

The Residents' JOURNAL

The Residents' JOURNAL
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In This Issue



This issue of *The Residents' Journal* features articles on psychosomatic medicine. In a case report, Rupinder Kaur Legha, M.D., discusses how both cognitive- and dialectical-behavioral therapy can be efficacious in the treatment of anorexia nervosa. Next, Amit Pradhan, M.D., demonstrates how psychotherapeutic intervention can be used to manage symptoms of demoralization in hospitalized patients.

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See the September 2010 issue for details on the new peer review process.

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- AJP saw its 2009 Impact Factor rise almost two full points point to reach 12.52, placing it 2nd among the 117 psychiatry journals indexed, while still remaining the far-and-away leader in total citations.
- According to the May 2010 Thomson Scientific Essential Science Indicators, five of the Top 44 most highly cited articles in psychiatry/psychology appeared in *The American Journal of Psychiatry*. No other journal had more!
- *The American Journal of Psychiatry* (AJP) is again the #1 journal in psychiatry in terms of immediacy according to Thomson Scientific's Immediacy Index. This important performance metric is calculated by dividing the number of citations to articles published in a given year by the number of articles published in that year.
- The Immediacy Index is a good measure of how quickly a given journal's articles are cited—AJP's #1 placement is a result of publishing articles that are relevant, covering current "hot" topics and cutting-edge research, and getting these findings to the field faster with AJP in Advance, the Journal's online-ahead-of-print publication protocol.
- A recent poll conducted by the BioMedical & Life Sciences Division of The Special Libraries Association identified the 100 most influential journals in all of Biology & Medicine over the last 100 years. *The American Journal of Psychiatry* was among those honored, the only psychiatry/psychology journal represented.

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Cover picture

The Drinker (1964), Fred Page (1908–1984)

Fred Page was born in Utrecht, in South Africa, but is mainly remembered as a Port Elizabeth artist. This painting is autobiographical and the artist depicts himself as a down-and-out alcoholic. He portrays poignantly the despair of a dishevelled drinker. He sips his drink quietly with his shoes on the wrong feet, impossibly baggy trousers and elongated limbs. Page's very striking, mainly black and white paintings have a quality reminiscent of Giorgio de Chirico (1888–1978), the Italian metaphysical painter, with their eerie visions of empty buildings, long shadows and bleak harshly lit landscapes.

This painting, from a White artist, seems to pass judgement on the ravaged apartheid society of which he was a part. The background shows an empty fortress-like building (reminding us of the barriers and prisons of the apartheid state). There are many vertical lines in the painting: the falling dove (usually a sign of peace), the cypress trees and the drinker's long body. The viewer's attention is drawn downwards to the second dead bird on the ground. This memento mori enlists the viewer to reflect on the artist's sense of hopelessness about his own life and the society he lived in.

Page studied at the Port Elizabeth School of Art under Jack Heath. He first began exhibiting his work in 1948. Members of my family were Fred Page's first patrons. He was a reclusive softly spoken man who never sought the limelight. He lived most of his life in abject poverty. Today he is a highly venerated South African artist.

Text and image supplied by Judy Rubinsztein (née Kerbel).

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We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 17 Belgrave Square, London SW1X 8PG, UK or bjprcpsych.ac.uk.





For free listing of your organization's official annual or regional meeting, please send us the following information: sponsor, location, inclusive dates, type and number of continuing education credits (if available), and the name, address, and telephone number of the person or group to contact for more information. In order for an event to appear in our listing, all notices and changes must be received at least 6 months in advance of the meeting and should be addressed to:

Calendar, American Journal of Psychiatry, 1000 Wilson Boulevard, Suite 1825, Arlington, VA 22209-3901, swstrate@psych.org (e-mail).

Because of space limitations, only listings of meetings of the greatest interest to Journal readers will be included.

MAY

May 12–14, 55th Annual Meeting of the American Academy of Psychoanalysis and Dynamic Psychiatry. Contact: AAPDP Executive Office, P.O. Box 30, Bloomfield, CT 06002; (888) 691-8281 (tel), (860) 286-0787 (fax), info@aapdp.org (e-mail), www.aapdp.org (web site).

May 14–19, 164th Annual Meeting of the American Psychiatric Association, Honolulu, HI. Contact: Cathy Nash, APA Annual Meetings Dept., 1000 Wilson Blvd., Ste. 1825, Arlington, VA 22209; (703) 907-7822.

May 26–29, 3rd International Congress on ADHD – From Childhood to Adult Disease, Berlin, Germany. Contact: Congress and Exhibition Office: CPO HANSER SERVICE, 011-49-40-670 88 20 (tel), www.adhd-congress.org (web site), adhd2011@cpo-hanser.de (e-mail).

OCTOBER

October 5–8, II International Congress, Dual Disorders, Addictive Behaviors and other Mental Disorders, Barcelona, Spain. Contact: SEPD, www.cipd2011.com (web site).

October 18–23, 58th Annual Meeting of the American Academy of Child and Adolescent Psychiatry, Toronto, Ontario. Contact: AACAP, 3615 Wisconsin Avenue, N.W., Washington, DC 20016-3007; (202) 966-7300 (tel), (202) 966-2891 (fax), meetings@aacap.org (e-mail), www.aacap.org (web site).

October 27–30, 63rd Institute on Psychiatric Services, American Psychiatric Association, San Francisco, CA. Contact: Jill Gruber, APA Annual Meetings Dept., 1000 Wilson Blvd., Ste. 1825, Arlington, VA 22209; (703) 907-7815.



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Coming in the June 2011 issue*

THE AMERICAN JOURNAL OF PSYCHIATRY

Interpersonal Psychotherapy for Depression: A Meta-Analysis

P. Cuijpers, A.S. Geraedts, P. van Oppen, G. Andersson, J.C. Markowitz, and A. van Straten

Children of Depressed Mothers 1 Year After Remission of Maternal Depression: Findings From the STAR*D-Child Study

P. Wickramaratne, M.J. Gameroff, D.J. Pilowsky, C.W. Hughes, J. Garber, E. Malloy, C. King, G. Cerda, A.B. Sood, J.E. Alpert, M.H. Trivedi, M. Fava, A.J. Rush, S. Wisniewski, and M.M. Weissman

A Nationwide Cohort Study of Oral and Depot Antipsychotics After First Hospitalization for Schizophrenia

J. Tiihonen, J. Haukka, M. Taylor, P.M. Haddad, M.X. Patel, and P. Korhonen

Effects of Stress on Decision-Making Deficits in Formerly Heroin-Dependent Patients After Different Durations of Abstinence

X. Zhang, J. Shi, L. Zhao, L. Sun, J. Wang, G. Wang, D.H. Epstein, and L. Lu

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