:68-76. 2. Data on file, Wyeth Pharmaceuticals Inc. A randomized, multicenter, double-blind, placebo-controlled study (N=1,096 adults). This trial included an acute, a continuation, and 2 one-year maintenance phases. At the start of each of the 2 maintenance phases, EFFEXOR XR responders were re-randomized to either EFFEXOR XR or placebo. The primary end point was time to recurrence of depression. 3. Data on file, Wyeth Pharmaceuticals Inc.

Please see brief summary of Prescribing Information on adjacent pages.

Wyeth® © 2007, Wyeth Pharmaceuticals Inc., Philadelphia, PA 19101  
122873-01 January 2007

ONCE-DAILY  
VENLAFAXINE HCl  
**EFFEXOR XR**® EXTENDED  
RELEASE  
CAPSULES

BRIEF SUMMARY: See package insert for full prescribing information.

### Suicidality in Children and Adolescents

Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with Major Depressive Disorder (MDD) and other psychiatric disorders. Anyone considering the use of EFFEXOR XR or any other antidepressant in a child or adolescent must balance this risk with the clinical need. Patients who are started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. EFFEXOR XR is not approved for use in pediatric patients. (See Warnings and Precautions: Pediatric Use.)

Pooled analyses of short-term (4 to 16 weeks) placebo-controlled trials of 9 antidepressant drugs (SSRIs and others) in children and adolescents with Major Depressive Disorder (MDD), obsessive-compulsive disorder (OCD), or other psychiatric disorders (a total of 24 trials involving over 4,400 patients) have revealed a greater risk of adverse events representing suicidal thinking or behavior (suicidality) during the first few months of treatment in those receiving antidepressants. The average risk of such events in patients receiving antidepressants was 4%, twice the placebo risk of 2%. No suicides occurred in these trials.

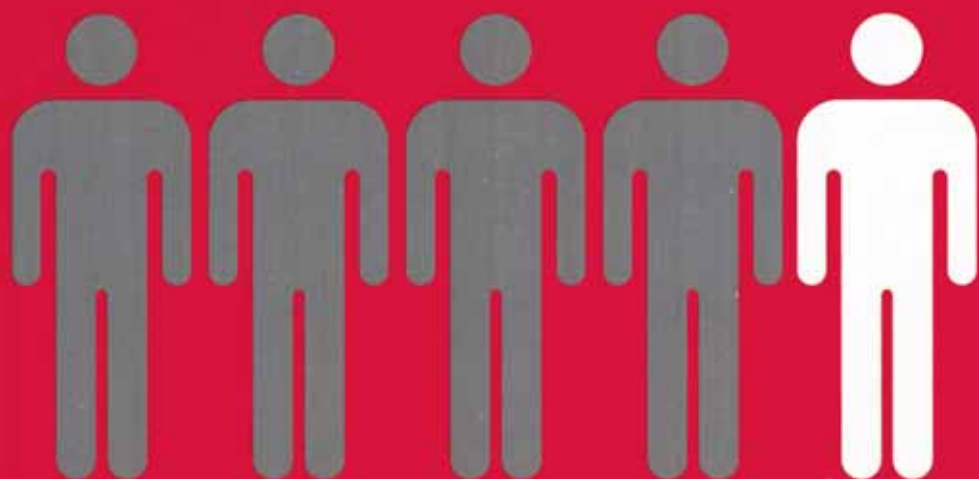
### CONTRAINDICATIONS: Hypersensitivity to venlafaxine hydrochloride or to any excipients in the formulation.

Concomitant use in patients taking monoamine oxidase inhibitors (MAOIs). **WARNINGS: Clinical Worsening and Suicide Risk**—Patients with major depressive disorder (MDD), both adult and pediatric, may experience worsening of their depression and/or the emergence of suicidal ideation and behavior (suicidality) or unusual changes in behavior, whether or not they are taking antidepressant medications, and this risk may persist until significant remission occurs. There has been a long-standing concern that antidepressants may have a role in inducing worsening of depression and the emergence of suicidality in certain patients. Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with MDD and other psychiatric disorders. It is unknown whether the suicidality risk in pediatric patients extends to longer-term use, i.e., beyond several months. It is also unknown whether the suicidality risk extends to adults. **All pediatric patients being treated with antidepressants for any indication should be observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases.** Adults with MDD or comorbid depression in the setting of other psychiatric illness being treated with antidepressants should be observed similarly for clinical worsening and suicidality, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases. Anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, and mania have been reported in adult and pediatric patients being treated with antidepressants for MDD and other indications, both psychiatric and nonpsychiatric. Although a causal link between the emergence of such symptoms and either the worsening of depression and/or the emergence of suicidal impulses has not been established, there is concern that such symptoms may represent precursors to emerging suicidality. Consideration should be given to changing the therapeutic regimen, including possibly discontinuing the medication, in patients whose depression is persistently worse, or who are experiencing emergent suicidality or symptoms that might be precursors to worsening depression or suicidality, especially if these symptoms are severe, abrupt in onset, or were not part of the patient's presenting symptoms. If the decision has been made to discontinue treatment, medication should be tapered, as rapidly as is feasible, but with recognition that abrupt discontinuation can be associated with certain symptoms (see PRECAUTIONS and DOSAGE AND ADMINISTRATION). Families and caregivers of pediatric patients being treated with antidepressants for MDD or other indications, both psychiatric and nonpsychiatric, should be alerted about the need to monitor patients for the emergence of agitation, irritability, unusual changes in behavior, and the other symptoms described above, as well as the emergence of suicidality, and to report such symptoms immediately to health care providers. Such monitoring should include daily observation by families and caregivers. Prescriptions for Effexor XR should be written for the smallest quantity of capsules consistent with good patient management, in order to reduce the risk of overdose. Families and caregivers of adults being treated for depression should be similarly advised. **Screening Patients for Bipolar Disorder:** A major depressive episode may be the initial presentation of bipolar disorder. It is generally believed that treating such an episode with an antidepressant alone may increase the likelihood of precipitation of a mixed/manic episode in patients at risk for bipolar disorder. Whether any of the symptoms described above represent such a conversion is unknown. Prior to initiating antidepressant treatment, patients with depressive symptoms should be screened to determine if they are at risk for bipolar disorder; such screening should include a detailed psychiatric history, including a family history of suicide, bipolar disorder, and depression. Effexor XR is not approved for use in treating bipolar depression. **Potential for Interaction with MAOIs—Adverse reactions, some serious, have been reported in patients who recently discontinued an MAOI and started on venlafaxine, or who recently discontinued venlafaxine prior to initiation of an MAOI.** These reactions included tremor, myoclonus, diaphoresis, nausea, vomiting, flushing, dizziness, hyperthermia with features resembling neuroleptic malignant syndrome, seizures, and death. Effexor XR should not be used in combination with an MAOI, or within at least 14 days of discontinuing treatment with an MAOI. At least 7 days should be allowed after stopping venlafaxine before starting an MAOI. **Serotonin Syndrome**—The development of potentially life-threatening serotonin syndrome may occur with Effexor XR treatment, particularly with (i) concomitant use of serotonergic drugs and (ii) with drugs that impair metabolism of serotonin (see CONTRAINDICATIONS—MAOIs). If concomitant treatment of Effexor XR with an SSRI, SNRI, or a 5-hydroxytryptamine receptor agonist (triptan) is clinically warranted, careful observation of the patient is advised, particularly during treatment initiation and dose increases. The concomitant use of Effexor XR with serotonergic precursors (such as tryptophan supplements) is not recommended. **Sustained Hypertension**—Venlafaxine is associated with sustained increases in blood pressure (BP) in some patients. Postmarketing cases of elevated BP requiring immediate treatment have been reported. Pre-existing hypertension should be controlled. Regular monitoring of BP is recommended. For patients experiencing sustained increase in BP, consider either dose reduction or discontinuation. **Mydriasis**—Mydriasis has been reported; monitor patients with raised intraocular pressure or at risk of acute narrow-angle glaucoma (angle-closure glaucoma). **PRECAUTIONS: General—Discontinuation of Treatment with Effexor XR.** Abrupt discontinuation or dose reduction of venlafaxine at various doses is associated with new symptoms, the frequency of which increased with increased dose level and longer duration of treatment. Symptoms include agitation, anorexia, anxiety, confusion, coordination impaired, diarrhea, dizziness, dry mouth, dysphoric mood, emotional lability, fasciculation, fatigue, headaches, hypomania, insomnia, irritability, lethargy, nausea, nervousness, nightmares, seizures, sensory disturbances (e.g., paresthesias such as electric shock sensations), somnolence, sweating, trivulus, tremor, vertigo, and vomiting. Monitor patients when discontinuing treatment. A gradual reduction in the dose rather than abrupt cessation is recommended. If intolerable symptoms occur following a decrease in the dose or upon discontinuation of treatment, consider resuming the previously prescribed dose. Subsequently, continue decreasing the dose at a more gradual rate. **Insomnia and Nervousness:** Treatment-emergent insomnia and nervousness have been reported. In Phase 3 trials, insomnia led to drug discontinuation in 1% of both depressed patients and Panic Disorder (PD) patients and in 3% of both Generalized Anxiety Disorder (GAD) and Social Anxiety Disorder (SAD) patients. Nervousness led to drug discontinuation in 0.9% of depressed patients, in 2% of GAD patients, and in 0% of SAD and PD patients. **Changes in Weight, Adult Patients:** In short-term MDD trials, 7% of Effexor XR patients had  $\geq 5\%$  loss of body weight and 0.1% discontinued for weight loss. In 6-month GAD studies, 3% of Effexor XR patients had  $\geq 7\%$  loss of body weight, and 0.3% discontinued for weight loss in 8-week studies. In 12-week SAD trials, 3% of Effexor XR patients had  $\geq 7\%$  loss of body weight and no patients discontinued for weight loss. In 12-week PD trials, 3% of Effexor XR patients had  $\geq 7\%$  loss of body weight, and no patients discontinued for weight loss. The safety and efficacy of venlafaxine in combination with weight loss agents, including phentermine, have not been established. Coadministration of Effexor XR and weight loss agents is not recommended. Effexor XR is not indicated for weight loss alone or in combination with other products. **Pediatric Patients:** Weight loss was seen in patients aged 6-17 receiving Effexor XR. More Effexor XR patients than placebo patients experienced weight loss of at least 3.5% in both MDD and GAD studies (18% of Effexor XR patients vs. 3.6% of placebo patients;  $P < 0.001$ ) and the SAD study (47% of Effexor XR patients vs. 14% of placebo patients;  $P < 0.001$ ). Weight loss was not limited to patients with treatment-emergent anorexia (decreased appetite). Children and adolescents in a 6-month MDD study had increases in weight less than expected based on data from age- and sex-matched peers. The difference between observed and expected weight gain was larger for children  $< 12$  years old than for adolescents  $\geq 12$  years old. **Changes in Height, Pediatric Patients:** In 8-week GAD studies, Effexor XR patients aged 6-17 grew an average of 0.3 cm ( $n=122$ ), while placebo patients grew an average of 1.0 cm ( $n=132$ );  $P=0.041$ . This difference in height increase was most notable in patients  $< 12$ . In 8-week MDD studies, Effexor XR patients grew an average of 0.8 cm ( $n=146$ ), while placebo patients grew an average of 0.7 cm ( $n=147$ ). During the 16-week, placebo-controlled SAD study, both the Effexor XR ( $n=109$ ) and the placebo ( $n=112$ ) patients grew an average of 1.0 cm. In the 6-month MDD study, children and adolescents had height increases less than expected based on data from age- and sex-matched peers. The difference between observed and expected growth rates was larger for children  $< 12$  years old than for adolescents  $\geq 12$  years old. **Changes in Appetite, Adult Patients:** Treatment-emergent anorexia was more commonly reported for





# KNOW THE FACTS

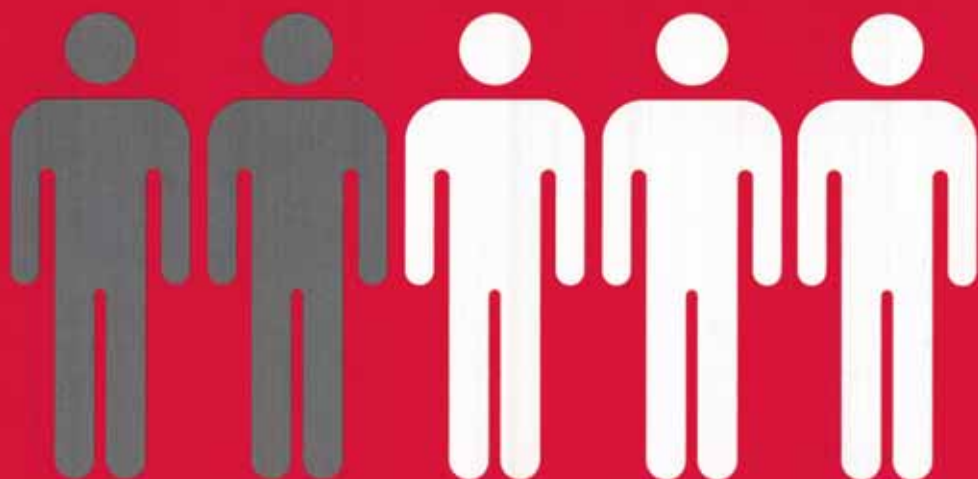


**13% of patients had diabetes in the landmark CATIE schizophrenia study at baseline—4 times more common than in the general population.<sup>1</sup>**

Be aware.  
Screen and monitor your patients.  
Make a difference.



# KNOW THE FACTS



**41% of all patients had the metabolic syndrome at baseline in the landmark CATIE schizophrenia study.<sup>2</sup>**

Be aware.  
Screen and monitor your patients.  
Make a difference.



**References:** 1. Goff DC, Sullivan LM, McEvoy JP, et al. A comparison of ten-year cardiac risk estimates in schizophrenia patients from the CATIE study and matched controls. *Schizophr Res.* 2005;80:45-53. 2. McEvoy JP, Meyer JM, Goff DC, et al. Prevalence of the metabolic syndrome in patients with schizophrenia: baseline results from the Clinical Antipsychotic Trials of Intervention Effectiveness (CATIE) schizophrenia trial and comparison with national estimates from NHANES III. *Schizophr Res.* 2005;80:19-32.



# Unique Delivery.

*The **first** antidepressant patch*

*EMSAM<sup>®</sup> is the first and only  
transdermal monoamine oxidase  
inhibitor (MAOI) for treating  
depressive symptoms in patients  
with major depressive disorder (MDD).*



**EMSAM<sup>®</sup>** 6 mg/24 hr  
(selegiline transdermal system)

*Unique Delivery. Proven Results.*

Please see IMPORTANT SAFETY INFORMATION,  
including **Boxed WARNING**, on next page.

## IMPORTANT SAFETY INFORMATION

- **Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with major depressive disorder (MDD) and other psychiatric disorders. All pediatric patients being treated with antidepressants for any indication should be observed closely for clinical worsening, suicidality, or unusual changes in behavior, especially during the initial few months of a course of drug therapy, or at time of dose changes, either increases or decreases. Families and caregivers should be advised for the need for close observation and communication with the prescriber. EMSAM is not approved for use in pediatric patients (see Boxed WARNING)**

**Pooled analyses of short-term (4 to 16 weeks) placebo-controlled trials of nine antidepressant drugs (SSRIs and others) in children and adolescents with major depressive disorder (MDD), obsessive compulsive disorder (OCD), or other psychiatric disorders (a total of 24 trials involving over 4400 patients) have revealed a greater risk of adverse events representing suicidal thinking and behavior (suicidality) during the first few months of treatment in those receiving antidepressants. The average risk of such events in patients receiving antidepressants was 4%, twice the placebo risk of 2%. No suicides occurred in these trials**

- **To reduce the risk of hypertensive crisis, which is potentially life-threatening, foods and beverages high in tyramine must be avoided while on EMSAM 9 mg/24 hr or 12 mg/24 hr, and for 2 weeks following discontinuation of EMSAM at these doses or reducing the dose to EMSAM 6 mg/24 hr**
- Due to the potential for **serotonin syndrome**, which is potentially life-threatening, EMSAM should not be used with the following antidepressants: selective serotonin reuptake inhibitors (SSRIs), dual serotonin and norepinephrine reuptake inhibitors (SNRIs), tricyclic antidepressants (TCAs), monoamine oxidase inhibitors (MAOIs), mirtazapine, and bupropion; meperidine and analgesics such as: tramadol, methadone, propoxyphene, and pentazocine; the antitussive dextromethorphan; cyclobenzaprine; oral selegiline; and St. John's wort
- After stopping treatment with SSRIs, SNRIs, TCAs, MAOIs, mirtazapine, bupropion; meperidine and analgesics such as: tramadol, methadone, and propoxyphene; dextromethorphan; St. John's wort; and buspirone, approximately 1 week (5 weeks for fluoxetine) should elapse before starting therapy with EMSAM. At least 2 weeks should elapse after stopping EMSAM before starting therapy with buspirone or a drug that is contraindicated with EMSAM
- **Carbamazepine** and **oxcarbazepine** are contraindicated in patients taking MAO inhibitors, including EMSAM
- The use of EMSAM is contraindicated for use with **sympathomimetic amines**, including amphetamines as well as cold products and weight-reducing preparations that contain vasoconstrictors (eg, pseudoephedrine, phenylephrine, phenylpropanolamine, and ephedrine)
- Patients taking EMSAM should not undergo **elective surgery requiring general anesthesia** or be given **local anesthesia** containing sympathomimetic vasoconstrictors
- EMSAM should not be used in the presence of **pheochromocytoma** since such tumors secrete pressor substances
- **Adults** with MDD or co-morbid depression in the setting of other psychiatric illness **being treated with antidepressants** should be observed for **clinical worsening and suicidality**, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases
- Risk of **bipolar disorder** should be ruled out prior to initiating antidepressant therapy. EMSAM is not approved for the treatment of bipolar depression
- Due to the potential for elevated blood pressure, the use of EMSAM with **buspirone** is not recommended
- As with other MAOIs, **postural hypotension** can occur with EMSAM therapy. Dose increases in the **elderly** should be made with caution and patients should be observed closely for postural changes in blood pressure throughout treatment
- EMSAM should be used with caution in patients with certain concomitant systemic illnesses that can produce **altered metabolism or hemodynamic responses**
- As with other psychoactive drugs, EMSAM may have the potential to **impair judgment, thinking, or motor skills**. Patients should not drive or operate hazardous machinery until they are certain EMSAM does not impair their ability to engage in such activities
- The use of **alcohol** is not recommended while taking EMSAM
- EMSAM should not be used in combination with **tyramine-containing nutritional supplements**
- EMSAM should be used in **pregnancy** only if the potential benefit justifies the potential risk to the fetus. Caution should be exercised when administering EMSAM to a nursing mother
- EMSAM is contraindicated in patients with known **hypersensitivity** to selegiline or to any component of the transdermal system
- **Treatment-emergent adverse events** in short-term clinical trials that occurred at a  $\geq 2\%$  incidence with EMSAM and for which the incidence was greater than placebo include: application site reaction (24% vs 12%), headache (18% vs 17%), insomnia (12% vs 7%), diarrhea (9% vs 7%), dry mouth (8% vs 6%), dyspepsia (4% vs 3%), rash (4% vs 2%), pharyngitis (3% vs 2%), and sinusitis (3% vs 1%)

Please see Brief Summary of FULL PRESCRIBING INFORMATION, including **Boxed WARNING**, on following pages.



# Proven Results.

**The first and only transdermal MAOI—**  
no dietary modifications at the starting and target dose of 6 mg/24 hr

**Significant relief—**  
proven short-term efficacy with longer time to relapse

**Demonstrated tolerability—**  
reported sexual dysfunction similar to placebo; minimal weight change

## INDICATION

EMSAM is indicated for the treatment of Major Depressive Disorder (MDD).

## Dose-Dependent Dietary Modifications:

To reduce the risk of hypertensive crisis, which is potentially life-threatening, foods and beverages high in tyramine must be avoided while on EMSAM<sup>®</sup> 9 mg/24 hr and 12 mg/24 hr, and for 2 weeks following discontinuation of EMSAM at these doses, or reducing the dose to EMSAM 6 mg/24 hr.

- Estimates of the incidence of sexual dysfunction cited in product labeling may underestimate actual incidence



**EMSAM<sup>®</sup>** 6 mg/24 hr  
(selegiline transdermal system)

*Unique Delivery. Proven Results.*

# EMSAM®

(SELEGILINE TRANSDERMAL SYSTEM)

RX ONLY

## CONTINUOUS DELIVERY FOR ONCE-DAILY APPLICATION

Brief Summary of Prescribing Information, 04/06. For complete prescribing information please consult official package circular.

### Suicidality in Children and Adolescents

Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use of EMSAM (selegiline transdermal system) or any other antidepressant in a child or adolescent must balance this risk with the clinical need. Patients who are started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised for the need for close observation and communication with the prescriber. EMSAM is not approved for use in pediatric patients. (See WARNINGS and PRECAUTIONS, Pediatric Use.)

Pooled analyses of short-term (4 to 16 weeks) placebo-controlled trials of nine antidepressant drugs (SSRIs and others) in children and adolescents with major depressive disorder (MDD), obsessive compulsive disorder (OCD), or other psychiatric disorders (a total of 24 trials involving over 4400 patients) have revealed a greater risk of adverse events representing suicidal thinking or behavior (suicidality) during the first few months of treatment in those receiving antidepressants. The average risk of such events in patients receiving antidepressants was 4%, twice the placebo risk of 2%. No suicides occurred in these trials.

### CONTRAINDICATIONS

EMSAM is contraindicated in patients with known hypersensitivity to selegiline or to any component of the transdermal system.

EMSAM is contraindicated with selective serotonin reuptake inhibitors (SSRIs, e.g., fluoxetine, sertraline, and paroxetine); dual serotonin and norepinephrine reuptake inhibitors (SNRIs, e.g., venlafaxine and duloxetine); tricyclic antidepressants (TCAs, e.g., imipramine and amitriptyline); bupropion hydrochloride; meperidine and analgesic agents such as tramadol, methadone and propoxyphene; the antitussive agent dextromethorphan; St. John's wort; mirtazapine; and cyclobenzaprine. EMSAM should not be used with oral selegiline or other MAO inhibitors (MAOIs e.g., isocarboxazid, phenelzine, and tranlylpropramine) (see WARNINGS).

Carbamazepine and oxcarbazepine are contraindicated in patients taking selegiline (see PRECAUTIONS, Drug Interactions).

As with other MAOIs, EMSAM is contraindicated for use with sympathomimetic amines, including amphetamines as well as cold products and weight-reducing preparations that contain vasoconstrictors (e.g., pseudoephedrine, phenylephrine, phenylpropanolamine, and ephedrine).

As with other MAOIs, patients taking EMSAM should not undergo elective surgery requiring general anesthesia. Also, they should not be given cocaine or local anesthesia containing sympathomimetic vasoconstrictors. EMSAM should be discontinued at least 10 days prior to elective surgery. If surgery is necessary sooner, benzodiazepines, mivacurium, rapacuronium, fentanyl, morphine, and codeine may be used cautiously.

As with other MAOIs, EMSAM is contraindicated for use in patients with pheochromocytoma.

EMSAM is an irreversible MAO inhibitor. As a class, these compounds have been associated with hypertensive crises caused by the ingestion of foods containing high amounts of tyramine. In its entirety, the data for EMSAM 6 mg/24 hours support the recommendation that a modified diet is not required at this dose. Due to the more limited data available for EMSAM 9 mg/24 hours and 12 mg/24 hours, patients receiving these doses should follow **Dietary Modifications Required for Patients Taking EMSAM 9 mg/24 hours and 12 mg/24 hours**. (See WARNINGS and PRECAUTIONS, Drug Interactions, Tyramine.)

### WARNINGS

#### Clinical Worsening and Suicide Risk

Patients with major depressive disorder (MDD), both adult and pediatric, may experience worsening of their depression and/or the emergence of suicidal ideation and behavior (suicidality) or unusual changes in behavior, whether or not they are taking antidepressant medications, and this risk may persist until significant remission occurs. There has been a long-standing concern that antidepressants may have a role in inducing worsening of depression and the emergence of suicidality in certain patients. Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with Major Depressive Disorder (MDD) and other psychiatric disorders.

Pooled analyses of short-term placebo-controlled trials of nine antidepressant drugs (SSRIs and others) in children and adolescents with MDD, OCD, or other psychiatric disorders (a total of 24 trials involving over 4400 patients) have revealed a greater risk of adverse events representing suicidal behavior or thinking (suicidality) during the first few months of treatment in those receiving antidepressants. The average risk of such events in patients receiving antidepressants was 4%, twice the placebo risk of 2%. There was considerable variation in risk among drugs, but a tendency toward an increase for almost all drugs studied. The risk of suicidality was most consistently observed in the MDD trials, but there were signals of risk arising from trials in other psychiatric indications (obsessive compulsive disorder and social anxiety disorder) as well. No suicides occurred in these trials. It is unknown whether the suicidality risk in pediatric patients extends to longer-term use, i.e., beyond several months. It is also unknown whether the suicidality risk extends to adults.

All pediatric patients being treated with antidepressants for any indication should be observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases. Such observation would generally include at least weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks of treatment, then every other week visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks. Additional contact by telephone may be appropriate between face-to-face visits.

Adults with MDD or co-morbid depression in the setting of other psychiatric illness being treated with antidepressants should be observed similarly for clinical worsening and suicidality, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases.

The following symptoms, anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, and mania, have been reported in adult and pediatric patients being treated with antidepressants for major depressive disorder as well as for other indications, both psychiatric and nonpsychiatric. Although a causal link between the emergence of such symptoms and either the worsening of depression and/or the emergence of suicidal impulses has not been established, there is concern that such symptoms may represent precursors to emerging suicidality.

