

# **COMING SOON**

AVAILABLE IN PHARMACIES BEGINNING FEBRUARY 2011



#### Indication and usage

LATUDA is an atypical antipsychotic agent indicated for the treatment of patients with schizophrenia. Efficacy was established in four 6-week controlled studies of adult patients with schizophrenia.

Important Safety Information about LATUDA

WARNING: INCREASED MORTALITY IN ELDERLY PATIENTS WITH DEMENTIA-RELATED PSYCHOSIS.

Elderly patients with dementia-related psychosis treated with antipsychotic drugs are at an increased risk of death. LATUDA is not approved for the treatment of dementia-related psychosis. The effectiveness of LATUDA for longer-term use, that is, for more than 6 weeks, has not been established in controlled studies. Therefore, the physician who elects to use LATUDA for extended periods should periodically re-evaluate the long-term usefulness of the drug for the individual patient.

Please see brief summary of prescribing information on adjacent pages, including **Boxed Warning**.

FOR MORE INFORMATION, PLEASE CALL 1-888-394-7377 OR VISIT WWW.LATUDA.COM.

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Brief Summary (for full prescribing information, see package insert)

#### WARNING: INCREASED MORTALITY IN ELDERLY PATIENTS WITH DEMENTIA-RELATED PSYCHOSIS

Elderly patients with dementia-related psychosis treated with antipsychotic drugs are at an increased risk of death. Analyses of 17 placebo-controlled trials (modal duration of 10 weeks), largely in patients taking atypical antipsychotic drugs, revealed a risk of death in drugtreated patients of between 1.6 to 1.7 times the risk of death in placebotreated patients. Over the course of a typical 10-week controlled trial, the rate of death in drug-treated patients was about 4.5%, compared to a rate of about 2.6% in the placebo group. Although the causes of death were varied, most of the deaths appeared to be either cardiovascular (e.g., heart failure, sudden death) or infectious (e.g., pneumonia) in nature.

Observational studies suggest that, similar to atypical antipsychotic drugs, treatment with conventional antipsychotic drugs may increase mortality. The extent to which the findings of increased mortality in observational studies may be attributed to the antipsychotic drug as opposed to some characteristic(s) of the patients is not clear.

LATUDA is not approved for the treatment of patients with dementiarelated psychosis. [see Warnings and Precautions (5.1)]

#### 1. INDICATIONS AND USAGE

LATUDA is indicated for the treatment of patients with schizophrenia.

The efficacy of LATUDA in schizophrenia was established in four 6-week controlled studies of adult patients with schizophrenia [see Clinical Studies].

The effectiveness of LATUDA for longer-term use, that is, for more than 6 weeks, has not been established in controlled studies. Therefore, the physician who elects to use LATUDA for extended periods should periodically re-evaluate the long-term usefulness of the drug for the individual patient [see Dosage and Administration].

#### 4. CONTRAINDICATIONS

LATUDA is contraindicated in any patient with a known hypersensitivity to lurasidone HCl or any components in the formulation. Angioedema has been observed with lurasidone [see Adverse Reactions (6.6)].

LATUDA is contraindicated with strong CYP3A4 inhibitors (e.g., ketoconazole) and strong CYP3A4 inducers (e.g., rifampin) [see Drug Interactions (7.1)].

#### **5. WARNINGS AND PRECAUTIONS**

## 5.1 Increased Mortality in Elderly Patients with Dementia-Related Psychosis

Elderly patients with dementia-related psychosis treated with antipsychotic drugs are at an increased risk of death. LATUDA is not approved for the treatment of dementia-related psychosis [see Boxed Warning].

#### 5.2 Cerebrovascular Adverse Reactions, Including Stroke

In placebo-controlled trials with risperidone, aripiprazole, and olanzapine in elderly subjects with dementia, there was a higher incidence of cerebrovascular adverse reactions (cerebrovascular accidents and transient ischemic attacks), including fatalities, compared to placebo-treated subjects. LATUDA is not approved for the treatment of patients with dementia-related psychosis *[see also Boxed Warning and Warnings and Precautions (5.1)]*.

#### 5.3 Neuroleptic Malignant Syndrome

A potentially fatal symptom complex sometimes referred to as Neuroleptic Malignant Syndrome (NMS) has been reported in association with administration of antipsychotic drugs, including LATUDA.

Clinical manifestations of NMS are hyperpyrexia, muscle rigidity, altered mental status, and evidence of autonomic instability (irregular pulse or blood pressure, tachycardia, diaphoresis, and cardiac dysrhythmia). Additional signs may include elevated creatinine phosphokinase, myoglobinuria (rhabdomyolysis), and acute renal failure.

The diagnostic evaluation of patients with this syndrome is complicated. It is important to exclude cases where the clinical presentation includes both serious medical illness (e.g. pneumonia, systemic infection) and untreated or inadequately treated extrapyramidal signs and symptoms (EPS). Other important considerations in the differential diagnosis include central anticholinergic toxicity, heat stroke, drug fever, and primary central nervous system pathology.

The management of NMS should include: 1) immediate discontinuation of antipsychotic drugs and other drugs not essential to concurrent therapy; 2) intensive symptomatic treatment and medical monitoring; and 3) treatment of any concomitant serious medical problems for which specific treatments are available. There is no general agreement about specific pharmacological treatment regimens for NMS.

If a patient requires antipsychotic drug treatment after recovery from NMS, the potential reintroduction of drug therapy should be carefully considered. If reintroduced, the patient should be carefully monitored, since recurrences of NMS have been reported.

#### 5.4 Tardive Dyskinesia

Tardive Dyskinesia is a syndrome consisting of potentially irreversible, involuntary, dyskinetic movements that can develop in patients treated with antipsychotic drugs. Although the prevalence of the syndrome appears to be highest among the elderly, especially elderly women, it is impossible to rely upon prevalence estimates

to predict, at the inception of antipsychotic treatment, which patients are likely to develop the syndrome. Whether antipsychotic drug products differ in their potential to cause tardive dyskinesia is unknown.

The risk of developing tardive dyskinesia and the likelihood that it will become irreversible are believed to increase as the duration of treatment and the total cumulative dose of antipsychotic drugs administered to the patient increase. However, the syndrome can develop, although much less commonly, after relatively brief treatment periods at low doses.

There is no known treatment for established cases of tardive dyskinesia, although the syndrome may remit, partially or completely, if antipsychotic treatment is withdrawn. Antipsychotic treatment, itself, however, may suppress (or partially suppress) the signs and symptoms of the syndrome and thereby may possibly mask the underlying process. The effect that symptomatic suppression has upon the long-term course of the syndrome is unknown.

Given these considerations, LATUDA should be prescribed in a manner that is most likely to minimize the occurrence of tardive dyskinesia. Chronic antipsychotic treatment should generally be reserved for patients who suffer from a chronic illness that (1) is known to respond to antipsychotic drugs, and (2) for whom alternative, equally effective, but potentially less harmful treatments are not available or appropriate. In patients who do require chronic treatment, the smallest dose and the shortest duration of treatment producing a satisfactory clinical response should be sought. The need for continued treatment should be reassessed periodically.

If signs and symptoms of tardive dyskinesia appear in a patient on LATUDA, drug discontinuation should be considered. However, some patients may require treatment with LATUDA despite the presence of the syndrome.

#### 5.5 Metabolic Changes

Atypical antipsychotic drugs have been associated with metabolic changes that may increase cardiovascular/cerebrovascular risk. These metabolic changes include hyperglycemia, dyslipidemia, and body weight gain. While all of the drugs in the class have been shown to produce some metabolic changes, each drug has its own specific risk profile.

#### Hyperglycemia and Diabetes Mellitus

Hyperglycemia, in some cases extreme and associated with ketoacidosis or hyperosmolar coma or death, has been reported in patients treated with atypical antipsychotics. Assessment of the relationship between atypical antipsychotic use and glucose abnormalities is complicated by the possibility of an increased background risk of diabetes mellitus in patients with schizophrenia and the increasing incidence of diabetes mellitus in the general population. Given these confounders, the relationship between atypical antipsychotic use and hyperglycemia-related adverse events is not completely understood. However, epidemiological studies suggest an increased risk of treatment-emergent hyperglycemia-related adverse events in patients treated with the atypical antipsychotics. Because LATUDA was not marketed at the time these studies were performed, it is not known if LATUDA is associated with this increased risk.

Patients with an established diagnosis of diabetes mellitus who are started on atypical antipsychotics should be monitored regularly for worsening of glucose control. Patients with risk factors for diabetes mellitus (e.g., obesity, family history of diabetes) who are starting treatment with atypical antipsychotics should undergo fasting blood glucose testing at the beginning of treatment and periodically during treatment. Any patient treated with atypical antipsychotics should be monitored for symptoms of hyperglycemia including polydipsia, polyuria, polyphagia, and weakness. Patients who develop symptoms of hyperglycemia during treatment with atypical antipsychotics should undergo fasting blood glucose testing. In some cases, hyperglycemia has resolved when the atypical antipsychotic was discontinued; however, some patients required continuation of anti-diabetic treatment despite discontinuation of the suspect drug.

Pooled data from short-term, placebo-controlled studies are presented in Table 1.

Table 1: Change in Fasting Glucose

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	Placebo	LATUDA 20 mg/day	LATUDA 40 mg/day	LATUDA 80 mg/day	LATUDA 120 mg/day
	Mean Change from Baseline (mg/dL)				
	n=438	n=71	n=352	n=270	n=283
Serum Glucose	-0.7	-0.6	2.5	-0.9	2.5
P	Proportion of Patients with Shifts to ≥ 126 mg/dL				
Serum Glucose (≥ 126 mg/dL)	8.6% (34/397)	11.7% (7/60)	14.3% (47/328)	10.0% (24/241)	10.0% (26/260)

In the uncontrolled, longer-term studies (primarily open-label extension studies), LATUDA was associated with a mean change in glucose of +1.6 mg/dL at week 24 (n=186), +0.3 mg/dL at week 36 (n=236) and +1.2 mg/dL at week 52 (n=244).

#### Dyslipidemia

Undesirable alterations in lipids have been observed in patients treated with atypical antipsychotics. Pooled data from short-term, placebo-controlled studies are presented in Table 2.

**Table 2: Change in Fasting Lipids** 

	Placebo	LATUDA 20 mg/day	LATUDA 40 mg/day	LATUDA 80 mg/day	LATUDA 120 mg/day		
	Mean Change from Baseline (mg/dL)						
	n=418	n=71	n=341	n=263	n=268		
Total cholesterol	-8.5	-12.3	-9.4	-9.8	-3.8		
Triglycerides	-15.7	-29.1	-6.2	-14.2	-3.1		
	Propo	rtion of Patie	ents with Shi	fts			
Total Cholesterol (≥ 240 mg/dL)	6.6% (23/350)	13.8% (8/58)	7.3% (21/287)	6.9% (15/216)	3.8% (9/238)		
Triglycerides (≥ 200 mg/dL)	12.5% (39/312)	14.3% (7/49)	14.0% (37/264)	8.7% (17/196)	10.5% (22/209)		

In the uncontrolled, longer-term studies (primarily open-label extension studies), LATUDA was associated with a mean change in total cholesterol and triglycerides of -4.2 (n=186) and -13.6 (n=187) mg/dL at week 24, -1.9 (n=238) and -3.5 (n=238) mg/dL at week 36 and -3.6 (n=243) and -6.5 (n=243) mg/dL at week 52, respectively.

#### Weight Gain

Weight gain has been observed with atypical antipsychotic use. Clinical monitoring of weight is recommended.

Pooled data from short-term, placebo-controlled studies are presented in Table 3. The mean weight gain was 0.75 kg for LATUDA-treated patients compared to 0.26 kg for placebo-treated patients. In study 3 [see Clinical Studies (14.1)] change in weight from baseline for olanzapine was 4.15 kg. The proportion of patients with a  $\geq$  7% increase in body weight (at Endpoint) was 5.6% for LATUDA-treated patients versus 4.0% for placebo-treated patients.

Table 3: Mean Change in Weight (kg) from Baseline

	Placebo (n=450)	LATUDA 20 mg/day (n=71)	LATUDA 40 mg/day (n=358)	LATUDA 80 mg/day (n=279)	LATUDA 120 mg/day (n=291)
All Patients	0.26	-0.15	0.67	1.14	0.68

In the uncontrolled, longer-term studies (primarily open-label extension studies), LATUDA was associated with a mean change in weight of -0.38 kg at week 24 (n=531), -0.47 kg at week 36 (n=303) and -0.71 kg at week 52 (n=244).

#### 5.6 Hyperprolactinemia

As with other drugs that antagonize dopamine  $D_2$  receptors, LATUDA elevates projectin levels.

Hyperprolactinemia may suppress hypothalamic GnRH, resulting in reduced pituitary gonadotrophin secretion. This, in turn, may inhibit reproductive function by impairing gonadal steroidogenesis in both female and male patients. Galactorrhea, amenorrhea, gynecomastia, and impotence have been reported with prolactinelevating compounds. Long-standing hyperprolactinemia when associated with hypogonadism may lead to decreased bone density in both female and male patients [see Adverse Reactions (6)].

In short-term placebo-controlled studies, the median change from baseline to endpoint in prolactin levels for LATUDA-treated patients was 1.1 ng/mL and was -0.6 ng/mL in the placebo-treated patients. The increase in prolactin was greater in female patients; the median change from baseline to endpoint for females was 1.5 ng/mL and was 1.1 ng/mL in males. The increase in prolactin concentrations was dose-dependent (Table 4).

Table 4: Median Change in Prolactin (ng/mL) from Baseline

	Placebo	LATUDA 20 mg/day	LATUDA 40 mg/day	LATUDA 80 mg/day	LATUDA 120 mg/day
All Patients	-0.6	-1.1	0.3	1.1	3.3
	(n=430)	(n=70)	(n=351)	(n=259)	(n=284)
Females	-1.5	-0.7	-0.9	2.0	6.7
	(n=102)	(n=19)	(n=99)	(n=78)	(n=70)
Males	-0.5	-1.2	0.5	0.9	3.1
	(n=328)	(n=51)	(n=252)	(n=181)	(n=214)

The proportion of patients with prolactin elevations  $\geq 5x$  ULN was 3.6% for LATUDA-treated patients versus 0.7% for placebo-treated patients. The proportion of female patients with prolactin elevations  $\geq 5x$  ULN was 8.3% for LATUDA-treated patients versus 1% for placebo-treated female patients. The proportion of male patients with prolactin elevations  $\geq 5x$  ULN was 1.9% versus 0.6% for placebo-treated male patients.

In the uncontrolled longer-term studies (primarily open-label extension studies), LATUDA was associated with a median change in prolactin of -1.9 ng/mL at week 24 (n=188), -5.4 ng/mL at week 36 (n=189) and -3.3 ng/mL at week 52 (n=243).

Tissue culture experiments indicate that approximately one-third of human breast cancers are prolactin dependent in vitro, a factor of potential importance if the prescription of these drugs is considered in a patient with previously detected

breast cancer. As is common with compounds which increase prolactin release, an increase in mammary gland neoplasia was observed in a LATUDA carcinogenicity study conducted in rats and mice [see Nonclinical Toxicology]. Neither clinical studies nor epidemiologic studies conducted to date have shown an association between chronic administration of this class of drugs and tumorigenesis in humans, but the available evidence is too limited to be conclusive.

