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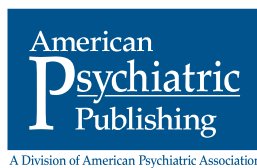
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Calendar, American Journal of Psychiatry, 1000 Wilson Boulevard, Suite 1825, Arlington, VA 22209-3901, swestate@psych.org (e-mail).

Because of space limitations, only listings of meetings of the greatest interest to Journal readers may be included.

JULY

July 8–13, 28th International Congress of Applied Psychology, Palais de Congrès de Paris, France. Contact exh@icap2014.com (e-mail), www.icap2014.com (web site).

July 30–August 1, 39th Annual University of Colorado Psychiatry Conference, The Gant, Aspen, featuring Glenn Gabbard, M.D., and John Gunderson, M.D., *Good Psychiatric Management*. Contact: Joelyne Jewell, Joelyne.Jewell@ucdenver.edu (e-mail), (303) 724 7401 (tel) for information and brochure.

AUGUST

August 21–23, 6th International Conference on Schizophrenia VI (IconS VI), Chennai, India. Organized by Schizophrenia Research Foundation (SCARF) and co-sponsored by WPA, WASP, and IPS. Contact www.iconsoscarf.org (web site).

SEPTEMBER

September 10–12, The International Marcé Society for Perinatal Mental Health Conference, Swansea, Wales. www.swansea.ac.uk/marce/ (web site).

OCTOBER

October 11–12, 15th Joint Meeting, American Academy of Psychoanalysis and Dynamic Psychiatry (AAPDP) with Organizzazione di Psicoanalisti Italiani Federazione e Registro (OPIFER), Pisa, Italy. Contact: info@AAPDP.org (e-mail), www.AAPDP.org (web site).

October 30–November 2, 66th Institute on Psychiatric Services, San Francisco, CA. www.psychiatry.org/ips (web site).

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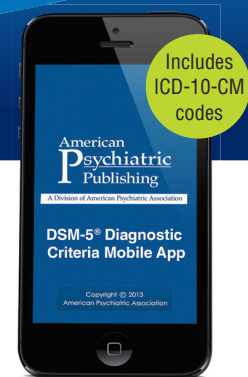
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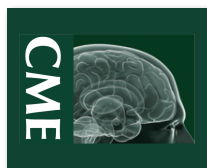
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Mindfulness Training in Marines Preparing for Deployment

Marines who had first received Mindfulness-Based Mind Fitness Training, which can affect brain structures integral to the body's response to stress, experienced quicker heart rate and breathing rate recovery, improved sleep quality, and lower levels of neuropeptide Y after stressful combat training than a comparison group without the intervention.

Unexpected Death of a Loved One and Psychiatric Disorders

Unexpected death of a loved one was associated with heightened vulnerability for virtually all commonly occurring psychiatric disorders, including depression, PTSD, manic episodes, phobias, panic disorder, and substance use disorders in one of the first population-based studies to examine these relations across the lifespan.



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Three articles in this issue form the basis of a short course with questions that can be answered for up to 1 *AMA PRA Category 1 Credit™* each by visiting <http://psychiatryonline.org/cme.aspx> and clicking on the "American Journal of Psychiatry" tab.

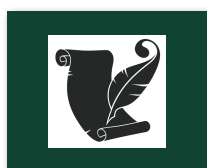
CME credit is issued only online, and a paid subscription to AJP CME course program is required. This month's courses appear on pages 799–802.



AJP Audio

Have You Heard?

With AJP Audio you can listen to highlights of this issue. This month, Deputy Editor Susan Schultz discusses the care of pregnant women with attention deficit hyperactivity disorder, the treatment of separation, generalized, and social anxiety disorders in youths, a screening tool for evaluating the risk of violence in military veterans, the continuity of preschool depression, adult health and functioning in people who were bullied as children, and pregnancy outcomes after in utero exposure to lithium.



Revisit the field's rich history!

50 years ago this month: Moon Phases, Suicide, And Homicide

The 2497 suicides and 2017 homicides occurring in Texas during the years 1959, 1960, and 1961 were related to the 4 phases of the moon and to the apogee/perigee cycles of the moon during this period. No significant relationships were found.

100 years ago this month: The Relations Of Internal Medicine To Psychiatry

"As fellow workers in allied fields of natural science...your way of looking and mine are sufficiently alike to permit, I hope, of a similarity of view consistent with sympathy and with conditional approval. It is desirable that from time to time various internists and various psychiatrists shall give expression to their ideas regarding the mutual relations of their respective subjects, for the fruits of such discussion should grow in value with the number sharing in it."

The Residents' JOURNAL

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May 2014

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In This Issue



Just as the May issue of the *American Journal of Psychiatry* features commentaries and a debut column on global mental health (see the commentary by Fairburn and Patel on global dissemination of psychological treatments), this issue of the *Residents' Journal* is focused entirely on the topic of global mental health. The issue begins with an article by Rajiv Radhakrishnan, M.B.B.S., M.D., on the pearls, promises, perils, and challenges of global mental health research. Jennifer Severe, M.D., provides enlightening data on an emerging model to train generalist physicians to treat psychiatric disorders in Haiti. Dyani A. Loo, M.D., presents a study on the quality of life and mental health indicators in community members living near open mines in Northern Colombia. Hussam Jeebe-Bahloul, M.D., discusses forensic considerations in refugee mental health. Sarah C. Cook, M.B., B.Ch., B.A.O., provides a review of psychiatry in Tanzania, including history and challenges for care. Last, Sunil Jani, M.D., M.P.H., discusses the transformation of mental health culture in India.

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Cover picture

Jonathan Moore (b. 1975). *Bipolar* (2011)

I was born in the Highlands of Scotland and currently live in Inverness. Since 2003, I have struggled daily with various mental health conditions which feature in much of my artwork. One of my favorite pieces of work, which I named *Bipolar*, was created to express my personal experiences of daily living. Although medication may give a measure of relief and make living manageable at times, I have found this not to be consistent. The colourful centre in the picture symbolises relief or balance, but this is a momentary experience from day to day. The surrounding black area depicts the spectrum of mood swings that can be experienced in daily life (i.e. depression and mania). Those who suffer from such afflictions find they can relate to this picture and have found some relief in the knowledge that they are not alone in their plight. My goal is to continue to share my artwork, in the hope that many others may find some solace. Further information can be found on my website www.doodletherapy.moore.com.



We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London E1 8BB, UK or bjp@rcpsych.ac.uk.