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Calendar, American Journal of Psychiatry, 1000 Wilson Boulevard, Suite 1825, Arlington, VA 22209-3901, swestrade@psych.org (e-mail).

Because of space limitations, only listings of meetings of the greatest interest to Journal readers may be included.

MARCH

March 7–9, 42nd Annual Meeting, American Association of Directors of Psychiatric Residency Training, Ft. Lauderdale, Fla. www.aadprt.org (web site).

APRIL

April 3–6, 24th Annual Meeting, American Neuropsychiatric Association, Boston, Mass. Contact: American Neuropsychiatric Association, 700 Ackerman Rd., Suite 625, Columbus, OH 43202; (614) 447-2077 (tel); e-mail: anpa@osu.edu; www.anpaonline.org (web site).

MAY

May 18–22, 166th Annual Meeting, American Psychiatric Association, San

Francisco, Calif. Contact: APA Annual Meetings Dept., 1000 Wilson Blvd, Suite 1825, Arlington, VA 22209; (703) 907-7815 (tel); <http://www.psych.org/learn/annual-meeting> (web site).

JUNE

June 6–9, 4th World Congress on ADHD: From Childhood to Adult Disease, Milan, Italy. Contact Congress Organizer, +49-40-670 88 20 (tel); adhd2013@cpo-hanser.de (email); www.adhd-congress.org (web site).

June 20–22, Association of Directors of Medical Student Education in Psychiatry meeting, Williamsburg Lodge, Williamsburg, Va. For registration information, go to http://www.admsep.org/upcoming_meeting.php.

JULY

July 8–13, 28th International Congress of Applied Psychology, Palais des Congrès de Paris, France. Contact: exh@icap2014.com (email); www.icap2014.com (web site).

SEPTEMBER

September 25–27, 9th Congress of the International Neuropsychiatric Association, Chicago, Ill. www.inawebsite.org (web site).

OCTOBER

October 10–13, 65th Institute on Psychiatric Services, Philadelphia, Pa. Contact: APA Annual Meetings Dept., 1000 Wilson Blvd, Suite 1825, Arlington, VA 22209; <http://www.psychiatry.org/learn/institute-on-psychiatric-services> (web site).



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This month’s courses appear on pages 347–350.

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Coming in the April 2013 issue*

THE AMERICAN JOURNAL OF PSYCHIATRY

Sleep Disturbances as the Hallmark of PTSD: Where Are We Now?

A. Germain

Effect of a Nicotine Vaccine on Nicotine Binding to β_2^* -Nicotinic Acetylcholine Receptors In Vivo in Human Tobacco Smokers

I. Esterlis, J.O. Hannestad, E. Perkins, F. Bois, D.C. D’Souza, R.F. Tyndale, J.P. Seibyl, D.M. Hatsukami, K.P. Cosgrove, and S.S. O’Malley

Early Smoking Onset and Risk for Subsequent Nicotine Dependence: A Monozygotic Co-Twin Control Study

K.S. Kendler, J. Myers, M.I. Damaj, and X. Chen

Association Between Maternal Depressogenic Cognitive Style During Pregnancy and Offspring Cognitive Style 18 Years Later

R.M. Pearson, C. Fernyhough, R. Bentall, J. Evans, J. Heron, C. Joinson, A.L. Stein, and G. Lewis

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The Residents' JOURNAL

The Residents' JOURNAL a publication of The American Journal of Psychiatry

January 2013 Volume 8 Issue 1

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In This Issue



This issue of the *Residents' Journal* highlights the theme of complementary medicine. In her article, Nishi Bhopal, M.D., focuses on the history of complementary and alternative medicine and how they are maturing as specialties. Ijeoma Chukwu, M.D., discusses the rise of complementary medicine over the last two decades and how physicians have received limited training. In a case report, Michael Seyffert, M.D., and George C. Gettys, M.D., describe how melatonin provided relief in a posttraumatic stress disorder patient suffering from migraines and nightmares. Finally, Daniel M. Hochman, M.D., comments on the benefits of exercise for psychiatric conditions.

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Cover picture

She Hears Sea (self-portrait, 2012), by Eleanor Bennett (b.1996).

Eleanor Leonne Bennett is an internationally award-winning artist. Her photography has been published in the *Telegraph*, *Guardian*, on the BBC News website and on the cover of books and magazines in the USA and Canada. Her art is also globally exhibited. She writes: 'I have OCD and have done from around the age of 11 when a close friend of mine contracted terminal cancer. It was a sort of self-bargaining to make things right. I am not a logical person, more passionate than anything. With my obsessive behaviour I have tried to refocus it into the direction of art. Recently I have exhibited in Argentina, Denmark and in Buxton (UK) at the Devonshire Dome at the poetry festival. When I was 15, I started collaborative work on my first photo book with the Australian poet, Scott Patrick Mitchell. I have met and collaborated with some amazing people. I have only been taking photos for around 4 years. Before that I had won two national art competitions with the Woodland Trust'.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 17 Belgrave Square, London SW1X 8PG, UK or bjp@rcpsych.ac.uk.