#### 5.7 Leukopenia, Neutropenia and Agranulocytosis

Leukopenia/neutropenia has been reported during treatment with antipsychotic agents. Agranulocytosis (including fatal cases) has been reported with other agents in the class.

Possible risk factors for leukopenia/neutropenia include pre-existing low white blood cell count (WBC) and history of drug induced leukopenia/neutropenia. Patients with a pre-existing low WBC or a history of drug induced leukopenia/neutropenia should have their complete blood count (CBC) monitored frequently during the first few months of therapy and LATUDA should be discontinued at the first sign of decline in WBC, in the absence of other causative factors.

Patients with neutropenia should be carefully monitored for fever or other symptoms or signs of infection and treated promptly if such symptoms or signs occur. Patients with severe neutropenia (absolute neutrophil count  $<1000/\mbox{mm}^3)$  should discontinue LATUDA and have their WBC followed until recovery.

#### 5.8 Orthostatic Hypotension and Syncope

LATUDA may cause orthostatic hypotension, perhaps due to its  $\alpha 1$ -adrenergic receptor antagonism. The incidence of orthostatic hypotension and syncope events from short-term, placebo-controlled studies was (LATUDA incidence, placebo incidence): orthostatic hypotension [0.4% (4/1004), 0.2% (1/455)] and syncope [<0.1% (1/1004), 0%]. Assessment of orthostatic hypotension defined by vital sign changes ( $\geq 20$  mm Hg decrease in systolic blood pressure and  $\geq 10$  bpm increase in pulse from sitting to standing or supine to standing positions). In short-term clinical trials orthostatic hypotension occurred with a frequency of 0.8% with LATUDA 40 mg, 1.4% with LATUDA 80 mg and 1.7% with LATUDA 120 mg compared to 0.9% with placebo.

LATUDA should be used with caution in patients with known cardiovascular disease (e.g., heart failure, history of myocardial infarction, ischemia, or conduction abnormalities), cerebrovascular disease, or conditions that predispose the patient to hypotension (e.g., dehydration, hypovolemia, and treatment with antihypertensive medications). Monitoring of orthostatic vital signs should be considered in patients who are vulnerable to hypotension.

#### 5.9 Seizures

As with other antipsychotic drugs, LATUDA should be used cautiously in patients with a history of seizures or with conditions that lower the seizure threshold, e.g., Alzheimer's dementia. Conditions that lower the seizure threshold may be more prevalent in patients 65 years or older.

In short-term placebo-controlled trials, seizures/convulsions occurred in  $<\!0.1\%$  (1/1004) of patients treated with LATUDA compared to 0.2% (1/455) placebotreated patients.

#### 5.10 Potential for Cognitive and Motor Impairment

LATUDA, like other antipsychotics, has the potential to impair judgment, thinking or motor skills.

In short-term, placebo-controlled trials, somnolence was reported in 22.3% (224/1004) of patients treated with LATUDA compared to 9.9% (45/455) of placebo patients, respectively. The frequency of somnolence increases with dose; somnolence was reported in 26.5% (77/291) of patients receiving LATUDA 120 mg/day. In these short-term trials, somnolence included: hypersomnia, hypersomnolence, sedation and somnolence.

Patients should be cautioned about operating hazardous machinery, including motor vehicles, until they are reasonably certain that therapy with LATUDA does not affect them adversely.

#### **5.11 Body Temperature Regulation**

Disruption of the body's ability to reduce core body temperature has been attributed to antipsychotic agents. Appropriate care is advised when prescribing LATUDA for patients who will be experiencing conditions that may contribute to an elevation in core body temperature, e.g., exercising strenuously, exposure to extreme heat, receiving concomitant medication with anticholinergic activity, or being subject to dehydration [see Patient Counseling Information (17.9)].

#### 5.12 Suicide

The possibility of a suicide attempt is inherent in psychotic illness and close supervision of high-risk patients should accompany drug therapy. Prescriptions for LATUDA should be written for the smallest quantity of tablets consistent with good patient management in order to reduce the risk of overdose.

In short-term, placebo-controlled studies in patients with schizophrenia, the incidence of treatment-emergent suicidal ideation was 0.6% (6/1004) for LATUDA treated patients compared to 0.4% (2/455) on placebo. No suicide attempts or completed suicides were reported in these studies.

#### 5.13 Dysphagia

Esophageal dysmotility and aspiration have been associated with antipsychotic drug use. Aspiration pneumonia is a common cause of morbidity and mortality in elderly patients, in particular those with advanced Alzheimer's dementia. LATUDA is not indicated for the treatment of dementia-related psychosis, and should not be used in patients at risk for aspiration pneumonia.

#### 5.14 Use in Patients with Concomitant Illness

Clinical experience with LATUDA in patients with certain concomitant systemic illnesses is limited [see Use in Specific Populations (8.7, 8.8)]. LATUDA has not been evaluated or used to any appreciable extent in patients with a recent history of myocardial infarction or unstable heart disease. Patients with these diagnoses were excluded from premarketing clinical studies [see Warnings and Precautions (5.1, 5.8)].

#### **6 ADVERSE REACTIONS**

#### 6.1 Overall Adverse Reaction Profile

The following adverse reactions are discussed in more detail in other sections of the labeling:

- Use in Elderly Patients with Dementia-Related Psychosis [see Boxed Warning and Warnings and Precautions (5.1)]
- Cerebrovascular Adverse Reactions, Including Stroke [see Warnings and Precautions (5.2)]
- Neuroleptic Malignant Syndrome [see Warnings and Precautions (5.3)]
- Tardive Dyskinesia [see Warnings and Precautions (5.4)]
- Hyperglycemia and Diabetes Mellitus [see Warnings and Precautions (5.5)]
- Hyperprolactinemia [see Warnings and Precautions (5.6)]
- Leukopenia, Neutropenia, and Agranulocytosis [see Warnings and Precautions (5.7)]
- Orthostatic Hypotension and Syncope [see Warnings and Precautions (5.8)]
- Seizures [see Warnings and Precautions (5.9)]
- Potential for Cognitive and Motor Impairment [see Warnings and Precautions (5.10)]
- Body Temperature Regulation [see Warnings and Precautions (5.11)]
- Suicide [see Warnings and Precautions (5.12)]
- Dysphagia [see Warnings and Precautions (5.13)]

• Use in Patients with Concomitant Illness [see Warnings and Precautions (5.14)] The information below is derived from a clinical study database for LATUDA consisting of over 2096 patients with schizophrenia exposed to one or more doses with a total experience of 624 patient-years. Of these patients, 1004 participated in short-term placebo-controlled schizophrenia studies with doses of 20 mg, 40 mg, 80 mg or 120 mg once daily. A total of 533 LATUDA-treated patients had at least 24 weeks and 238 LATUDA-treated patients had at least 52 weeks of exposure.

Adverse events during exposure to study treatment were obtained by general inquiry and voluntarily reported adverse experiences, as well as results from physical examinations, vital signs, ECGs, weights and laboratory investigations. Adverse experiences were recorded by clinical investigators using their own terminology. In order to provide a meaningful estimate of the proportion of individuals experiencing adverse events, events were grouped in standardized categories using MedDRA terminology.

The stated frequencies of adverse reactions represent the proportion of individuals who experienced at least once, a treatment-emergent adverse event of the type listed. Treatment-emergent adverse events were defined as adverse experiences, which started or worsened on or after the date of the first dose through seven days after study medication discontinuation. There was no attempt to use investigator causality assessments; i.e., all events meeting the defined criteria, regardless of investigator causality are included. It is important to emphasize that, although the reactions occurred during treatment with LATUDA, they were not necessarily caused by it. The label should be read in its entirety to gain an understanding of the safety profile of LATUDA.

The figures in the tables and tabulations cannot be used to predict the incidence of side effects in the course of usual medical practice where patient characteristics and other factors differ from those that prevailed in the clinical studies. Similarly, the cited frequencies cannot be compared with figures obtained from other clinical investigations involving different treatment, uses and investigators. The cited figures, however, do provide the prescriber with some basis for estimating the relative contribution of drug and nondrug factors to the adverse reaction incidence in the population studied.

#### **6.2 Clinical Studies Experience**

The following findings are based on the short-term placebo-controlled premarketing studies for schizophrenia in which LATUDA was administered at daily doses ranging from 20 to 120 mg (n = 1004).

**Commonly Observed Adverse Reactions:** The most common adverse reactions (incidence  $\geq 5\%$  and at least twice the rate of placebo) in patients treated with LATUDA were somnolence, akathisia, nausea, parkinsonism and agitation.

Adverse Reactions Associated with Discontinuation of Treatment: A total of 9.4% (94/1004) LATUDA-treated patients and 5.9% (27/455) of placebo-treated patients discontinued due to adverse reactions. There were no adverse reactions associated with discontinuation in subjects treated with LATUDA that were at least 2% and at least twice the placebo rate.

Adverse Reactions Occurring at an Incidence of 2% or More in LATUDA-Treated Patients: Adverse reactions associated with the use of LATUDA (incidence of 2% or greater, rounded to the nearest percent and LATUDA incidence greater than placebo) that occurred during acute therapy (up to 6-weeks in patients with schizophrenia) are shown in Table 5.

Table 5: Adverse Reaction in 2% or More of LATUDA-Treated Patients and That Occurred at Greater Incidence than in the Placebo-Treated Patients in Short-term Schizophrenia Studies

	Percentage of Patients Reporting Reaction		
Body System or Organ Class Dictionary-derived Term	Placebo (N=455)	AII LATUDA (N=1004)	
Gastrointestinal Disorders			
Nausea	6	12	
Vomiting	6	8	
Dyspepsia	6	8	
Salivary hypersecretion	<1	2	
General Disorders and Admir	nistration Site Conditions		
Fatigue	3	4	
Musculoskeletal and Connec	tive Tissue Disorders		
Back Pain	3	4	
Nervous System Disorders			
Somnolence*	10	22	
Akathisia	3	15	
Parkinsonism**	5	11	
Dystonia***	1	5	
Dizziness	3	5	
Psychiatric Disorders			
Insomnia	7	8	
Agitation	3	6	
Anxiety	3	6	
Restlessness	2	3	

Note: Figures rounded to the nearest integer

\*Somnolence includes adverse event terms: hypersomnia, hypersomnolence, sedation, and somnolence

\*\*Parkinsonism includes adverse event terms: bradykinesia, cogwheel rigidity, drooling, extrapyramidal disorder, hypokinesia, muscle rigidity, parkinsonism, psychomotor retardation, and tremor

\*\*\*Dystonia includes adverse event terms: dystonia, oculogyric crisis, oromandibular dystonia, tongue spasm, torticollis, and trismus

#### 6.3 Dose-Related Adverse Reactions

Based on the pooled data from the placebo-controlled, short-term, fixed-dose studies, among the adverse reactions that occurred with a greater than 5% incidence in the patients treated with LATUDA, the apparent dose-related adverse reactions were akathisia and somnolence (Table 6).

**Table 6: Dose-Related Adverse Events** 

	Percentage of Subjects Reporting Reaction					
Adverse Event	Placebo 20 mg/day 40 mg/day 80 mg/day 120 mg/ (N=455) (N=71) (N=360) (N=282) (N=29					
Term	(%)	(%)	(%)	(%)	(%)	
Akathisia	3	6	11	15	22	
Somnolence*	10	15	19	23	26	

Note: Figures rounded to the nearest integer

\*Somnolence includes adverse event terms: hypersomnia, hypersomnolence, sedation, and somnolence

#### 6.4 Extrapyramidal Symptoms

In the short-term, placebo-controlled schizophrenia studies, for LATUDA-treated patients, the incidence of reported EPS-related events, excluding akathisia and restlessness, was 14.7% versus 5.1% for placebo-treated patients; and the incidence of akathisia for LATUDA-treated patients was 15.0% versus 3.3% for placebo-treated patients. Akathisia appeared to be dose-related and the greatest frequency of parkinsonism and dystonia occurred with the highest dose of LATUDA, 120 mg/day (Table 7).

Table 7: Percentage of EPS Compared to Placebo

	Placebo	LATUDA 20 mg/day	LATUDA 40 mg/day	LATUDA 80 mg/day	LATUDA 120 mg/day
Adverse Event Term	(N=455) (%)	(N=71) (%)	(N=360) (%)	(N=282) (%)	(N=291) (%)
All EPS events	9	10	24	26	39
All EPS events, excluding Akathisia/ Restlessness	5	6	13	11	22
Akathisia	3	6	11	15	22
Dystonia*	1	0	4	5	7
Parkinsonism**	5	6	10	7	17
Restlessness	2	1	4	1	3

Note: Figures rounded to the nearest integer

\*Dystonia includes adverse event terms: dystonia, oculogyric crisis, oromandibular dystonia, tongue spasm, torticollis, and trismus

\*\*Parkinsonism includes adverse event terms: bradykinesia, cogwheel rigidity, drooling, extrapyramidal disorder, hypokinesia, muscle rigidity, parkinsonism, psychomotor retardation, and tremor

In the short-term, placebo-controlled schizophrenia studies, data was objectively collected on the Simpson Angus Rating Scale for extrapyramidal symptoms (EPS), the Barnes Akathisia Scale (for akathisia) and the Abnormal Involuntary Movement Scale (for dyskinesias). The mean change from baseline for LATUDA-treated patients was comparable to placebo-treated patients, with the exception of the Barnes Akathisia Scale global score (LATUDA, 0.2; placebo, 0.0). The percentage of patients who shifted from normal to abnormal was greater in LATUDA-treated patients versus placebo for the BAS (LATUDA, 16.0%; placebo, 7.6%) and the SAS (LATUDA, 5.3%; placebo, 2.5%).

#### Dystonia

*Class Effect:* Symptoms of dystonia, prolonged abnormal contractions of muscle groups, may occur in susceptible individuals during the first few days of treatment. Dystonic symptoms include: spasm of the neck muscles, sometimes progressing to tightness of the throat, swallowing difficulty, difficulty breathing, and/or protrusion of the tongue. While these symptoms can occur at low doses, they occur more frequently and with greater severity with high potency and at higher doses of first generation antipsychotic drugs. An elevated risk of acute dystonia is observed in males and younger age groups.

In the short-term, placebo-controlled clinical trials, dystonia occurred in 4.7% of LATUDA-treated subjects (0.0% LATUDA 20 mg, 4.2% LATUDA 40 mg, 4.6% LATUDA 80 mg and 6.5% LATUDA 120 mg) compared to 0.7% of subjects receiving placebo. Seven subjects (0.7%, 7/1004) discontinued clinical trials due to dystonic events -4 were receiving LATUDA 80 mg/day and 3 were receiving LATUDA 120 mg/day.

#### 6.5 Laboratory Test Abnormalities and ECG Changes in Clinical Studies Laboratory Test Abnormalities

In a between-group comparison of the pooled data from short-term, placebocontrolled studies, there were no clinically important changes in total cholesterol measurements; triglycerides or glucose from Baseline to Endpoint [see Warnings and Precautions (5.5)]. There were also no clinically important differences between LATUDA and placebo in mean change from baseline to endpoint in routine hematology, urinalysis, or serum chemistry. LATUDA was associated with a doserelated increase in prolactin concentration [see Warnings and Precautions (5.6)]

Creatinine: In short-term, placebo-controlled trials, the mean change from Baseline in creatinine was 0.06 mg/dL for LATUDA-treated patients compared to 0.03 mg/dL for placebo-treated patients. A creatinine shift from normal to high occurred in 3.1% (30/977) of LATUDA-treated patients and 1.4% (6/439) on placebo. The threshold for high creatinine value varied from  $\geq$  1.1 to  $\geq$  1.3 mg/dL based on the centralized laboratory definition for each study [see Dosage in Special Population; Use in Specific Populations].