Consideration should be given to changing the therapeutic regimen, including possibly discontinuing the medication, in patients whose depression is persistently worse, or who are experiencing emergent suicidality or symptoms that might be precursors to worsening depression or suicidality, especially if these symptoms are severe, abrupt in onset, or were not part of the patient's presenting symptoms.

If the decision has been made to discontinue treatment, medication should be tapered, as rapidly as is feasible, but with recognition that abrupt discontinuation can be associated with certain symptoms.

Families and caregivers of pediatric patients being treated with antidepressants for major depressive disorder or other indications, both psychiatric and nonpsychiatric, should be alerted about the need to monitor patients for the emergence of agitation, irritability, unusual changes in behavior, and the other symptoms described above, as well as the emergence of suicidality, and to report such symptoms immediately to healthcare providers. Such monitoring should include daily observation by families and caregivers. Prescriptions for EMSAM should be written for the smallest quantity consistent with good patient management, in order to reduce the risk of overdose. Families and caregivers of adults being treated for depression should be similarly advised.

#### Screening Patients for Bipolar Disorder

A major depressive episode may be the initial presentation of bipolar disorder. It is generally believed (though not established in controlled trials) that treating such an episode with an antidepressant alone may increase the likelihood of precipitation of a mixed/manic episode in patients at risk for bipolar disorder. Whether any of the symptoms described above represent such a conversion is unknown. However, prior to initiating treatment with an antidepressant, patients with depressive symptoms should be adequately screened to determine if they are at risk for bipolar disorder; such screening should include a detailed psychiatric history, including a family history of suicide, bipolar disorder, and depression. It should be noted that EMSAM is not approved for use in treating bipolar depression.

#### Hypertensive Crisis

EMSAM is an irreversible MAO inhibitor. MAO is important in the catabolism of dietary amines (e.g., tyramine). In this regard, significant inhibition of intestinal MAO-A activity can impose a cardiovascular safety risk following the ingestion of tyramine-rich foods. As a class, MAOIs have been associated with hypertensive crises caused by the ingestion of foods with a high concentration of tyramine.

Hypertensive crises, which in some cases may be fatal, are characterized by some or all of the following symptoms: occipital headache which may radiate frontally, palpitation, neck stiffness or soreness, nausea, vomiting, sweating (sometimes with fever and sometimes with cold, clammy skin), dilated pupils, and photophobia. Either tachycardia or bradycardia may be present and can be associated with constricting chest pain. Intracranial bleeding has been reported in association with the increase in blood pressure. Patients should be instructed as to the signs and symptoms of severe hypertension and advised to seek immediate medical attention if these signs or symptoms are present.

In 6 of the 7 clinical studies conducted with EMSAM at doses of 6 mg/24 hours–12 mg/24 hours, patients were not limited to a modified diet typically associated with this class of compounds. Although no hypertensive crises were reported as part

of the safety assessment, the likelihood of developing this reaction cannot be fully determined since the amount of tyramine typically consumed during the course of treatment is not known and blood pressure was not continuously monitored.

To further define the likelihood of hypertensive crises with use of EMSAM (selegiline transdermal system), several Phase I tyramine challenge studies were conducted both with and without food (see PRECAUTIONS, Drug Interactions, Tyramine). In its entirety, the data for EMSAM 6 mg/24 hours support the recommendation that a modified diet is not required at this dose. Due to the more limited data available for EMSAM 9 mg/24 hours, and the results from the Phase I tyramine challenge study in fed volunteers administered EMSAM 12 mg/24 hours (see PRECAUTIONS, Drug Interactions, Tyramine), patients receiving these doses should follow **Dietary Modifications Required for Patients Taking EMSAM 9 mg/24 hours and 12 mg/24 hours**.

If a hypertensive crisis occurs, EMSAM should be discontinued immediately and therapy to lower blood pressure should be instituted immediately. Phentolamine 5 mg or labetalol 20 mg administered slowly intravenously is recommended therapy to control hypertension. Alternately, nitroprusside delivered by continuous intravenous infusion may be used. Fever should be managed by means of external cooling. Patients must be closely monitored until symptoms have stabilized.

#### Dietary Modifications Required for Patients Taking EMSAM 9 mg/24 hours and 12 mg/24 hours

The following foods and beverages should be avoided beginning on the first day of EMSAM 9 mg/24 hours or 12 mg/24 hours treatment and should continue to be avoided for 2 weeks after a dose reduction to EMSAM 6 mg/24 hours or following the discontinuation of EMSAM 9 mg/24 hours or 12 mg/24 hours.

Food and beverages to avoid and those which are acceptable<sup>1</sup>:

Class of Food and Beverage	Tyramine-Rich Foods and Beverages to Avoid	Acceptable Foods, Containing No or Little Tyramine
Meat, Poultry and Fish	Air dried, aged and fermented meats, sausages and salamis (including cacciatori, hard salami and mortadella); pickled herring; and any spoiled or improperly stored meat, poultry and fish (e.g., foods that have undergone changes in coloration, odor, or become moldy); spoiled or improperly stored animal livers	Fresh meat, poultry and fish, including fresh processed meats (e.g., lunch meats, hot dogs, breakfast sausage, and cooked sliced ham)
Vegetables	Broad bean pods (fava bean pods)	All other vegetables
Dairy	Aged cheeses	Processed cheeses, mozzarella, ricotta cheese, cottage cheese and yogurt
Beverages	All varieties of tap beer and beers that have not been pasteurized so as to allow for ongoing fermentation	As with other antidepressants, concomitant use of alcohol with EMSAM is not recommended (Bottled and canned beers and wines contain little or no tyramine.)
Miscellaneous	Concentrated yeast extract (e.g., Marmite), sauerkraut, most soybean products (including soy sauce and tofu), OTC supplements containing tyramine	Brewer's yeast, baker's yeast, soy milk, commercial chain-restaurant pizzas prepared with cheeses low in tyramine

<sup>1</sup> Adapted from K. I. Shulman, S. E. Walker. *Psychiatric Annals*. 2001; 31:378-384.

#### Use With Other Drugs Affecting Monoamine Activity

Serious, sometimes fatal, central nervous system (CNS) toxicity referred to as the "serotonin syndrome" has been reported with the combination of non-selective MAOIs with certain other drugs, including tricyclic or selective serotonin reuptake inhibitor antidepressants, amphetamines, meperidine, or pentazocine. Serotonin syndrome is characterized by signs and symptoms that may include hyperthermia, rigidity, myoclonus, autonomic instability with rapid fluctuations of the vital signs, and mental status changes that include extreme agitation progressing to delirium and coma. Similar less severe syndromes have been reported in a few patients receiving a combination of oral selegiline with one of these agents.

Therefore, EMSAM should not be used in combination with selective serotonin reuptake inhibitors (SSRIs, e.g., fluoxetine, sertraline, paroxetine); dual serotonin and norepinephrine reuptake inhibitors (SNRIs, e.g., venlafaxine and duloxetine); tricyclic antidepressants (TCAs, e.g., imipramine and amitriptyline); oral selegiline or other MAOIs (e.g., isocarboxazid, phenelzine, and tranlylpropramine); mirtazapine; bupropion hydrochloride; meperidine and analgesic agents such as tramadol, methadone, and propoxyphene; the antitussive agent dextromethorphan; or St. John's wort because of the risk of life-threatening adverse reactions. Also, EMSAM should not be used with sympathomimetic amines, including amphetamines as well as cold products and weight-reducing preparations that contain vasoconstrictors (e.g., pseudoephedrine, phenylephrine, phenylpropanolamine, and ephedrine). (See CONTRAINDICATIONS.)

Concomitant use of EMSAM with buspirone hydrochloride is not advised since several cases of elevated blood pressure have been reported in patients taking MAOIs who were then given buspirone HCl.

After stopping treatment with SSRIs, SNRIs, TCAs; MAOIs; meperidine and analgesics such as tramadol, methadone, and propoxyphene; dextromethorphan; St. John's wort; mirtazapine; bupropion HCl; or buspirone HCl, a time period equal to 4-5 half-lives (approximately 1 week) of the drug or any active metabolite should elapse before starting therapy with EMSAM. Because of the long half-life of fluoxetine and its active metabolite, at least 5 weeks should elapse between discontinuation of fluoxetine and initiation of treatment with EMSAM. At least 2 weeks should elapse after stopping EMSAM before starting therapy with buspirone HCl or a drug that is contraindicated with EMSAM.

### PRECAUTIONS

#### General

**Hypotension:** As with other MAOIs, postural hypotension, sometimes with orthostatic symptoms, can occur with EMSAM therapy. In short-term, placebo-controlled depression studies, the incidence of orthostatic hypotension (i.e., a decrease of 10 mmHg or greater in mean blood pressure when changing position from supine or sitting to standing) was 9.8% in EMSAM-treated patients and 6.7% in placebo-treated patients. It is recommended that elderly patients treated with EMSAM be closely observed for postural changes in blood pressure throughout treatment. Dose increases should be made cautiously in patients with pre-existing orthostasis. Postural hypotension may be relieved by having the patient recline until the symptoms have abated. Patients should be cautioned to change positions gradually. Patients displaying orthostatic symptoms should have appropriate dosage adjustments as warranted.

**Activation of Mania/Hypomania:** During Phase III trials, a manic reaction occurred in 8/2036 (0.4%) patients treated with EMSAM. Activation of mania/hypomania can occur in a small proportion of patients with major affective disorder treated with other marketed antidepressants. As with all antidepressants, EMSAM should be used cautiously in patients with a history of mania.

**Use in Patients With Concomitant Illness:** Clinical experience with EMSAM in patients with certain concomitant systemic illnesses is limited. Caution is advised when using EMSAM in patients with disorders or conditions that can produce altered metabolism or hemodynamic responses.

EMSAM has not been systematically evaluated in patients with a history of recent myocardial infarction or unstable heart disease. Such patients were generally excluded from clinical studies during the product's premarketing testing. No ECG abnormalities attributable to EMSAM were observed in clinical trials.

Although studies of phenylpropanolamine and pseudoephedrine did not reveal pharmacokinetic drug interactions with EMSAM, it is prudent to avoid the concomitant use of sympathomimetic agents, such as some decongestants.

#### Information for Patients

Prescribers or other health professionals should inform patients, their families, and their caregivers about the benefits and risks associated with treatment with EMSAM and should counsel them in its appropriate use. A patient Medication Guide about using Antidepressants in Children and Teenagers is available for EMSAM. The prescriber or health professional should instruct patients, their families, and their caregivers to read the Medication Guide and should assist them in understanding its contents. Patients should be given the opportunity to discuss the contents of the Medication Guide and to obtain answers to any questions they may have. The complete text of the Medication Guide is reprinted at the end of this document.

Patients should be advised of the following issues and asked to alert their prescriber if these occur while taking EMSAM.

#### Clinical Worsening and Suicide Risk

Patients, their families and their caregivers should be encouraged to be alert to the emergence of anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, mania, or unusual changes in behavior, worsening of depression, and suicidal ideation, especially early during antidepressant treatment or when the dose is adjusted up or down. Families and caregivers of patients should be advised to observe for the emergence of such symptoms on a day-to-day basis, since changes may be abrupt. Such symptoms should be reported to the patient's prescriber or health professional, especially if they are severe, abrupt in onset, or were not part of the patient's presenting symptoms. Symptoms such as these may be associated with an increased risk for suicidal thinking and behavior and indicate a need for very close monitoring and possibly change in the medication.

#### General

Patients should be advised not to use oral selegiline while on EMSAM therapy. Patients should be advised not to use carbamazepine or oxcarbazepine while on EMSAM therapy. Patients should be advised not to use meperidine and analgesic agents such as tramadol, methadone, and propoxyphene. Patients should be advised not to use sympathomimetic agents while on EMSAM therapy.





**Table 1. Treatment-Emergent Adverse Events: Incidence in Placebo-Controlled Clinical Trials for Major Depressive Disorder With EMSAM (selegiline transdermal system)<sup>1</sup>**

Body System/Preferred Term	EMSAM (N=817)	Placebo (N=668)
(% of Patients Reporting Event)		
<b>Body as a Whole</b>		
Headache	18	17
<b>Digestive</b>		
Diarrhea	9	7
Dyspepsia	4	3
<b>Nervous</b>		
Insomnia	12	7
Dry Mouth	8	6
<b>Respiratory</b>		
Pharyngitis	3	2
Sinusitis	3	1
<b>Skin</b>		
Application Site Reaction	24	12
Rash	4	2

<sup>1</sup> Events reported by at least 2% of patients  $\geq$  treated with EMSAM are included, except the following events which had an incidence on placebo treatment  $\geq$  to EMSAM: infection, nausea, dizziness, pain, abdominal pain, nervousness, back pain, asthenia, anxiety, flu syndrome, accidental injury, somnolence, rhinitis, and palpitations.

**Application Site Reactions:** In the pool of short-term, placebo-controlled major depressive disorder studies, application site reactions (ASRs) were reported in 24% of EMSAM-treated patients and 12% of placebo-treated patients. Most ASRs were mild or moderate in severity. None were considered serious. ASRs led to dropout in 2% of EMSAM-treated patients and no placebo-treated patients.

In one such study which utilized higher mean doses of EMSAM, ASRs were reported in 40% of EMSAM-treated patients and 20% of placebo-treated patients. Most of the ASRs in this study were described as erythema and most resolved spontaneously, requiring no treatment. When treatment was administered, it most commonly consisted of dermatological preparations of corticosteroids.

**Male and Female Sexual Dysfunction with MAO Inhibitors:** Although changes in sexual desire, sexual performance and sexual satisfaction often occur as manifestations of a psychiatric disorder, they may also be a consequence of pharmacologic treatment.

Reliable estimates of the incidence and severity of untoward experiences involving sexual desire, performance, and satisfaction are difficult to obtain, in part because patients and physicians may be reluctant to discuss them. Accordingly, estimates of the incidence of untoward sexual experience and performance cited in product labeling are likely to underestimate their actual incidence. Table 2 shows that the incidence rates of sexual side effects in patients with major depressive disorder are comparable to the placebo rates in placebo-controlled trials.

**Table 2. Incidence of Sexual Side Effects in Placebo-Controlled Clinical Trials With EMSAM**

Adverse Event	IN MALES ONLY	
	EMSAM (N=304)	Placebo (N=256)
Abnormal Ejaculation	1.0%	0.0%
Decreased Libido	0.7%	0.0%
Impotence	0.7%	0.4%
Anorgasmia	0.2%	0.0%
IN FEMALES ONLY		
	(N=513)	(N=412)
Decreased Libido	0.0%	0.2%

There are no adequately designed studies examining sexual dysfunction with EMSAM treatment.

**Vital Sign Changes:** EMSAM and placebo groups were compared with respect to (1) mean change from baseline in vital signs (pulse, systolic blood pressure, and diastolic blood pressure) and (2) the incidence of patients meeting criteria for potentially clinically significant changes from baseline in these variables. In the pool of short-term, placebo-controlled major depressive disorder studies, 3.0% of EMSAM-treated patients and 1.5% of placebo-treated patients experienced a low systolic blood pressure, defined as a reading less than or equal to 90 mmHg with a change from baseline of at least 20 mmHg. In one study which utilized higher mean doses of EMSAM, 6.2% of EMSAM-treated patients and no placebo-treated patients experienced a low standing systolic blood pressure by these criteria.

In the pool of short-term major depressive disorder trials, 9.8% of EMSAM-treated patients and 6.7% of placebo-treated patients experienced a notable orthostatic change in blood pressure, defined as a decrease of at least 10 mmHg in mean blood pressure with postural change.

**Weight Changes:** In placebo-controlled studies (6 - 8 weeks), the incidence of patients who experienced  $\geq$ 5% weight gain or weight loss is shown in Table 3.

**Table 3. Incidence of Weight Gain and Weight Loss in Placebo-Controlled Trials With EMSAM**

Weight Change	EMSAM (N=757)	Placebo (N=614)
Gained $\geq$ 5%	2.1%	2.4%
Lost $\geq$ 5%	5.0%	2.8%

In these trials, the mean change in body weight among EMSAM-treated patients was -1.2 lbs compared to +0.3 lbs in placebo-treated patients.

**Laboratory Changes:** EMSAM and placebo groups were compared with respect to (1) mean change from baseline in various serum chemistry, hematology, and urinalysis variables and (2) the incidence of patients meeting criteria for potentially clinically significant changes from baseline in these variables. These analyses revealed no clinically important changes in laboratory test parameters associated with EMSAM.

**ECG Changes:** Electrocardiograms (ECGs) from EMSAM (N=817) and placebo (N=668) groups in controlled studies were compared with respect to (1) mean change from baseline in various ECG parameters and (2) the incidence of patients meeting criteria for clinically significant changes from baseline in these variables.

No clinically meaningful changes in ECG parameters from baseline to final visit were observed for patients in controlled studies.

**Other Events Observed During the Premarketing Evaluation of EMSAM**

During the premarketing assessment in major depressive disorder, EMSAM was administered to 2036 patients in Phase III studies. The conditions and duration of exposure to EMSAM varied and included double-blind and open-label studies.

In the tabulations that follow, reported adverse events were classified using a standard COSTART-based dictionary terminology. All reported adverse events are included except those already listed in Table 1 or elsewhere in labeling, and those events occurring in only one patient. It is important to emphasize that although the events occurred during treatment with EMSAM, they were not necessarily caused by it.

Events are further categorized by body system and listed in order of decreasing frequency according to the following definitions: frequent adverse events are those occurring on one or more occasions in at least 1/100 patients; infrequent adverse events are those occurring in less than 1/100 patients but at least 1/1000 patients; rare events are those occurring in fewer than 1/1000 patients.

**Body as a Whole:** Frequent: Chest pain, neck pain. Infrequent: Bacterial infection, fever, cyst, fungal infection, chills, viral infection, suicide attempt, neck rigidity, pelvic pain, photosensitivity reaction, face edema, flank pain, hernia, intentional injury, neoplasm, generalized edema, overdose. Rare: Body odor, halitosis, heat stroke, parasitic infection, malaise, moniliasis.

**Cardiovascular System:** Frequent: Hypertension. Infrequent: Vasodilatation, tachycardia, migraine, syncope, atrial fibrillation, peripheral vascular disorder. Rare: Myocardial infarct.

**Digestive System:** Frequent: Constipation, flatulence, anorexia, gastroenteritis, vomiting. Infrequent: Increased appetite, thirst, peridontal abscess, eructation, gastritis, colitis, dysphagia, tongue edema, glossitis, increased salivation, abnormal liver function tests, melena, tongue disorder, tooth caries. Rare: GI neoplasia, rectal hemorrhage.

**Hemic and Lymphatic System:** Frequent: Ecchymosis. Infrequent: Anemia, lymphadenopathy. Rare: Leukocytosis, leukopenia, petechia.

**Metabolic and Nutritional:** Frequent: Peripheral edema. Infrequent: Hyperglycemia, increased SGPT, edema, hypercholesterolemia, increased SGOT, dehydration, alcohol intolerance, hyponatremia, increased lactic dehydrogenase. Rare: Increased alkaline phosphatase, bilirubinemia, hypoglycemic reaction.

**Musculoskeletal System:** Frequent: Myalgia, pathological fracture. Infrequent: Arthralgia, generalized spasm, arthritis, myasthenia, arthrosis, tenosynovitis. Rare: Osteoporosis.

**Nervous System:** Frequent: Agitation, paresthesia, thinking abnormal, amnesia. Infrequent: Leg cramps, tremor, vertigo, hypertension, twitching, emotional lability, confusion, manic reaction, depersonalization, hyperkinesias, hostility, myoclonus, circumoral paresthesia, hyperesthesia, increased libido, euphoria, neurosis, paranoid reaction. Rare: Ataxia.

**Respiratory System:** Frequent: Cough increased, bronchitis. Infrequent: Dyspnea, asthma, pneumonia, laryngismus. Rare: Epistaxis, laryngitis, yawn.

**Skin and Appendages:** Frequent: Pruritus, sweating, acne. Infrequent: Dry skin, maculopapular rash, contact dermatitis, urticaria, herpes simplex, alopecia, vesiculobullous rash, herpes zoster, skin hypertrophy, fungal dermatitis, skin benign neoplasm. Rare: Eczema.

**Special Senses:** Frequent: Taste perversion, tinnitus. Infrequent: Dry eyes, conjunctivitis, ear pain, eye pain, otitis media, parosmia. Rare: Mydriasis, otitis external, visual field defect.

**Urogenital System:** Frequent: Urinary tract infection, urinary frequency, dysmenorrhea, metrorrhagia. Infrequent: Urinary tract infection (male), vaginitis, cystitis (female), hematuria (female), unintended pregnancy, dysuria (female), urinary urgency (male and female), vaginal moniliasis, menorrhagia, urination impaired (male), breast neoplasm (female), kidney calculus (female), kidney hemorrhage, amenorrhea, breast pain, polyuria (female).

**DRUG ABUSE AND DEPENDENCE**

**Controlled Substance Class**

EMSAM (selegiline transdermal system) is not a controlled substance.

**Physical and Psychological Dependence**

Several animal studies have assessed potential for abuse and/or dependence with chronic selegiline administration. None of these studies demonstrated a potential for selegiline abuse or dependence.

EMSAM has not been systematically studied in humans for its potential for abuse, tolerance, or physical dependence. While the clinical trials did not reveal any tendency for any drug-seeking behavior, these observations were not systematic and it is not possible to predict on the basis of this limited experience the extent to which a CNS-active drug will be misused, diverted, and/or abused once marketed. Consequently, patients should be evaluated carefully for a history of drug abuse, and such patients should be observed closely for signs of EMSAM misuse or abuse (e.g., development of tolerance, increases in dose, or drug-seeking behavior).

**OVERDOSAGE**

There are no specific antidotes for EMSAM. If symptoms of overdosage occur, immediately remove the EMSAM system and institute appropriate supportive therapy. For contemporary consultation on the management of poisoning or overdosage, contact the National Poison Control Center at 1-800-222-1222.

EMSAM is considered to be an irreversible MAOI at therapeutic doses and, in overdosage, is likely to cause excessive MAO-A inhibition, and may result in the signs and symptoms resembling overdosage with other non-selective, oral MAOI antidepressants (e.g., tranylcypromine [Pamate<sup>®</sup>], phenelzine [Nardil<sup>®</sup>], or isocarboxazide [Marplan<sup>®</sup>]).

**Overdosage With Non-Selective MAO Inhibition**

NOTE: The following is provided for reference only; it does not describe events that have actually been observed with selegiline in overdosage. No information regarding overdose by ingestion of EMSAM is available.

Typical signs and symptoms associated with overdosage of non-selective MAOI antidepressants may not appear immediately. Delays of up to 12 hours between ingestion of drug and the appearance of signs may occur, and peak effects may not be observed for 24-48 hours. Since death has been reported following overdosage with MAOI agents, hospitalization with close monitoring during this period is essential.

Overdosage with MAOI agents is typically associated with CNS and cardiovascular toxicity. Signs and symptoms of overdosage may include, alone or in combination, any of the following: drowsiness, dizziness, faintness, irritability, hyperactivity, agitation, severe headache, hallucinations, trismus, opisthotonos, convulsions, coma, rapid and irregular pulse, hypertension, hypotension and vascular collapse, precordial pain, respiratory depression and failure, hyperpyrexia, diaphoresis, and cool, clammy skin. Type and intensity of symptoms may be related to extent of the overdosage.

Treatment should include supportive measures, with pharmacological intervention as appropriate. Symptoms may persist after drug washout because of the irreversible inhibitory effects of these agents on systemic MAO activity. With overdosage, in order to avoid the occurrence of hypertensive crisis ("cheese reaction"), dietary tyramine should be restricted for several weeks beyond recovery to permit regeneration of the peripheral MAO-A isoenzyme.

**DOSAGE AND ADMINISTRATION**

**Initial Treatment**

EMSAM should be applied to dry, intact skin on the upper torso (below the neck and above the waist), upper thigh or the outer surface of the upper arm once every 24 hours. The recommended starting dose and target dose for EMSAM is 6 mg/24 hours. EMSAM has been systematically evaluated and shown to be effective in a dose range of 6 mg/24 hours to 12 mg/24 hours. However, the trials were not designed to assess if higher doses are more effective than the lowest effective dose of 6 mg/24 hours. Based on clinical judgment, if dose increases are indicated for individual patients, they should occur in dose increments of 3 mg/24 hours (up to a maximum dose of 12 mg/24 hours) at intervals of no less than 2 weeks. As with all antidepressant drugs, full antidepressant effect may be delayed.

Patients should be informed that tyramine-rich foods and beverages should be avoided beginning on the first day of EMSAM 9 mg/24 hours or 12 mg/24 hours treatment and should continue to be avoided for 2 weeks after a dose reduction to EMSAM 6 mg/24 hours or following the discontinuation of EMSAM 9 mg/24 hours or 12 mg/24 hours (see WARNINGS).

**Special Populations**

No dosage adjustment is required for patients with mild to moderate renal or hepatic impairment. The recommended dose for elderly patients ( $\geq$ 65 years) is EMSAM 6 mg/24 hours daily. Dose increases, in the elderly, should be made with caution and patients should be closely observed for postural changes in blood pressure throughout treatment.


