

Exams are available online only at cme.psychiatryonline.org

INFORMATION TO PARTICIPANTS

OBJECTIVES. After evaluating a specific journal article published in the American Journal of Psychiatry, participants should be able to demonstrate an increase in their knowledge of clinical medicine. Participants should be able to understand the contents of a selected research or review article and to apply the new findings to their clinical practice.

PARTICIPANTS. This program is designed for all psychiatrists in clinical practice, residents in Graduate Medical Education programs, medical students interested in psychiatry, and other physicians who wish to advance their current knowledge of clinical medicine.

EXPLANATION OF HOW PHYSICIANS CAN PARTICIPATE AND EARN CREDIT. In order to earn CME credit, subscribers should read through

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CREDITS. The APA designates this educational activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The American Psychiatric Association (APA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education (CME) for physicians.

Estimated Time to Complete: 1 Hour

Begin date August 1, 2007 – End date July 31, 2009

EXAMINATION QUESTIONS

Select the single best answer for each question below.

Antenatal Depression: Navigating the Treatment Dilemmas

Marlene P. Freeman

Am J Psychiatry 2007; 164:1162-1165

QUESTION 1. Major depressive disorder is estimated to affect what percent of pregnant women?

- A. Less than 10%
- B. 10%–20%
- C. 30–40%
- D. More than 40%

QUESTION 2. First-trimester exposure to which of the following antidepressants has been associated with an increased risk of cardiovascular malformations?

- A. Paroxetine
- B. Fluoxetine
- C. Bupropion
- D. Nortriptyline

QUESTION 3. One study has suggested that maternal antidepressant use during pregnancy may be associated with which of the following conditions?

- A. Neural tube abnormalities
- B. Primary biliary atresia in the newborn
- C. Behavioral problems in school-age children
- D. Persistent pulmonary hypertension of the newborn

EVALUATION QUESTIONS

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STATEMENT 1. The activity achieved its stated objectives

- 1. Strongly agree
- 2. Agree
- 3. Neutral
- 4. Disagree
- 5. Strongly disagree

STATEMENT 2. The activity was relevant to my practice.

- 1. Strongly agree
- 2. Agree
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STATEMENT 3. I plan to change my current practice based on what I learned in the activity.

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STATEMENT 4. The activity validated my current practice.

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STATEMENT 5. The activity provided sufficient scientific evidence to support the content presented.

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STATEMENT 6. The activity was free of commercial bias toward a particular product or company.

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Continuing Medical Education

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EXAMINATION QUESTIONS

Select the single best answer for each question below.

A Longitudinal Study of the Use of Mental Health Services by Persons with Serious Mental Illness: Do Spanish-Speaking Latinos Differ from English-Speaking Latinos and Caucasians?

David P. Folsom et al.

Am J Psychiatry 2007; 164:1173-1180

QUESTION 1. Most prior studies have suggested that Latinos with a mental illness receive mental health treatment:

- A. More frequently than Caucasians
- B. Less frequently than Caucasians
- C. More frequently than any other ethnic group.
- D. With the same frequency as Caucasians

QUESTION 2. In this study, which group was least likely to enter mental health treatment via jail?

- A. English-speaking Latinos
- B. Caucasians
- C. The groups did not differ
- D. Spanish-speaking Latinos

QUESTION 3. Compared to English-speaking Latinos and Caucasians, Spanish-speaking Latinos are more likely to receive mental health treatment in which of the following settings as their first point of contact:

- A. Emergency room
- B. Hospital
- C. Outpatient clinic
- D. Jail

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EXAMINATION QUESTIONS

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Effects of Antenatal Depression and Antidepressant Treatment on Gestational Age at Birth and Risk of Preterm Birth

Rita Suri et al.

Am J Psychiatry 2007; 164:1206-1213

QUESTION 1. This study followed women who were treated with antidepressants for the majority of pregnancy compared to women who discontinued or had no antidepressant treatment during pregnancy and healthy comparison subjects. With of the following birth outcomes differed among these groups?

- A. Birth weight
- B. Rate of prematurity
- C. Apgar score at 1 minute
- D. Apgar score at 5 minutes

QUESTION 2. In a hierarchical linear regression model, which of the following maternal variables had a significant effect on infant gestational age at birth?

- A. Maternal age
- B. Number of prior pregnancies
- C. Percentage of visits depressed
- D. Percentage of visits the patient was taking an antidepressant

QUESTION 3. This study suggests that antidepressant effects on which of the following birth outcome variables may be dose related?

- A. Rate of preterm birth
- B. Admission to special care nursery
- C. Gestational age at birth
- D. Birth weight

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