Transaminases: The mean changes in AST and ALT for LATUDA- and placebotreated patients were similar. The proportion of patients with transaminases (AST and ALT) elevations ≥ 3 times ULN was similar for all LATUDA-treated patients (0.8% and 0.8%, respectively) to placebo-treated patients (0.9% and 1.1%, respectively).

#### **ECG Changes**

Electrocardiogram (ECG) measurements were taken at various time points during the LATUDA clinical trial program. No post-baseline QT prolongations exceeding 500 msec were reported in patients treated with LATUDA. Within a subset of patients defined as having an increased cardiac risk, no potentially important changes in ECG parameters were observed. No cases of torsade de pointes or other severe cardiac arrhythmias were observed in the pre-marketing clinical program.

The effects of LATUDA on the QT/QTc interval were evaluated in a dedicated QT study involving 87 clinically stable patients with schizophrenia or schizoaffective disorder, who were treated with LATUDA doses of 120 mg daily, 600 mg daily, or ziprasidone 160 mg daily. Holter monitor-derived electrocardiographic assessments

were obtained over an eight hour period at baseline and steady state. No patients treated with LATUDA experienced QTc increases > 60 msec from baseline, nor did any patient experience a QTc of > 500 msec.

### 6.6 Other Adverse Reactions Observed During the Premarketing Evaluation of LATUDA

Following is a list of MedDRA terms that reflect adverse reactions reported by patients treated with LATUDA at multiple doses of  $\geq 20$  mg once daily during any phase of a study within the database of 2096 patients. The reactions listed are those that could be of clinical importance, as well as reactions that are plausibly drug-related on pharmacologic or other grounds. Reactions listed in Table 5 are not included. Although the reactions reported occurred during treatment with LATUDA, they were not necessarily caused by it.

Reactions are further categorized by MedDRA system organ class and listed in order of decreasing frequency according to the following definitions: those occurring in at least 1/100 patients (frequent) (only those not already listed in the tabulated results from placebo-controlled studies appear in this listing); those occurring in 1/100 to 1/1000 patients (infrequent); and those occurring in fewer than 1/1000 patients (rare).

<u>Blood and Lymphatic System Disorders:</u> Infrequent: anemia; Rare: leukopenia, neutropenia

<u>Cardiac Disorders:</u> Frequent: tachycardia; Infrequent: AV block 1st degree, angina pectoris, bradycardia

Ear and Labyrinth Disorders: Infrequent: vertigo

Eye disorders: Frequent: blurred vision

<u>Gastrointestinal Disorders:</u> **Frequent:** abdominal pain, diarrhea; **Infrequent:** gastritis, dysphagia

General Disorders and Administrative Site Conditions: Rare: Sudden death Investigations: Frequent: CPK increased

Metabolic and Nutritional System Disorders: Frequent: decreased appetite Musculoskeletal and Connective Tissue Disorders: Rare: rhabdomyolysis Nervous System Disorders: Infrequent: tardive dyskinesia, cerebrovascular accident, dysarthria, syncope; Rare: neuroleptic malignant syndrome, seizure Psychiatric Disorders: Infrequent: abnormal dreams, panic attack, sleep disorder; Rare: suicidal behavior

Renal and Urinary Disorders: Infrequent: dysuria; Rare: renal failure
Reproductive System and Breast Disorders: Infrequent: amenorrhea, dysmenorrhea;
Rare: breast enlargement, breast pain, galactornhea, erectile dysfunction
Skin and Subcutaneous Tissue Disorders: Frequent: rash, pruritus; Rare:
anaioedema

Vascular Disorders: Infrequent: hypertension, orthostatic hypotension

#### 7 DRUG INTERACTIONS

Given the primary CNS effects of LATUDA, caution should be used when it is taken in combination with other centrally acting drugs and alcohol.

#### 7.1 Potential for Other Drugs to Affect LATUDA

LATUDA is not a substrate of CYP1A1, CYP1A2, CYP2A6, CYP4A11, CYP2B6, CYP2C8, CYP2C9, CYP2C19, CYP2D6 or CYP2E1 enzymes. This suggests that an interaction of LATUDA with drugs that are inhibitors or inducers of these enzymes is unlikely.

LATUDA is predominantly metabolized by CYP3A4; interaction of LATUDA with strong and moderate inhibitors or inducers of this enzyme has been observed (Table 8). LATUDA should not be used in combination with strong inhibitors or inducers of this enzyme [see Contraindications (4)].

Table 8: Summary of Effect of Coadministered Drugs on Exposure to LATUDA in Healthy Subjects or Patients with Schizophrenia

Coadministered drug	Dose sch	edule	Effect on LATUDA pharmacokinetics		Recommendation	
	Coadministered drug	LATUDA	C <sub>max</sub>	AUC		
Ketoconazole	400 mg/day	10 mg	6.9-times	9-times	Should not be	
(strong CYP3A4 inhibitor)	for 5 days	single dose	LATUDA alone	LATUDA alone	coadministered with LATUDA	
Diltiazem	240 mg/day	20 mg	2.1-times	2.2-times	LATUDA dose	
(moderate CYP3A4 inhibitor)	for 5 days	single dose	LATUDA alone	LATUDA alone	should not exceed 40 mg/day if coadministered	
Rifampin (strong CYP3A4 inducer)	600 mg/day for 8 days	40 mg single dose	1/7 <sup>th</sup> of LATUDA alone	1/5 <sup>th</sup> of LATUDA alone	Should not be coadministered with LATUDA	
Lithium	600 mg BID for 8 days	120 mg/day for 8 days	0.9-times LATUDA alone	1.1- times LATUDA alone	No LATUDA dose adjustment required.	

#### 7.2 Potential for LATUDA to Affect Other Drugs

**Digoxin (P-gp substrate):** Coadministration of LATUDA (120 mg/day) at steady state with a single dose of digoxin (0.25 mg) increased  $C_{\text{max}}$  and  $AUC_{(0-24)}$  for digoxin by approximately 9% and 13%, respectively relative to digoxin alone. Digoxin dose adjustment is not required when coadministered with LATUDA.

**Midazolam (CYP3A4 substrate):** Coadministration of LATUDA (120 mg/day) at steady state with a single dose of 5 mg midazolam increased midazolam  $C_{\text{max}}$  and AUC<sub>(0-24)</sub> by approximately 21% and 44%, respectively relative to midazolam alone. Midazolam dose adjustment is not required when coadministered with LATUDA.

Oral Contraceptive (estrogen/progesterone): Coadministration of LATUDA (40 mg/day) at steady state with an oral contraceptive (0C) containing ethinyl estradiol and norelgestimate resulted in equivalent AUC  $_{(0\cdot24)}$  and  $C_{\text{max}}$  of ethinyl estradiol and norelgestromin relative to OC administration alone. Also, sex hormone binding globulin levels were not meaningfully affected by coadministration of LATUDA and OC. Dose adjustment of OC dose is not required when coadministered with LATUDA.

#### 8. USE IN SPECIFIC POPULATIONS

#### 8.1 Pregnancy

#### **Teratogenic Effects**

Pregnancy Category B

Lurasidone was not teratogenic in rats and rabbits. There are no adequate and well-controlled studies of LATUDA in pregnant women.

No teratogenic effects were seen in studies in which pregnant rats and rabbits were given lurasidone during the period of organogenesis at doses up to 25 and 50 mg/kg/day, respectively. These doses are 3 and 12 times, in rats and rabbits respectively, the maximum recommended human dose (MRHD) of 80 mg/day based on body surface area.

No adverse developmental effects were seen in a study in which pregnant rats were given lurasidone during the period of organogenesis and continuing through weaning at doses up to 10 mg/kg/day; this dose is approximately equal to the MRHD based on body surface area.

#### **Non-teratogenic Effects**

Neonates exposed to antipsychotic drugs during the third trimester of pregnancy are at risk for extrapyramidal and/or withdrawal symptoms following delivery. There have been reports of agitation, hypertonia, hypotonia, tremor, somnolence, respiratory distress and feeding disorder in these neonates. These complications have varied in severity; while in some cases symptoms have been self-limited, in other cases neonates have required intensive care unit support and prolonged hospitalization.

LATUDA should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

#### 8.3 Labor and Delivery

The effect of LATUDA on labor and delivery in humans is unknown.

#### 8.4 Nursing Mothers

LATUDA was excreted in milk of rats during lactation. It is not known whether LATUDA or its metabolites are excreted in human milk. Breast feeding in women receiving LATUDA should be considered only if the potential benefit justifies the potential risk to the child.

#### 8.5 Pediatric Use

Safety and effectiveness in pediatric patients have not been established.

#### 8.6 Geriatric Use

Clinical studies of LATUDA in the treatment of schizophrenia did not include sufficient numbers of patients aged 65 and older to determine whether or not they respond differently from younger patients. In elderly patients with psychosis (65 to 85), lurasidone concentrations (20 mg/day) were similar to those in young subjects [see Clinical Pharmacology]. No dose adjustment is necessary in elderly patients.

Elderly patients with dementia-related psychosis treated with LATUDA are at an increased risk of death compared to placebo. LATUDA is not approved for the treatment of patients with dementia-related psychosis [see Boxed Warning].

#### 8.7 Renal Impairment

It is recommended that LATUDA dose should not exceed 40 mg/day in patients with moderate and severe renal impairment ( $Cl_{cr} \ge 10$  mL/min to < 50 mL/min).

After administration of a single dose of 40 mg LATUDA to patients with mild, moderate and severe renal impairment, mean  $C_{\text{max}}$  increased by 40%, 92% and 54%, respectively and mean AUC $_{\scriptscriptstyle{[0-\infty)}}$  increased by 53%, 91% and 2- times, respectively compared to healthy matched subjects.

#### 8.8 Hepatic Impairment

It is recommended that LATUDA dose should not exceed 40 mg/day in patients with moderate and severe hepatic impairment (Child-Pugh Class B and C). In a single-dose study of LATUDA 20 mg, lurasidone mean AUC $_{\text{(0-last)}}$  was 1.5-times higher in subjects with mild hepatic impairment (Child-Pugh Class A), 1.7-times higher in subjects with moderate hepatic impairment (Child-Pugh Class B) and 3-times higher in subjects with severe hepatic impairment (Child-Pugh Class B) and 1.3-times higher for mild, moderate and severe hepatically impaired patients respectively, compared to the values for healthy matched subjects.

#### 8.9 Gender

Population pharmacokinetic evaluation indicated that the mean AUC of LATUDA was 18% higher in women than in men, and correspondingly, the apparent oral clearance of LATUDA was lower in women. Mean  $C_{\text{max}}$  of LATUDA was similar between women and men. No dosage adjustment of LATUDA is recommended based on gender.

#### 8.10 Race

Although no specific pharmacokinetic study was conducted to investigate the effects of race on the disposition of LATUDA, population pharmacokinetic evaluation revealed no evidence of clinically significant race-related differences in the pharmacokinetics of LATUDA. No dosage adjustment of LATUDA is recommended based on race.

#### 8.11 Smoking Status

Based on in vitro studies utilizing human liver enzymes, LATUDA is not a substrate for CYP1A2; smoking is therefore not expected to have an effect on the pharmacokinetics of LATUDA.

#### 10. OVERDOSAGE

#### 10.1 Human Experience

In premarketing clinical studies involving more than 2096 patients and/or healthy subjects, accidental or intentional overdosage of LATUDA was identified in one patient who ingested an estimated 560 mg of LATUDA. This patient recovered without sequelae. This patient resumed LATUDA treatment for an additional two months

#### 10.2 Management of Overdosage

Consult a Certified Poison Control Center for up-to-date guidance and advice. There is no specific antidote to LATUDA, therefore, appropriate supportive measures should be instituted and close medical supervision and monitoring should continue until the patient recovers.

Cardiovascular monitoring should commence immediately, including continuous electrocardiographic monitoring for possible arrhythmias. If antiarrhythmic therapy is administered, disopyramide, procainamide, and quinidine carry a theoretical hazard of additive QT-prolonging effects when administered in patients with an acute overdose of LATUDA. Similarly the alpha-blocking properties of bretylium might be additive to those of LATUDA, resulting in problematic hypotension.

Hypotension and circulatory collapse should be treated with appropriate measures. Epinephrine and dopamine should not be used, or other sympathomimetics with beta-agonist activity, since beta stimulation may worsen hypotension in the setting of LATUDA-induced alpha blockade. In case of severe extrapyramidal symptoms, anticholinergic medication should be administered.

Gastric lavage (after intubation if patient is unconscious) and administration of activated charcoal together with a laxative should be considered.

The possibility of obtundation, seizures, or dystonic reaction of the head and neck following overdose may create a risk of aspiration with induced emesis.



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For Customer Service, call 1-888-394-7377. For Medical Information, call 1-800-739-0565. To report suspected adverse reactions, call 1-877-737-7226.

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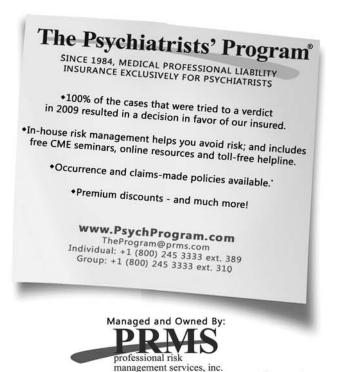
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As the 2013 date for publication of the fifth edition of *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5) draws near, the research and clinical experts working on DSM-5 will be finalizing the diagnostic criteria and testing potential revisions and assessment tools in field trials across a number of clinical settings.

The DSM-5 Field Trials involving practicing psychiatrists will focus primarily on 1) the feasibility and clinical utility of the proposed modifications to the diagnostic criteria for a broad range of disorders in the full range of clinical settings, and 2) the feasibility and clinical utility of cross-cutting and diagnostic-specific dimensional measures that are incorporated into the diagnostic scheme for DSM-5.

Practicing psychiatrists interested in volunteering for potential participation in DSM-5 field trials should send an email to <a href="mailto:aparesearch@psych.org">aparesearch@psych.org</a> with the following information:

- Full name
- Institution or organizational affiliation
- Mailing address
- Job title
- Preferred e-mail
- Area of expertise (e.g., child psychiatry, geriatric psychiatry, etc.)

This information will help determine your eligibility to participate in the DSM-5 field trials.

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# Clinical Evidence: SAM-e Supplements Can Aid Antidepressants

As a healthcare professional, you rely on evidence-based treatments to decide what will best benefit your patients with major depressive disorder (MDD). A recent study shows S-adenosyl-L-methionine (SAM-e) can enhance the efficacy of antidepressants. This new clinical trial is the latest documenting the use of SAM-e to treat depression and enhance mood.

#### **SAM-e Improves Depression Symptoms**

Trials since the 1970s have documented the effective and safe use of SAM-e in helping improve depression symptoms. The U.S. Agency for Healthcare Research and Quality (AHRQ) concluded in its peer-reviewed evidence report: "SAM-e is more effective than placebo for relief of symptoms of depression. Treatment with SAM-e was equivalent to standard therapy for depression."<sup>2</sup>

Specifically, the AHRQ noted SAM-e, compared with a placebo, had an effect equivalent to clinically meaningful improvement on the Hamilton Depression Rating Scale of five to six points. Also, comparison of SAM-e with tricyclic antidepressants suggested equivalent efficacy.