**How to Use EMSAM**

- EMSAM should be applied to dry, intact skin on the upper torso (below the neck and above the waist), upper thigh or the outer surface of the upper arm. A new application site should be selected with each new patch to avoid re-application to the same site on consecutive days. Patches should be applied at approximately the same time each day.
- Apply the patch to an area of skin that is not hairy, oily, irritated, broken, scarred or calloused. Do not place the patch where your clothing is tight, which could cause the patch to rub off.
- After you have selected the site for your patch, wash the area gently and thoroughly with soap and warm water. Rinse until all soap is removed. Dry the area with a clean dry towel.
- Just before you apply the patch, remove it from the pouch. Remove half of the protective backing and throw it away. Try not to touch the exposed side (sticky side) of the patch, because the medicine could come off on your fingers.
- Press the sticky side of the patch firmly against the skin site that was just washed and dried. Remove the second half of the protective liner and press the remaining sticky side firmly against your skin. Make sure that the patch is flat against the skin (there should be no bumps or folds in the patch) and is sticking securely. Be sure the edges are stuck to the skin surface.
- After you have applied the patch, wash your hands thoroughly with soap and water to remove any medicine that may have gotten on them. Do not touch your eyes until after you have washed your hands.
- After 24 hours, remove the patch. Do not touch the sticky side. As soon as you have removed the patch, fold it so that the sticky side sticks to itself.
- Throw away the folded patch so that children and/or pets cannot reach it.
- Wash your hands with soap and water.
- If your patch falls off, apply a new patch to a new site and resume your previous schedule.
- Only one EMSAM patch should be worn at a time.
- Avoid exposing the EMSAM application site to external sources of direct heat, such as heating pads or electric blankets, heat lamps, saunas, hot tubs, heated water beds, and prolonged direct sunlight.

**Maintenance Treatment**

It is generally agreed that episodes of depression require several months or longer of sustained pharmacologic therapy. The benefit of maintaining depressed patients on therapy with EMSAM at a dose of 6 mg/24 hours after achieving a responder status for an average duration of about 25 days was demonstrated in a controlled trial (see Clinical Efficacy Trials in Full Prescribing Information and INDICATIONS AND USAGE). The physician who elects to use EMSAM for extended periods should periodically re-evaluate the long-term usefulness of the drug for the individual patient.

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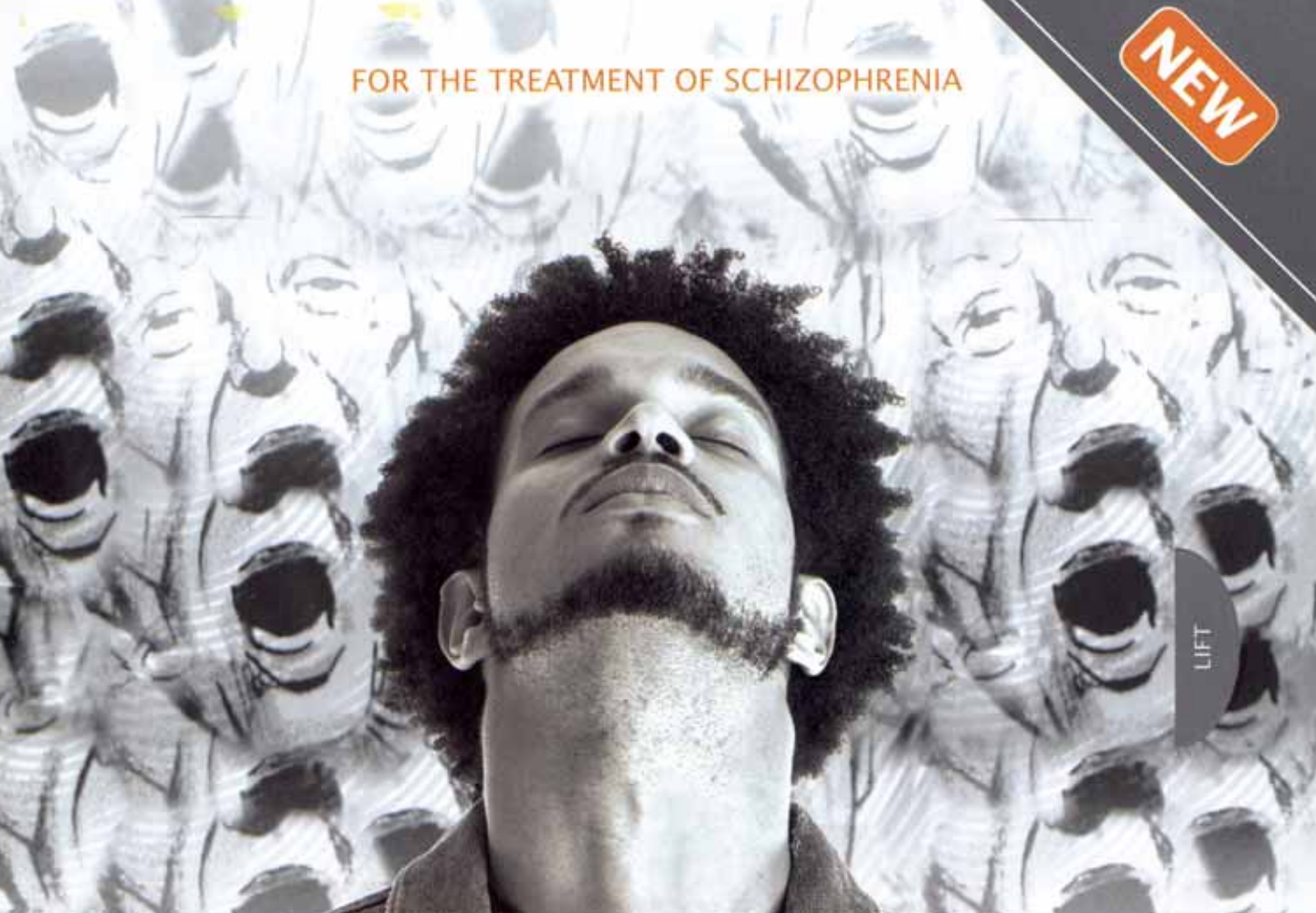
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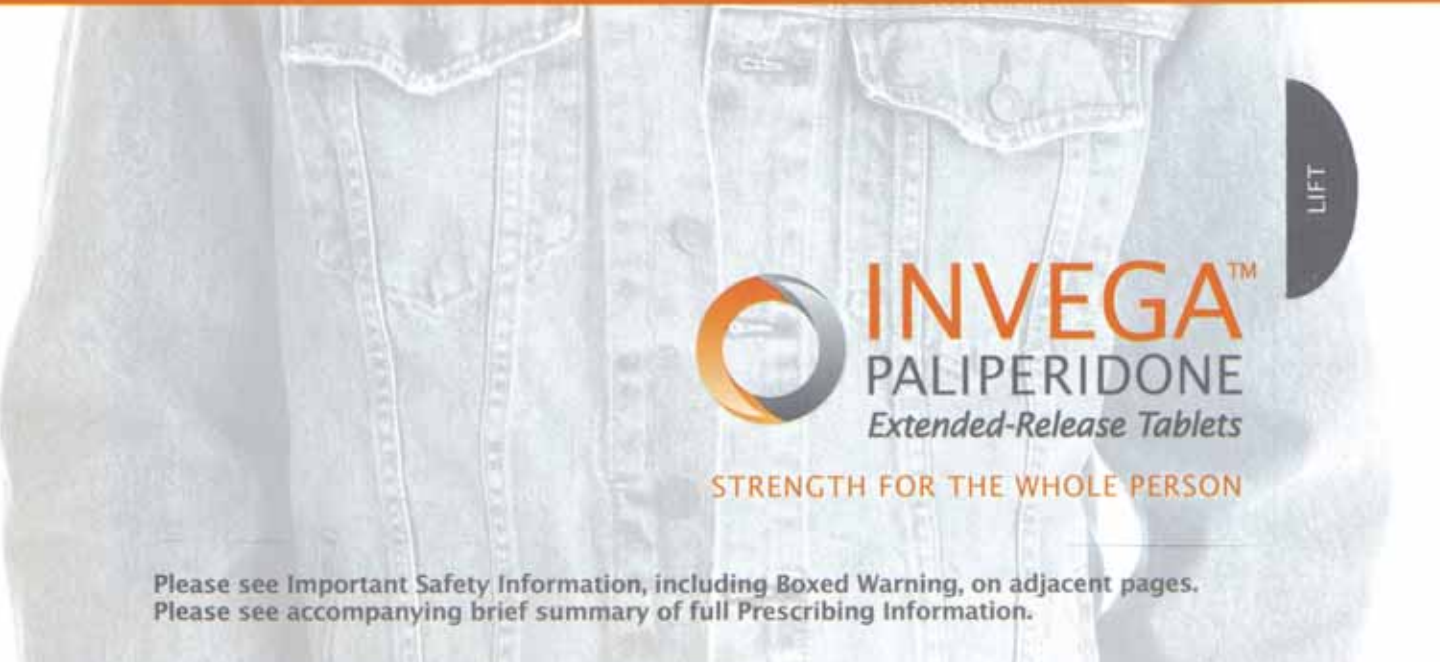
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He Needs a Powerful Antipsychotic for His Mind

But What Will It Do to His Body?



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**INVEGA™**  
PALIPERIDONE  
*Extended-Release Tablets*

STRENGTH FOR THE WHOLE PERSON

Please see Important Safety Information, including Boxed Warning, on adjacent pages.  
Please see accompanying brief summary of full Prescribing Information.

# A NEW ORAL ATYPICAL ANTIPSYCHOTIC FOR THE TREATMENT OF SCHIZOPHRENIA

INTRODUCING



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## IMPORTANT SAFETY INFORMATION

### Increased Mortality in Elderly Patients with Dementia-Related Psychosis

Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. Analyses of seventeen placebo-controlled trials (modal duration of 10 weeks) in these patients revealed a risk of death in the drug-treated patients of between 1.6 to 1.7 times that seen in placebo-treated patients. Over the course of a typical 10-week controlled trial, the rate of death in drug-treated patients was about 4.5%, compared to a rate of about 2.6% in the placebo group. Although the causes of death were varied, most of the deaths appeared to be either cardiovascular (e.g., heart failure, sudden death) or infectious (e.g., pneumonia) in nature. Neither INVEGA<sup>™</sup> (paliperidone) nor RISPERDAL<sup>®</sup> (risperidone) are approved for the treatment of patients with Dementia-Related Psychosis.

**Commonly observed adverse events:** The most commonly observed adverse events occurring at an incidence of  $\geq 5\%$  and at least 2 times placebo were: **INVEGA:** akathisia and extrapyramidal disorder; **RISPERDAL:** anxiety, somnolence, extrapyramidal symptoms, dizziness, constipation, nausea, dyspepsia, rhinitis, rash, and tachycardia.

**QT Prolongation:** INVEGA causes a modest increase in the corrected QT (QTc) interval. INVEGA should be avoided in combination with other drugs that are known to prolong the QTc interval, in patients with congenital long QT syndrome or a history of cardiac arrhythmias. Certain circumstances may increase the risk of torsades de pointes and/or sudden death in association with the use of drugs that prolong the QTc interval.

**Neuroleptic malignant syndrome (NMS):** NMS, a potentially fatal symptom complex, has been reported with the use of antipsychotic medications, including INVEGA and RISPERDAL. Clinical manifestations include muscle rigidity, fever, altered mental status and evidence of autonomic instability (see full Prescribing Information). Management should include immediate discontinuation of antipsychotic drugs and other drugs not essential to concurrent therapy, intensive symptomatic treatment and medical monitoring, and treatment of any concomitant serious medical problems.

**Tardive dyskinesia (TD):** TD is a syndrome of potentially irreversible, involuntary, dyskinetic movements that may develop in patients treated with antipsychotic medications. The risk of developing TD and the likelihood that dyskinetic movements will become irreversible are believed to increase with duration of treatment and total cumulative dose. Elderly patients appeared to be at increased risk for TD. Prescribing should be consistent with the need to minimize the risk of TD. The syndrome may remit, partially or completely, if antipsychotic treatment is withdrawn.

Please see accompanying brief summary of full Prescribing Information for INVEGA and RISPERDAL.

**NEW**

## Powerful Efficacy for the Mind With Safety and Tolerability for the Body

INVEGA is specifically created to combine:

- The active metabolite of RISPERDAL® (risperidone)
- Innovative OROS® extended-release technology

INVEGA has been shown to deliver:

- Significant efficacy in the positive and negative symptoms of schizophrenia<sup>1</sup>
- Low weight gain and EPS rates comparable with placebo in 6-week trials with the recommended 6-mg dose<sup>1</sup>



**Hyperglycemia and Diabetes:** Hyperglycemia, some cases extreme and associated with ketoacidosis, hyperosmolar coma or death, has been reported in patients treated with atypical antipsychotics (APs). Patients starting treatment with APs who have or are at risk for diabetes, should undergo fasting blood glucose testing at the beginning of and during treatment. Patients who develop symptoms of hyperglycemia should also undergo fasting blood glucose testing.

**Gastrointestinal:** INVEGA should ordinarily not be administered to patients with pre-existing severe gastrointestinal narrowing. Rare instances of obstructive symptoms have been reported in patients with known strictures taking non-deformable formulations. INVEGA should only be used in patients who are able to swallow the tablet whole.

**Cerebrovascular adverse events (CAEs):** CAEs, including fatalities, have been reported in elderly patients with dementia-related psychosis taking atypical antipsychotics in clinical trials. Neither INVEGA nor RISPERDAL are approved for treating these patients.

**Orthostatic hypotension and Syncope:** INVEGA and RISPERDAL can cause orthostatic hypotension and syncope in some patients. Appropriate monitoring of orthostatic vital signs should be considered.

**Seizures:** INVEGA and RISPERDAL should be used cautiously in patients with a history of seizures.

**Hyperprolactinemia:** As with other drugs that antagonize dopamine D<sub>2</sub> receptors, INVEGA and RISPERDAL elevate prolactin levels and the elevation persists during chronic administration.

**Suicide:** The possibility of suicide attempt is inherent in psychotic illnesses and close supervision of high-risk patients should accompany drug therapy.

**Maintenance treatment:** Physicians who elect to use INVEGA and RISPERDAL for extended periods should periodically re-evaluate the long-term risks and benefits of the drug for the individual patient.

**Extrapyramidal symptoms (EPS):** Total EPS-related adverse events in the higher 9-mg and 12-mg treatment groups were 25% and 26%, respectively, versus 11% for the placebo group.

**Weight gain:** The proportion of subjects having a weight gain of  $\geq 7\%$  body weight were comparable to placebo (5% for 3 mg (7%) and 6 mg (6%). A higher incidence was seen for 9 mg (9%) and 12 mg (9%).

Reference: 1. Data on file. Janssen LP, Titusville, NJ.

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Janssen

# INVEGA™

(paliperidone)

## Extended-Release Tablets

**BEFORE PRESCRIBING, PLEASE CONSULT COMPLETE PRESCRIBING INFORMATION OF WHICH THE FOLLOWING IS A BRIEF SUMMARY**  
Rx only

### Increased Mortality in Elderly Patients with Dementia-Related Psychosis

Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. Analyses of 17 placebo-controlled trials (modal duration of 10 weeks) in these subjects revealed a risk of death in the drug-treated subjects of between 1.6 to 1.7 times that seen in placebo-treated subjects. Over the course of a typical 10-week controlled trial, the rate of death in drug-treated subjects was about 4.5%, compared to a rate of about 2.6% in the placebo group. Although the causes of death were varied, most of the deaths appeared to be either cardiovascular (e.g., heart failure, sudden death) or infectious (e.g., pneumonia) in nature. **INVEGA™ (paliperidone) Extended-Release Tablets is not approved for the treatment of patients with dementia-related psychosis.**

**INDICATIONS AND USAGE:** INVEGA™ (paliperidone) Extended-Release Tablets is indicated for the treatment of schizophrenia.

**CONTRAINDICATIONS:** INVEGA™ (paliperidone) is contraindicated in patients with a known hypersensitivity to paliperidone, risperidone, or to any components in the INVEGA™ formulation.

**WARNINGS: Increased Mortality in Elderly Patients with Dementia-Related Psychosis – Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. INVEGA™ (paliperidone) Extended-Release Tablets is not approved for the treatment of dementia-related psychosis (see Boxed Warning). QT Prolongation:** Paliperidone causes a modest increase in the corrected QT (QTc) interval. The use of paliperidone should be avoided in combination with other drugs that are known to prolong QTc including Class IA (e.g., quinidine, procainamide) or Class III (e.g., amiodarone, sotalol) antiarrhythmic medications, antipsychotic medications (e.g., chlorpromazine, thioridazine), antibiotics (e.g., gentamicin, moxifloxacin), or any other class of medications known to prolong the QTc interval. Paliperidone should also be avoided in patients with congenital long QT syndrome and in patients with a history of cardiac arrhythmias. Certain circumstances may increase the risk of the occurrence of torsade de pointes and/or sudden death in association with the use of drugs that prolong the QTc interval, including (1) bradycardia; (2) hypokalemia or hypomagnesemia; (3) concomitant use of other drugs that prolong the QTc interval; and (4) presence of congenital prolongation of the QT interval. The effects of paliperidone on the QT interval were evaluated in a double-blind, active-controlled (moxifloxacin 400 mg single dose), multicenter QT study in adults with schizophrenia and schizoaffective disorder, and in three placebo- and active-controlled 6-week, fixed-dose efficacy trials in adults with schizophrenia. In the QT study (n = 141), the 8 mg dose of immediate-release oral paliperidone (n=44) showed a mean placebo-subtracted increase from baseline in QTcD of 12.3 msec (90% CI: 8.9; 15.6) on Day 8 at 1.5 hours post-dose. The mean steady-state peak plasma concentration for this 8 mg dose of paliperidone immediate-release was more than twice the exposure observed with the maximum recommended 12 mg dose of INVEGA™ (C<sub>max</sub> = 113 and 45 ng/mL, respectively, when administered with a standard breakfast). In this same study, a 4 mg dose of the immediate-release oral formulation of paliperidone, for which C<sub>max</sub> = 35 ng/mL, showed an increased placebo-subtracted QTcD of 6.8 msec (90% CI: 3.6; 10.1) on day 2 at 1.5 hours post-dose. None of the subjects had a change exceeding 60 msec or a QTcD exceeding 500 msec at any time during this study. For the three fixed-dose efficacy studies, electrocardiogram (ECG) measurements taken at various time points showed only one subject in the INVEGA™ 12 mg group had a change exceeding 60 msec at one time-point on Day 6 (increase of 62 msec). No subject receiving INVEGA™ had a QTcD exceeding 500 msec at any time in any of these three studies. **Neuroleptic Malignant Syndrome:** A potentially fatal symptom complex sometimes referred to as Neuroleptic Malignant Syndrome (NMS) has been reported with antipsychotic drugs. Clinical manifestations of NMS are hyperreflexia, muscle rigidity, altered mental status, and evidence of autonomic instability. Other signs may include elevated creatine phosphokinase, myoglobinuria (rhabdomyolysis), and acute renal failure. Management should include: discontinuation of the antipsychotic and other drugs not essential to therapy; intensive symptomatic treatment and medical monitoring; and treatment of other serious medical problems. If a patient requires antipsychotic drugs after recovery from NMS, the reintroduction of drug therapy should be carefully considered. The patient should be carefully monitored, since recurrences have been reported. **Tardive Dyskinesia:** A syndrome of potentially irreversible, involuntary, dyskinetic movements may develop in patients treated with antipsychotic drugs. The risk of developing and likelihood that it will become irreversible are believed to increase with the duration of treatment and the total cumulative dose. However, tardive dyskinesia can develop, after brief treatment periods at low doses. There is no known treatment for established cases of tardive dyskinesia, although it may remit, partially or completely, if the antipsychotic is withdrawn. Prescribing should be in a manner to minimize the occurrence. In patients who require chronic treatment, the smallest dose and the shortest duration of treatment producing a satisfactory clinical response should be sought. The need for continued treatment should be reassessed periodically. If signs and symptoms should appear, drug discontinuation should be considered. **Hyperglycemia and Diabetes Mellitus:** Hyperglycemia, in some cases extreme and associated with ketacidosis or hyperosmolar coma or death, has been reported in patients treated with atypical antipsychotics. Patients with an established diagnosis of diabetes mellitus who are started on atypical antipsychotics should be monitored regularly for worsening of glucose control. Patients with risk factors for diabetes mellitus (e.g., obesity, family history of diabetes) who are starting treatment with atypical antipsychotics should undergo fasting blood glucose testing at the beginning of treatment and periodically during treatment. **Gastrointestinal:** Because the INVEGA™ tablet is non-deformable and does not appreciably change in shape in the gastrointestinal tract, INVEGA™ should ordinarily not be administered to patients with pre-existing severe gastrointestinal narrowing (pathologic or iatrogenic, for example: esophageal motility disorders, small bowel inflammatory disease, "short gut" syndrome due to adhesions or decreased transit time, past history of peritonitis, cystic fibrosis, chronic intestinal pseudoobstruction, or Meckel's diverticulum). There have been rare reports of obstructive symptoms in patients with known strictures in association with the ingestion of drugs in non-deformable controlled-release formulations. Because of the controlled-release design of the tablet, INVEGA™ should only be used in patients who are able to swallow the tablet whole (see PRECAUTIONS: Information for Patients). A decrease in transit time, e.g., as seen with diarrhea, would be expected to decrease bioavailability and an increase in transit time, e.g., as seen with gastrointestinal neuropathy, diabetic gastroparesis, or other causes, would be expected to increase bioavailability. These changes in bioavailability are more likely when the changes in transit time occur in the upper GI tract.

**Cerebrovascular Adverse Events, Including Stroke, in Elderly Patients With Dementia-Related Psychosis:** In placebo-controlled trials with risperidone, aripiprazole, and olanzapine in elderly subjects with dementia, there was a higher incidence of cerebrovascular adverse events (cerebrovascular accidents and transient ischemic attacks) including fatalities compared to placebo-treated subjects. INVEGA™ was not marketed at the time these studies were performed. INVEGA™ is not approved for the treatment of patients with dementia-related psychosis (see also Boxed WARNING, WARNINGS: Increased Mortality in Elderly Patients with Dementia-Related Psychosis).

### PRECAUTIONS

**General: Orthostatic Hypotension and Syncope:** Paliperidone can induce orthostatic hypotension and syncope in some patients because of its alpha-blocking activity. In pooled results of the three placebo-controlled, 6-week, fixed-dose trials, syncope was reported in 0.8% (7/850) of subjects treated with INVEGA™ (3, 6, 9, 12 mg) compared to 0.3% (1/355) of subjects treated with placebo. INVEGA™ should be used with caution in patients with known cardiovascular disease (e.g., heart failure, history of myocardial infarction or ischemia, conduction abnormalities), cerebrovascular disease, or conditions that predispose the patient to hypotension (dehydration, hypovolemia, and treatment with antihypertensive medications). Monitoring of orthostatic vital signs should be considered in patients who are vulnerable to hypotension. **Seizures:** Like other antipsychotic drugs, INVEGA™ should be used cautiously in patients with a history of seizures or other conditions that potentially lower the seizure threshold. **Hyperprolactinemia:** Like other drugs that antagonize dopamine D<sub>2</sub> receptors, paliperidone elevates prolactin levels and the elevation persists during chronic administration. Paliperidone has a prolactin-elevating effect similar to that seen with risperidone, a drug that is associated with higher levels of prolactin than other antipsychotic drugs. Galactorrhea, amenorrhea, gynecomastia, and impotence have been reported in patients receiving prolactin-elevating compounds. An increase in the incidence of pituitary gland, mammary gland, and pancreatic islet cell neoplasia (mammary adenocarcinomas, pituitary and pancreatic adenomas) was observed in the risperidone carcinogenicity studies conducted in mice and rats (see PRECAUTIONS: Carcinogenesis, Mutagenesis, Impairment of Fertility). Neither clinical studies nor epidemiologic studies conducted to date have shown an association between chronic administration of this class of drugs and tumorigenesis in humans, but the available evidence is too limited to be conclusive. **Dysphagia:** Esophageal dysmotility and aspiration have been associated with antipsychotic drug use. Aspiration pneumonia is a common cause of morbidity and mortality in patients with advanced Alzheimer's dementia. INVEGA™ and other antipsychotic drugs should be used cautiously

in patients at risk for aspiration pneumonia. **Suicide:** The possibility of suicide attempt is inherent in psychotic illnesses, and close supervision of high-risk patients should accompany drug therapy. **Potential for Cognitive and Motor Impairment:** Somnolence and sedation were reported in subjects treated with INVEGA™ (see ADVERSE REACTIONS). Antipsychotics, including INVEGA™, have the potential to impair judgment, thinking, or motor skills. Patients should be cautioned about performing activities requiring mental alertness, such as operating hazardous machinery or operating a motor vehicle, until they are reasonably certain that paliperidone therapy does not adversely affect them. **Priapism:** No cases of priapism have been reported in clinical trials with INVEGA™. **Thrombotic Thrombocytopenia Purpura (TTP):** No cases of TTP were observed during clinical studies with paliperidone. Although cases of TTP have been reported in association with risperidone administration, the relationship to risperidone therapy is unknown. **Body Temperature Regulation:** Disruption of the body's ability to reduce core body temperature has been attributed to antipsychotic agents. Appropriate care is advised when prescribing INVEGA™ to patients who will be experiencing conditions which may contribute to an elevation in core body temperature. **Antiemetic Effect:** An antiemetic effect was observed in preclinical studies with paliperidone. This effect, if it occurs in humans, may mask the signs and symptoms of overdose with certain drugs or conditions such as intestinal obstruction, Rye's syndrome, and brain tumor. **Use in Patients with Concomitant Illnesses:** Clinical experience with INVEGA™ in patients with certain concomitant illnesses is limited (see CLINICAL PHARMACOLOGY: Pharmacokinetics: Special Populations: Hepatic Impairment and Renal Impairment in full PI). Patients with Parkinson's Disease or Dementia with Lewy Bodies are reported to have an increased sensitivity to antipsychotic medication. Manifestations of this increased sensitivity include confusion, obtundation, postural instability with frequent falls, extrapyramidal symptoms, and clinical features consistent with the neuroleptic malignant syndrome. INVEGA™ has not been evaluated or used to any appreciable extent in patients with a recent history of myocardial infarction or unstable heart disease. Patients with these diagnoses were excluded from premarketing clinical trials. Because of the risk of orthostatic hypotension with INVEGA™, caution should be observed in patients with known cardiovascular disease (see PRECAUTIONS: General: Orthostatic Hypotension and Syncope). **Information for Patients:** Physicians are advised to discuss the following issues with patients for whom they prescribe INVEGA™. **Orthostatic Hypotension:** Patients should be advised that there is risk of orthostatic hypotension, particularly at the time of initiating treatment, re-initiating treatment, or increasing the dose. **Interference With Cognitive and Motor Performance:** As INVEGA™ has the potential to impair judgment, thinking, or motor skills, patients should be cautioned about operating hazardous machinery, including automobiles, until they are reasonably certain that INVEGA™ therapy does not affect them adversely. **Pregnancy:** Patients should be advised to notify their physician if they become pregnant or intend to become pregnant during treatment with INVEGA™. **Nursing:** Patients should be advised not to breast-feed an infant if they are taking INVEGA™. **Concomitant Medication:** Patients should be advised to inform their physicians if they are taking, or plan to take, any prescription or over-the-counter drugs, as there is a potential for interactions. **Alcohol:** Patients should be advised to avoid alcohol while taking INVEGA™. **Heat Exposure and Dehydration:** Patients should be advised regarding appropriate care in avoiding overheating and dehydration. **Administration:** Patients should be informed that INVEGA™ should be swallowed whole with the aid of liquids. Tablets should not be chewed, divided, or crushed. The medication is contained within a nonabsorbable shell designed to release the drug at a controlled rate. The tablet shell, along with insoluble core components, is eliminated from the body; patients should not be concerned if they occasionally notice something that looks like a tablet in their stool. **Drug Interactions: Potential for INVEGA™ to Affect Other Drugs –** Paliperidone is not expected to cause clinically important pharmacokinetic interactions with drugs that are metabolized by cytochrome P450 isozymes. *In vitro* studies in human liver microsomes showed that paliperidone does not substantially inhibit the metabolism of drugs metabolized by cytochrome P450 isozymes, including CYP1A2, CYP2A6, CYP2C8/9/10, CYP2D6, CYP2E1, CYP3A4, and CYP3A5. Therefore, paliperidone is not expected to inhibit clearance of drugs that are metabolized by these metabolic pathways in a clinically relevant manner. Paliperidone is also not expected to have enzyme inducing properties. At therapeutic concentrations, paliperidone did not inhibit P-glycoprotein. Paliperidone is therefore not expected to inhibit P-glycoprotein-mediated transport of other drugs in a clinically relevant manner. Given the primary CNS effects of paliperidone (see ADVERSE REACTIONS), INVEGA™ should be used with caution in combination with other centrally acting drugs and alcohol. Paliperidone may antagonize the effect of levodopa and other dopamine agonists. Because of its potential for inducing orthostatic hypotension, an additive effect may be observed when INVEGA™ is administered with other therapeutic agents that have this potential (see PRECAUTIONS: General: Orthostatic Hypotension and Syncope). **Potential for Other Drugs to Affect INVEGA™ –** Paliperidone is not a substrate of CYP1A2, CYP2A6, CYP2C9, and CYP2C19, so that an interaction with inhibitors or inducers of these isozymes is unlikely. While *in vitro* studies indicate that CYP2D6 and CYP3A4 may be minimally involved in paliperidone metabolism, *in vivo* studies do not show decreased elimination by these isozymes and they contribute to only a small fraction of total body clearance. **Carcinogenesis, Mutagenesis, Impairment of Fertility: Carcinogenesis:** Carcinogenicity studies of paliperidone have not been performed. Carcinogenicity studies of risperidone, which is extensively converted to paliperidone in rats, mice, and humans, were conducted in Swiss albino mice and Wistar rats. Risperidone was administered in the diet at daily doses of 0.63, 2.5, and 10 mg/kg for 18 months to mice and for 25 months to rats. A maximum tolerated dose was not achieved in male mice. There were statistically significant increases in pituitary gland adenomas, endocrine pancreas adenomas, and mammary gland adenocarcinomas. The no-effect dose for these tumors was less than or equal to the maximum recommended human dose of risperidone on a mg/m<sup>2</sup> basis (see risperidone package insert). An increase in mammary, pituitary, and endocrine pancreas neoplasms has been found in rodents after chronic administration of other antipsychotic drugs and is considered to be mediated by prolonged dopamine D<sub>2</sub> antagonism and hyperprolactinemia. The relevance of these tumor findings in rodents in terms of human risk is unknown (see PRECAUTIONS: General: Hyperprolactinemia). **Mutagenesis:** No evidence of genotoxic potential for paliperidone was found in the Ames reverse mutation test, the mouse lymphoma assay, or the *in vivo* rat micronucleus test. **Impairment of Fertility:** In a study of fertility, the percentage of treated female rats that became pregnant was not affected at oral doses of paliperidone of up to 2.5 mg/kg/day. However, pre- and post-implantation loss was increased, and the number of live embryos was slightly decreased, at 2.5 mg/kg, a dose that also caused slight maternal toxicity. These parameters were not affected at a dose of 0.63 mg/kg, which is half of the maximum recommended human dose on a mg/m<sup>2</sup> basis. The fertility of male rats was not affected at oral doses of paliperidone of up to 2.5 mg/kg/day, although sperm count and sperm viability studies were not conducted with paliperidone. In a subchronic study in Beagle dogs with risperidone, which is extensively converted to paliperidone in dogs and humans, all doses tested (0.31-5.0 mg/kg) resulted in decreases in serum testosterone and in sperm motility and concentration. Serum testosterone and sperm parameters partially recovered, but remained decreased after the last observation (two months after treatment was discontinued). **Pregnancy: Pregnancy Category C:** In studies in rats and rabbits in which paliperidone was given orally during the period of organogenesis, there were no increases in fetal abnormalities up to the highest doses tested (10 mg/kg/day in rats and 5 mg/kg/day in rabbits, which are 8 times the maximum recommended human dose on a mg/m<sup>2</sup> basis). In rat reproduction studies with risperidone, which is extensively converted to paliperidone in rats and humans, increases in pup deaths were seen at oral doses which are less than the maximum recommended human dose of risperidone on a mg/m<sup>2</sup> basis (see risperidone package insert). Use of first generation antipsychotic drugs during the last trimester of pregnancy has been associated with extrapyramidal symptoms in the neonate. These symptoms are usually self-limited. It is not known whether paliperidone, when taken near the end of pregnancy, will lead to similar neonatal signs and symptoms. There are no adequate and well controlled studies of INVEGA™ in pregnant women. INVEGA™ should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. **Labor and Delivery:** The effect of INVEGA™ on labor and delivery in humans is unknown. **Nursing Mothers:** In animal studies with paliperidone and in human studies with risperidone, paliperidone was excreted in the milk. Therefore, women receiving INVEGA™ should not breast-feed infants. **Pediatric Use:** Safety and effectiveness of INVEGA™ in patients < 18 years of age have not been established. **Geriatric Use:** The safety, tolerability, and efficacy of INVEGA™ were evaluated in a 6-week placebo-controlled study of 114 elderly subjects with schizophrenia (65 years of age and older, of whom 21 were 75 years of age and older). In this study, subjects received flexible doses of INVEGA™ (3 to 12 mg once daily). In addition, a small number of subjects 65 years of age and older were included in the 6-week placebo-controlled studies which adult schizophrenic subjects received fixed doses of INVEGA™ (3 to 15 mg once daily, see CLINICAL PHARMACOLOGY: Clinical Trials in full PI). Overall, of the total number of subjects in clinical studies of INVEGA™ (n = 1796), including those who received INVEGA™ or placebo, 125 (7.0%) were 65 years of age and older and 22 (1.2%) were 75 years of age and older. No overall differences in safety or effectiveness were observed between these subjects and younger subjects, and other reported clinical experience has not identified differences in response between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out. This drug is known to be substantially excreted by the kidney and clearance is decreased in patients with moderate to severe renal impairment (see CLINICAL PHARMACOLOGY: Pharmacokinetics: Special Populations: Renal Impairment in full PI), who should be given reduced doses. Because elderly patients are more likely to have decreased renal function, care should be taken in dose selection, and it may be useful to monitor renal function (see DOSAGE AND ADMINISTRATION: Dosing in Special Populations in full PI).

### ADVERSE REACTIONS

The information below is derived from a clinical trial database for INVEGA™ consisting of 2720 patients and/or normal subjects exposed to one or more doses of INVEGA™ for the treatment of schizophrenia. Of these 2720 patients, 2054 were patients who received INVEGA™ while participating in multiple dose, effectiveness trials. The conditions and duration of treatment with INVEGA™ varied greatly and included (in overlapping categories) open-label and double-blind phases of studies, inpatients and outpatients, fixed-dose and flexible-dose studies, and

short-term and long-term exposure. Adverse events were assessed by collecting adverse events and performing physical examinations, vital signs, weights, laboratory analyses and ECGs. Adverse events during exposure were obtained by general inquiry and recorded by clinical investigators using their own terminology. Consequently, to provide a meaningful estimate of the proportion of individuals experiencing adverse events, events were grouped in standardized categories using MedDRA terminology. The stated frequencies of adverse events represent the proportions of individuals who experienced a treatment-emergent adverse event of the type listed. An event was considered treatment emergent if it occurred for the first time or worsened while receiving therapy following baseline evaluation. **Adverse Events Observed in Short-Term, Placebo-Controlled Trials of Subjects with Schizophrenia** The information presented in these sections were derived from pooled data from the three placebo-controlled, 6-week, fixed-dose studies based on subjects with schizophrenia who received INVEGA™ at daily doses within the recommended range of 3 to 12 mg (n = 850). Adverse Events Occurring at an Incidence of 2% or More Among INVEGA™-Treated Patients with Schizophrenia and More Frequent on Drug than Placebo Table 1 enumerates the pooled incidences of treatment-emergent adverse events that were spontaneously reported in the three placebo-controlled, 6-week, fixed-dose studies, listing those events that occurred in 2% or more of subjects treated with INVEGA™ in any of the dose groups, and for which the incidence in INVEGA™-treated subjects in any of the dose groups was greater than the incidence in subjects treated with placebo. **Treatment-Emergent Adverse Events in Short-Term, Fixed-Dose, Placebo-Controlled Trials in Adult Subjects with Schizophrenia.\* Body System or Organ Class (Dictionary-derived Term) Percentage of Patients Reporting Event INVEGA™ Placebo (N=355) first, INVEGA™ dosage once daily 3 mg (N=127) second, 6 mg (N=235) third, 9 mg (N=246) fourth, 12 mg (N=242) fifth. Total no. subjects with adverse events 66, 72, 66, 70, 76; Cardiac disorders:** Atrioventricular block first degree 1, 2, 0, 2, 1; Bundle branch block 2, 3, 1, 3, <1; Sinus arrhythmia 0, 2, 1, 1, <1; Tachycardia 7, 14, 12, 12, 14; **Eye disorders:** Vision blurred 1, 1, <1, 0, 2; **Gastrointestinal disorders:** Abdominal pain upper 1, 1, 3, 2, 2; Dry mouth 1, 2, 3, 1, 3; Dyspepsia 4, 2, 3, 2, 5; Nausea 5, 6, 4, 4, 4; Salivary hypersecretion <1, 0, <1, 1, 4; **General disorders:** Asthenia 1, 2, <1, 2, 2; Fatigue 1, 2, 1, 2; Pyrexia 1, 1, <1, 2, 2; **Investigations:** Blood insulin increased 1, 2, 1, 1, <1; Blood pressure increased 1, 2, <1, <1; Electrocardiogram QT corrected interval prolonged 3, 3, 4, 3, 5; Electrocardiogram T wave abnormal 1, 2, 1, 2, 1; **Musculoskeletal and connective tissue disorders:** Back pain 1, 1, 1, 1, 1, 2; Pain in extremity 1, 0, 1, 0, 2; **Nervous system disorders:** Akathisia 4, 4, 3, 8, 10; Dizziness 4, 6, 5, 4, 5; Dystonia 1, 1, 1, 5, 4; Extrapyramidal disorder 2, 5, 2, 7, 7; Headache 12, 11, 12, 14, 14; Hypertonia 1, 2, 1, 4, 3; Parkinsonism 0, 0, <1, 2; Somnolence 7, 6, 9, 10, 11; Tremor 3, 3, 3, 4, 3; **Psychiatric disorders:** Anxiety 8, 9, 7, 6, 5; **Respiratory, thoracic and mediastinal disorders:** Cough 1, 3, 2, 3, 2; **Vascular disorders:** Orthostatic hypotension 1, 2, 1, 2, 4; \*Table includes adverse events that were reported in 2% or more of subjects in any of the INVEGA™ dose groups and which occurred at greater incidence than in the placebo group. Data are pooled from three studies; one included once-daily INVEGA™ doses of 3 and 9 mg, the second study included 6, 9, and 12 mg, and the third study included 6 and 12 mg (see CLINICAL PHARMACOLOGY: Clinical Trials in full PI). Events for which the INVEGA™ incidence was equal to or less than placebo are not listed in the table, but included the following: constipation, diarrhea, vomiting, nasopharyngitis, agitation, and insomnia. **Dose-Related Adverse Events in Clinical Trials:** Based on the pooled data from the three placebo-controlled, 6-week, fixed-dose studies, adverse events that occurred with a greater than 2% incidence in the subjects treated with INVEGA™, the incidences of the following adverse events increased with dose: somnolence, orthostatic hypotension, salivary hypersecretion, akathisia, dystonia, extrapyramidal disorder, hypertonia and Parkinsonism. For most of these, the increased incidence was seen primarily at the 12 mg, and in some cases the 9 mg dose. **Common and Drug-Related Adverse Events in Clinical Trials** Adverse events reported in 5% or more of subjects treated with INVEGA™ and at least twice the placebo rate for at least one dose included: akathisia and extrapyramidal disorder. **Extrapyramidal Symptoms (EPS) in Clinical Trials:** Pooled data from the three placebo-controlled, 6-week, fixed-dose studies provided information regarding treatment-emergent EPS. Several methods were used to measure EPS: (1) the Simpson-Angus global score (mean change from baseline) which broadly evaluates Parkinsonism, (2) the Barnes Akathisia Rating Scale global clinical rating score (mean change from baseline) which evaluates akathisia, (3) use of anticholinergic medications to treat emergent EPS, and (4) incidence of spontaneous reports of EPS. For the Simpson-Angus Scale, spontaneous EPS reports and use of anticholinergic medications, there was a dose-related increase observed for the 9 mg and 12 mg doses. There was no difference observed between placebo and INVEGA™ 3 mg and 6 mg doses for any of these EPS measures. **Percentage of Patients INVEGA™ Placebo (N=355) first, INVEGA™ dosage once daily 3 mg (N=127) second, 6 mg (N=235) third, 9 mg (N=246) fourth, 12 mg (N=242) fifth. EPS Group:** Parkinsonism \* 9, 11, 3, 15, 14; Akathisia † 6, 6, 4, 7, 9; Use of anticholinergic medications ‡ 10, 10, 9, 22, 22; \*: For Parkinsonism, percent of patients with Simpson-Angus global score > 0.3 (Global score defined as total sum of items score divided by the number of items); †: For Akathisia, percent of patients with Barnes Akathisia Rating Scale global score ≥ 2; ‡: Percent of patients who received anticholinergic medications to treat emergent EPS. **Percentage of Patients INVEGA™ Placebo (N=355) first, INVEGA™ dosage once daily 3 mg (N=127) second, 6 mg (N=235) third, 9 mg (N=246) fourth, 12 mg (N=242) fifth. EPS Group:** Overall percentage of patients with EPS-related AE 11.0, 12.6, 10.2, 25.2, 26.0; Dyskinesia 3.4, 4.7, 2.6, 7.7, 8.7; Dystonia 1.1, 0.8, 1.3, 5.3, 4.5; Hyperkinesia 3.9, 3.9, 3.0, 8.1, 9.9; Parkinsonism 2.3, 3.1, 2.6, 7.3, 6.2; Tremor 3.4, 3.1, 2.6, 4.5, 3.3; Dyskinesia group includes: Dyskinesia, Extrapyramidal disorder, Muscle twitching, Tardive dyskinesia Dystonia group includes: Dystonia, Muscle spasms, Oculogyration, Trismus, Hyperkinesia group includes: Akathisia, Hyperkinesia. Parkinsonism group includes: Bradykinesia, Cogwheel rigidity, Drooling, Hypertonia, Hypokinesia, Muscle rigidity, Musculoskeletal stiffness, Parkinsonism, Tremor group includes: Tremor. **Adverse Events Associated with Discontinuation of Treatment in Controlled Clinical Studies:** Overall, there was no difference in the incidence of discontinuation due to adverse events between INVEGA™-treated (5%) and placebo-treated (5%) subjects. The types of adverse events that led to discontinuation were similar for the INVEGA™ and placebo-treated subjects, except for Nervous System Disorders events which were more common among INVEGA™-treated subjects than placebo-treated subjects (2% and 0%, respectively), and Psychiatric Disorders events which were more common among placebo-treated subjects than INVEGA™-treated subjects (3% and 1%, respectively). **Demographic Differences in Adverse Reactions in Clinical Trials:** An examination of population subgroups in the three placebo-controlled, 6-week, fixed-dose studies did not reveal any evidence of differences in safety on the basis of age, gender or race (see PRECAUTIONS: Geriatric Use). **Laboratory Test Abnormalities in Clinical Trials:** In the pooled data from the three placebo-controlled, 6-week, fixed-dose studies, between-group comparisons revealed no medically important differences between INVEGA™ and placebo in the proportions of subjects experiencing potentially clinically significant changes in routine hematology, urinalysis, or serum chemistry, including mean changes from baseline in fasting glucose, insulin, c-peptide, triglyceride, HDL, LDL, and total cholesterol measurements. Similarly, there were no differences between INVEGA™ and placebo in the incidence of discontinuations due to changes in hematology, urinalysis, or serum chemistry. However, INVEGA™ was associated with increases in serum prolactin (see PRECAUTIONS: General: Hyperprolactinemia). **Weight Gain in Clinical Trials:** In the pooled data from the three placebo-controlled, 6-week, fixed-dose studies, the proportions of subjects having a weight gain of ≥ 7% of body weight were similar for INVEGA™ 3 mg and 6 mg (7% and 6%, respectively) and placebo (5%), but there was a higher incidence of weight gain for INVEGA™ 9 mg and 12 mg (9% and 9%, respectively). **Other Events Observed During the Premarketing Evaluation of INVEGA™:** The following list contains all serious and non-serious treatment-emergent adverse events reported at any time by individuals taking INVEGA™ during any phase of a trial within the premarketing database (n = 2720), except (1) those listed in Table 1 above or elsewhere in labeling, (2) those for which a causal relationship to INVEGA™ use was considered remote, and (3) those occurring in only one subject treated with INVEGA™ and that were not acutely life-threatening. Events are classified within body system categories using the following definitions: *very frequent* adverse events are defined as those occurring on one or more occasions in at least 1/10 subjects, *frequent* adverse events are defined as those occurring on one or more occasions in at least 1/100 subjects, and *rare* events are those occurring on one or more occasions in less than 1/1000 subjects. **Blood and Lymphatic System Disorders:** rare: thrombocytopenia; **Cardiac Disorders:** frequent: palpitations; infrequent: bradycardia; **Gastrointestinal Disorders:** frequent: abdominal pain; infrequent: swollen tongue; **General Disorders:** infrequent: edema; **Immune Disorder:** rare: anaphylactic reaction; **Nervous System Disorders:** rare: coordination abnormal; **Psychiatric Disorders:** infrequent: confusional state; **Respiratory, Thoracic and Mediastinal Disorders:** frequent: dyspnea; rare: pulmonary embolus; **Vascular Disorders:** rare: ischemia, venous thrombosis; **Adverse Events Reported With Risperidone:** Paliperidone is the major active metabolite of risperidone. Adverse events reported with risperidone can be found in the ADVERSE REACTIONS section of the risperidone package insert.

#### DRUG ABUSE AND DEPENDENCE

**Controlled Substance:** INVEGA™ (paliperidone) is not a controlled substance.

For more information on symptoms and treatment of overdose, see full Prescribing Information.

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## RISPERDAL®

(RISPERIDONE)

TABLETS/ORAL SOLUTION

## RISPERDAL® M-TAB®

(RISPERIDONE)

ORALLY DISINTEGRATING TABLETS

Brief Summary of Full Prescribing Information for Schizophrenia and Bipolar Mania. CLINICAL STUDIES FOR OTHER INDICATIONS WILL HAVE DIFFERING ADVERSE EVENTS AND SAFETY CONCERNS. PLEASE SEE FULL PI FOR THIS INFORMATION REGARDING RISPERDAL® FOR AUTISM.

**Increased Mortality in Elderly Patients with Dementia-Related Psychosis**  
Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. Analyses of seventeen placebo controlled trials (modal duration of 10 weeks) in these patients revealed a risk of death in the drug-treated patients of between 1.6 to 1.7 times that seen in placebo-treated patients. Over the course of a typical 10 week controlled trial, the rate of death in drug-treated patients was about 4.5%, compared to a rate of about 2.6% in the placebo group. Although the causes of death were varied, most of the deaths appeared to be either cardiovascular (e.g., heart failure, sudden death) or infectious (e.g., pneumonia) in nature. RISPERDAL® (risperidone) is not approved for the treatment of patients with Dementia-Related Psychosis.

**INDICATIONS AND USAGE:** RISPERDAL® (risperidone) is indicated for the treatment of schizophrenia. **Monotherapy:** RISPERDAL® is indicated for the short-term treatment of acute manic or mixed episodes associated with Bipolar I Disorder. **Combination Therapy:** The combination of RISPERDAL® with lithium or valproate is indicated for the short-term treatment of acute manic or mixed episodes associated with Bipolar I Disorder.

**CONTRAINDICATIONS:** RISPERDAL® (risperidone) is contraindicated in patients with a known hypersensitivity to the product.

**WARNINGS: Increased Mortality in Elderly Patients with Dementia-Related Psychosis:** Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. RISPERDAL® (risperidone) is not approved for the treatment of dementia-related psychosis (see Boxed Warning). **Neuroleptic Malignant Syndrome (NMS):** A potentially fatal symptom complex sometimes referred to as Neuroleptic Malignant Syndrome (NMS) has been reported with antipsychotic drugs. Clinical manifestations of NMS are hyperreflexia, muscle rigidity, altered mental status, and evidence of autonomic instability. Other signs may include elevated creatine phosphokinase, myoglobinuria (rhabdomyolysis), and acute renal failure. Management should include: discontinuation of the antipsychotic and other drugs not essential to therapy; intensive symptomatic treatment and medical monitoring; and treatment of other serious medical problems. If a patient requires antipsychotic drugs after recovery from NMS, the reintroduction of drug therapy should be carefully considered. The patient should be carefully monitored, since recurrences have been reported. **Tardive Dyskinesia:** A syndrome of potentially irreversible, involuntary, dyskinetic movements may develop in patients treated with antipsychotic drugs. The risk of developing and likelihood that it will become irreversible are believed to increase with the duration of treatment and the total cumulative dose. However, tardive dyskinesia can develop, after brief treatment periods at low doses. There is no known treatment for established cases of tardive dyskinesia, although it may remit, partially or completely, if the antipsychotic is withdrawn. Prescribing should be in a manner to minimize the occurrence. In patients who require chronic treatment, the smallest dose and the shortest duration of treatment producing a satisfactory clinical response should be sought. The need for continued treatment should be reassessed periodically. If signs and symptoms should appear drug discontinuation should be considered. **Cerebrovascular Adverse Events, Including Stroke, in Elderly Patients With Dementia-Related Psychosis:** Cerebrovascular adverse events (e.g., stroke, transient ischemic attack), including fatalities, were reported in patients (mean age 85 years, range 73-97) in trials of risperidone in elderly patients with dementia-related psychosis. In placebo-controlled trials, there was a significantly higher incidence of cerebrovascular adverse events in patients treated with risperidone compared to patients treated with placebo. RISPERDAL® is not approved for the treatment of patients with dementia-related psychosis. (See also Boxed Warning, WARNINGS: Increased Mortality in Elderly Patients with Dementia-Related Psychosis). **Hyperglycemia and Diabetes Mellitus:** Hyperglycemia, in some cases extreme and associated with ketoacidosis or hyperosmolar coma or death, has been reported in patients treated with atypical antipsychotics including RISPERDAL®. Patients with an established diagnosis of diabetes mellitus who are started on atypical antipsychotics should be monitored regularly for worsening of glucose control. Patients with risk factors for diabetes mellitus (e.g., obesity, family history of diabetes) who are starting treatment with atypical antipsychotics should undergo fasting blood glucose testing at the beginning of treatment and periodically during treatment.

**PRECAUTIONS: General: Orthostatic Hypotension:** RISPERDAL® (risperidone) may induce orthostatic hypotension associated with dizziness, tachycardia, and in some patients, syncope, especially during the initial dose-titration period, probably reflecting its alpha-adrenergic antagonistic properties. Syncope was reported in 0.2% (6/2607) of RISPERDAL®-treated patients in Phase 2 and 3 studies. The risk of orthostatic hypotension and syncope may be minimized by limiting the initial dose to 2 mg total (either QD or 1 mg BID) in normal adults and 0.5 mg BID in the elderly and patients with renal or hepatic impairment (see DOSAGE AND ADMINISTRATION in full PI). Monitoring of orthostatic vital signs should be considered in patients for whom this is of concern. A dose reduction should be considered if hypotension occurs. RISPERDAL® should be used with particular caution in patients with known cardiovascular disease (history of myocardial infarction or ischemia, heart failure, or conduction abnormalities), cerebrovascular disease, and conditions which would predispose patients to hypotension, e.g., dehydration and hypovolemia. Clinically significant hypotension has been observed with concomitant use of RISPERDAL® and antihypertensive medication. **Seizures:** RISPERDAL® should be used cautiously in patients with a history of seizures.