The AHRQ also stated "side effects of SAM-e seem relatively minor." Mild side effects reported include: mild insomnia, lack of appetite, constipation, nausea, dry mouth, sweating, dizziness, heart palpitations and anxiety/nervousness. Occurrence of these effects usually was similar to that of placebo and lower than antidepressants.

Of note, AHRQ reviewed 28 controlled trials. In comparison, the New Drug Application to the Food and Drug Administration (FDA) for the antidepressant paroxetine included data from 17 trials, of which only six showed efficacy compared to a placebo.<sup>3</sup>

#### SAM-e Effective, Well-Tolerated as SSRIs Adjunctive

When MDD patients experience an incomplete response, switching or augmenting their antidepressant medications may be appropriate. A new double-blind, randomized trial suggests that SAM-e can be an effective, relatively well-tolerated, adjunctive treatment for adults with MDD who do not respond to their treatment with selective serotonin reuptake inhibitor (SSRI) antidepressant medications.<sup>1</sup>

Patients receiving SAM-e had a significantly greater response rate compared to those receiving a placebo, 36.1 vs. 17.6 percent (P<0.05), as measured by a 50 or more percent reduction in HAM-D scores, the study's primary end point. Similarly, remission of depression symptoms—reaching a final HAM-D score of seven or less by the end of the sixweek treatment period—was significantly greater with SAM-e than placebo, 25.8 vs. 11.7 percent (P<0.05). The trial used a SAM-e dose

of 800 mg twice daily. The National Institute of Mental Health funded the study and Pharmavite LLC, a subsidiary of Otsuka Pharmaceutical Co., Ltd. and makers of Nature Made SAM-e Complete®, provided the SAM-e and placebo pills.

#### **SAM-e is Essential**

**S**AM-e is naturally found in every human cell and is involved in many essential body processes. SAM-e is part of the formation and metabolism of hormones, DNA, RNA, proteins and phospholipids. SAM-e also helps enable conversion of the neurotransmitters- norepinephrine into epinephrine and serotonin into melatonin. Depression studies document that norepinephrine and serotonin are involved in regulating mood, but the exact ways in which they work is unknown.

The liver is the primary site of making SAM-e. Formation of SAM-e uses the essential amino acid methionine (MET) and ATP. While the body can make ATP, MET must come from high quality proteins in the diet. Nutritional status as well as aging, because it hinders MET absorption, and certain conditions, such as fatty liver disease and hepatitis, can decrease SAM-e production.<sup>4,5</sup>

#### Safe Use of SAM-e

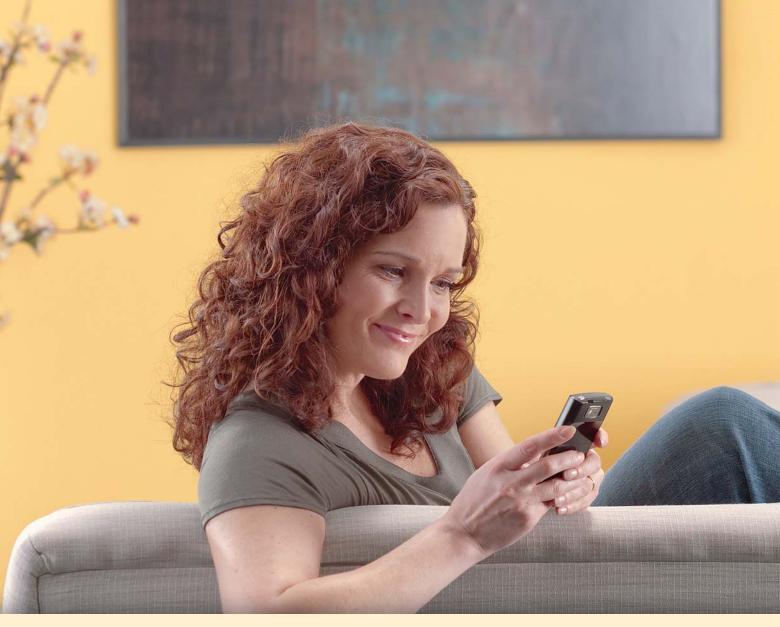
Studies indicate that the mood benefits of SAM-e use are likely evident after 7 to 14 days. SAM-e is best taken in the morning on an empty stomach with a starting dose of 400 mg/day for 7 to 10 days, with an increase if desired results are not experienced to 800 mg/day for the next 7 to 10 days, and then to 1,200 mg/day if still not experiencing the desired results.

It is always advisable for a patient to consult a health care professional regarding dietary supplements to understand dosages for individual needs and potential interactions with other medication. Although generally considered as safe, SAM-e has not been evaluated in children or pregnant or lactating women. Use with bipolar (manic) depression should **not** be considered without first consulting with the patient's physician because of an 11-patient study reporting patients experiencing elevated mood, including mania or euphoria with SAM-e.

The FDA, the Federal Trade Commission and each state regulates the dietary supplement industry.

SAM-e tablets frequently come in 200 or 400 mg enteric-coated tablets. SAM-e is primarily absorbed in the intestines, so enteric coating of tablets helps prevent stomach digestion. **For more information** about SAM-e, visit www.NatureMade.com or call toll-free at 1-800-276-2878.

Papakostas GI, et. al. S-Adenosyl methionine (SAMe) augmentation of serotonin reuptake inhibitors for antidepressant nonresponders with major depressive disorder: a double-blind, randomized clinical trial. Am J Psychiatry 2010; 167:942–948. \*Hardy M, et al. S-Adenosyl-L-Methionine for Treatment of Depression, Osteoarthritis, and Liver Disease Evidence Report/Technology Assessment: Number 64. AHRQ Publication No. 02-E033, August 2002. Agency for Healthcare Research and Quality. \*FDA NDA for Paxil. Freedom of Information Services Inc. Document 108232. \*Lieber CS. CYP2E1: from ASH to Hepatol Res 2004;28:1-11. \*Poirier LA, Brown AT, et al. Blood S-adenosylmethionine concentrations and lymphocyte methylenetetrahydrofolate reductase activity in diabetes mellitus and diabetic nephropathy. Metabolism 2001;50:1014-18.



#### WARNING: SUICIDALITY AND ANTIDEPRESSANT DRUGS

Antidepressants increased the risk compared to placebo of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults in short-term studies of major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use of Oleptro or any other antidepressant in a child, adolescent or young adult must balance this risk with the clinical need. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction in risk with antidepressants compared to placebo in adults aged 65 and older. Depression and certain other psychiatric disorders are themselves associated with increases in the risk of suicide. Patients of all ages who are started on antidepressant therapy should be monitored appropriately and observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. Oleptro is not approved for use in pediatric patients.

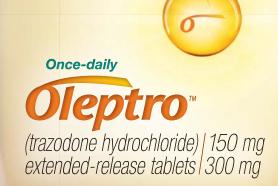
## IMPORTANT SAFETY INFORMATION WARNINGS AND PRECAUTIONS

 Clinical worsening and suicide risk: All patients, whether adult or pediatric, being treated with antidepressants for both psychiatric and non-psychiatric disorders, should be monitored appropriately and observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases. Families and caregivers of patients being treated with antidepressants for major depressive disorder or other indications, both psychiatric and non-psychiatric, should be alerted about the need to monitor patients for the emergence of anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathesia (psychomotor restlessness), hypomania and mania, unusual changes in behavior, as well as the emergence of suicidality, and to report such symptoms immediately to health care providers. Such monitoring should include daily observations by families and caregivers.

- Serotonin syndrome or neuroleptic malignant syndrome (NMS)-like reactions: The development of a potentially life-threatening serotonin syndrome or neuroleptic malignant syndrome (NMS)-like reactions has been reported with antidepressants, and may occur with OLEPTRO™, particularly with concomitant use of other serotoninergic drugs including SSRIs, SNRIs and triptans. Treatment with OLEPTRO™ and any concomitant serotonergic or antidopaminergic agents, including antipsychotics, should be discontinued immediately and supportive treatment should be initiated. OLEPTRO™ should not be used within 14 days of an MAOI
- Screening patients for bipolar disorder and monitoring for mania/hypomania: A major depressive episode may be the initial presentation of bipolar disorder. Prior to initiating treatment, patients should be adequately screened to determine if they are at risk for bipolar disorder and monitored for mania/hypomania. OLEPTRO™ is not approved for use in treating bipolar depression.
- QT prolongation and risk of sudden death: Trazodone is known to prolong QT/QTc interval. Some drugs that cause QT prolongation may lead to Torsades de Pointes and even death especially in susceptible individuals, such as those with hypokalemia, hypomagnesemia, or a genetic predisposition to prolonged QT/QTc. There have been post-marketing reports of Torsades de Pointes with immediate release trazodone even at doses of 100 mg per day or less.
- Use in patients with heart disease: Caution should be used when administering OLEPTRO™ to patients with cardiac disease and such patients should be closely monitored, since antidepressant drugs (including trazodone hydrochloride) may cause cardiac arrhythmias. Concomitant administration of drugs that prolong the QT interval or that are

Treat Her Depression With Once-daily OLEPTRO

- Significant improvement in mean HAMD-17 total score as early as week 1 and throughout an 8-week clinical study vs placebo (P<0.05)<sup>1,2</sup>
  - Full antidepressant effect may take 4 to 6 weeks
- In the clinical study, no notable impact on weight and low incidence of sexual dysfunction<sup>1-3</sup>
- Controlled release over 24 hours<sup>1-3</sup>
- Once-daily dosing in the evening<sup>3</sup>
  - Recommended starting dose of 150 mg



OLEPTRO<sup>TM</sup> is indicated for the treatment of major depressive disorder (MDD) in adults. The efficacy of OLEPTRO<sup>TM</sup> has been established in a trial of outpatients with MDD as well as in trials with the immediate-release formulation of trazodone.

Please see Important Safety Information below, including Boxed Warning, and accompanying Brief Summary.

inhibitors of CYP3A4 may increase the risk of cardiac arrhythmia in these patients. Trazodone is not recommended for use during the initial recovery phase of myocardial infarction.

- Orthostatic hypotension and syncope: Orthostatic hypotension and syncope have been reported in patients receiving trazodone hydrochloride. Concomitant use with an antidepressant drug may require a reduction in the dose of the antihypertensive drug.
- Abnormal bleeding: Drugs that interfere with serotonin reuptake, including trazodone hydrochloride, may increase the risk of bleeding events. Concomitant use with NSAIDs, aspirin, or other drugs that affect coagulation may compound this risk.
- Interaction with MAOIs: Serious, sometimes fatal, reactions have been reported when serotonergic drugs are used in combination with monoamine oxidase inhibitor(s).
   Therefore, OLEPTRO™ should not be used concomitantly or within 14 days of monoamine oxidase inhibitors.
- Priapism: Rarely, cases of priapism (painful erections lasting more than 6 hours) can occur in men receiving trazodone. Priapism, if not treated promptly, can result in irreversible damage to the erectile tissue. Trazodone should be used with caution in men who have conditions that might predispose them to priapism (e.g., sickle cell anemia, multiple myeloma, or leukemia), or in men with anatomical deformation of the penis (e.g., angulation, cavernosal fibrosis, or Peyronie's disease). Men who have an erection lasting greater than 6 hours, whether painful or not, should immediately discontinue the drug and seek medical attention. OLEPTRO<sup>TM</sup> should be used with caution in men who have predisposing conditions.
- Hyponatremia: There is a risk of hyponatremia when taking antidepressants. Elderly
  patients may be at greater risk, as well as patients taking diuretics or who are volumedepleted. Discontinuation of OLEPTRO™ should be considered in patients with symptomatic
  hyponatremia and appropriate medical intervention should be initiated.
- Potential for cognitive and motor impairment: OLEPTRO™ may cause somnolence or sedation and may impair the mental and/or physical ability required for the performance of potentially hazardous tasks. Patients should be cautioned about operating hazardous machinery, including automobiles, until they are reasonably certain the drug treatment does not affect them adversely.
- Discontinuation symptoms: Withdrawal symptoms including anxiety, agitation and sleep disturbances, have been reported with trazodone. Clinical experience suggests that the dose should be gradually reduced before complete discontinuation of the treatment.

 Pregnancy Category C: OLEPTRO™ should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

#### ADVERSE REACTIONS

The most common adverse reactions (incidence greater than or equal to five percent and twice that of placebo) are: somnolence/sedation, dizziness, constipation, blurred vision.

These are not all the possible adverse events of OLEPTROTM.

#### DRUG INTERACTIONS

- MAOIs: MAOIs should not be used within 14 days of OLEPTROTM.
- CNS Depressants: Trazodone may enhance effects of alcohol, barbiturates, or other CNS depressants.
- CYP3A4 Inhibitors: May necessitate a lower dose of OLEPTRO™.
- CYP3A4 Inducers: (e.g., carbamazepine): May necessitate a higher dose of OLEPTRO™.
- · Digoxin or Phenytoin: Monitor for increased serum levels.
- · Serotonergic Medications: Serotonin syndrome has been reported.
- NSAIDs, Aspirin, or Other Anticoagulants: Potential for increased risk of bleeding.
- Warfarin: Monitor for increased or decreased prothrombin time.

**References: 1.** Sheehan DV, Croft HA, Gossen ER, et al. Extended-release trazodone in major depressive disorder: a randomized, double-blind, placebo-controlled study. *Psychiatry*. 2009;6(5): 20-33. **2.** Data on file, Angelini Labopharm. **3.** OLEPTRO™ Prescribing Information.

For more information, please visit www.oleptro.com. For product questions, please call 1-877-345-6177.



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### $OLEPTRO^{TM}$ (trazodone hydrochloride) extended-release tablets

#### Rx Only

Brief summary: for complete details, please see full Prescribing Information for Oleptro.

WARNING: SUICIDALITY AND ANTIDEPRESSANT DRUGS Antidepressants increased the risk compared to placebo of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults in shortterm studies of major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use of Oleptro or any other antidepressant in a child, adolescent, or young adult must balance this risk with the clinical need. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction in risk with antidepressants compared to placebo in adults aged 65 and older Depression and certain other psychiatric disorders are themselves associated with increases in the risk of suicide. Patients of all ages who are started on antidepressant therapy should be monitored appropriately and observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. Oleptro is not approved for use in pediatric patients [see Warnings and Precautions and Patient Counseling Information].

**INDICATIONS AND USAGE:** Oleptro<sup>TM</sup> is indicated for the treatment of major depressive disorder (MDD) in adults. The efficacy of Oleptro has been established in a trial of outpatients with MDD as well as in trials with the immediate release formulation of trazodone [*see Clinical Studies*].

#### CONTRAINDICATIONS: None.

WARNINGS AND PRECAUTIONS: Clinical Worsening and Suicide Risk - Patients with major depressive disorder (MDD). both adult and pediatric, may experience worsening of their depression and/or the emergence of suicidal ideation and behavior (suicidality) or unusual changes in behavior, whether or not they are taking antidepressant medications, and this risk may persist until significant remission occurs. Suicide is a known risk of depression and certain other psychiatric disorders and these disorders themselves are the strongest predictors of suicide. There has been a long standing concern, however, that antidepressants may have a role in inducing worsening of depression and the emergence of suicidality in certain patients during the early phases of treatment. Pooled analyses of short-term placebo-controlled trials of antidepressant drugs (SSRIs and others) showed that these drugs increase the risk of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults (ages 18 - 24) with MDD and other psychiatric disorders. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction with antidepressants compared to placebo in adults aged 65 and older. The pooled analyses of placebocontrolled trials in children and adolescents with MDD, obsessive compulsive disorder (OCD), or other psychiatric disorders included a total of 24 short-term trials of 9 antidepressant drugs in over 4,400 patients. The pooled analyses of placebo-controlled trials in adults with MDD or other psychiatric disorders included a total of 295 short-term trials (median duration of 2 months) of 11 antidepressant drugs in over 77,000 patients. There was considerable variation in risk of suicidality among drugs, but a tendency toward an increase in the younger patients for almost all drugs studied. There were differences in absolute risk of suicidality across the different indications, with the highest incidence in MDD. The risk differences (drug vs. placebo), however, were relatively stable within age strata and across indications. These risk differences (drug-placebo difference in the number of cases of suicidality per 1,000 patients treated) are provided in Table 1.

Table 1: Drug-Placebo Difference in Number of Cases of Suicidality per 1,000 Patients Treated

1		
	Age Range	Increases Compared to Placebo
	< 18	14 additional cases
	18 – 24	5 additional cases
		Decreases Compared to Placebo
	25 – 64	1 fewer case
	≥ 65	6 fewer cases

No suicides occurred in any of the pediatric trials. There were suicides in the adult trials, but the number was not sufficient to reach any conclusion about drug effect on suicide. It is unknown whether the suicidality risk extends to longer-term use, i.e., beyond

several months. However, there is substantial evidence from placebo-controlled maintenance trials in adults with depression that the use of antidepressants can delay the recurrence of depression. All patients being treated with antidepressants for any indication should be monitored appropriately and observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases. The following symptoms, anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, and mania, have been reported in adult and pediatric patients being treated with antidepressants for major depressive disorder as well as for other indications, both psychiatric and nonpsychiatric. Although a causal link between the emergence of such symptoms and either the worsening of depression and/or the emergence of suicidal impulses has not been established, there is concern that such symptoms may represent precursors to emerging suicidality. Consideration should be given to changing the therapeutic regimen, including possibly discontinuing the medication, in patients whose depression is persistently worse, or who are experiencing emergent suicidality or symptoms that might be precursors to worsening depression or suicidality, especially if these symptoms are severe, abrupt in onset, or were not part of the patient's presenting symptoms. Families and caregivers of patients being treated with antidepressants for major depressive disorder or other indications, both psychiatric and nonpsychiatric, should be alerted about the need to monitor patients for the emergence of agitation, irritability, unusual changes in behavior, and the other symptoms described above, as well as the emergence of suicidality, and to report such symptoms immediately to health care providers. Such monitoring should include daily observation by families and caregivers. Prescriptions for Oleptro should be written for the smallest quantity of tablets consistent with good patient management, in order to reduce the risk of overdose. Serotonin Syndrome or Neuroleptic Malignant Syndrome (NMS)-like Reactions - The development of a potentially life-threatening serotonin syndrome or neuroleptic malignant syndrome (NMS)-like reactions have been reported with antidepressants alone and may occur with trazodone treatment, but particularly with concomitant use of other serotoninergic drugs (including SSRIs, SNRIs and triptans) and with drugs that impair metabolism of serotonin (including monoamine oxidase inhibitors [MAOIs]), or with antipsychotics or other dopamine antagonists. Serotonin syndrome symptoms may include mental status changes (e.g., agitation, hallucinations, and coma), autonomic instability (e.g., tachycardia, labile blood pressure, and hyperthermia), neuromuscular aberrations (e.g., hyperreflexia, incoordination) and/or gastrointestinal symptoms (e.g., nausea, vomiting, and diarrhea). Serotonin syndrome, in its most severe form, can resemble neuroleptic malignant syndrome, which includes hyperthermia, muscle rigidity, autonomic instability with possible rapid fluctuation of vital signs, and mental status changes. Treatment with Oleptro and any concomitant serotonergic or antidopaminergic agents, including antipsychotics, should be discontinued immediately if the above reactions occur and supportive symptomatic treatment should be initiated. Oleptro should not be used within 14 days of an MAOI [see Warnings and Precautions and Drug Interactions]. If concomitant treatment with Oleptro and an SSRI, SNRI or a 5-hydroxytryptamine receptor agonist (triptan) is clinically warranted, careful observation of the patient is advised, particularly during treatment initiation and dose increases. The concomitant use of Oleptro with serotonin precursors (such as tryptophan) is not recommended. Screening Patients for Bipolar Disorder and Monitoring for Mania/ Hypomania - A major depressive episode may be the initial presentation of bipolar disorder. It is generally believed (though not established in controlled trials) that treating such an episode with an antidepressant alone may increase the likelihood of precipitation of a mixed/manic episode in patients at risk for bipolar disorder. Whether any of the symptoms described for clinical worsening and suicide risk represent such a conversion is unknown. However. prior to initiating treatment with an antidepressant, patients with depressive symptoms should be adequately screened to determine if they are at risk for bipolar disorder; such screening should include a detailed psychiatric history, including a family history of suicide, bipolar disorder, and depression. It should be noted that Oleptro is not approved for use in treating bipolar depression. QT Prolongation and Risk of Sudden Death -Trazodone is known to prolong the QT/QTc interval. Some drugs that prolong the QT/QTc interval can cause Torsades de Pointes with sudden, unexplained death. The relationship of QT prolongation is clearest for larger increases (20 msec and greater), but it is possible that smaller QT/QTc prolongations may also increase risk, especially in susceptible individuals, such as those with hypokalemia, hypomagnesemia, or a genetic predisposition to prolonged QT/QTc. Although Torsades de Pointes has not been observed with the use of Oleptro at recommended doses in premarketing trials, experience is too limited to rule out an

increased risk. However, there have been postmarketing reports of Torsades de Pointes with the immediate-release form of trazodone (in the presence of multiple confounding factors), even at doses of 100 mg per day or less. Use in Patients with Heart Disease -Trazodone hydrochloride is not recommended for use during the initial recovery phase of myocardial infarction. Caution should be used when administering Oleptro to patients with cardiac disease and such patients should be closely monitored, since antidepressant drugs (including trazodone hydrochloride) may cause cardiac arrhythmias. QT prolongation has been reported with trazodone therapy [see Warnings and Precautions]. Clinical studies in patients with pre-existing cardiac disease indicate that trazodone hydrochloride may be arrhythmogenic in some patients in that population. Arrhythmias identified include isolated PVCs, ventricular couplets, tachycardia with syncope, and Torsades de Pointes. Postmarketing events have been reported at doses of 100 mg or less with the immediate-release form of trazodone. Concomitant administration of drugs that prolong the QT interval or that are inhibitors of CYP3A4 may increase the risk of cardiac arrhythmia. Orthostatic Hypotension and Syncope -Hypotension, including orthostatic hypotension and syncope has been reported in patients receiving trazodone hydrochloride. Concomitant use with an antihypertensive may require a reduction in the dose of the antihypertensive drug. Abnormal Bleeding -Postmarketing data have shown an association between use of drugs that interfere with serotonin reuptake and the occurrence of gastrointestinal (GI) bleeding. While no association between trazodone and bleeding events, in particular GI bleeding, was shown, patients should be cautioned about potential risk of bleeding associated with the concomitant use of trazodone and NSAIDs, aspirin, or other drugs that affect coagulation or bleeding. Other bleeding events related to SSRIs and SNRIs have ranged from ecchymosis, hematoma, epistaxis, and petechiae to lifethreatening hemorrhages. Interaction with MAOIs - In patients receiving serotonergic drugs in combination with a monoamine oxidase inhibitor (MAOI), there have been reports of serious, sometimes fatal reactions including hyperthermia, rigidity, myoclonus, autonomic instability with rapid fluctuation in vital signs, and mental status changes that include extreme agitation progressing to delirium and coma. These reactions have also been reported in patients who have recently discontinued antidepressant treatment and have been started on an MAOI. Some cases presented with features resembling neuroleptic malignant syndrome. Furthermore, limited animal data on the effects of combined use of serotonergic antidepressants and MAOIs suggest that these drugs may act synergistically to elevate blood pressure and evoke behavioral excitation. Therefore, it is recommended that Oleptro should not be used in combination with an MAOI or within 14 days of discontinuing treatment with an MAOI. Similarly, at least 14 days should be allowed after stopping Oleptro before starting an MAOI. Priapism - Rare cases of priapism (painful erections greater than 6 hours in duration) were reported in men receiving trazodone. Priapism, if not treated promptly, can result in irreversible damage to the erectile tissue. Men who have an erection lasting greater than 6 hours, whether painful or not, should immediately discontinue the drug and seek emergency medical attention [see Adverse Reactions and Overdosage]. Trazodone should be used with caution in men who have conditions that might predispose them to priapism (e.g., sickle cell anemia, multiple myeloma, or leukemia), or in men with anatomical deformation of the penis (e.g., angulation, cavernosal fibrosis, or Peyronie's disease). Hyponatremia - Hyponatremia may occur as a result of treatment with antidepressants. In many cases, this hyponatremia appears to be the result of the syndrome of inappropriate antidiuretic hormone secretion (SIADH). Cases with serum sodium lower than 110 mmol/L have been reported. Elderly patients may be at greater risk of developing hyponatremia with antidepressants. Also, patients taking diuretics or who are otherwise volume-depleted can be at greater risk. Discontinuation of Oleptro should be considered in patients with symptomatic hyponatremia and appropriate medical intervention should be instituted. Signs and symptoms of hyponatremia include headache, difficulty concentrating, memory impairment, confusion, weakness, and unsteadiness, which can lead to falls. Signs and symptoms associated with more severe and/or acute cases have included hallucination, syncope, seizure, coma, respiratory arrest, and death. Potential for Cognitive and Motor Impairment -Oleptro may cause somnolence or sedation and may impair the mental and/or physical ability required for the performance of potentially hazardous tasks. Patients should be cautioned about operating hazardous machinery, including automobiles, until they are reasonably certain that the drug treatment does not affect them adversely. Discontinuation Symptoms - Withdrawal symptoms including anxiety, agitation and sleep disturbances, have been reported with trazodone. Clinical experience suggests that the dose should be gradually reduced before complete discontinuation of the treatment.

ADVERSE REACTIONS: The following serious adverse reactions are described elsewhere in the labeling: Clinical Worsening and Suicide Risk [see Boxed Warning and Warnings and

Precautions]; Serotonin Syndrome or NMS-like Reactions [see Warnings and Precautions]; OT Prolongation and Risk of Sudden Death [see Warnings and Precautions]; Orthostatic Hypotension [see Warnings and Precautions]; Priapism [see Warnings and Precautions]; Priapism [see Warnings and Precautions]; Ognitive and Motor Impairment [see Warnings and Precautions]; Discontinuation symptoms [see Warnings and Precautions]. The most common adverse reactions (reported in ≥5% and at twice the rate of placebo) are: somnolence/sedation, dizziness, constipation, vision blurred. Table 2 presents the summary of adverse events (AEs) leading to discontinuation of Oleptro treatment with an incidence of at least 1% and at least twice that for placebo.

Table 2: Adverse Events with Discontinuation as Action Taken (≥1% Incidence and Incidence 2x Placebo)

	Oleptro N = 202
Somnolence/Sedation	8 (4.0%)
Dizziness	7 (3.5%)
Confusional state	2 (1.0%)
Coordination abnormal	2 (1.0%)
Headache	2 (1.0%)
Nausea	2 (1.0%)
Balance disorder / Gait disturbance	2 (1.0%)

Clinical Studies Experience - The data described below reflects exposure in a clinical trial of 406 patients, including 204 exposed to placebo and 202 exposed to Oleptro. Patients were between 18-80 years of age and 69.3% and 67.5% of patients had at least one previous episode of depression in the last 24 months in the placebo and active-treated group, respectively. In individual patients, doses were flexible and ranged from 150 to 375 mg per day. The mean daily dose during the 6-week treatment period was 310 mg. The tablets were administered orally and were given once a day for a total duration of 8 weeks, including the titration period. Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice. Table 3 presents the summary of all treatment emergent AEs that occurred at an incidence of  $\geq$  5% in the Oleptro group, whether considered by the clinical investigator to be related to the study drug or not.

Table 3: Most Common Treatment Emergent Adverse Events (≥ 5% of Patients on Active Treatment)

Preferred Term	Placebo N = 204	Oleptro N = 202
Somnolence/Sedation	39 (19%)	93 (46%)
Headache	55 (27%)	67 (33%)
Dry mouth	26 (13%)	51 (25%)
Dizziness	25 (12%)	50 (25%)
Nausea	26 (13%)	42 (21%)
Fatigue	17 (8%)	30 (15%)
Diarrhea	23 (11%)	19 (9%)
Constipation	4 (2%)	16 (8%)
Back pain	7 (3%)	11 (5%)
Vision blurred	0 (0%)	11 (5%)

Sexual Dysfunction - Adverse events related to sexual dysfunction (regardless of causality) were reported by 4.9% and 1.5% of patients treated with Oleptro and placebo, respectively. In the Oleptro group, ejaculation disorders occurred in 1.5% of patients, decreased libido occurred in 1.5% of patients, and erectile dysfunction and abnormal orgasm < 1% of patients. Vital Signs and Weight - There were no notable changes in vital signs (blood pressure, respiratory rate, pulse) or weight in either treatment group. Following is a list of treatment-emergent adverse reactions with an incidence of ≥ 1% to < 5% (i.e., less common) in patients treated with Oleptro. This listing is not intended to include reactions (i) already listed in previous tables or elsewhere in the labeling (ii) for which the association with treatment is remote, (iii) which were so general as to be uninformative, and (iv) which were not considered to have significant clinical implications. Reactions are classified by bodysystem using the following definitions: frequent adverse reactions are those occurring in at least 1/100 patients; infrequent adverse reactions are those occurring in less than 1/100 patients. Ear and

Labyrinth Disorders - Infrequent: hypoacusis, tinnitus, vertigo; Eye Disorders - Frequent: visual disturbance; Infrequent: dry eye, eye pain, photophobia; Gastrointestinal Disorders - Frequent: abdominal pain, vomiting; Infrequent: reflux esophagitis; General Disorders and Administration Site Conditions – Frequent: edema; Infrequent: gait disturbance; Immune System Disorders - Infrequent: hypersensitivity; Musculoskeletal and Connective Tissue Disorders - Frequent: musculoskeletal complaints, myalgia; Infrequent: muscle twitching; Nervous System Disorders - Frequent: coordination abnormal, dysgeusia, memory impairment, migraine, paraesthesia, tremor; Infrequent: amnesia, aphasia, hypoesthesia, speech disorder; Psychiatric **Disorders** – Frequent: agitation, confusional state, disorientation; Renal and Urinary Disorders - Frequent: micturition urgency; Infrequent: bladder pain, urinary incontinence; Respiratory, Thoracic and Mediastinal Disorders - Frequent: dyspnea; Skin and Subcutaneous Tissue Disorders - Frequent: night sweats; Infrequent: acne, hyperhidrosis, photosensitivity reaction; Vascular Disorders - Infrequent: flushing. Postmarketing Experience -Spontaneous reports regarding trazodone hydrochloride received from postmarketing experience include the following: abnormal dreams, agitation, alopecia, anxiety, aphasia, apnea, ataxia, breast enlargement or engorgement, cardiospasm, cerebrovascular accident, chills, cholestasis, clitorism, congestive heart failure, diplopia, edema, extrapyramidal symptoms, grand mal seizures, hallucinations, hemolytic anemia, hirsutism, hyperbilirubinemia, increased amylase, increased salivation, insomnia, leukocytosis, leukonychia, jaundice, lactation, liver enzyme alterations, methemoglobinemia, nausea/ vomiting (most frequently), paresthesia, paranoid reaction, priapism [see Warnings and Precautions and Patient Counseling Information, pruritus, psoriasis, psychosis, rash, stupor, inappropriate ADH syndrome, tardive dyskinesia, unexplained death, urinary incontinence, urinary retention, urticaria, vasodilation, vertigo, and weakness, Cardiovascular system effects which have been reported include the following: conduction block, orthostatic hypotension and syncope, palpitations, bradycardia, atrial fibrillation, myocardial infarction, cardiac arrest, arrhythmia, ventricular ectopic activity, including ventricular tachycardia and QT prolongation. In postmarketing surveillance, prolonged QT interval, Torsades de Pointes, and ventricular tachycardia have been reported with the immediate-release form of trazodone at doses of 100 mg per day or less [see Warnings and Precautions].