**Dysphagia:** Esophageal dysmotility and aspiration have been associated with antipsychotic drug use. Aspiration pneumonia is a common cause of morbidity and mortality in patients with advanced Alzheimer's dementia. RISPERDAL® and other antipsychotic drugs should be used cautiously in patients at risk for aspiration pneumonia. (See also Boxed Warning, WARNINGS: Increased Mortality in Elderly Patients with Dementia-Related Psychosis). **Hyperprolactinemia:** As with other drugs that antagonize dopamine D<sub>2</sub> receptors, risperidone elevates prolactin levels and the elevation persists during chronic administration. Risperidone is associated with higher levels of prolactin elevation than other antipsychotic agents. Galactorrhea, amenorrhea, gynecostasia, and impotence have been reported in patients receiving prolactin-elevating compounds. An increase in pituitary gland, mammary gland, and pancreatic islet cell neoplasia (mammary adenocarcinomas, pituitary and pancreatic adenomas) was observed in the risperidone carcinogenicity studies conducted in mice and rats (see PRECAUTIONS - Carcinogenesis, Mutagenesis, Impairment of Fertility). Neither clinical studies nor epidemiologic studies conducted to date have shown an association between chronic administration of this class of drugs and tumorigenesis in humans; the available evidence is considered too limited to be conclusive at this time. **Potential for Cognitive and Motor Impairment:** Somnolence was a commonly reported adverse event associated with RISPERDAL® treatment, especially when ascertained by direct questioning of patients. This adverse event is dose-related. Patients should be cautioned about operating hazardous machinery, including automobiles, until they are reasonably certain that RISPERDAL® therapy does not affect them adversely. **Priapism:** Rare cases of priapism have been reported. **Thrombotic Thrombocytopenic Purpura (TTP):** A single case of TTP was reported in a 28 year-old female patient receiving RISPERDAL® in a large, open premarketing experience (approximately 1300 patients). She experienced jaundice, fever, and bruising, but eventually recovered after receiving plasmapheresis. The relationship to RISPERDAL® therapy is unknown. **Antiemetic Effect:** Risperidone has an antiemetic effect in animals; this effect may also occur in humans, and may mask signs and symptoms of overdose with certain drugs or of conditions such as intestinal obstruction, Reye's syndrome, and brain tumor. **Body Temperature Regulation:** Disruption of body temperature regulation has been attributed to antipsychotic agents. Caution is advised when prescribing for patients who will be exposed to temperature extremes. **Suicide:** The possibility of a suicide attempt is inherent in patients with schizophrenia and bipolar mania, including children and adolescent patients, and close supervision of high-risk patients should accompany drug therapy. **Use in Patients With Concomitant Illness:** Clinical experience with RISPERDAL® in patients with certain concomitant systemic illnesses is limited. Patients with Parkinson's Disease or Dementia with Lewy Bodies who receive antipsychotics, including RISPERDAL®, are reported to have an increased sensitivity to antipsychotic medications. Manifestations of this increased sensitivity have been reported to include confusion, obtundation, postural instability with frequent falls, extrapyramidal symptoms, and clinical features consistent with the neuroleptic malignant syndrome. Caution is advisable in using RISPERDAL® in patients with diseases or conditions that could affect metabolism or hemodynamic responses. Increased plasma concentrations of risperidone and 9-hydroxyrisperidone occur in patients with severe renal impairment and in patients with severe hepatic impairment. A lower starting dose should be used in such patients.

**Information for Patients:** Physicians are advised to discuss the following issues with patients for whom they prescribe RISPERDAL®. **Orthostatic Hypotension:** Patients should be advised of the risk of orthostatic hypotension, especially during the period of initial dose titration. **Interference With Cognitive and Motor Performance:** Since RISPERDAL® has the potential to impair judgment, thinking, or motor skills, patients should be cautioned about operating hazardous machinery, including automobiles, until they are reasonably certain that RISPERDAL® therapy does not affect them adversely. **Pregnancy:** Patients should be advised to notify their physician if they become pregnant or intend to become pregnant during therapy. **Nursing:** Patients should be advised not to breast-feed an infant if they are taking RISPERDAL®. **Concomitant Medication:** Patients should be advised to inform their physicians if they are taking, or plan to take, any prescription or over-the-counter drugs, since there is a potential for interactions. **Alcohol:** Patients should be advised to avoid alcohol while taking RISPERDAL®. **Phenylethanolamine:** Phenylethanolamine is a component of aspartame. Each 4 mg RISPERDAL® M-TAB® Orally Disintegrating Tablet contains 0.84 mg phenylethanolamine; each 3 mg RISPERDAL® M-TAB® Orally Disintegrating Tablet contains 0.63 mg phenylethanolamine; each 2 mg RISPERDAL® M-TAB®

Orally Disintegrating Tablet contains 0.42 mg phenylalanine; each 1 mg RISPERDAL® M-TAB® Orally Disintegrating Tablet contains 0.28 mg phenylalanine; and each 0.5 mg RISPERDAL® M-TAB® Orally Disintegrating Tablet contains 0.14 mg phenylalanine. **Drug Interactions:** The interactions of RISPERDAL® and other drugs have not been systematically evaluated. Given the primary CNS effects of risperidone, caution should be used when RISPERDAL® is taken in combination with other centrally acting drugs and alcohol. Because of its potential for inducing hypotension, RISPERDAL® may enhance the hypotensive effects of other therapeutic agents with this potential. RISPERDAL® may antagonize the effects of levodopa and dopamine agonists. Chronic administration of clozapine with risperidone may decrease the clearance of risperidone. **Carbamazepine and Other Enzyme Inducers:** In a drug interaction study in schizophrenic patients, 11 subjects received risperidone titrated to 6 mg/day for 3 weeks, followed by concurrent administration of carbamazepine for an additional 3 weeks. During co-administration, the plasma concentrations of risperidone and its pharmacologically active metabolite, 9-hydroxyrisperidone, were decreased by about 50%. Plasma concentrations of carbamazepine did not appear to be affected. The dose of risperidone may need to be titrated accordingly for patients receiving carbamazepine, particularly during initiation or discontinuation of carbamazepine therapy. Co-administration of other known enzyme inducers (e.g., phenytoin, rifampin, and phenobarbital) with risperidone may cause similar decreases in the combined plasma concentrations of risperidone and 9-hydroxyrisperidone, which could lead to decreased efficacy of risperidone treatment. **Fluoxetine and Paroxetine:** Fluoxetine (20 mg QD) and paroxetine (20 mg QD) have been shown to increase the plasma concentration of risperidone 2.5-2.8 fold and 3-9 fold respectively. Fluoxetine did not affect the plasma concentration of 9-hydroxyrisperidone. Paroxetine lowered the concentration of 9-hydroxyrisperidone by about 10%. When either concomitant fluoxetine or paroxetine is initiated or discontinued, the physician should re-evaluate the dosing of RISPERDAL®. The effects of discontinuation of concomitant fluoxetine or paroxetine therapy on the pharmacokinetics of risperidone and 9-hydroxyrisperidone have not been studied. **Lithium:** Repeated oral doses of risperidone (3 mg BID) did not affect the exposure (AUC) or peak plasma concentrations ( $C_{max}$ ) of lithium ( $n=13$ ). **Valproate:** Repeated oral doses of risperidone (4 mg QD) did not affect the pre-dose or average plasma concentrations and exposure (AUC) of valproate (1000 mg/day in three divided doses) compared to placebo ( $n=21$ ). However, there was a 20% increase in valproate peak plasma concentration ( $C_{max}$ ) after concomitant administration of risperidone. **Digoxin:** RISPERDAL® (0.25 mg BID) did not show a clinically relevant effect on the pharmacokinetics of digoxin. **Drugs That Inhibit CYP 2D6 and Other CYP Isozymes:** Risperidone is metabolized to 9-hydroxyrisperidone by CYP 2D6, an enzyme that is polymorphic in the population and that can be inhibited by a variety of psychotropic and other drugs (see CLINICAL PHARMACOLOGY in full PI). Drug interactions that reduce the metabolism of risperidone to 9-hydroxyrisperidone would increase the plasma concentrations of risperidone and lower the concentrations of 9-hydroxyrisperidone. Analysis of clinical studies involving a modest number of poor metabolizers ( $n=70$ ) does not suggest that poor and extensive metabolizers have different rates of adverse effects. No comparison of effectiveness in the two groups has been made. **In vitro** studies showed that drugs metabolized by other CYP isozymes, including 1A1, 1A2, 2C9, 2C19, and 3A4, are only weak inhibitors of risperidone metabolism. There were no significant interactions between risperidone and erythromycin (see CLINICAL PHARMACOLOGY in full PI). **Drugs Metabolized by CYP 2D6:** *In vitro* studies indicate that risperidone is a relatively weak inhibitor of CYP 2D6. Therefore, RISPERDAL® is not expected to substantially inhibit the clearance of drugs that are metabolized by this enzymatic pathway. In drug interaction studies, risperidone did not significantly affect the pharmacokinetics of donepezil and galantamine, which are metabolized by CYP 2D6. **Carcinogenesis, Mutagenesis, Impairment of Fertility:** **Carcinogenesis:** Carcinogenicity studies were conducted in Swiss albino mice and Wistar rats. Risperidone was administered in the diet at doses of 0.63, 2.5, and 10 mg/kg for 18 months to mice and for 25 months to rats. These doses are equivalent to 2.4, 9.4, and 37.5 times the maximum recommended human dose (MRHD) for schizophrenia (16 mg/day) on a mg/kg basis or 0.2, 0.75, and 3 times the MRHD (mice) or 0.4, 1.5, and 6 times the MRHD (rats) on a mg/m<sup>2</sup> basis. A maximum tolerated dose was not achieved in male mice. There were statistically significant increases in pituitary gland adenomas, endocrine pancreas adenomas, and mammary gland adenocarcinomas. These findings are considered to be prolactin-mediated. The relevance for human risk of the findings of prolactin-mediated endocrine tumors in rodents is unknown (see PRECAUTIONS, General - Hyperprolactinemia). **Mutagenesis:** No evidence of mutagenic potential for risperidone was found. **Impairment of Fertility:** Risperidone (0.16 to 5 mg/kg) was shown to impair mating, but not fertility, in Wistar rats in three reproductive studies at doses 0.1 to 3 times the maximum recommended human dose (MRHD) on a mg/m<sup>2</sup> basis. **Pregnancy: Pregnancy Category C.** The teratogenic potential of risperidone was studied in three Segment II studies in Sprague-Dawley and Wistar rats (0.63-10 mg/kg or 0.4 to 6 times the maximum recommended human dose [MRHD] on a mg/m<sup>2</sup> basis) and in one Segment II study in New Zealand rabbits (0.31-5 mg/kg or 0.4 to 6 times the MRHD on a mg/m<sup>2</sup> basis). The incidence of malformations was not increased compared to control in offspring of rats or rabbits given 0.4 to 6 times the MRHD on a mg/m<sup>2</sup> basis. In three reproductive studies in rats (two Segment III and a multigenerational study), there was an increase in pup deaths during the first 4 days of lactation at doses of 0.16-5 mg/kg or 0.1 to 3 times the MRHD on a mg/m<sup>2</sup> basis. It is not known whether these deaths were due to a direct effect on the fetuses or pups or to effects on the dams. There was no no-effect dose for increased rat pup mortality. In one Segment III study, there was an increase in stillborn rat pups at a dose of 2.5 mg/kg or 1.5 times the MRHD on a mg/m<sup>2</sup> basis. In a cross-fostering study in Wistar rats, toxic effects on the fetuses or pups, as evidenced by a decrease in the number of live pups and an increase in the number of dead pups at birth (Day 0), and a decrease in birth weight in pups of drug-treated dams were observed. In addition, there was an increase in deaths by Day 1 among pups of drug-treated dams, regardless of whether or not the pups were cross-fostered. Risperidone also appeared to impair maternal behavior in that pup body weight gain and survival (from Day 1 to 4 of lactation) were reduced in pups born to control but reared by drug-treated dams. These effects were all noted at the one dose of risperidone tested, i.e., 5 mg/kg or 3 times the MRHD on a mg/m<sup>2</sup> basis. Placental transfer of risperidone occurs in rat pups. There are no adequate and well-controlled studies in pregnant women. However, there was one report of a case of agenesis of the corpus callosum in an infant exposed to risperidone *in utero*. The causal relationship to RISPERDAL® therapy is unknown. Reversible extrapyramidal symptoms in the neonate were observed following postmarketing use of risperidone during the last trimester of pregnancy. RISPERDAL® should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. **Labor and Delivery:** The effect of RISPERDAL® on labor and delivery in humans is unknown. **Nursing Mothers:** In animal studies, risperidone and 9-hydroxyrisperidone are excreted in milk. Risperidone and 9-hydroxyrisperidone are also excreted in human breast milk. Therefore, women receiving risperidone should not breast-feed. **Pediatric Use:** The safety and effectiveness of RISPERDAL® in pediatric patients with schizophrenia or bipolar mania have not been established. **Tardive Dyskinesia:** In clinical trials in 1885 children and adolescents with autistic disorder or other psychiatric disorders treated with risperidone, 2 (0.1%) patients were reported to have tardive dyskinesia, which resolved on discontinuation of risperidone treatment (see WARNINGS - Tardive Dyskinesia). **Weight Gain:** In long-term, open-label trials (studies in patients with autistic disorder or other psychiatric disorders), a mean increase of 7.5 kg after 12 months of RISPERDAL® treatment was observed, which was higher than the expected normal weight gain (approximately 3 to 3.5 kg per year adjusted for age, based on Centers for Disease Control and Prevention normative data). The majority of that increase occurred within the first 6 months of exposure to RISPERDAL®. The average percentiles at baseline and 12 months, respectively, were 49 and 60 for weight, 48 and 53 for height, and 50 and 62 for body mass index. When treating patients with RISPERDAL®, weight gain should be assessed against that expected with normal growth. (See also ADVERSE REACTIONS). **Somnolence:** Somnolence was frequently observed in placebo-controlled clinical trials of pediatric patients with autistic disorder. Most cases were mild or moderate in severity. These events were most often of early onset with peak incidence occurring during the first two weeks of treatment, and transient with a median duration of 16 days. (See also ADVERSE REACTIONS.) Patients experiencing persistent somnolence may benefit from a change in dosing regimen. **Hyperprolactinemia, Growth, and Sexual Maturation:** Risperidone has been shown to elevate prolactin levels in children and adolescents as well as in adults (see PRECAUTIONS - Hyperprolactinemia). In double-blind, placebo-controlled studies of up to 8 weeks duration in children and adolescents (aged 5 to 17 years), 49% of patients who received risperidone had elevated prolactin levels compared to 2% of patients who received placebo. In clinical trials in 1885 children and adolescents with autistic disorder or other psychiatric disorders treated with risperidone, galactorrhea was reported in 0.8% of risperidone-treated patients and gynecostasia was reported in 2.3% of risperidone-treated patients. The long-term effects of risperidone on growth and sexual maturation have not been fully evaluated. **Geriatric Use:** Clinical studies of RISPERDAL® in the treatment of schizophrenia did not include sufficient numbers of patients aged 65 and over to determine whether or not they respond differently than younger patients. Other reported clinical experience has not identified differences in responses between elderly and younger patients. In general, a lower starting dose is recommended for an elderly patient, reflecting a decreased pharmacokinetic clearance in the elderly, as well as a greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy (see CLINICAL PHARMACOLOGY and DOSAGE AND ADMINISTRATION in full PI). While elderly patients exhibit a greater tendency to orthostatic hypotension, its risk in the elderly may be minimized by limiting the initial dose to 0.5 mg BID followed by careful titration (see PRECAUTIONS). Monitoring of orthostatic vital signs should be considered in patients for whom this is of concern. This drug is substantially excreted by the kidneys, and the risk of toxic reactions to this drug may be greater in patients with impaired renal function. Because elderly patients are more likely to have decreased renal function, care should be taken in dose selection, and it may be useful to monitor renal function (see DOSAGE AND ADMINISTRATION in full PI). **Concomitant use with Furosemide in Elderly Patients with Dementia-Related Psychosis:** In placebo-controlled trials in elderly patients with dementia-related psychosis, a higher incidence of mortality was observed in patients treated with furosemide plus risperidone when compared to patients treated with risperidone alone or with placebo plus furosemide. No pathological mechanism has been identified to explain this finding, and no consistent pattern for cause of death was observed. An increase of mortality in elderly patients with dementia-related psychosis was seen with the use of RISPERDAL® regardless of concomitant use with furosemide. RISPERDAL® is not approved for the treatment of patients with dementia-related psychosis. (See Boxed WARNING, WARNINGS: Increased Mortality in Elderly Patients with Dementia-Related Psychosis)

**ADVERSE REACTIONS: Associated With Discontinuation of Treatment: Bipolar Mania:** In the US placebo-controlled trial with risperidone as monotherapy, approximately 8% (10/134) of RISPERDAL®-treated patients discontinued treatment due to an adverse event, compared with approximately 6% (7/125) of placebo-treated patients. The adverse events associated with discontinuation and considered to be possibly, probably, or very likely drug-related included paranoia, somnolence, dizziness, extrapyramidal disorder, and muscle contractions involuntarily. Each of these events occurred in one RISPERDAL®-treated patient (0.7%) and in no placebo-treated patients (0%). In the US placebo-controlled trial with risperidone as adjunctive therapy to mood stabilizers, there was no overall difference in the incidence of discontinuation due to adverse events (4% for RISPERDAL® vs. 4% for placebo). **Incidence in Controlled Trials: Commonly Observed Adverse Events in Controlled Clinical Trials: Bipolar Mania:** In the US placebo-controlled trial with risperidone as monotherapy, the most commonly observed adverse events associated with the use of RISPERDAL® (incidence of 5% or greater and at least twice that of placebo) were somnolence, dystonia, akathisia, dyspepsia, nausea, parkinsonism, vision abnormal, and saliva increased. In the US placebo-controlled trial with risperidone as adjunctive therapy to mood stabilizers, the most commonly observed adverse events associated with the use of RISPERDAL® were somnolence, dizziness, parkinsonism, saliva increased, akathisia, abdominal pain, and urinary incontinence. **Adverse Events Occurring at an Incidence of 2% or More Among RISPERDAL®-Treated Patients - Bipolar Mania:** Adverse events that occurred at an incidence of 2% or more, and were more frequent among patients treated with flexible doses of RISPERDAL® (1-6 mg daily as monotherapy and as adjunctive therapy to mood stabilizers, respectively) than among patients treated with placebo. Reported adverse events were classified using the World Health Organization preferred terms. **Incidence of Treatment-Emergent Adverse Events in a 3-Week, Placebo-Controlled Trial-Monotherapy in Bipolar Mania. Body System/Preferred Term: Central & peripheral nervous system:** Dystonia, Akathisia, Dizziness, Parkinsonism, Hypoaesthesia **Psychiatric:** Somnolence, Agitation, Manic reaction, Anxiety, Concentration impaired **Gastrointestinal system:** Dyspepsia, Nausea, Saliva increased, Mouth dry **Body as a whole - general:** Pain, Fatigue, Injury **Respiratory system:** Sinusitis, Rhinitis, Coughing **Skin and appendages:** Acne, Pruritus **Musculo-Skeletal:** Myalgia, Skeletal pain **Metabolic and nutritional:** Weight increase **Vision disorders:** Vision abnormal **Cardiovascular, general:** Hypertension, Hypotension **Heart rate and rhythm:** Tachycardia. **Incidence of Treatment-Emergent Adverse Events in a 3-Week, Placebo-Controlled Trial - Adjunctive Therapy in Bipolar Mania. Body System/Preferred Term: Gastrointestinal system:** Saliva increased, Diarrhea, Abdominal pain, Constipation, Mouth dry, Tooth ache, Tooth disorder **Central & peripheral nervous system:** Dizziness, Parkinsonism, Akathisia, Dystonia **Psychiatric:** Somnolence, Anxiety, Confusion **Respiratory system:** Rhinitis, Pharyngitis, Coughing **Body as a whole - general:** Asthenia **Urinary system:** Urinary incontinence **Heart rate and rhythm:** Tachycardia **Metabolic and nutritional:** Weight increase **Skin and appendages:** Rash. **Dose Dependency of Adverse Events:** Data from two fixed-dose trials provided evidence of dose-relatedness for extrapyramidal symptoms associated with risperidone treatment. These symptoms include: sleepiness, increased duration of sleep, accommodation disturbances, orthostatic dizziness, palpitations, weight gain, erectile dysfunction, ejaculatory dysfunction, orgasmic dysfunction, asthenia/lassitude/increased fatigability, and increased pigmentation. **Vital Sign Changes:** RISPERDAL® is associated with orthostatic hypotension and tachycardia (see PRECAUTIONS). **Weight Changes:** A statistically significantly greater incidence of weight gain for RISPERDAL® (18%) compared to placebo (9%). **Laboratory Changes:** A between-group comparison for 6- to 8-week placebo-controlled trials revealed no statistically significant RISPERDAL®/placebo differences in the proportions of patients experiencing potentially important changes in routine serum chemistry, hematology, or urinalysis parameters. Similarly, there were no RISPERDAL®/placebo differences in the incidence of discontinuations for changes in serum chemistry, hematology, or urinalysis. However, RISPERDAL® administration was associated with increases in serum prolactin (see PRECAUTIONS). **ECG Changes:** Between-group comparisons for pooled placebo-controlled trials revealed no statistically significant differences between risperidone and placebo in mean changes from baseline in ECG parameters, including QT, QTc, and PR intervals, and heart rate. When all RISPERDAL® doses were pooled from randomized controlled trials in several indications, there was a mean increase in heart rate of 1 beat per minute compared to no change for placebo patients. In short-term schizophrenia trials, higher doses of risperidone (8-16 mg/day) were associated with a higher mean increase in heart rate compared to placebo (4-6 beats per minute). **Adverse Events and Other Safety Measures in Pediatric Patients With Autistic Disorder:** In the two 8-week, placebo-controlled trials in pediatric patients treated for irritability associated with autistic disorder ( $n=156$ ), two patients (one treated with RISPERDAL® and one treated with placebo) discontinued treatment due to an adverse event. **Incidence of Treatment-Emergent Adverse Events in Two 8-Week, Placebo-Controlled Trials in Pediatric Patients with Autistic Disorder. Body System Preferred Term: Psychiatric:** Somnolence, Appetite increased, Confusion **Gastrointestinal system:** Saliva increased, Constipation, Dry mouth **Body as a whole - general:** Fatigue **Central & peripheral nervous system:** Tremor, Dystonia, Dizziness, Automatism, Dyskinesia, Parkinsonism **Respiratory:** Upper respiratory tract infection **Metabolic and nutritional:** Weight increase **Heart rate and rhythm:** Tachycardia **Other Events Observed During the Premarketing Evaluation of RISPERDAL®:** During its premarketing assessment, multiple doses of RISPERDAL® were administered to 2607 adult patients with schizophrenia and 1923 pediatric patients in Phase 2 and 3 studies and the following reactions were reported. (Note: frequent adverse events are those occurring in at least 1/100 patients; infrequent adverse events are those occurring in 1/100 to 1/1000 patients. It is important to emphasize that, although the events reported occurred during treatment with RISPERDAL®, they were not necessarily caused by it.) Serious adverse reactions experienced by the pediatric population were similar to those seen in the adult population (see WARNINGS, PRECAUTIONS, and ADVERSE REACTIONS). **Psychiatric Disorders:** *Frequent:* increased dream activity\*, diminished sexual desire\*, nervousness. *Infrequent:* impaired concentration, depression, apathy, catatonic reaction, euphoria, increased libido, anorexia. *Rare:* emotional lability, nightmares, delirium, withdrawal syndrome, yawning. **Central and Peripheral Nervous System Disorders:** *Frequent:* increased sleep duration\*. *Infrequent:* increased dysarthria, vertigo, stupor, paraesthesia, confusion. *Rare:* aphasia, cholinergic syndrome, hypoaesthesia, tongue paralysis, leg cramps, torticollis, hypotonia, coma, migraine, hyperreflexia, choreoathetosis. **Gastrointestinal Disorders: *Frequent:* anorexia, reduced salivation\*. *Infrequent:* flatulence, diarrhea, increased appetite, stomatitis, melena, dysphagia, hemorrhoids, gastritis. *Rare:* fecal incontinence, eructation, gastroesophageal reflux, gastroenteritis, esophagitis, tongue discoloration, cholelithiasis, tongue edema, diverticulitis, gingivitis, discolored feces. *GI hemorrhage, hematemesis. Body as a Whole/General Disorders:* *Frequent:* fatigue. *Infrequent:* edema, rigors, malaise, influenza-like symptoms. *Rare:* pallor, enlarged abdomen, allergic reaction, ascites, sarcoidosis, flushing. **Respiratory System Disorders:** *Infrequent:* hyperventilation, bronchospasm, pneumonia, stridor. *Rare:* asthma, increased sputum, aspiration. **Skin and Appendage Disorders: *Frequent:* increased pigmentation\*, photosensitivity\*. *Infrequent:* increased sweating, acne, decreased sweating, alopecia, hyperkeratosis, pruritus, skin exfoliation. *Rare:* bullous eruption, skin ulceration, aggravated psoriasis, furunculosis, verruca, dermatitis lichenoid, hypertrichosis, genital pruritus, urticaria. **Cardiovascular Disorders:** *Infrequent:* palpitation, hypertension, hypotension, AV block, myocardial infarction. *Rare:* ventricular tachycardia, angina pectoris, premature atrial contractions, T wave inversions, ventricular extrasystoles, ST depression, myocarditis. **Vision Disorders: *Infrequent:* abnormal accommodation, xerophthalmia. *Rare:* diplopia, eye pain, blepharitis, photopsia, photophobia, abnormal lacrimation. **Metabolic and Nutritional Disorders: *Infrequent:* hyponatremia, weight increase, creatine phosphokinase increase, thirst, weight decrease, diabetes mellitus. *Rare:* decreased serum iron, cachexia, dehydration, hypokalemia, hypoprotenemia, hyperphosphatemia, hypertriglyceridemia, hyperuricemia, hypoglycemia. **Urinary System Disorders: *Infrequent:* polyuria/polydipsia\*. *Infrequent:* urinary incontinence, hematuria, dysuria. *Rare:* urinary retention, cystitis, renal insufficiency. **Musculo-Skeletal System Disorders: *Infrequent:* myalgia. *Rare:* arthrosis, synostosis, bursitis, arthritis, skeletal pain. **Reproductive Disorders, Female: *Frequent:* menorrhagia\*, orgasmic dysfunction\*. *Infrequent:* noninterper lactation, amenorrhea, female breast pain, leukorrhea, mastitis, dysmenorrhea, female perineal pain, intermenstrual bleeding, vaginal hemorrhage. **Liver and Biliary System Disorders:** *Infrequent:* increased SGOT, increased SGPT. *Rare:* hepatic failure, cholestatic hepatitis, cholecystitis, cholelithiasis, hepatitis, hepatocellular damage. **Platelet, Bleeding, and Clotting Disorders: *Infrequent:* epistaxis, purpura. *Rare:* hemorrhage, superficial phlebitis, thrombophlebitis, thrombocytopenia. **Hearing and Vestibular Disorders:** *Rare:* tinnitus, hyperacusis, decreased hearing. **Red Blood Cell Disorders: *Infrequent:* anemia, hypochromic anemia. *Rare:* normocytic anemia. **Reproductive Disorders, Male:** *Frequent:* erectile dysfunction\*. *Infrequent:* ejaculation failure. **White Cell and Resistance Disorders: *Infrequent:* granulocytopenia. *Rare:* leukocytosis, lymphadenopathy, leucopenia, Pelger-Huet anomaly. **Endocrine Disorders:** *Rare:* gynecostasia, male breast pain, antiandrogenic hormone disorder. **Special Senses:** *Rare:* bitter taste.\* Incidence based on elicited reports. **Postintroduction Reports:** Adverse events reported since market introduction which were temporally (but not necessarily causally) related to RISPERDAL® therapy include the following: anaphylactic reaction, angioedema, apnea, atrial fibrillation, cerebrovascular disorder, including cerebrovascular accident, diabetes mellitus aggravated, including diabetic ketoacidosis, hyperglycemia, intestinal obstruction, jaundice, mania, pancreatitis, Parkinson's disease aggravated, pituitary adenomas, pulmonary embolism, precocious puberty, and QT prolongation. There have been rare reports of sudden death and/or cardiopulmonary arrest in patients receiving RISPERDAL®. A causal relationship with RISPERDAL® has not been established. It is important to note that sudden and unexpected death may occur in psychotic patients whether they remain untreated or whether they are treated with other antipsychotic drugs.********************

**DRUG ABUSE AND DEPENDENCE**

**Controlled Substance Class:** RISPERDAL® (risperidone) is not a controlled substance.

For more information on symptoms and treatment of overdose, see full Prescribing Information.

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Revised December 2006

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01RS1950SB

# A POWERFUL SSRI that's well tolerated

#1  
PRESCRIBED  
SRI  
BY PSYCHIATRISTS\*

For **DEPRESSION**  
and **ANXIETY**

**UP TO 90%** of depressed patients  
present with symptoms of anxiety<sup>2</sup>

**PROVEN EFFICACY** for Major Depressive Disorder  
and Generalized Anxiety Disorder<sup>3</sup>

**Lexapro**  
escitalopram oxalate   
**POWER TO ENJOY LIFE™**

**IMPORTANT SAFETY INFORMATION** – Depression is a serious condition that can lead to suicidal thoughts and behavior. Antidepressants increased the risk of suicidal thinking and behavior (2% to 4%) in short-term studies of 9 antidepressant drugs in children and adolescents with major depressive disorder (MDD) and other psychiatric disorders. Patients started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior, especially at the beginning of therapy or at the time of dose changes. This risk may persist until significant remission occurs. Families and caregivers should be advised of the need for close observation and communication with the prescriber. **Lexapro is not approved for use in pediatric patients.**

Lexapro is contraindicated in patients taking monoamine oxidase inhibitors (MAOIs), pimozone (see DRUG INTERACTIONS – Pimozone and Celexa), or in patients with hypersensitivity to escitalopram oxalate. As with other SSRIs, caution is indicated in the coadministration of tricyclic antidepressants (TCAs) with Lexapro. As with other psychotropic drugs that interfere with serotonin reuptake, patients should be cautioned regarding the risk of bleeding associated with the concomitant use of Lexapro with NSAIDs, aspirin, or other drugs that affect coagulation. The most common adverse events with Lexapro versus placebo (approximately 5% or greater and approximately 2x placebo) were nausea, insomnia, ejaculation disorder, somnolence, increased sweating, fatigue, decreased libido, and anorgasmia.

**References:** 1. IMS National Prescription Audit, May 2005. 2. Sadock BJ, Sadock VA. *Kaplan and Sadock's Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry*. 9th ed. Philadelphia, Pa: Lippincott Williams & Wilkins; 2003:552. 3. LEXAPRO [package insert]. St Louis, Mo: Forest Pharmaceuticals, Inc.; 2006.

Please see brief summary of prescribing information for LEXAPRO on following page.





Now.

*Lilly*

# Now.

Because it's happening again.

The voices are back and they're  
telling me things that aren't right.

People are staring at me  
like they can read my thoughts.

I want to stay where I am.  
Living on my own.  
But this is bad.

If it doesn't stop, I'll end  
up back at the group home  
or in the hospital.  
I've worked too hard to get here.

I want to keep fighting,  
I just need help. Now.

**ZYPREXA**  
Olanzapine

For resources to help you help your patients with  
schizophrenia, visit [www.ToolsForTheFight.com](http://www.ToolsForTheFight.com)





The labeling for ZYPREXA includes a boxed warning:

- Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo.
- ZYPREXA is not approved for the treatment of elderly patients with dementia-related psychosis.

ZYPREXA is approved for the treatment of schizophrenia, acute bipolar mania, and for maintenance treatment in bipolar disorder.

For Important Safety Information, including boxed warning, see adjacent page and accompanying Brief Summary of Prescribing Information.

*Lilly*

## Important Safety Information for ZYPREXA® (Olanzapine)

### Increased Mortality in Elderly Patients with Dementia-Related Psychosis

Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. Analyses of seventeen placebo-controlled trials (modal duration of 10 weeks) in these patients revealed a risk of death in the drug-treated patients of between 1.6 to 1.7 times that seen in placebo-treated patients. Over the course of a typical 10-week controlled trial, the rate of death in drug-treated patients was about 4.5%, compared to a rate of about 2.6% in the placebo group. Although the causes of death were varied, most of the deaths appeared to be either cardiovascular (eg, heart failure, sudden death) or infectious (eg, pneumonia) in nature. ZYPREXA is not approved for the treatment of elderly patients with dementia-related psychosis.

**Cerebrovascular adverse events (CVAE), including stroke, in elderly patients with dementia**—Cerebrovascular adverse events (eg, stroke, transient ischemic attack), including fatalities, were reported in patients in trials of ZYPREXA in elderly patients with dementia-related psychosis. In placebo-controlled trials, there was a significantly higher incidence of CVAE in patients treated with ZYPREXA compared to patients treated with placebo. ZYPREXA is not approved for the treatment of patients with dementia-related psychosis.

**Hyperglycemia and diabetes mellitus**—Hyperglycemia, in some cases associated with ketoacidosis, coma, or death, has been reported in patients treated with atypical antipsychotics including ZYPREXA. All patients taking atypicals should be monitored for symptoms of hyperglycemia. Persons with diabetes who are started on atypicals should be monitored regularly for worsening of glucose control; those with risk factors for diabetes should undergo baseline and periodic fasting blood glucose testing. Patients who develop symptoms of hyperglycemia during treatment should undergo fasting blood glucose testing.

**Neuroleptic malignant syndrome (NMS)**—As with all antipsychotic medications, a rare and potentially fatal condition known as NMS has been reported with olanzapine. If signs and symptoms appear, immediate discontinuation is recommended. Clinical manifestations of NMS are hyperpyrexia, muscle rigidity, altered mental status and evidence of autonomic instability (irregular pulse or blood pressure, tachycardia, diaphoresis and cardiac dysrhythmia). Additional signs may include elevated creatinine phosphokinase, myoglobinuria (rhabdomyolysis), and acute renal failure.

**Tardive dyskinesia (TD)**—As with all antipsychotic medications, prescribing should be consistent with the need to minimize the risk of TD. The risk of developing TD and the likelihood that it will become irreversible are believed to increase as the duration of treatment and the total cumulative dose of antipsychotic increase. The syndrome may remit, partially or completely, if antipsychotic treatment is withdrawn.

**Medication dispensing and prescribing errors** have occurred between ZYPREXA® (olanzapine) and Zyrtec® (cetirizine HCl). These errors could result in unnecessary adverse events or potential relapse in patients suffering from schizophrenia or bipolar disorder. To reduce the potential for dispensing errors, please write ZYPREXA clearly.

**The most common treatment-emergent adverse event** associated with ZYPREXA (vs placebo) in 6-week acute-phase schizophrenia trials was somnolence (26% vs 15%). Other common events were dizziness (11% vs 4%), weight gain (6% vs 1%), personality disorder (COSTART term for nonaggressive objectionable behavior; 8% vs 4%), constipation (9% vs 3%), akathisia (5% vs 1%), and postural hypotension (5% vs 2%).

**The most common treatment-emergent adverse event** associated with ZYPREXA (vs placebo) in 3- and 4-week bipolar mania trials was somnolence (35% vs 13%). Other common events were dry mouth (22% vs 7%), dizziness (18% vs 6%), asthenia (15% vs 6%), constipation (11% vs 5%), dyspepsia (11% vs 5%), increased appetite (6% vs 3%), and tremor (6% vs 3%).

**For complete safety profile, see the full Prescribing Information.**

ZYPREXA is a registered trademark of Eli Lilly and Company. Zyrtec is a registered trademark of UCB, SA.

**ZYPREXA® (Olanzapine Tablets)**  
**ZYPREXA® ZYDIS® (Olanzapine Orally Disintegrating Tablets)**  
**ZYPREXA® IntraMuscular (Olanzapine for Injection)**  
**Brief Summary: Please consult package insert for complete prescribing information.**

**WARNING**

**Increased Mortality in Elderly Patients with Dementia-Related Psychosis**—Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. Analyses of seventeen placebo-controlled trials (modal duration of 10 weeks) in these patients revealed a risk of death in the drug-treated patients of between 1.6 to 1.7 times that seen in placebo-treated patients. Over the course of a typical 10-week controlled trial, the rate of death in drug-treated patients was about 4.5%, compared to a rate of about 2.6% in the placebo group. Although the causes of death were varied, most of the deaths appeared to be either cardiovascular (eg, heart failure, sudden death) or infectious (eg, pneumonia) in nature. ZYPREXA is not approved for the treatment of patients with dementia-related psychosis.

**INDICATIONS AND USAGE:** ZYPREXA and ZYPREXA Zydis are indicated for short- and long-term treatment of schizophrenia, for acute manic and mixed episodes of bipolar I disorder, and for maintenance treatment in bipolar disorder. The use of ZYPREXA for extended periods should be periodically re-evaluated as to the long-term usefulness of the drug for the individual patient. ZYPREXA IntraMuscular is indicated for treatment of agitation associated with schizophrenia and bipolar I mania.

**CONTRAINDICATIONS:** Known hypersensitivity to olanzapine.

**WARNINGS: Increased Mortality in Elderly Patients with Dementia-Related Psychosis**—Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. ZYPREXA is not approved for the treatment of patients with dementia-related psychosis (see BOX WARNING).

In placebo-controlled clinical trials of elderly patients with dementia-related psychosis, the incidence of death in olanzapine-treated patients (3.5%) was significantly greater than placebo-treated patients (1.5%).

**Cerebrovascular Adverse Events, Including Stroke, in Elderly Patients with Dementia**—Cerebrovascular adverse events (eg, stroke, transient ischemic attack), including fatalities, were reported in patients in trials of olanzapine in elderly patients with dementia-related psychosis. In placebo-controlled trials, there was a significantly higher incidence of cerebrovascular adverse events in patients treated with olanzapine compared to patients treated with placebo. Olanzapine is not approved for the treatment of patients with dementia-related psychosis.

**Hyperglycemia and Diabetes Mellitus**—Hyperglycemia, in some cases associated with ketoacidosis, coma, or death, has been reported in patients treated with atypical antipsychotics including olanzapine. Assessment of the relationship between atypical antipsychotic use and glucose abnormalities is complicated by the possibility of an increased background risk of diabetes in patients with schizophrenia and the increasing incidence of diabetes mellitus in the general population. Patients diagnosed with diabetes who are started on atypical antipsychotics should be monitored regularly for worsening of glucose control. Patients with risk factors for diabetes who are starting treatment with atypicals should have fasting blood glucose (FBG) testing at baseline and periodically during treatment. Any patient treated with atypicals should be monitored for symptoms of hyperglycemia. Patients who develop symptoms of hyperglycemia during treatment with atypicals should undergo FBG testing.

**Neuroleptic Malignant Syndrome (NMS)**—Potentially fatal NMS has been reported in association with administration of antipsychotic drugs, including olanzapine. See complete prescribing information for information on management of NMS. Patients requiring antipsychotic drug treatment after recovery from NMS should be carefully monitored since recurrences have been reported.

**Tardive Dyskinesia (TD)**—Potentially irreversible TD may develop in patients treated with antipsychotic drugs. Although the prevalence of TD appears to be highest among the elderly, especially elderly women, it is impossible to predict which patients are more likely to develop the syndrome. If signs and symptoms of TD appear, consider drug discontinuation.

**PRECAUTIONS: Hemodynamic Effects**—Olanzapine may induce orthostatic hypotension associated with dizziness; tachycardia; and in some patients, syncope. Hypotension, bradycardia with/without hypotension, tachycardia, and syncope were also reported during the clinical trials with intramuscular olanzapine for injection. Incidence of syncope was 0.6%, 15/2500 with oral olanzapine in phase 2-3 trials and 0.3%, 27/22 with intramuscular olanzapine for injection in clinical trials. Three normal volunteers in phase 1 studies with intramuscular olanzapine experienced hypotension, bradycardia, and sinus pauses of up to 6 seconds that spontaneously resolved (in 2 cases the events occurred on intramuscular olanzapine, and in 1 case, on oral olanzapine). The risk for this sequence of events may be greater in nonpsychiatric patients compared to psychiatric patients who are possibly more adapted to certain effects of psychotropic drugs. Patients should remain recumbent if drowsy or dizzy after injection with intramuscular olanzapine for injection until examination has indicated they are not experiencing postural hypotension, bradycardia, and/or hypoventilation. Olanzapine should be used with particular caution in patients with known cardiovascular disease (history of myocardial infarction or ischemia, heart failure, or conduction abnormalities), cerebrovascular disease, and conditions which would predispose patients to hypotension (dehydration, hypovolemia, and treatment with antihypertensive medications) where the occurrence of syncope, or hypotension and/or bradycardia might put them at increased medical risk. Caution is necessary in patients receiving treatment with other drugs having effects that can induce hypotension, bradycardia, respiratory or CNS depression (see Drug Interactions). Concomitant administration of intramuscular olanzapine and parenteral benzodiazepine has not been studied and is not recommended. If such combination treatment is considered, careful evaluation of clinical status for excessive sedation and cardiorespiratory depression is recommended.

**Seizures**—During premarketing testing, seizures occurred in 0.9% (22/2500) of olanzapine-treated patients, regardless of causality. Use cautiously in patients with a history of seizures or with conditions that potentially lower the seizure threshold.

**Hyperprolactinemia**—Like other drugs that antagonize dopamine D<sub>2</sub> receptors, olanzapine elevates prolactin levels; a modest elevation persists during chronic administration. Tissue culture experiments indicate that approximately one third of human breast cancers are prolactin dependent in vitro. However, neither clinical nor epidemiologic studies have shown an association between chronic administration of this class of drugs and tumorigenesis in humans; the available evidence is inconclusive.

**Transaminase Elevations**—In placebo-controlled studies, clinically significant ALT (SGPT) elevations (≥3 times the upper limit of normal) were observed in 2% (6/243) of patients exposed to olanzapine compared to 0% (0/115) placebo patients. None of these patients experienced jaundice. Among about 2400 patients with baseline SGPT ≤90 IU/L, 2% (50/2381) had asymptomatic SGPT elevations to >200 IU/L. Most were transient changes that tended to normalize while olanzapine treatment was continued. Among 2500 patients in oral olanzapine trials, about 1% (23/2500) discontinued treatment due to transaminase increases. Rare postmarketing reports of hepatitis have been received. Very rare cases of cholestatic or mixed liver injury have also been reported in the postmarketing period. Exercise caution in patients who have signs and symptoms of hepatic impairment, preexisting conditions associated with limited hepatic functional reserve, or concomitant treatment with potentially hepatotoxic drugs (see Laboratory Tests, below).

**Potential for Cognitive and Motor Impairment**—Somnolence was a commonly reported, dose-related adverse event in premarketing trials (olanzapine 26% vs placebo 15%). Somnolence led to discontinuation in 0.4% (9/2500) of patients in the oral premarketing database.

**Body Temperature Regulation**—Use appropriate care when prescribing olanzapine for patients who will be experiencing conditions that may contribute to an elevation in core body temperature.

**Dysphagia**—Esophageal dysmotility and aspiration have been associated with antipsychotic drug use. Aspiration pneumonia is a common cause of morbidity and mortality in patients with advanced Alzheimer's disease. Olanzapine and other antipsychotic drugs should be used cautiously in patients at risk for aspiration pneumonia.

**Suicide**—The possibility of a suicide attempt is inherent in schizophrenia and in bipolar disorder, and close supervision of high-risk patients should accompany drug therapy. Prescriptions for olanzapine should be written for the smallest quantity of tablets consistent with good patient management.

**Use in Patients with Concomitant Illnesses**—Olanzapine should be used with caution in patients with clinically significant prostatic hypertrophy, narrow angle glaucoma, or a history of paralytic ileus.

In 5 placebo-controlled studies in elderly patients with dementia-related psychosis (n=1184), these treatment-emergent adverse events were reported with olanzapine at an incidence of ≥2% and significantly greater than with placebo: falls, somnolence, peripheral edema, abnormal gait, urinary incontinence, lethargy, increased weight, asthenia, pyrexia, pneumonia, dry mouth, visual hallucinations. Discontinuation due to adverse events was significantly greater with olanzapine than placebo (13% vs 7%). Elderly patients with dementia-related psychosis treated with olanzapine are at an increased risk of death compared to placebo. Olanzapine is not approved for treatment of patients with dementia-related psychosis. If the prescriber elects to treat this patient population, vigilance should be exercised (see BOX WARNING and WARNINGS).

Because of the risk of orthostatic hypotension with olanzapine, use caution in cardiac patients (see Hemodynamic Effects).

**Information for Patients**—See full prescribing information for information to discuss with patients taking olanzapine.

**Laboratory Tests**—Periodic assessment of transaminases is recommended in patients with significant hepatic disease.

**Drug Interactions**—Use caution when olanzapine is taken in combination with other centrally acting drugs and alcohol. Olanzapine may enhance the effects of certain antihypertensive agents. Olanzapine may antagonize the effects of levodopa and dopamine agonists. Agents that induce CYP1A2 or glucuronyl transferase enzymes (eg, omeprazole, rifampin) may cause an increase in olanzapine clearance. Inhibitors of CYP1A2 could potentially inhibit olanzapine clearance. Although olanzapine is metabolized by multiple enzyme systems, induction or inhibition of a single enzyme may appreciably alter olanzapine clearance. A dosage adjustment may need to be considered with specific drugs.

Activated charcoal (1 g) reduced the C<sub>max</sub> and AUC of oral olanzapine by about 60%. Single doses of cimetidine (800 mg) or aluminum- and magnesium-containing antacids did not affect the oral bioavailability of olanzapine. Carbamazepine (200 mg bid) causes an approximately 50% increase in the clearance of olanzapine. Higher daily doses of carbamazepine may cause an even greater increase in olanzapine clearance. Neither ethanol (45 mg/70 kg single dose) nor warfarin (20 mg single dose) had an effect on olanzapine pharmacokinetics. Fluoxetine at 60 mg (single or multiple doses) causes a small increase in the C<sub>max</sub> of olanzapine and a small decrease in olanzapine clearance; however, the impact of this factor is small in comparison to the overall variability between individuals, and dose modification is not routinely recommended. Fluvoxamine decreases the clearance of olanzapine; lower doses of olanzapine should be considered in patients receiving fluvoxamine concomitantly. In vitro data suggest that a clinically significant pharmacokinetic interaction between olanzapine and valproate is unlikely.

Olanzapine is unlikely to cause clinically important drug interactions mediated by the enzymes CYP1A2, CYP2C9, CYP2C19, CYP2D6, and CYP3A. Single doses of olanzapine did not affect the pharmacokinetics of imipramine/desipramine or warfarin. Multiple doses of olanzapine did not influence the kinetics of diazepam/N-desmethyldiazepam, lithium, ethanol, or biperiden. However, coadministration of either diazepam or ethanol potentiated the orthostatic hypotension observed with olanzapine. Multiple doses of olanzapine did not affect the pharmacokinetics of theophylline or its metabolites. Co-administration of intramuscular lorazepam and intramuscular olanzapine for injection added to the somnolence observed with either drug alone (see Hemodynamic Effects).

**Carcinogenesis, Mutagenesis, Impairment of Fertility**—The incidence of liver hemangiomas and hemangiosarcomas in female mice was significantly increased in one carcinogenicity study at 2 times the maximum human daily oral dose (MHDOD) but not in another study at 2.5 times the MHDOD (mg/m<sup>2</sup> basis). In this study there was a high incidence of early mortalities in males in the 30/20 mg/kg/d group. The incidence of mammary gland adenomas and adenocarcinomas was significantly increased in female mice and rats given olanzapine at 0.5 and 2 times the MHDOD respectively (mg/m<sup>2</sup> basis). In other studies, serum prolactin measurements of olanzapine showed elevations up to 4-fold in rats at the same doses used in the carcinogenicity studies. The relevance for human risk of the finding of prolactin mediated endocrine tumors in rodents is unknown. No evidence of mutagenic potential for olanzapine has been found.

In rats, fertility (females) and mating performance (males and females) were affected at doses 1.5-11 times the MHDOD (mg/m<sup>2</sup> basis). Diestrus was prolonged and estrous delayed at 0.6 times the MHDOD (mg/m<sup>2</sup> basis); therefore, olanzapine may produce a delay in ovulation.

**Pregnancy Category C**—There are no adequate and well-controlled studies in pregnant women. Olanzapine should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus.

**Labor and Delivery, Nursing Mothers**—Parturition in rats was not affected by olanzapine; its effect on labor and delivery in humans is unknown. In a study in lactating, healthy women, olanzapine was excreted in breast milk. Mean infant dose at steady state was estimated to be 1.8% of the maternal dose. It is recommended that women receiving olanzapine should not breast-feed.

**Use in Pediatric and Geriatric Patients**—Safety and effectiveness in pediatric patients have not been established. In premarketing clinical trials in patients with schizophrenia, there was no indication of any different tolerability of olanzapine in the elderly compared to younger patients. Studies in elderly patients with dementia-related psychosis have suggested there may be a different tolerability profile in these patients. Elderly patients with dementia-related psychosis treated with olanzapine are at an increased risk of death compared to placebo. Olanzapine is not approved for treatment of patients with dementia-related psychosis. If the prescriber elects to treat these patients, vigilance should be exercised. Consider a lower starting dose for any geriatric patient in the presence of factors that might decrease pharmacokinetic clearance or increase the pharmacodynamic response to olanzapine (see BOX WARNING, WARNINGS, AND PRECAUTIONS).

**ADVERSE REACTIONS:** The following findings are based on a clinical trial database consisting of 8661 patients with approximately 4165 patient-years of exposure to oral olanzapine and 722 patients with exposure to intramuscular olanzapine for injection, including patients with schizophrenia, bipolar mania, or Alzheimer's disease (oral olanzapine trials) and patients with agitation associated with schizophrenia, bipolar disorder (manic or mixed episodes), or dementia (intramuscular olanzapine for injection trials). See the full prescribing information for details on these trials. Certain portions of the discussion below relating to dose-dependent adverse events, vital sign changes, weight gain, laboratory changes, and ECG changes are derived from studies in patients with schizophrenia and have not been duplicated for bipolar mania or agitation; however, this information is also generally applicable to bipolar mania and agitation.

**Associated with Discontinuation**—Overall there was no difference in discontinuations due to adverse events in placebo-controlled oral olanzapine trials (olanzapine vs placebo: schizophrenia, 5% vs 6%; bipolar mania monotherapy, 2% vs 2%; bipolar mania cotherapy, 11% [olanzapine plus lithium or valproate] vs 2% [lithium or valproate alone]); or in placebo-controlled intramuscular olanzapine for injection trials (olanzapine for injection, 0.4%; placebo 0%). Discontinuations in oral schizophrenia trials due to increases in SGPT were considered to be drug related (olanzapine 2% vs placebo 0%; see PRECAUTIONS).

**Commonly Observed Adverse Events**—In 6-week, placebo-controlled, premarketing schizophrenia trials, the most common treatment-emergent adverse events associated with oral olanzapine (incidence ≥5% and olanzapine incidence at least twice that for placebo) were: postural hypotension, constipation, weight gain, dizziness, personality disorder (COSTART term for nonaggressive objectionable behavior), and akathisia. In 3- and 4-week placebo-controlled bipolar mania monotherapy trials, the most common treatment-emergent adverse events associated with oral olanzapine were: asthenia, dry mouth, constipation, dyspepsia, increased appetite, somnolence, dizziness, and tremor. In short-term bipolar mania combination therapy trials, the most common treatment-emergent adverse events observed with olanzapine plus lithium or valproate were dry mouth, weight gain, increased appetite, dizziness, back pain, constipation, speech disorder, increased salivation, amnesia, and paresthesia. In 24-hour placebo-controlled trials of intramuscular olanzapine for injection for agitation associated with schizophrenia or bipolar mania, somnolence was the one adverse event observed at an incidence of ≥5% and at least twice that for placebo (olanzapine for injection 6%, placebo 3%).