DRUG INTERACTIONS: MAOIs - MAOIs should not be used within 14 days of Oleptro [see Warnings and Precautions]. Central Nervous System (CNS) Depressants - Trazodone may enhance the response to alcohol, barbiturates, and other CNS depressants. Cytochrome P450 3A4 Inhibitors - In vitro drug metabolism studies suggest that there is a potential for drug interactions when trazodone is given with cytochrome P450 3A4 (CYP3A4) inhibitors. The effect of short-term administration of ritonavir (200 mg twice daily, 4 doses) on the pharmacokinetics of a single dose of trazodone (50 mg) has been studied in 10 healthy subjects. The Cmax of trazodone increased by 34%, the AUC increased 2.4-fold, the half-life increased by 2.2-fold, and the clearance decreased by 52%. Adverse effects including nausea, hypotension, and syncope were observed when ritonavir and trazodone were coadministered. It is likely that ketoconazole, indinavir, and other CYP3A4 inhibitors such as itraconazole may lead to substantial increases in trazodone plasma concentrations with the potential for adverse effects. If trazodone is used with a potent CYP3A4 inhibitor, the risk of cardiac arrhythmia may be increased [see Warnings and Precautions and a lower dose of trazodone should be considered. Cytochrome P450 Inducers (e.g., carbamazepine) - Carbamazepine induces CYP3A4. Following co-administration of carbamazepine 400 mg per day with trazodone 100 mg to 300 mg daily, carbamazepine reduced plasma concentrations of trazodone and m-chlorophenlypiperazine (an active metabolite) by 76% and 60% respectively, compared to pre-carbamazepine values. Patients should be closely monitored to see if there is a need for an increased dose of trazodone when taking both drugs. Digoxin and Phenytoin - Increased serum digoxin or phenytoin levels have been reported in patients receiving trazodone concurrently with either of these drugs. Monitor serum levels and adjust dosages as needed. Serotonergic Drugs - Based on the mechanism of action of Oleptro and the potential for serotonin syndrome, caution is advised when Oleptro is co-administered with other drugs that may affect the neurotransmitter systems [see Warnings and Precautions. NSAIDs, Aspirin, or Other Drugs Affecting Coagulation or Bleeding - Due to a possible association between serotonin modulating drugs and gastrointestinal bleeding, patients should be monitored for and cautioned about the potential risk of bleeding associated with the concomitant use of trazodone and NSAIDs, aspirin, or other drugs that affect coagulation or bleeding [see Warnings and Precautions]. Warfarin - There have been reports of altered (either increased or decreased) prothrombin times in taking both warfarin and trazodone.

USE IN SPECIFIC POPULATIONS: Pregnancy; Pregnancy Category C – Trazodone hydrochloride has been shown to cause increased fetal resorption and other adverse effects on the fetus in

two studies using the rat when given at dose levels approximately 30 - 50 times the proposed maximum human dose. There was also an increase in congenital anomalies in one of three rabbit studies at approximately 15 - 50 times the maximum human dose. There are no adequate and well-controlled studies in pregnant women. Oleptro should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. Nursing Mothers - Trazodone and/or its metabolites have been found in the milk of lactating rats, suggesting that the drug may be secreted in human milk. Caution should be exercised when Oleptro is administered to a nursing woman. Pediatric Use - Safety and effectiveness in the pediatric population have not been established [see Boxed Warning and Warnings and Precautions]. Oleptro should not be used in children or adolescents. Geriatric Use -Of 202 patients treated with Oleptro in the clinical trial, there were 9 patients older than 65. No overall differences in safety or effectiveness were observed between these subjects and younger subjects, and other reported clinical literature and experience with trazodone have not identified differences in responses between elderly and younger patients. However, as experience in the elderly with Oleptro is limited, it should be used with caution in geriatric patients. Antidepressants have been associated with cases of clinically significant hyponatremia in elderly patients who may be at greater risk for this adverse reaction [see Warnings and Precautions]. Renal Impairment - Oleptro has not been studied in patients with renal impairment. Trazodone should be used with caution in this population. Hepatic Impairment - Oleptro has not been studied in patients with hepatic impairment. Trazodone should be used with caution in this population.

DRUG ABUSE AND DEPENDENCE: Controlled Substance — Oleptro is not a controlled substance. Abuse — Although trazodone hydrochloride has not been systematically studied in preclinical or clinical studies for its potential for abuse, no indication of drugseeking behavior was seen in the clinical studies with Oleptro. However, it is difficult to predict the extent to which a CNS-active drug will be misused, diverted, and abused. Consequently, physicians should carefully evaluate patients for a history of drug abuse and follow such patients closely, observing them for signs of misuse or abuse of trazodone hydrochloride (e.g., development of tolerance, incrementation of dose, drug-seeking behavior).

OVERDOSAGE: Human Experience - It is expected that the health risks associated with overdose of Oleptro are most likely similar to those for trazodone immediate-release formulations. Death from overdose has occurred in patients ingesting trazodone and other CNS depressant drugs concurrently (alcohol; alcohol and chloral hydrate and diazepam; amobarbital; chlordiazepoxide; or meprobamate). The most severe reactions reported to have occurred with overdose of trazodone alone have been priapism, respiratory arrest, seizures, and ECG changes, including QT prolongation. The reactions reported most frequently have been drowsiness and vomiting. Overdosage may cause an increase in incidence or severity of any of the reported adverse reactions. Management of Overdose - There is no specific antidote for Oleptro overdose. Treatment should consist of those general measures employed in the management of overdosage with any drug effective in the treatment of major depressive disorder. Ensure an adequate airway, oxygenation and ventilation. Monitor cardiac rhythm and vital signs. General supportive and symptomatic measures are also recommended. Induction of emesis is not recommended. Gastric lavage with a large bore orogastric tube with appropriate airway protection, if needed, may be indicated if performed soon after ingestion, or in symptomatic patients. Activated charcoal should be administered. Forced diuresis may be useful in facilitating elimination of the drug. In managing overdosage, consider the possibility of multiple drug involvement. The physician should consider contacting a poison control center for additional information on the treatment of any overdose



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#### Adult Psychiatry - Provo, Utah

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# Adult Outpatient Psychiatry *Amery, Wisconsin*

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# Staff Clinician in Experimental Therapeutics & Pathophysiology Branch & Division of Intramural Research Program National Institute of Mental Health Bethesda, MD, USA



The National Institute of Mental Health (NIMH) Intramural Research Program, a major research component of the National Institutes of Health (NIH) and the Department of Health and Human Services (DHHS), housed at one of the premier research sites in the U.S., the 300 acre Bethesda campus of the NIH, near Washington D.C. with state-of-the-art clinical research unit and neuroimaging facilities (MRI, MRS, MEG, and polysomnography) dedicated to research, is recruiting a staff clinician to join the Experimental Therapeutics & Pathophysiology Branch of the Intramural Research Program of NIMH. Minimum qualifications are a doctoral degree, post-doctoral training, strong publication record, and demonstrated the ability to manage patients in research protocols and to effectively administrate resources when conducting clinical research (including recruitment, protocol development and implementation, and conducting single-site studies). The successful candidate will be primarily involved in patient research care and be part of a multidisciplinary team examining novel therapeutics and using neuroimaging and electrophysiological technologies to map brain activity associated with clinical response in patients with mood disorders. In addition to collaborative work within the team, there is opportunity for outstanding candidates to develop their own projects within the Branch.

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#### Adult Psychiatry - Ogden, Utah

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#### **STAFF PSYCHIATRIST**

Pathways, Inc., the longest operating multi-service mental health agency in St. Mary's County, located on Maryland's western shore of the Chesapeake Bay, has an excellent opportunity to serve Southern Maryland residents. We seek a licensed, board certified/board eligible Psychiatrist to assume the position of Staff Psychiatrist in our outpatient mental health clinic. The preferred candidate will be credentialed with most major insurance companies. The selected candidate will provide psychiatric evaluations, prescribe and manage medications, assume responsibility for the medical aspects of quality management for his/her patients, and consult with clinical staff on shared patients.

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Pathways, Inc.
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Hollywood, MD 20636
301-373-3065 ext. 208
Fax 301-373-3265
E-mail jdent@pathwaysinc.org

Department of Psychiatry at the University of South Carolina School of Medicine is seeking a

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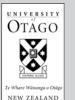
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PhysicianRecruit@imail.org http://physicianjobsintermountain.org Dunedin, New Zealand

# Senior Lecturer/ Associate Professor in Psychological Medicine/ Specialist Psychiatrist



(Confirmation Path)

Department of Psychological Medicine Dunedin School of Medicine and Mental Health Services Southern District Health Board

We are seeking applications from Medical Physicians registered or registrable in New Zealand as a Specialist Psychiatrist, for a joint academic/clinical position in the Department of Psychological Medicine, Dunedin School of Medicine. The appointment may be at Senior Lecturer level, or at Associate Professor level for appropriate applicants.

This is a full-time conjoint University/Hospital position and appointees will concurrently hold a position as Consultant to Southern District Health Board. The academic post will be 50% of full-time. This position is offered by the University and when combined with the Specialist position will amount to one full-time position.

Preference will be given to those with research experience. Excellent opportunities for research collaboration exist within the Department and on the University campus. Teaching responsibilities include undergraduate medical and postgraduate medical and non-medical courses. They will focus on Psychiatry and in addition may include participation in Behavioural Medicine, Health Psychology and Communication Skills, teaching these largely in a multi-disciplinary, integrated manner.

Specific enquiries may be directed to Professor Paul Glue, Head of Department, Department of Psychological Medicine, Tel 64 3 470 3867, Email paul.glue@otago.ac.nz

Information on the Southern District Health Board position is available from Dr James Knight, Tel 64 27 223 6386, Email James.Knight@southerndhb.govt.nz

Applications quoting reference number A10/142 close on Friday 11 February 2011.

#### APPLICATION INFORMATION

Send applications to the Human Resources Division, Email job.applications@otago.ac.nz, Fax 64 3 479 8279. With each application, please include an application form, an EEO information form, a covering letter and your curriculum vitae. The forms and a full job description are available at www.otago.ac.nz/jobs Alternatively, contact the Human Resources Division, Tel 64 3 479 8269, Email job.applications@otago.ac.nz



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# Academic Child Psychiatrist

Saint Louis University, a Catholic, Jesuit institution dedicated to student learning, research, health care, and service is seeking applicants for a tenure-track or non-tenure track appointment to establish a Division of Child Psychiatry in the Department of Neurology & Psychiatry.

The Department of Neurology & Psychiatry at Saint Louis University is seeking applicants for a position in child psychiatry. The individual will dedicate half their time at Saint Louis University in performance of child psychiatry services at Cardinal Glennon Children's Medical Center, one of the nation's leading pediatric hospitals, and development of a fellowship program. The remainder of the individual's duties will be to serve as director of the child and adolescent psychiatry services at CenterPointe Hospital. CenterPointe Hospital is a 104-bed private psychiatric facility, which includes 35 child/adolescent beds as well as adolescent intensive outpatient programs in four locations and an outpatient clinic. The individual will provide oversight and direction to both inpatient and outpatient child/adolescent services including leading weekly treatment team meetings, participation in medical staff committees, and providing services as an attending physician. It is the expectation that the candidate will develop a nationally recognized child psychiatry fellowship program and child psychiatry division within the Department of Neurology & Psychiatry in close collaboration with CenterPointe Hospital. Appointment at the associate professor or professor status is expected, depending on the candidate's qualifications.

Applicant must be BC/BE. Generous benefits, including excellent retirement package and tuition remission at SLU. Must be legally authorized to work in the USA. Position requires a background check for the successful candidate. Interested candidates must submit a cover letter, application, and current curriculum vitae to <a href="http://jobs.slu.edu">http://jobs.slu.edu</a>.

Please send curriculum vitae, representative publications, description of research plans, statement of teaching and philosophy, and letters of reference to:

Henry Kaminski, M.D. Chairman, Department of Neurology & Psychiatry 1438 South Grand Blvd. St. Louis, MO 63104 hkaminsk@slu.edu



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General Psychiatrist to work with adults and older adults within a multidisciplinary treatment team setting, performing psychiatric evaluations and providing medication management and consultation in a large CMHC (www.smh.org). Duties largely clinic-based, with limited nursing home consultation. Work is out-patient with no after-hours call. Malpractice insurance provided. Active WA medical license and DEA certificate and ability to provide services reimbursed by Medicare/Medicaid required. This is a full time position with excellent benefits available January 4, 2011.

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1600 E. Olive Street Seattle, WA 98122 Fax: (206) 302-2210 Email: MichaelS@smh.org

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#### Extended-Release Tablets

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**WARNING: Suicidality and Antidepressant Drugs** 

Antidepressants increased the risk compared to placebo of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults in short-term studies of Major Depressive Disorder (MDD) and other psychiatric disorders. Anyone considering the use of Pristiq or any other antidepressant in a child, adolescent, or young adult must balance this risk with the clinical need. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction in risk with antidepressants compared to placebo in adults aged 65 and older. Depression and certain other psychiatric disorders are themselves associated with increases in the risk of suicide. Patients of all ages who are started on antidepressants therapy should be monitored appropriately and observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. Pristiq is not approved for use in pediatric patients [see Warnings and Precautions (5.1), Use in Specific Populations (8.4), and Patient Counseling Information (17.1 in the full prescribing Information].

INDICATIONS AND USAGE: Pristiq, a selective serotonin and norepinephrine reuptake inhibitor (SNRI), is indicated for the treatment of major depressive disorder (MDD).

CONTRAINDICATIONS: Hypersensitivity-Hypersensitivity to desvenlafaxine succinate, venlafaxine hydrochloride or to any excipients in the Pristiq formulation. Monoamine Oxidase Inhibitors-Pristiq must not be used concomitantly in patients taking monoamine oxidase Inhibitors (MAOIs) or in patients who have taken MAOIs within the preceding 14 days due to the risk of serious, sometimes fatal, drug interactions with SNRI or SSI tathement or with other serotonergic drugs. Based on the half-life of desvenlafaxine, at least 7 days should be allowed after stopping Pristiq before starting an MAOI [see Dosage and Administration (2.5) in the full prescribing information].