**Adverse Events with an Incidence ≥2% in Oral Monotherapy Trials**—The following treatment-emergent events were reported at an incidence of ≥2% with oral olanzapine (doses ≥2.5 mg/d), and at a greater incidence with olanzapine than with placebo in short-term placebo-controlled trials (olanzapine N=532, placebo N=294): **Body as a Whole**—accidental injury, asthenia, fever, back pain, chest pain; **Cardiovascular**—postural hypotension, tachycardia, hypertension; **Digestive**—dry mouth, constipation, dyspepsia, vomiting, increased appetite; **Hemic and Lymphatic**—ecchymosis; **Metabolic and Nutritional**—weight gain, peripheral edema; **Musculoskeletal**—extremity pain (other than joint), joint pain; **Nervous System**—somnolence, insomnia, dizziness, abnormal gait, tremor, akathisia, hypertonia, articulation impairment; **Respiratory**—rhinitis, cough increased, pharyngitis; **Special Senses**—amblyopia; **Urogenital**—urinary incontinence, urinary tract infection.

**Adverse Events with an Incidence ≥2% in Oral Combination Therapy Trials**—The following treatment-emergent events were reported at an incidence of ≥2% with oral olanzapine (doses ≥5 mg/d) plus lithium or valproate (N=229), and at a greater incidence than with placebo plus lithium or valproate (N=115) in short-term placebo-controlled trials: **Body as a Whole**—asthenia, back pain, accidental injury, chest pain; **Cardiovascular**—hypertension; **Digestive**—dry mouth, increased appetite, thirst, constipation, increased salivation; **Metabolic and Nutritional**—weight gain, peripheral edema, edema; **Nervous System**—somnolence, tremor, depression, dizziness, speech disorder, amnesia, paresthesia, apathy, confusion, euphoria, incoordination; **Respiratory**—pharyngitis, dyspnea; **Skin and Appendages**—sweating, acne, dry skin; **Special Senses**—amblyopia, abnormal vision; **Urogenital**—dysmenorrhea, vaginitis.

**Adverse Events with an Incidence ≥1% in Intramuscular Trials**—The following treatment-emergent adverse events were reported at an incidence of ≥1% with intramuscular olanzapine for injection (2.5-10 mg/injection) and at incidence greater than placebo in short-term, placebo-controlled trials in agitated patients with schizophrenia or bipolar mania: **Body as a Whole**—asthenia; **Cardiovascular**—hypotension, postural hypotension; **Nervous System**—somnolence, dizziness, tremor.

**Dose Dependency of Adverse Events in Short-Term, Placebo-Controlled Trials—Extrapyramidal Symptoms:** In an acute-phase controlled clinical trial in schizophrenia, there was no significant difference in ratings scales incidence between any dose of oral olanzapine (5±2.5, 10±2.5, or 15±2.5 mg/d) and placebo for parkinsonism (Simpson-Angus Scale total score >3) or akathisia (Barnes Akathisia global score ≥2). In the same trial, only akathisia events (spontaneously reported COSTART terms akathisia and hyperkinesia) showed a statistically significantly greater adverse events incidence with the 2 higher doses of olanzapine than with placebo. The incidence of patients reporting any extrapyramidal event was significantly greater than placebo only with the

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highest dose of oral olanzapine (15±2.5 mg/d). In controlled clinical trials of intramuscular olanzapine for injection, there were no statistically significant differences from placebo in occurrence of any treatment-emergent extrapyramidal symptoms, assessed by either rating scales incidence or spontaneously reported adverse events.

**Other Adverse Events:** Dose-relatedness of adverse events was assessed using data from this same clinical trial involving 3 fixed oral dosage ranges (5±2.5, 10±2.5, or 15±2.5 mg/d) compared with placebo. The following treatment-emergent events showed a statistically significant trend: asthenia, dry mouth, nausea, somnolence, tremor.

In an 8-week, randomized, double-blind study in patients with schizophrenia, schizophreniform disorder, or schizoaffective disorder comparing fixed doses of 10, 20, and 40 mg/d, statistically significant differences were seen between doses for the following: baseline to endpoint weight gain, 10 vs 40 mg/d; incidence of treatment-emergent prolactin elevations >24.2 ng/mL (female) or >18.77 ng/mL (male), 10 vs 40 mg/d and 20 vs 40 mg/d; fatigue, 10 vs 40 mg/d and 20 vs 40 mg/d; and dizziness, 20 vs 40 mg/d.

**Vital Sign Changes—**Oral olanzapine was associated with orthostatic hypotension and tachycardia in clinical trials. Intramuscular olanzapine for injection was associated with bradycardia, hypotension, and tachycardia in clinical trials (see PRECAUTIONS).

**Weight Gain—**In placebo-controlled 6-week schizophrenia studies, weight gain was reported in 5.6% of oral olanzapine patients (average 2.8-kg gain) compared to 0.8% of placebo patients (average 0.4-kg loss); 29% of olanzapine patients gained >7% of their baseline weight, compared to 3% of placebo patients. During continuation therapy (238 median days of exposure), 56% of patients met the criterion for having gained >7% of their baseline weight. Average gain during long-term therapy was 5.4 kg.

**Laboratory Changes—**Olanzapine is associated with asymptomatic increases in SGPT, SGOT, and GGT and with increases in serum prolactin and CPK (see PRECAUTIONS). Asymptomatic elevation of eosinophils was reported in 0.3% of olanzapine patients in premarketing trials. There was no indication of a risk of clinically significant neutropenia associated with olanzapine in the premarketing database.

In clinical trials among olanzapine-treated patients with baseline random triglyceride levels of <150 mg/dL (N=659), 0.5% experienced triglyceride levels of ≥500 mg/dL anytime during the trials. In these same trials, olanzapine-treated patients (N=1185) had a mean triglyceride increase of 20 mg/dL from a mean baseline of 175 mg/dL. In placebo-controlled trials, olanzapine-treated patients with baseline random cholesterol levels of <200 mg/dL (N=1034) experienced cholesterol levels of ≥240 mg/dL anytime during the trials more often than placebo-treated patients (N=602; 3.8% vs 2.2% respectively). In these same trials, olanzapine-treated patients (N=2528) had a mean increase of 0.4 mg/dL in cholesterol from a mean baseline of 203 mg/dL, which was significantly different compared to placebo-treated patients (N=1415) with a mean decrease of 4.6 mg/dL from a mean baseline of 203 mg/dL.

**ECG Changes—**Analyses of pooled placebo-controlled trials revealed no statistically significant olanzapine/placebo differences in incidence of potentially important changes in ECG parameters, including QT, QTc, and PR intervals. Olanzapine was associated with a mean increase in heart rate of 2.4 BPM compared to no change among placebo patients.

**Other Adverse Events Observed During Clinical Trials—**The following treatment-emergent events were reported with oral olanzapine at multiple doses ≥1 mg/d in clinical trials (8661 patients, 4165 patient-years of exposure). This list may not include events previously listed elsewhere in labeling, those events for which a drug cause was remote, those terms which were so general as to be uninformative, and those events reported only once or twice which did not have a substantial probability of being acutely life-threatening. **Frequent** events occurred in ≥1/100 patients; **infrequent** events occurred in 1/100 to 1/1000 patients; **rare** events occurred in <1/1000 patients. **Body as a Whole—Frequent:** dental pain, flu syndrome; **Infrequent:** abdomen enlarged, chills, face edema, intentional injury, malaise, moniliasis, neck pain, neck rigidity, pelvic pain, photosensitivity reaction, suicide attempt; **Rare:** chills and fever, hangerous death, sudden death. **Cardiovascular—Frequent:** hypotension; **Infrequent:** atrial fibrillation, bradycardia, cerebrovascular accident, congestive heart failure, heart arrest, hemorrhage, migraine, pallor, palpitation, vasodilatation, ventricular extrasystoles; **Rare:** arteritis, heart failure, pulmonary embolus. **Digestive—Frequent:** flatulence, increased salivation, thirst; **Infrequent:** dysphagia, esophagitis, fecal impaction, fecal incontinence, gastritis, gastroenteritis, gingivitis, hepatitis, melena, mouth ulceration, nausea and vomiting, oral moniliasis, periodontal abscess, rectal hemorrhage, stomatitis, tongue edema, tooth caries; **Rare:** aphthous stomatitis, enteritis, esophageal ulcer, glossitis, ileus, intestinal obstruction, liver fatty deposit, tongue discoloration. **Endocrine—Frequent:** diabetes mellitus; **Rare:** diabetic acidosis, goiter. **Hemic and Lymphatic—Frequent:** anemia, cyanosis, leukocytosis, leukopenia, lymphadenopathy, thrombocytopenia; **Rare:** normocytic anemia, thrombocytopenia. **Metabolic and Nutritional—Frequent:** acidosis, alkaline phosphatase increased, bilirubinemia, dehydration, hypercholesterolemia, hyperglycemia, hyperlipemia, hyperuricemia, hypoglycemia, hypokalemia, hyponatremia, lower extremity edema, upper extremity edema; **Rare:** gout, hyperkalemia, hypernatremia, hypoproteinemia, ketosis, water intoxication.

**Musculoskeletal—Frequent:** joint stiffness, twitching; **Infrequent:** arthritis, arthrosis, leg cramps, myasthenia; **Rare:** bone pain, bursitis, myopathy, osteoporosis, rheumatoid arthritis. **Nervous System—Frequent:** abnormal dreams, amnesia, delusions, emotional lability, euphoria, manic reaction, paresthesia, schizophrenic reaction; **Infrequent:** akinesia, alcohol misuse, antisocial reaction, ataxia, CNS stimulation, cogwheel rigidity, delirium, dementia, depersonalization, dysarthria, facial paralysis, hyposthesia, hypokinesia, hypotonia, incoordination, libido decreased, libido increased, obsessive compulsive symptoms, phobias, somatization, stimulant misuse, stupor, stuttering, tardive dyskinesia, vertigo, withdrawal syndrome; **Rare:** circumoral paresthesia, coma, encephalopathy, neuralgia, neuropathy, nystagmus, paralysis, subarachnoid hemorrhage, tobacco misuse. **Respiratory—Frequent:** dyspnea; **Infrequent:** apnea, asthma, epistaxis, hemoptysis, hyperventilation, hypoxia, laryngitis, voice alteration; **Rare:** atelectasis, hiccup, hypoventilation, lung edema, stridor. **Skin and Appendages—Frequent:** sweating; **Infrequent:** alopecia, contact dermatitis, dry skin, eczema, maculopapular rash, pruritus, seborrhea, skin discoloration, skin ulcer, urticaria, vesiculobullous rash; **Rare:** hirsutism, pustular rash. **Special Senses—Frequent:** conjunctivitis; **Infrequent:** abnormality of accommodation, blepharitis, cataract, deafness, diplopia, dry eyes, ear pain, eye hemorrhage, eye inflammation, eye pain, ocular muscle abnormally, taste perversion, tinnitus; **Rare:** corneal lesion, glaucoma, keratoconjunctivitis, macular hypopigmentation, miosis, mydriasis, pigment deposits lens.

**Urogenital—Frequent:** vaginitis; **Infrequent:** abnormal ejaculation, amenorrhea, breast pain, cystitis, decreased menstruation, dysuria, female lactation, glycosuria, gynecomastia, hematuria, impotence, increased menstruation, menorrhagia, metrorrhagia, polyuria, premenstrual syndrome, pyuria, urinary frequency, urinary retention, urinary urgency, urination impaired, uterine fibroids enlarged, vaginal hemorrhage; **Rare:** albuminuria, breast enlargement, mastitis, oliguria. (\*Adjusted for gender.)

The following treatment-emergent events were reported with intramuscular olanzapine for injection at one or more doses ≥2.5 mg/injection in clinical trials (722 patients). This list may not include events previously listed elsewhere in labeling, those events for which a drug cause was remote, those terms which were so general as to be uninformative, and those events reported only once or twice which did not have a substantial probability of being acutely life-threatening. **Body as a Whole—Frequent:** injection site pain; **Infrequent:** abdominal pain, fever. **Cardiovascular—Frequent:** AV block, heart block, syncope. **Digestive—Frequent:** diarrhea, nausea. **Hemic and Lymphatic—Frequent:** anemia. **Metabolic and Nutritional—Frequent:** creatine phosphokinase increased, dehydration, hyperkalemia. **Musculoskeletal—Frequent:** twitching. **Nervous System—Frequent:** abnormal gait, akathisia, articulation impairment, confusion, emotional lability. **Skin and Appendages—Frequent:** sweating.

**Postintroduction Reports—**Reported since market introduction and temporally (not necessarily causally) related to olanzapine therapy: allergic reaction (eg, anaphylactoid reaction, angioedema, pruritus or urticaria), diabetic coma, jaundice, neutropenia, pancreatitis, priapism, rhabdomyolysis, and venous thromboembolic events (including pulmonary embolism and deep venous thrombosis). Random cholesterol levels of ≥240 mg/dL and random triglyceride levels of ≥1000 mg/dL have been reported.

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\*ODD=Oppositional Defiant Disorder; CD=Conduct Disorder.

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CONCERTA® is indicated for the treatment of ADHD in children and adolescents. CONCERTA® should not be taken by patients with: significant anxiety, tension, or agitation; allergies to methylphenidate or other ingredients in CONCERTA®; glaucoma; Tourette's syndrome, tics, or family history of Tourette's syndrome; current/recent use of monoamine oxidase inhibitors (MAOIs). Children under 6 years of age should not take CONCERTA®. Abuse of methylphenidate may lead to dependence.

Use with caution in patients with psychosis, bipolar disorder, history of seizures/EEG abnormalities, and hypertension. CONCERTA® should not be used in patients with pre-existing severe gastrointestinal narrowing, known structural cardiac abnormalities, or other serious heart problems. Stimulants may

Please see brief summary of full prescribing information and references on next page.

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cause new psychotic or manic symptoms; discontinuation of treatment may be appropriate. Aggressive behavior or hostility should be monitored in patients beginning treatment. Methylphenidate may produce difficulties with accommodation and blurring of vision. Hematologic monitoring is advised during prolonged therapy.

The most common adverse events reported in children aged 6 to 12 years receiving up to 54 mg were headache (14%), upper respiratory tract infection (8%), and abdominal pain (7%). The most common adverse events reported in adolescents receiving up to 72 mg were headache (9%), accidental injury (6%), and insomnia (5%).

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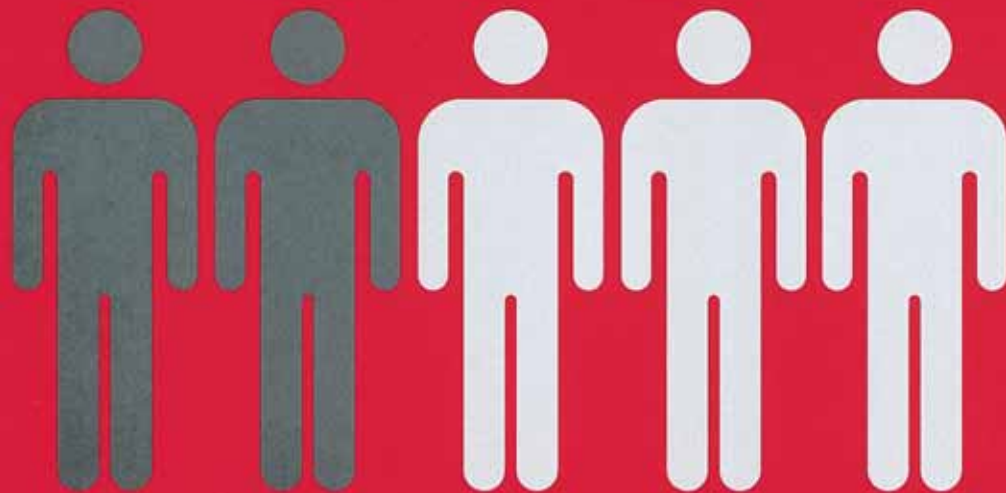
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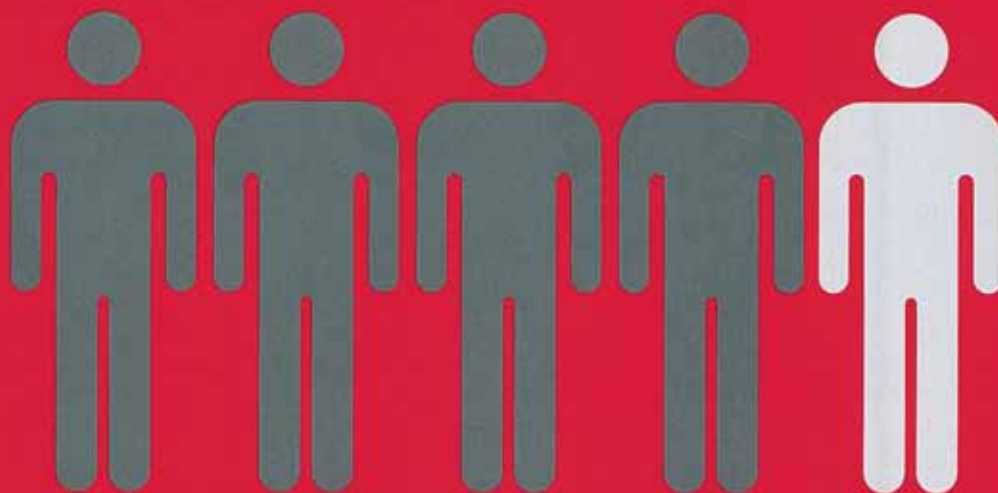


**41% of all patients had the metabolic syndrome at baseline in the landmark CATIE schizophrenia study.<sup>1</sup>**

Be aware.  
Screen and monitor your patients.  
Make a difference.



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**13% of patients had diabetes in the landmark CATIE schizophrenia study at baseline—4 times more common than in the general population.<sup>2</sup>**

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**References:** 1. McEvoy JP, Meyer JM, Goff DC, et al. Prevalence of the metabolic syndrome in patients with schizophrenia: baseline results from the Clinical Antipsychotic Trials of Intervention Effectiveness (CATIE) schizophrenia trial and comparison with national estimates from NHANES III. *Schizophr Res.* 2005;80:19-32. 2. Goff DC, Sullivan LM, McEvoy JP, et al. A comparison of ten-year cardiac risk estimates in schizophrenia patients from the CATIE study and matched controls. *Schizophr Res.* 2005;80:45-53.

The effect of  
Agitation...



A man and a woman are seated at a dark wooden table, engaged in conversation. The man, on the right, is wearing a dark sweater and looking towards the woman. The woman, on the left, has long dark hair and is wearing a blue top. On the table are several glasses of coffee and water. In the background, a large window looks out onto a bright, sunny landscape with green hills, trees, and a blue sky. A large, stylized blue letter 'A' is superimposed on the landscape, with a blue path leading towards it.

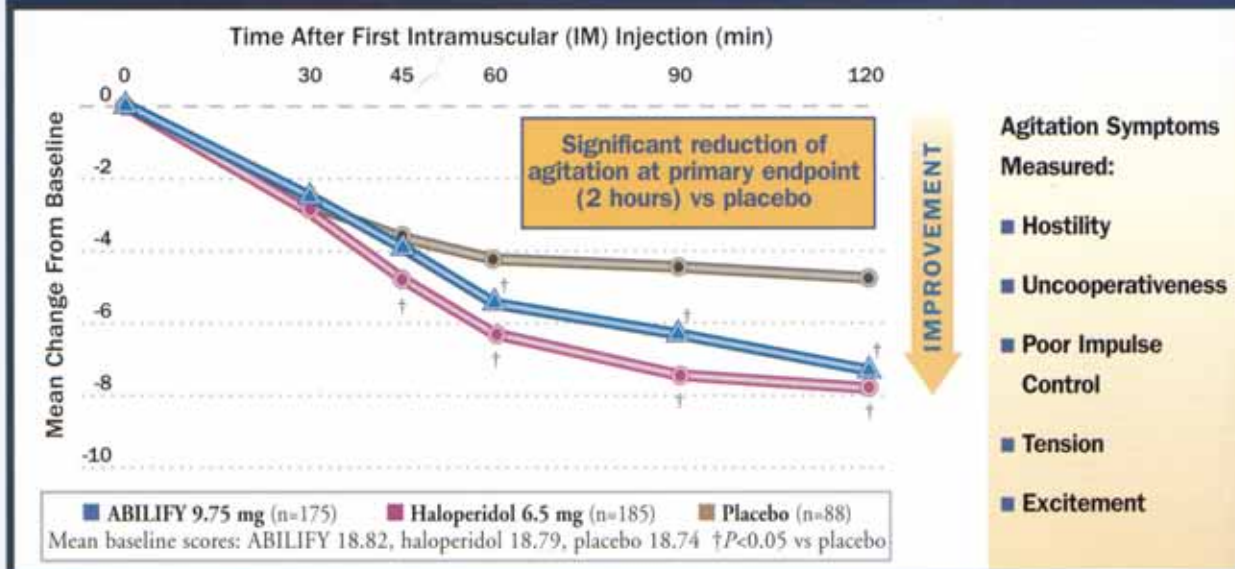
# The effect of a start toward long-term symptom control

Physicians who elect to use ABILIFY for extended periods should periodically re-evaluate the long-term usefulness of the drug for the individual patient.

In schizophrenia or bipolar mania

# ABILIFY® (aripiprazole) Injection Rapidly Controls Agitation<sup>1</sup>

Significant reduction in symptoms of agitation in schizophrenia  
as measured by PANSS™-EC score\*



Adapted from Andrezina et al. *Psychopharmacology (Berl)*. 2006.

\*Last observation carried forward.

See study description on next page.

PANSS™-EC=Positive and Negative Syndrome Scale Excited Component.

PANSS™ is a trademark of Multi-Health Systems, Inc.

ABILIFY Injection is indicated for the treatment of agitation associated with schizophrenia or bipolar mania

ABILIFY is also indicated for the treatment of schizophrenia including maintaining stability in patients who had been symptomatically stable on other antipsychotic medications for periods of 3 months or longer and observed for relapse during a period of up to 26 weeks.

Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk (1.6 to 1.7 times) of death compared to placebo (4.5% vs 2.6%, respectively). ABILIFY is not approved for the treatment of patients with dementia-related psychosis.

Please see IMPORTANT SAFETY INFORMATION, including **Boxed WARNING**, on next page.

  
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(aripiprazole)  
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## IMPORTANT SAFETY INFORMATION for ABILIFY® (aripiprazole)

Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk (1.6 to 1.7 times) of death compared to placebo (4.5% vs 2.6%, respectively). ABILIFY is not approved for the treatment of patients with dementia-related psychosis (see Boxed WARNING).

- **Neuroleptic malignant syndrome (NMS)**—As with all antipsychotic medications, a rare and potentially fatal condition known as NMS has been reported with ABILIFY. NMS can cause hyperpyrexia, muscle rigidity, diaphoresis, tachycardia, irregular pulse or blood pressure, cardiac dysrhythmia, and altered mental status. If signs and symptoms appear, immediate discontinuation is recommended.
- **Tardive dyskinesia (TD)**—The risk of developing TD and the potential for it to become irreversible may increase as the duration of treatment and the total cumulative dose increase. Prescribing should be consistent with the need to minimize TD. If signs and symptoms appear, discontinuation should be considered since TD may remit, partially or completely.
- **Cerebrovascular adverse events** (eg, stroke, transient ischemic attack), including fatalities, have been reported at an increased incidence in clinical trials of elderly patients with dementia-related psychosis treated with ABILIFY.

- **Hyperglycemia and diabetes mellitus**—Hyperglycemia, in some cases associated with ketoacidosis, coma, or death, has been reported in patients treated with atypical antipsychotics including ABILIFY. Patients with diabetes should be monitored for worsening of glucose control; those with risk factors for diabetes should undergo baseline and periodic fasting blood glucose testing. Patients who develop symptoms of hyperglycemia should also undergo fasting blood glucose testing. There have been few reports of hyperglycemia with ABILIFY.

### Treatment-emergent adverse events reported with: ABILIFY Oral

In short-term trials of patients with schizophrenia (up to 6 weeks) or bipolar disorder (up to 3 weeks), the following were reported at an incidence  $\geq 10\%$  and greater than placebo, respectively: headache (30% vs 25%), anxiety (20% vs 17%), insomnia (19% vs 14%), nausea (16% vs 12%), vomiting (12% vs 6%), dizziness (11% vs 8%), constipation (11% vs 7%), dyspepsia (10% vs 8%), and akathisia (10% vs 4%).

### ABILIFY Injection

In short-term (24 hour) trials, the following were reported at an incidence  $\geq 5\%$  and greater than placebo, respectively: headache (12% vs 7%), nausea (9% vs 3%), dizziness (8% vs 5%), and somnolence (7% vs 4%).

## ABILIFY® (aripiprazole) offers your patients:

- Rapid control of agitation\*<sup>1</sup>
- Early and sustained symptom control
- Low potential of unwanted sedation
- Favorable weight and lipid profile
  - In a 52-week schizophrenia trial, the percentage of patients with  $\geq 7\%$  increase in baseline body weight was 30% for those with BMI  $< 23$ , 19% for those with BMI 23 to 27, and 8% for those with BMI  $> 27$ .

\*With ABILIFY Injection at primary endpoint (2 hours).

Physicians who elect to use ABILIFY for extended periods should periodically re-evaluate the long-term usefulness of the drug for the individual patient.

#### Study Description:

Double-blind, placebo-controlled, randomized, multicenter study conducted with 448 patients. If needed, concomitant benzodiazepine (lorazepam [4 mg/day] or equivalent) could be administered at least 60 minutes after the second injection. After completing the 24-hour IM phase, patients received blinded oral tablet study medication corresponding to their initial treatment arm for 4 days. Patients randomized to aripiprazole or placebo during the 24-hour IM phase received 15-mg aripiprazole oral tablets (with the option of decreasing to 10-mg aripiprazole based on clinical judgment).