WARNINGS AND PRECAUTIONS: Clinical Worsening and Suicide Risk-Patients with major depressive disorder (MDD), both adult and pediatric, may experience worsening of their depression and/or the emergence of suicidal ideation and behavior (suicidality) or unusual changes in behavior, whether or not they are taking antidepressant medications, and this risk may persist until significant remission occurs. Suicide is a known risk of depression and certain other psychiatric disorders, and these disorders themselves are the strongest predictors of suicide. There certain other psychiatric disorders, and these disorders themselves are the strongest predictors of suicide. There has been a long-standing concern, however, that antidepressants may have a role in inducing worsening of depression and the emergence of suicidality in certain patients during the early phases of treatment. Pooled analyses of short-term placebo-controlled studies of antidepressant drugs (SSRIs and others) showed that these drugs increase the risk of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults (ages 18-24) with major depressive disorder (MDD) and other psychiatric disorders. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction with antidepressants compared to placebo in adults aged 65 and older. The pooled analyses of placebo-controlled studies in children and adolescents with MDD, obsessive-compulsive disorder (CDD), or other psychiatric disorders included a total of 24 short-term studies of 9 antidepressant drugs in over 4,400 patients. The pooled analyses of placebo-controlled studies in adults with MDD or other psychiatric disorders included a total of 295 short-term studies (median duration of 2 months) of 11 antidepressant drugs in over 77,000 patients. There was considerable variation in risk of suicidality amond drugs, but a tendency toward an increase in the total of 295 short-term studies (median duration of 2 months) of 11 antidepressant drugs in over 77,000 patients. There was considerable variation in risk of suicidality among drugs, but a tendency toward an increase in the younger patients for almost all drugs studied. There were differences in absolute risk of suicidality across the different indications, with the highest incidence in MDD. The risk differences (drug vs. placebo), however, were relatively stable within age strata and across indications. These risk differences (drug-placebo difference in the number of cases of suicidality per 1000 patients treated) are provided in Table 1 of the full prescribing information. No suicides occurred in any of the pediatric studies. There were suicides in the adult studies, but the number was the official to recommend the conductive of the equilibric this personnel weekly the suicidelity risk. not sufficient to reach any conclusion about drug effect on suicide. It is unknown whether the suicidality risk extends to longer-term use, ie, beyond several months. However, there is substantial evidence from placebo-controlled maintenance studies in adults with depression that the use of antidepressants can delay the recurrence of depression. All patients being treated with antidepressants for any indication should be monitored appropriately and observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases. The following symptoms, anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, and mania, have been reported adult and pediatric patients being treated with antidepressants for major depressive disorder as well as for other indications, both psychiatric and nonpsychiatric. Although a causal link between the emergence of such symptomic and either the unescentized of depressive mode, the meaning of the major depressive host proportions of the production of the productions of the production of the and either the worsening of depression and/or the emergence of suicidal impulses has not been established, there is concern that such symptoms may represent precursors to emerging suicidality. Consideration should be given to changing the therapeutic regimen, including possibly discontinuing the medication, in patients whose depression is persistently worse, or who are experiencing emergent suicidality or symptoms that might be precursors to worsening depression or suicidality, especially if these symptoms are severe, abrupt in onset, or were not part of the patient's presenting symptoms. If the decision has been made to discontinuie treatment medication should be tapered, as rapidly as is feasible, but with recognition that abrupt discontinuation can be associated with should be tapered, as rapiny as it reasone, but win recognition must activity to iscontinuation can be associated win certain symptoms [see Warnings and Precautions (5.9) and Dosage and Administration (2.3) in the full prescribing information for a description of the risks of discontinuation of Pristiql. Families and caregivers of patients being treated with antidepressants for major depressive disorder or other indications, both systiatric and nonpsychiatric, should be alerted about the need to monitor patients for the emergence of agitation, irritability, unusual changes in behavior, and the other symptoms described above, as well as the emergence of suicidality, and to report such symptoms immediately to health care providers. Such monitoring should include daily observation by families and caregivers. Prescriptions for Pristig should be written for the smallest quantity of tablets consistent with conduction transparement in order to reduce the risk of overdees. Screening related for tablets consistent with good patient management, in order to reduce the risk of overdose. <u>Screening patients for bipolar disorder</u>. A major depressive episode may be the initial presentation of bipolar disorder. It is generally believed (though not established in controlled studies) that treating such an episode with an antidepressant alone may increase the likelihood of precipitation of a mixed/manic episode in patients at risk for bipolar disorder. Whether any of the symptoms described above represent such a conversion is unknown. However, prior to initiating treatment with an antidepressant, patients with depressive symptoms should be adequately screened to initiating treatment with an antidepressant, patients with depressive symptoms should be adequately screened to determine if they are at risk for bipolar disorder; such screening should include a detailed psychiatric history, including a family history of suicide, bipolar disorder, and depression. It should be noted that Pristig is not approved for use in treating bipolar depression. Serotonin Syndrome or Neuroleptic Malignant Syndrome (NMS)-like Reactions - The development of a potentially life-threatening serotonin syndrome or Neuroleptic Malignant Syndrome (NMS)-like reactions have been reported with SNRIs and SSRIs alone, including Pristig treatment, but particularly with concomitant use of serotoneric drugs (including triptans), with drugs that impair metabolism of serotonin including MAOIs), or with antipsychotics or other dopamine antagonists. Serotonin syndrome symptoms may include mental status changes (eg, agitation, hallucinations, coma), autonomic instability (eg, tachycardia, labile blood pressure, hyperthermia), neuromuscular aberrations (eg, hyperreflexia, incoordination) and/or gastrointestinal symptoms (eg, nausea, vomithing, diarrhea). Serotonin syndrome in its most severe form can resemble neuroleptic malignant syndrome, which includes hyperthermia, muscle rigidity, autonomic instability with possible rapid fluctuation of vital signs, and mental status changes. Patients should be monitored for the emergence of serotonin syndrome or NMS-like signs and symptoms. The concomitant use of Pristiq with MAOIs intended to treat depression is contraindicated [see Contraindications (4.2]). If concomitant treatment of Pristiq with a 5-hydroxytryptamine receptor agonist (triptan) is clinically warranted, careful observation of the patient is intended to treat depression is contraindicated (see Contraindications (4.2)). It concomitant treatment of Praisi with a 5-hydroxytryptamine receptor agonist (triptan) is clinically warranted, careful observation of the patient is advised, particularly during treatment initiation and dose increases. The concomitant use of Pristiq with serotonin precursors (such as tryptophan) is not recommended. Treatment with Pristiq and any concomitant serotonergic antidopaminergic agents, including antipsychotics, should be discontinued immediately if the above events occur, and supportive symptomatic treatment should be initiated. Elevated Blood Pressure- Patients receiving Pristiq should have regular monitoring of blood pressure since dose-dependent increases were observed in clinical studies. Descriptions becomes a proposed to the proposed proposed to the proposed p studies. Pre-existing hypertension should be controlled before initiating treatment with Pristiq. Caution should be sudies. Pre-existing hypertensions roution be corrolled educed in literating reading hypertension, exercised in treating patients with pre-existing hypertension or other underlying conditions that might be compromised by increases in blood pressure. Cases of elevated blood pressure requiring immediate treatment have been reported with Pristiq. Sustained hypertension. Sustained blood pressure increases could have adverse consequences. For patients who experience a sustained increase in blood pressure while receiving Pristiq, either dose reduction or discontinuation should be considered [see Adverse Reactions (6.7)]. Treatment with Pristiq in controlled studies was associated with sustained hypertension, defined as treatment-emergent supine diastolic blood pressure. (CRD): 300 may be and 300 mm be and 300 mm be and 300 mm. blood pressure (SDBP) ≥90 mm Hg and ≥10 mm Hg above baseline for 3 consecutive on-therapy visits. In clinical studies, regarding the proportion of patients with sustained hypertension, the following rates were observed: placebo (0.5%), Pristig 50 mg (1.3%), Pristig 10 mg (0.7%), Pristig 20 mg (1.1%), and Pristig 400 mg (2.3%). Analyses of patients in Pristig controlled studies who met criteria for sustained hypertension revealed a

dose-dependent increase in the proportion of patients who developed sustained hypertension. Abnormal Bleeding-SSRIs and SNRIs can increase the risk of bleeding events. Concomitant use of aspirin, other drugs that affect platelet function, nonsteroidal anti-inflammatory drugs, warfarin, and other anticoagulants can add to this risk. Bleeding events related to SSRIs and SNRIs have ranged from ecchymosis, hematoma, epistaxis, and petechiae to life-threatening hemorrhages. Patients should be cautioned about the risk of bleeding associated with the concomitant use of Pristiq and NSAIDs, aspirin, or other drugs that affect coagulation or bleeding. **Narrow-angle Glaucoma-**Mydriasis has been reported in association with Pristiq; therefore, patients with raised intraocular pressure or those at risk of acute narrow-angle glaucoma (angle-closure glaucoma) should be monitored. **Activation of Mania/Hypomania**-During all MDD and VMS (vasomotor symptoms) phase 2 and phase 3 studies, mania was reported for approximately 0.1% of patients treated with Pristip. Activation of mania/Hypomania has also been reported in a small proportion of patients with major affective disorder who were treated with other marketed antidepressants. As with all antidepressants, Pristiq should be used cautiously in patients with a history or family history of mania or hypomania. Cardiovascular/Cerebrovascular Disease-Caution is advised in administering Pristiq to patients with cardiovascular, cerebrovascular, or lipid metabolism disorders [see Adverse] Reactions (6.1). Increases in blood pressure and heart rate were observed in clinical studies with Pristia. Pristia has not been evaluated systematically in patients with a recent history of myocardial infarction, unstable heart disease, uncontrolled hypertension, or cerebrovascular disease. Patients with these diagnoses, except for cerebrovascular disease, were excluded from clinical studies. **Serum Cholesterol and Triglyceride Elevation**cereorovascular disease, were excluded from clinical studies. Serum Cholesterol and righyceride Elevations in fasting serum total cholesterol, LDI (low-density lipoprotein) cholesterol, and trighycerides were observed in the controlled studies. Measurement of serum lipids should be considered during treatment with Pristiq [see Adverse Reactions (6.1), Discontinuation of Treatment with Pristiq—Discontinuation symptoms have been systematically and prospectively evaluated in patients treated with Pristiq during clinical studies in major depressive disorder. Abrupt discontinuation or dose reduction has been associated with the appearance of new symptoms that include dizziness, nausea, headache, irritability, insomnia, diarrhea, anxiety, the proposed december and the provided in proceeding and the provided in the control discontinuation and the control of the control o Tatigue, abnormal dreams, and hyperhidrosis. In general, discontinuation events occurred more frequently with longer duration of therapy. During marketing of SNRIs (Serotonin and Norepinephrine Reuptake Inhibitors) and SSRIs (Selective Serotonin Reuptake Inhibitors), there have been spontaneous reports of adverse events occurring upon discontinuation of these drugs, particularly when abrupt, including the following: dysphoric mood, irritability, upon discontinuation of these drugs, particularly when abrupt, including the following: dysphoric mood, irritability, agitation, dizziness, sensory disburbances (eg, paresthesia, such as electric shock sensations), anxiety confusion, headache, lethargy, emotional lability, insomnia, hypomania, tinnitus, and seizures. While these events are generally self-limiting, there have been reports to serious discontinuation symptoms. Patients should be monitored for these symptoms when discontinuing treatment with Pristiq. A gradual reduction in the dose rather than abrupt cessation is recommended whenever possible. If intolerable symptoms occur following a decrease in the dose upon discontinuation of treatment, then resuming the previously prescribed dose may be considered. Subsequently, the physician may continue decreasing the dose, but at a more gradual rate [see Dosage and Administration (2.4) and Adverse Reactions (6.1) in full prescribing information). Renal Impairment—in patients with moderate or severe renal impairment or end-stage renal disease (ESRI) the clearance of Pristiq was decreased, thus prolonging the elimination half-life of the drug. As a result, there were potentially clinically sontificant increases in exosures to Pristig (see Clinical Pharmacolov) (12.6) in full prescribin formation]. significant increases in exposures to Pristig [see Clinical Pharmacology (12.6) in full prescribing information]. Dosage adjustment (50 mg every other day) is necessary in patients with severe renal impairment or ESRD. The doses should not be escalated in patients with moderate or severe renal impairment or ESRD [see Dosage and Administration (2.2) in full prescribing information]. Seizure-Cases of seizure have been reported in premarketing clinical studies with Pristiq. Pristiq should be prescribed with caution in patients with a seizure disorder. Hyponatremia-Hyponatremia-Hyponatremia can occur as a result of treatment with SSRIs and SNRIs, including Pristiq. In many ses, this hyponatremia appears to be the result of the syndrome of inappropriate antidiuretic hormone secretion (SIADH). Elderly patients can be at greater risk of developing hyponatremia with SSRIs and SNRIs. Also, patients taking diuretics or who are otherwise volume depleted can be at greater risk [see Use in Specific Populations (8.5) and Clinical Pharmacology (12.6) in full prescribing information]. Discontinuation of Pristiq should be considered in patients with symptomatic hyponatremia and appropriate medical intervention should be instituted.

Coadministration of Drugs Containing Desvenlafaxine and Venlafaxine- Desvenlafaxine is the major active metabolite of venlafaxine. Products containing desvenlafaxine and products containing venlafaxine should not be used concomitantly with Pristiq. Interstitial Lung Disease and Eosinophilic Pneumonia- Interstitial lung disease and eosinophilic pneumonia associated with venlafaxine (the parent drug of Pristiq) therapy have been rarely reported. The possibility of these adverse events should be considered in patients treated with Pristiq who present with progressive dyspnea, cough, or chest discomfort. Such patients should undergo a prompt medical evaluation. and discontinuation of Pristig should be considered.

ADVERSE REACTIONS: Clinical Studies Experience: The most commonly observed adverse reactions in Pristingreated MDD patients in short-term fixed-does studies (incidence 25% and at least wice the rate of placebo in
the 50- or 100-mg dose groups) were nausea, dizziness, insomnia, hyperhidrosis, constipation, somnolence,
decreased appetite, anxiety, and specific male sexual function disorders. Adverse reactions reported as reasons for
discontinuation of treatment. The most common adverse reactions leading to discontinuation in at least 2% of the
Pristiq-reated patients in the short-term studies, up to 8 weeks, were nausea (4%); dizziness, headache and
wornling (2% each); in the long-term study, up to 9 months, the most common was vorniting (2%). Common
adverse reactions in placebo-controlled MDD studies. Table 3 in full PI shows the incidence of common adverse
reactions that occurred in 22-30 F Pristiq-treated MDD patients at any dose in the 3-week, placebo-controlled,
fixed-dose, premarketing clinical studies. In general, the adverse reactions were most frequent in the first week of
treatment. Cardiac disorders: Palpitations, Tactycardia, Blood pressure increased; Gastrointestinal disorders;
Nausea, Dry mouth, Diarnhea, Constipation, Vorniting; General disorders and administration site conditions; Fatique,
Chilis, Feeling littery, Asthenia; Metabolism and nutrition disorders: Decreased appetite, weight decreased; Neurola,
Placetion; Respiratory, thoracic, and mediastinal disorders: Yawning; Skin and subcutaneous tissue disorders:
Hyperhidrosis, Rash; Special Senses; Vision blurred; Mydriass; Innitity, Dygepusia; Vassudiar Obsorders: Hyperhidrosis, Rash; Special Senses; Wision blurred; Mydriass; Innitity, Dygepusia; Vassudiar Obsorders; Individual delayed, Erectile dysfunction, Tjaculation disorder F, Eaculation in alure. Sexual dysfunction, Appearance, and the controlled disorders—
Hyperhidrosis, Christiqual disorders—
Hyperhidrosis, Rash; Special Senses; Wision Burned; Mydriad disorders—
Hyperhidrosis, Obsorder

voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure: Skin and subcutaneous tissue disorders – Angioena. DRUG INTERACTIONS: Central Nervous System (CNS)-Active Agents-The risk of using Pristiq in combination with other CNS-active drugs has not been systematically evaluated. Consequently, caution is advised when Pristiq to taken in combination with other CNS-active drugs [see Warnings and Precautions (5.13], Monoamine Oxidase Inhibitors (MAOIs)- Adverse reactions, some of which were serious, have been reported in patients who have recently been discontinued from a monoamine oxidase inhibitor (MAOI) and started on antidepressants with pharmacological properties similar to Pristiq (SNRIs or SSRIs), or who have recently had SNRI or SSRI therapy discontinued prior to initiation of an MAOI [see Contraindications (4.2)]. Serotonergic Drugs- Based on the mechanism of action of Pristiq and the potential for serotonin syndrome, caution is advised when Pristiq is coadministered with other drugs that may affect the serotonergic neurotransmitter systems [see Warnings and Precautions (5.21). Drugs that Interfere with Hemostasis (ea. NSAIDs. Aspirin, and Warfarin)-Serotonin Syndrome. Coadministered with other drugs that Interfere with Hemostasis (eg, NSAIDs, Aspirin, and Warfarin). Serotonin release by platelets plays an important role in hemostasis (eg, NSAIDs, Aspirin, and Warfarin). Serotonin release by platelets plays an important role in hemostasis. Epidemiological studies of case-control and cohort design have demonstrated an association between use of psychotropic drugs that interfere with serontin reuptake and the occurrence of upper gastrointestinal bleeding. These studies have also shown that concurrent use of an NSAID or aspirin may potentiate this risk of bleeding. Altered anticoagulant effects, including increased bleeding, have been reported when SSRIs and SNRIs are coadministered with warfarin. Patients receiving warfarin therapy should be carefully monitored when Pristig is initiated or discontinued. Ethanol- A clinical study has shown that depended with the control of the process the investment of earth and an experiment of earth and earth and the process the investment of earth and earth and the experiment of earth and earth and earth and the experiment of earth and earth and earth and experiment of earth and ea have been réported when SSRIs and SNRIs are coadministered with warfarin. Patients receiving warfarin therapy should be carefully monitored when Pristiq is initiated or discontinued. Ethanol- A clinical study has shown that desvenlafaxine does not increase the impairment of mental and motor skills caused by ethanol. However, as with all CNS-active drugs, patients should be advised to avoid alcohol consumption while taking Pristiq. Potential for Other Drugs to Affect Devenlafaxine-inhibitors of CYP3A4 (Retocorazele)- CYP3A4 is a minor pathway for the metabolism of Pristiq. Concomitant use of Pristiq with potent inhibitors of CYP3A4 may result in higher concentrations of Pristiq. Inhibitors of other CYP enzymes. Based on in vitro data, drugs that inhibit CYP isozymes 1A1, 1A2, 2A6, 2D6, 2C8, 2C9, 2C19, and 2E1 are not expected to have significant impact on the pharmacokinetic profile of Pristiq. Potential for Desvenlafaxine to Affect Other Drugs. Drugs. metabolized by CYP2D6 (designamine)- In vitro studies showed minimal inhibitory effect of desvenlafaxine on CYP2D6. Clinical studies have shown that desvenlafaxine does not have a clinically relevant effect on CYP2D6 metabolism at the dose of 100 mg/aily. Concomitant use of desvenlafaxine with a drug metabolized by CYP2D6 can esposure to that drug. Drugs metabolized by CYP3A4 (midazolam)- In vitro, desvenlafaxine does not inhibit or induce the CYP3A4 isozyme. Concomitant use of Pristig with a drug metabolized by CYP2D6 can result in higher concentrations of that drug. Drugs metabolized by CYP1A2, 2A6, 2C8, 2C9, and 2C19 isozymes and would not be expected to affect the pharmacokinetics of drugs that are metabolized by CYP1A2, 2A6, 2C8, 2C9, and 2C19 isozymes and would not be expected to affect the pharmacokinetics of drugs that are substrates of the P-glycoprotein Transporter. In drivin, desvenlafaxine is not a substrate or an inhibitor for the P-glycoprotein transporter. Bectroconvulsive Therapy-There are no clinical data establishing the risks and/or benefits of vomiting, hypoglycemia, hypotonia, hyperfelexia, tremor, litteriness, irritability, and constant crying. These features are consistent with either a direct toxic effect of SSRIs and SNRIs or, possibly, a drug discontinuation syndrome. It should be noted that, in some cases, the clinical picture is consistent with serotonin syndrome [see syndrome, it should be noted mark, it some cases, the clinical picture is consistent with seriorionin syndrome [sex] Warnings and Precautions (5.2). When treating a pregnant woman with Pristiq during the third trimester, the physician should carefully consider the potential risks and benefits of treatment [see Dosage and Administration (2.2)]. Labor and Delivery—The effect of Pristiq on labor and delivery in humans is unknown, Prist should be used during labor and delivery only if the potential benefits justify the potential risks. Nursing Mothers-Desvenlafaxine (0-desmethylvenlafaxine) is excreted in human milk. Because of the potential for serious adverse reactions in nursing infants from Pristiq, a decision should be made whether or not to discontinue unursing or to discontinue the drug, taking into account the importance of the drug to the mother. Only administer Pristiq to breastfeation women if the evencted benefits univaried and sun possible risk. Padiatric Libes. Safety and effectiveness. discontinue the drug, taking into account the importance of the drug to the mother. Only administer Pristiq to breastfeeding women if the expected benefits outweigh any possible risk. **Pediatric Use-** Stafety and effectiveness in the pediatric population have not been established [see Box Warning and Warnings and Precautions (5.1)]. Anyone considering the use of Pristiq in a child or adolescent must balance the potential risks with the clinical need. **Geriatric Use-** Of the 3.292 patients in clinical studies with Pristiq, 5% were 65 years of age or older. No overall differences in safety or efficacy were observed between these patients and younger patients; however, in the short-term, placebo-controlled studies, there was a higher incidence of systolic orthostatic hypotension in patients >65 years of age compared to patients <65 years of age compared to patients <65 years of age compared to patients <65 years of age treated with Pristiq [see Adverse Reactions (6)]. For elderly patients, possible reduced renal clearance of desvenlafaxine should be considered when determining oses [see Dosage and Administration (2.2) and Clinical Pharmacology (12.6)]. If Pristiq is poorly loterated, every other day dosing can be considered. SSRIs and SNRIs, including Pristiq, have been associated with cases of clinically significant hyponatremia in elderly patients, who may be at greater risk for this adverse event [see Warnings and Precautions (5.12)]. Greater sensitivity of some older individuals cannot be ruled out. **Renal Impairment**. In subjects with renal impairment the clearance of Pristiq was decreased. In subjects with rever significantly impairment—in subjects with retrail impairment the clearance or Pristiq was decreased. In subjects with severe renal impairment (24-Inr CrCl < 30 ml/min) and end-stage renal disease, elimination half-lives were significantly prolonged, increasing exposures to Pristiq; therefore, dosage adjustment is recommended in these patients [see Dosage and Administration (2.2) and Clinical Pharmacology (12.6) in the full prescribing information], Hepatic Impairment—The mean t<sub>10</sub> changed from approximately 10 hours in healthy subjects and subjects with mild hepatic impairment to 13 and 14 hours in moderate and severe hepatic impairment, respectively. The recommended dose in patients with hepatic impairment is 50 mg/day. Dose escalation above 100 mg/day is not recommended [see Clinical Pharmacology (12.6)].

OVERDOSAGE: Human Experience with Overdosage—There is limited clinical experience with desvenlatarie succinate overdosage in humans. In premarketing clinical studies, no cases of fatal acute overdose of desvenlatarie were reported. The adverse reactions reported within 5 days of an overdose > 600 mg that were possibly related to Pristiq included headache, vomitting, agitation, dizziness, nausea, constipation, diarrhea, dryouth, paresthesia, and tachycardia. Desvenlatarine (Pristiq) is the major active metabolite of venlatarine. Overdose experience reported with venlafaxine (the parent drug of Pristiq) is presented below; the identical information can be found in the *Overdosage* section of the venlataxine pexage insert. In postaraketing experience, overdose with venlafaxine (the parent drug of Pristiq) has occurred predominantly in combination with alcohol and/or other drugs. The most commonly reported events in overdosage include tachycardia, changes in level of consciousness (ranging from somnolence to coma), mydriasis, seizures, and vomiting. Electrocardiogram changes (eg, prolongation of 0T interval, bundle branch block, QRS prolongation), sinus and ventricular tachycardia, badycardia, hypotension, habdomyolysis, vertigo, liver necrosis, seriotonin syndrome, and death have been reported. Published retrospective studies report that venlafaxine overdosage may be associated with an increase risk of fatal outcomes compared to that observed with SSRI antidepressant products, but lower than that for tricyclic antidepressants. Epidemiological studies have shown that venlafaxine-treated patients have a higher pre-existing burden of suicide risk factors than SSRI-treated patients. The extent to which the finding of an increase risk of fatal outcomes compared to that with good patient management, in order to reduce the risk of overdosage. Management of Overdosage- Treatment should consist of those general measures employed in the management of overdosage with any SSRI/SNRI. Ensure an adequate airway, oxygenation, and

This brief summary is based on Pristiq Prescribing Information W10529C009, revised September 2009.

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FOR MAJOR DEPRESSIVE DISORDER

# Help your patients

# on a path forward with proven SNRI therapy

It's not just about starting your adult patients with MDD on therapy; it's about helping them toward their treatment goals. Patients should be periodically reassessed to determine the need for continued treatment.1

#### PRISTIQ 50 mg:

- SNRI therapy with efficacy proven in 8-week clinical studies
- Discontinuation rate due to adverse events comparable to placebo in 8-week clinical studies
- One recommended therapeutic dose from the start¹



#### Important Treatment Considerations for PRISTIQ

PRISTIQ is indicated for the treatment of major depressive disorder in adults.

#### WARNING: SUICIDALITY AND ANTIDEPRESSANT DRUGS

Antidepressants increased the risk compared to placebo of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults in short-term studies of Major Depressive Disorder (MDD) and other psychiatric disorders. Anyone considering the use of PRISTIQ or any other antidepressant in a child, adolescent, or young adult must balance this risk with the clinical need. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction in risk with antidepressants compared to placebo in adults aged 65 and older. Depression and certain other psychiatric disorders are themselves associated with increases in the risk of suicide. Patients of all ages who are started on antidepressant therapy should be monitored appropriately and observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. PRISTIQ is not approved for use in pediatric patients.

#### Contraindications

- · PRISTIQ is contraindicated in patients with a known hypersensitivity to PRISTIQ or venlafaxine.
- · PRISTIQ must not be used concomitantly with an MAOI or within 14 days of stopping an MAOI. Allow 7 days after stopping PRISTIQ before starting an MAOI.

- · All patients treated with antidepressants should be monitored appropriately and observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the first few months of treatment and when changing the dose. Consider changing the therapeutic regimen, including possibly discontinuing the medication, in patients whose depression is persistently worse or includes symptoms of anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia, hypomania, mania, or suicidality that are severe, abrupt in onset, or were not part of the patient's presenting symptoms. Families and caregivers of patients being treated with antidepressants should be alerted about the need to monitor patients.
- Development of a potentially life-threatening serotonin syndrome or Neuroleptic Malignant Syndrome-like reactions have been reported with SNRIs and SSRIs alone, including PRISTIQ treatment, but particularly with concomitant use of serotonergic drugs, including triptans. with drugs that impair the metabolism of serotonin (including MAOIs), or with antipsychotics or other dopamine antagonists. If concomitant use with a triptan is clinically warranted, careful observation of the patient is advised, particularly during treatment initiation and dose increases. Concomitant use of PRISTIQ with serotonin precursors is not recommended.
- · Patients receiving PRISTIQ should have regular monitoring of blood pressure since increases in blood pressure were observed in clinical studies. Pre-existing hypertension should be controlled before starting PRISTIQ. Caution should be exercised in treating patients with pre-existing hypertension or other underlying conditions that might be compromised by increases in blood pressure. Cases of elevated blood pressure requiring immediate treatment have been reported. For patients who experience a sustained increase in blood pressure, either dose reduction or discontinuation should be considered.

- SSRIs and SNRIs, including PRISTIQ, may increase the risk of bleeding events. Concomitant use of aspirin, NSAIDs, warfarin, and other anticoagulants may add to this risk.

   Mydriasis has been reported in association with PRISTIQ; therefore, patients with raised intraccular pressure or those at risk of acute narrow-angle glaucoma (angle-closure glaucoma) should be monitored.
- · PRISTIQ is not approved for use in bipolar depression. Prior to initiating treatment with an antidepressant, patients should be adequately screened to determine the risk of bipolar disorder.
- As with all antidepressants, PRISTIQ should be used cautiously in patients with a history or family history of mania or hypomania, or with a history of seizure disorder.
- · Caution is advised in administering PRISTIQ to patients with cardiovascular, cerebrovascular, or lipid metabolism disorders. Increases in blood pressure and small increases in heart rate were observed in clinical studies with PRISTIQ. PRISTIQ has not been evaluated systematically in patients with a recent history of myocardial infarction, unstable heart disease, uncontrolled hypertension, or cerebrovascular disease.
- Dose-related elevations in fasting serum total cholesterol, LDL (low density lipoprotein) cholesterol, and triglycerides were observed in clinical studies. Measurement of serum lipids should be considered during PRISTIQ treatment
- On discontinuation, adverse events, some of which may be serious, have been reported with PRISTIQ and other SSRIs and SNRIs. Abrupt discontinuation of PRISTIQ has been associated with the appearance of new symptoms. Patients should be monitored for symptoms when discontinuing treatment. A gradual reduction in dose rather than abrupt cessation is recommended whenever possible.
- The recommended dose in patients with severe renal impairment or end-stage renal disease (ESRD) is 50 mg every other day. The dose should not be escalated in patients with moderate or severe renal impairment or ESRD.
- Products containing desvenlafaxine and products containing venlafaxine should not be used concomitantly with PRISTIQ.
- Hyponatremia may occur as a result of treatment with SSRIs and SNRIs, including PRISTIQ.
   Discontinuation of PRISTIQ should be considered in patients with symptomatic hyponatremia.
- · Interstitial lung disease and eosinophilic pneumonia associated with venlafaxine (the parent drug of PRISTIQ) therapy have been rarely reported.

#### Adverse Reactions

The most commonly observed adverse reactions in patients taking PRISTIQ vs placebo for MDD in short-term fixed-dose premarketing studies (incidence ≥5% and ≥2x the rate of placebo in the 50-mg dose group) were nausea (22% vs 10%), dizziness (13% vs 5%), hyperhidrosis (10% vs 4%), constipation (9% vs 4%), and decreased appetite (5% vs 2%).

Reference: 1. Pristig® (desvenlafaxine) Prescribing Information, Wyeth Pharmaceuticals Inc.

Please see brief summary of Prescribing Information on adjacent pages. For more information on PRISTIQ, please visit www.PristigHCP.com.