#### References:

1. Andrezina R, Josiassen RC, Marcus RN, et al. Intramuscular aripiprazole for the treatment of acute schizophrenia or schizoaffective disorder: a double-blind, placebo-controlled comparison with intramuscular haloperidol. *Psychopharmacology (Berl)*. 2006;188:281-292.

Please see accompanying Brief Summary of FULL PRESCRIBING INFORMATION, including Boxed WARNING, for ABILIFY on following pages.

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## **Treating Patients with Hearing Impairments or Limited English Proficiency: *What Are the Emerging Duties for Psychiatrists?***

The Americans with Disabilities Act of 1990, commonly referred to as the "ADA," became effective in 1992 and requires the provision of appropriate auxiliary aids and services to ensure adequate communication between a physician and a patient with hearing or vision impairments. The ADA does not require the use of an interpreter for a deaf or hearing-impaired person in every medical setting but "effective communication" is the required standard. Lip reading, note-taking or interpretation by a family member might not be considered effective communication when a psychiatrist is engaging in psychotherapy with a patient.

A psychiatrist is not required to provide an interpreter for a deaf or hearing-impaired patient where it would present an "undue burden" on the professional. However, the single factor of interpreter cost exceeding the cost of the medical consultation has not been found by the courts to be an undue burden. Factors that may create an "undue burden" include the practice's overall income, eligibility for tax credits and the frequency of patient visits requiring an interpreter. Further information on such issues may be obtained from the United States Department of Justice, Civil Rights Division, Public Access Section.<sup>i</sup> Federal tax credits may be available for part of the cost of providing an interpreter, so any psychiatrist affected by the law should consult his/her accountant.

Another law which gives rise to the potential duty of the psychiatrist to provide interpreters – not for the hearing-impaired but for limited English proficiency patients – is Title VI of the Civil Rights Act of 1964.<sup>ii</sup> This law prohibits discrimination on the basis of race, color or national origin. The "national origin" language has been broadly construed by regulation to require providers who receive certain federal funds<sup>iii</sup> to take steps to provide effective communication. Although a large facility (e.g., a hospital emergency room) may be subject to greater scrutiny than a small psychiatric practice, psychiatrists should consider adopting plans to effectively communicate with patients who cannot fully communicate in English. Furthermore, state human rights laws may impose requirements on health care providers to assure effective communication. Psychiatrists could also be vulnerable in malpractice suits for violation of the standard of care where treatment was compromised due to ineffective communication.

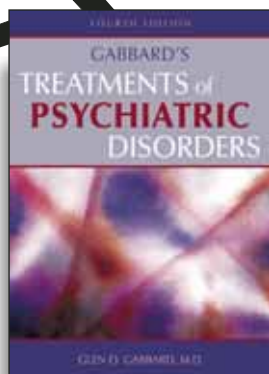
*This update was provided by Anne Marie "Nancy" Wheeler, J.D., Coordinator of the APA Legal Information and Consultation Plan. For further information about the Plan, which was updated in 2006, please call 301-384-6775 or e-mail [apaplan@comcast.net](mailto:apaplan@comcast.net).*

<sup>i</sup> The information line at the Department of Justice for ADA compliance (including the need for interpreters) is 1-800-514-0301.

<sup>ii</sup> See 42 U.S.C. §§ 2000d *et seq.*, as amended. Guidance is available at <http://www.usdoj.gov/crt/cor/lep/DOJFinLEPFRJun182002.htm>.

<sup>iii</sup> These funds do not include Medicare Part B payments.

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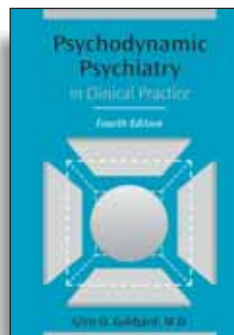
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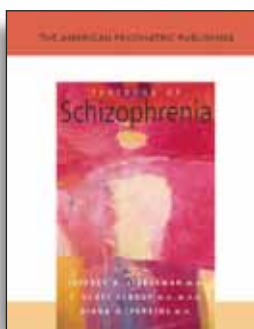
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## NEW HAMPSHIRE HOSPITAL MEDICAL DIRECTOR

**DARTMOUTH MEDICAL SCHOOL.** The Department of Psychiatry is seeking a senior faculty member to serve as Medical Director of New Hampshire Hospital, in Concord, NH.

New Hampshire Hospital (NHH) provides acute and chronic hospital services for citizens of New Hampshire. The hospital first opened in 1842; its 230 acute care beds are housed in a beautiful 17 year-old facility. Through a longstanding successful collaboration between the State of New Hampshire and the Department of Psychiatry at Dartmouth, the hospital provides outstanding clinical services, is a sought-after teaching and training site, and has partnered with research groups to improve targeted aspects of care and to build new knowledge.

The NHH Medical Director will serve as the chief clinical officer of New Hampshire Hospital. The NHH Medical Director is part of the Senior Leadership of the Department of Psychiatry and will work closely with the Chair to lead the Department and to further extend the established state-academic partnership. The role will include supporting and facilitating excellent clinical care, supporting New Hampshire Hospital's function as an outstanding teaching and training site, and facilitating research activities that serve the mission of both New Hampshire Hospital and the Department.

The ideal candidate will have a passion for public sector care, a patient-centered clinical orientation, excellent clinical leadership skills, sound interpersonal skills, administrative experience, and a strong academic background. The candidate must be a board certified psychiatrist.

Curriculum vitae and three letters of reference should be sent to:

**Alan I. Green, M.D., Raymond Sobel Professor and Chairman  
Department of Psychiatry, Dartmouth-Hitchcock Medical Center  
1 Medical Center Drive, Lebanon, NH 03756**

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## NEW YORK CITY DEPARTMENT OF HEALTH AND MENTAL HYGIENE

### EXECUTIVE DEPUTY COMMISSIONER FOR MENTAL HYGIENE

The NYC Health Department, one of the oldest and largest public health agencies in the nation, is seeking a dynamic leader with strong management skills to oversee its Division of Mental Hygiene. The Division, with 500 staff and an \$800 million budget, is responsible for programs, policies, and services related to mental health, alcohol and chemical dependency, mental retardation and developmental disabilities. The Division, which has more than 300 contracts with more than 1500 program units, carries out its mission by planning, funding, developing, certifying, and overseeing programs and services design to meet the needs and improve the lives of New Yorkers. It monitors the quality of programs under contract to ensure their effectiveness, conducts health promotion activities, crisis intervention, and training, and provides public education to promote the availability of mental health, developmental disability, and chemical dependency services.

Innovative programs and recent successes include expansion of depression screening and treatment, expansion of use of Buprenorphine treatment for opioid addiction, piloting brief intervention for alcohol and substance use, service improvements in the Early Intervention program, and new programs to address housing needs of the mentally ill.

We seek candidates with excellent management skills, vision ability to work effectively with external agencies and organizations, and experience overseeing large and innovative mental hygiene programs.

Send CV to [dlew@health.nyc.gov](mailto:dlew@health.nyc.gov) with the subject heading of Mental Hygiene.

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Iowa Health Physicians, the state's largest physician group, is searching for a **BE/BC Adult Psychiatrist** to join a highly respected group in Des Moines, IA.

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- Located on the campus of Iowa Lutheran Hospital, the largest private hospital-based mental health facility in the state.
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- Call schedule 1:4.

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- Iowa Health Physicians is a non-profit 250-member physician group.
- We pride ourselves on providing the highest quality patient care with innovative ways of approaching the health care delivery system.
- Highly competitive salary and compensation plan.

For more information please contact: Jessica Meisner at (888) 343-4912. To expedite consideration, please email your CV to [meisnejj@ihs.org](mailto:meisnejj@ihs.org) or fax to (319) 739-2750.



## THE MIND INSTITUTE *Mental Illness and Neuroscience Discovery*

The MIND Institute, located in Albuquerque, New Mexico, is part of a national science network committed to expanding the boundaries of neuroscience research, leading to a better understanding of human behavior and discovering new approaches to the diagnosis and treatment of mental illness and other brain disorders.

We are looking for both junior and senior research scientists and clinicians to join our organization with expertise in schizophrenia and psychosis, addiction and antisocial disorders, and both normal learning and learning in neurodevelopmental disorders. Candidates should have experience with neuroscience imaging technologies, clinical mental health experience, and strong organizational skills. M.D. or Ph.D. required.

Our research programs employ a variety of imaging methods including structural MRI, functional MRI, spectroscopy, diffusion tensor imaging, electro- and magneto-encephalography, as well as genetic, neuropsychological and psychiatric assessments. The MIND has recently obtained the first mobile MRI dedicated to performing brain imaging research in inmates, warfighters and other remote populations. Along with developing new technologies to reduce learning time and increase retention, we are also pursuing innovative methods of data-driven analysis, including ICA and Bayesian networks. We collaborate closely with MIND Research Network partners at Sandia and Los Alamos National Laboratories, the University of New Mexico, Harvard/MIT/Massachusetts General Hospital and the University of Minnesota.

For more information about the MIND Institute, as well as a complete description of the opportunities available, please visit our website at:  
[www.themindinstitute.org](http://www.themindinstitute.org)

The MIND Institute is a 501(c)3 independent, non-profit organization and is an equal opportunity employer.

**COME TO THE BEAUTIFUL  
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Northwestern Community Services, a community based behavioral health system, has immediate openings for BE/BC psychiatrists. We provide a wide range of Mental Health, Mental Retardation, and Substance Abuse Services in a five county, rural area. You will find excellent clinical support and administrative staff to work with. You will also find an exceptional team of psychiatrists to work with, both in our system and also in the private sector. We are most fortunate to also have an excellent psychiatric nursing staff. We offer a flexible schedule as well as an excellent benefit package including state retirement, independent investments, medical, dental, and a flexible reimbursement plan.

The positions we are recruiting for are newly established and we have psychiatrists who have been with our organization in excess of 25 years, thereby demonstrating the stability of our behavioral health system. The salary for these positions is negotiable.

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**DIRECTOR, DIVISION OF GERIATRIC PSYCHIATRY  
New York State Psychiatric Institute/  
Department of Psychiatry  
Columbia University College of Physicians and Surgeons**

The New York State Psychiatric Institute and the Department of Psychiatry at Columbia University are currently seeking a qualified psychiatrist and research scientist to direct a newly established Division of Geriatric Psychiatry. The Director will report directly to the Executive Director of the New York State Psychiatric Institute/Chair of the Department of Psychiatry at Columbia University, one of the world's largest centers for psychiatric research.

The Director of Geriatric Psychiatry will be responsible for developing and managing the academic and research programs of the Institute and Department in geriatric psychiatry, including integrating and optimizing the training programs in geriatric psychiatry and clinical services for geriatric populations. The Director will be expected to develop a program of research using approaches such as descriptive phenomenology, neuroimaging, genetics, clinical trials, and health care services research to study geropsychiatric disorders. In addition, the Director may be asked to provide technical assistance and expertise to the NYS Office of Mental Health for mental health care services for geriatric populations.

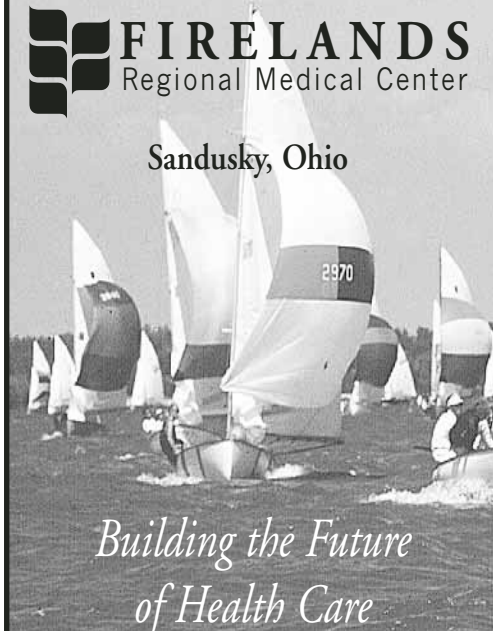
The successful applicant will have extensive research experience and an academic record of accomplishment in geriatric psychiatry, a track record of federally funded grants in geriatric psychiatry, and research mentoring experience. Applicants must be board certified in general psychiatry, and preferably in geriatric psychiatry, be eligible for NY State licensure, and qualify for academic appointment in the Department of Psychiatry at Columbia University as associate professor or professor; rank will be commensurate with experience.

Interested applicants should send a complete CV and the names of three references to Paul S. Appelbaum, M.D., Chair of the Geriatric Search Committee, New York State Psychiatric Institute, 1051 Riverside Drive, Unit 122, New York, NY 10032 (psa21@columbia.edu). Columbia University is an affirmative action/equal opportunity employer.

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## MEDICAL DIRECTOR Child & Adolescent Services

South Oaks Hospital, Long Island, NY is a comprehensive mental health facility conveniently located on the Nassau/Suffolk County Border. We seek to create a work environment that fosters professional growth and development through communication and learning.

Our Behavioral Services for Children, Adolescents and Adults offers treatment programs in both inpatient and outpatient settings. The Medical Director will provide treatment, consultation and will work closely with service directors. Some work with adults and patients with chemical dependency is required. Qualified candidate must be a Board Certified Child/Adolescent Psychiatrist.

We offer an excellent compensation package of \$200,000+ and noncontributory medical benefits and matching 401K with enhancements. All professional expenses including professional liability insurance are provided by the hospital.

**Forward CV to:** Medical Director  
South Oaks Hospital  
400 Sunrise Highway  
Amityville, NY 11701  
Email: [yupadhyay@south-oaks.org](mailto:yupadhyay@south-oaks.org)

## ST. JOHN'S Clinic

### DREAM LOCATION FOR CHILD & ADOLESCENT/ADULT PSYCHIATRISTS

St. John's Clinic is seeking energetic board certified/eligible Child & Adolescent and Adult Psychiatrists to join their well-established, busy Psychiatry Department, in lovely Springfield, Missouri. Inpatient and outpatient practice with large referral base. The inpatient unit is conveniently located close to the physician office building. The department is part of St. John's Clinic, a progressive and growing multispecialty clinic of 470+ physicians in an integrated health care delivery system. For more information about St. John's Health System, please visit [www.stjohns.com](http://www.stjohns.com). St. John's was recently ranked among the TOP 10 in patient satisfaction.

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**SPRINGFIELD, MISSOURI.** (pop. 200,000) is a growing, sophisticated community. It is home to Missouri's second largest university and a regional home to the arts (symphony, ballet, and theater) and NCAA and semi-professional sports teams (football, basketball, baseball, and hockey). *Employment Review* has named Springfield one of the 10 "Best Places to Live and Work" in the U.S. For more information about Springfield, go to [www.springfieldmo.org](http://www.springfieldmo.org). EOE/AA Employer.

For more information, contact:

Julie Oliver, Physician Recruiter  
St. John's Clinic  
1965 S. Fremont, Suite 320  
Springfield, MO 65804  
Phone: (800) 218-5079; Fax: (888) 290-8300  
[jaoliver@sprg.mercy.net](mailto:jaoliver@sprg.mercy.net)

# ADULT PSYCHIATRY OPPORTUNITY

## GEISINGER HEALTH SYSTEM

Geisinger Health System's Division of Psychiatry in Danville, PA, is seeking an adult psychiatrist. This position offers an excellent quality of life and an opportunity to work part-time or full-time depending on the needs of the candidate.

### This position offers:

- A flexible schedule – start/end times are negotiable, and the specific psychiatric interests and talents of applicants usually can be integrated into the needs of the practice. Opportunities include inpatient – outpatient – emergency – and consultation-liaison psychiatry.
- A wonderfully collaborative team of psychiatrists/psychologists with experience and expertise in a variety of psychiatric specialties.
- The support of multiple PAs, a nurse specialist and masters-level therapists.
- An excellent call schedule (1 in 7), most call via telephone from home.
- The opportunity to work in a comprehensive academic practice that sees a wide variety of clinical activity from pediatric to geriatric patients and diagnostic types and treatments (including ECT).
- Research opportunities through the Weis Center for Research and Geisinger Center for Health Research (both located on the campus of Geisinger Medical Center). Current research projects include studies on genomic schizophrenia, adolescent depression and improving the delivery of adult depression through primary care.
- An accredited Clinical Psychology Internship and the opportunity to teach pediatric and emergency medicine residents, as well as third year medical students from Temple University and Pennsylvania College of Osteopathic Medicine, with clinical appointments available.
- An established referral base through Geisinger Health System's 40 community medical groups, 3 hospitals, local/community physicians and the broad-base of third party contracts.

In the past two years Geisinger's Department of Psychiatry has added a 10-bed Adolescent Inpatient Unit at Geisinger South Wilkes-Barre, the neuro-psychiatry practice has doubled and added 2 post-doctoral fellows and Pediatric Psychiatry has experienced significant growth. At Geisinger, you'll experience the support, camaraderie and professional challenges of a leading practice while discovering the charms of Pennsylvania living... all while having the time and flexibility to enjoy your new quality of life.

### To discuss this opportunity, contact:

Kathy Kardisco, Recruiter, Geisinger Dept. of Pro. Staffing,  
100 North Academy Avenue, Danville, PA 17822-2428  
Phone: 1-800-845-7112 • Fax: 1-800-622-2515  
e-mail: [kkardisco@geisinger.edu](mailto:kkardisco@geisinger.edu)

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## Boston University School of Medicine

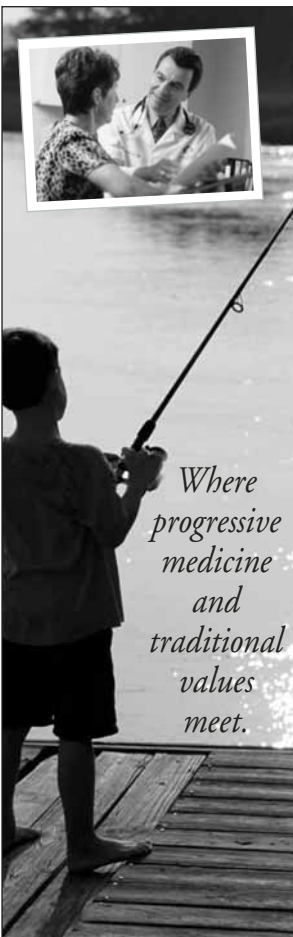
### CHIEF OF CHILD PSYCHIATRY

The Division of Psychiatry at Boston Medical Center and Boston University School of Medicine is seeking a Chief of Child Psychiatry at the Associate Professor or Professor level. The Chief will lead a group of clinicians, teachers, and researchers in the section of Child Psychiatry within the Division of Psychiatry. The successful applicant should have a strong administrative background, exceptional clinical skills, and a commitment to teaching medical students, psychiatry residents, psychology trainees, social work trainees, psychiatric nurses, and mental health counselors. The Chief must have strong interpersonal skills and work closely with Pediatrics and the Emergency Department. There are opportunities for research collaboration in the areas of substance abuse, post traumatic stress disorder, eating disorders, developmental disorders, health services, and neuroimaging. Boston Medical Center is the primary teaching hospital of Boston University School of Medicine.

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Candidates should send a cover letter and CV to:

Domenic A. Ciraulo, M.D., Professor and Chairman  
Division of Psychiatry, Boston University School of Medicine  
720 Harrison Ave, Doctors Office  
Building, Suite 914  
Boston, MA 02118  
or e-mail to [dciraulo@bu.edu](mailto:dciraulo@bu.edu)



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To learn more about these opportunities and the very competitive compensation package, please contact: Beth Albee, Physician Recruitment, **Marshfield Clinic**, 1000 N. Oak Ave., Marshfield, WI 54449. Phone: 800-782-8581, extension 19775; Fax #: 715-221-9779.

E-mail: [albee.beth@marshfieldclinic.org](mailto:albee.beth@marshfieldclinic.org)  
Website: [www.marshfieldclinic.org/recruit](http://www.marshfieldclinic.org/recruit)

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**ALEXANDRIA** Strong clinical skills. Prefer experience in Geropsychiatry, Substance Abuse and/or PTSD. CV/ Application to [tammie.arnold@med.va.gov](mailto:tammie.arnold@med.va.gov) or Tammie Arnold, Psychiatry Service (116), P.O. Box 69004, Alexandria, LA 71306-9004. (318) 473-0010 ext 2696.

**SHREVEPORT** Prefer experience in Substance Abuse, PTSD. Contact Tracie Bennett at (318) 221-8411, ext 5118 or [tracie.bennett@va.gov](mailto:tracie.bennett@va.gov). Email or mail your CV to VAMC, HRMS (05) TB, 510 E. Stoner Ave, Shreveport, LA. (318) 221-8411, ext 5118.

**FAYETTEVILLE, MT. VERNON** Contact Laura Berg, HRMS, at [laura.berg@med.va.gov](mailto:laura.berg@med.va.gov) or (479) 443-4301, ext 5191.



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### DIRECTOR - CENTER FOR ALZHEIMER DISEASE AND RELATED DISORDERS (CADRD)

Southern Illinois University School Of Medicine (SIUSM) is seeking an accomplished clinician scientist to become Director of our Center for Alzheimer Disease and Related Disorders (CADRD), consistent with the mission of SIUSM to become a leading research institution. This tenured/tenure track position will also hold an endowed professorship in Alzheimer disease research.

The CADRD is funded by a large annual grant from the State of Illinois and has a history of continued funding for more than 17 years. The Center has an outreach network of 26 hospitals or clinics throughout Illinois, a brain bank, a neuropsychology program, and specialty clinics for the treatment of Alzheimer disease and other degenerative dementias. Currently, five faculty members are actively engaged in Alzheimer research, with one additional open position. In addition, opportunities are available for collaborations with the Geriatric Center of Excellence, the Department of Psychiatry, and basic science departments such as Pharmacology.

The Director of the SIU CADRD reports to the Dean of SIUSM (institutional and administrative matters) and to the Chair of an appropriate Department (departmental and academic matters). The Director will lead the CADRD, holding responsibility for budget decisions, research direction, staffing, and interactions with other departments, institutes, and agencies. Responsibilities also include working with the Illinois legislature and Departments of Public Health, Aging, Education and Public Aid to develop strategies, external support, and collaborative efforts that will advance the aims of the CADRD in the areas of outreach, teaching, research, and clinical service.

Applicants must be board-certified in a specialty relevant to the activities of SIU CADRD and maintain an active externally-funded research program focused on dementia. Illinois licensure is required prior to employment. Deadline to apply is March 31, 2007 or until filled. Interested applicants should send their CV by mail or email to:

**Carol Forestier**  
Secretary for Dr. Leonard Rybak, MD, Ph.D.  
Chairman of Search Committee  
SIU School of Medicine  
P.O. Box 19643  
Springfield, IL 62794-9643  
[cforestier@siumed.edu](mailto:cforestier@siumed.edu)

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**DIRECTOR, MGH SLEEP MEDICINE PROGRAM &  
CO-DIRECTOR, MGH SLEEP LAB**

The MGH seeks a Director for its Sleep Medicine Program. The Director will be responsible for spearheading significant program expansion centered on comprehensive clinical care, clinical / basic science research, and teaching, and will also Co-Direct the newly expanded MGH Sleep Lab. The MGH Sleep Medicine Program and the Sleep Lab, based within the Neurology Service, provide clinical and diagnostic services and research support to the entire MGH community and have strong relationships with the departments of Psychiatry, Pulmonary Medicine, Physical Medicine and Rehabilitation, the Bariatric Medicine Program.

Applicants should be board-certified in Neurology, Psychiatry, or Medicine with subspecialty training in Sleep Medicine and/or Neurophysiology, and have academic credentials sufficient for appointment at the level of Associate Professor or above at Harvard Medical School.

MGH offers a competitive salary and benefits package. Interested applicants should submit a CV and statement of clinical and academic interests, goals, and accomplishments in hard copy and electronic format to: **Anne B. Young, MD, PhD, Chief, Neurology Service, Massachusetts General Hospital, 55 Fruit Street-VBK915, Boston, MA 02114 (email: [young@helix.mgh.harvard.edu](mailto:young@helix.mgh.harvard.edu))**

*The MGH and Harvard Medical School are Equal Opportunity / Affirmative Action employers. Women and Minorities are encouraged to apply.*



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- Proven advantages over haloperidol IM
  - twice the improvement as measured on the BPRS<sup>4†</sup>
  - significantly lower incidence of movement disorders<sup>2‡</sup>
- Smooth transition, with continued improvement, from IM to oral therapy<sup>2,4</sup>
- May be used concomitantly with benzodiazepines

\* In 2 pivotal studies vs control, significance was achieved at 15 minutes (with 10 mg dose) and 30 minutes (with 20 mg dose), respectively.

† In a 7-day, open-label IM-to-oral transition study.

‡ In a 6-week, open-label IM-to-oral transition study.



**GEODON<sup>®</sup>**  
*Oral Capsules (ziprasidone HCl)  
and Injection (ziprasidone mesylate)*

Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. GEODON is not approved for the treatment of patients with dementia-related psychosis.

GEODON is contraindicated in patients with a known history of QT prolongation, recent acute myocardial infarction, or uncompensated heart failure, and should not be used with other QT-prolonging drugs. GEODON has a greater capacity to prolong the QT<sub>c</sub> interval than several antipsychotics. In some drugs, QT prolongation has been associated with torsade de pointes, a potentially fatal arrhythmia. In many cases this would lead to the conclusion that other drugs should be tried first.

In fixed-dose, pivotal studies, the most commonly observed adverse events associated with the use of GEODON for Injection (incidence ≥5%) and observed at a rate in the higher GEODON dose groups (10 mg, 20 mg) of at least twice that of the lowest GEODON dose group (2 mg control) were somnolence (20%), headache (13%), and nausea (12%).

Please see brief summary of prescribing information on adjacent page.