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*Edited by John A. Renner Jr., M.D.,  
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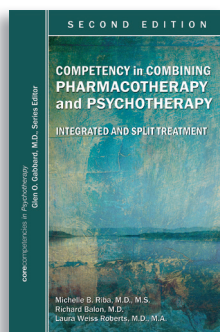
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**Competency in Combining Pharmacotherapy and Psychotherapy Integrated and Split Treatment, Second Edition**

**Core Competencies in Psychotherapy**

*Michelle B. Riba, M.D., M.S., Richard Balon, M.D., and Laura Weiss Roberts, M.D., M.A.*

*Series Editor: Glen O. Gabbard, M.D.*



This book is designed to help psychiatrists at any stage of their career achieve competency in combining and coordinating pharmacotherapeutic and psychotherapeutic treatments for the benefit of their patients.

This second edition, addresses both integrated (single clinician) and split/collaborative (multiple clinicians) treatments, discussing for each:

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The book also offers a chapter—new to this second edition—that focuses on primary care access for mental health services in the context of integrated and split/collaborative care.

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*Robert Freedman, M.D., et al.* [AUDIO](#)

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**607 Prenatal Primary Prevention of Mental Illness by Micronutrient Supplements in Pregnancy**

*Robert Freedman, M.D., et al.* [AUDIO](#) • [VIDEO](#)

This review summarizes recent studies on the fetal origins of illness and puts forward evidence regarding beneficial effects of maternal micronutrient supplementation during pregnancy.

## NEW RESEARCH

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### ARTICLES

**620 Efficacy and Safety of Intranasal Esketamine for the Rapid Reduction of Symptoms of Depression and Suicidality in Patients at Imminent Risk for Suicide: Results of a Double-Blind, Randomized, Placebo-Controlled Study**

*Carla M. Canuso, M.D., et al.* [EDITORIAL](#) • [AUDIO](#) • [VIDEO](#)

Relative to placebo, intranasal esketamine given in addition to comprehensive standard-of-care treatment may result in significantly rapid improvement in depressive symptoms, including some measures of suicidal ideation, among patients with major depression at imminent risk for suicide.

Articles, continued

**631 Physical Activity and Incident Depression: A Meta-Analysis of Prospective Cohort Studies**

*Felipe B. Schuch, Ph.D., et al.* CME • AUDIO

This meta-analysis reviews data on the relationship between physical activity and future risk for depression. Synthesizing data from 49 studies, the authors find that high levels of physical activity at one point in time predict a reduced risk for depression at a later point in time.

**649 A Twin Study of Normative Personality and DSM-IV Personality Disorder Criterion Counts: Evidence for Separate Genetic Influences**

*Nikolai Czajkowski, Ph.D., et al.* EDITORIAL

This research applies the twin study design to address questions relating to aspects of personality. The findings suggest that considerable discontinuities exist between the genetic influences underlying behaviors related to classic, normative models of personality compared with symptoms of personality disorders.

**657 Sensitization of the Neural Salience Network to Repeated Emotional Stimuli Following Initial Habituation in Patients With Borderline Personality Disorder**

*Bryan T. Denny, Ph.D., et al.* EDITORIAL

In patients with borderline personality disorder, abnormally increased reactivity in nodes in the salience network to re-encountered emotional images—a pattern not present among individuals with avoidant personality disorder—suggest a neural mechanism for borderline personality disorder and potential neurocognitive intervention targets.

**665 Medication-Assisted Treatment for Alcohol-Dependent Adults With Serious Mental Illness and Criminal Justice Involvement: Effects on Treatment Utilization and Outcomes**

*Allison G. Robertson, Ph.D., M.P.H., et al.* EDITORIAL • CME • AUDIO

Medication-assisted treatment reduced the rates of psychiatric hospitalization and emergency room visits and improved a surrogate measure of medication compliance but did not have a positive impact on criminal recidivism.

**674 Revisiting Antipsychotic Drug Actions Through Gene Networks Associated With Schizophrenia**

*Karolina Kauppi, Ph.D., et al.*

This study takes an innovative approach to examining biological mechanisms of disease and treatment with some implications for future drug development. The novel and significant findings are that schizophrenia risk genes are located closer to each other in the network space than expected by chance, forming a distinct “schizophrenia disease module.”

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**Cover:** Dr. Allan McLane Hamilton, grandson of Alexander Hamilton, achieved professional renown of his own in the fields of neurology and forensic psychiatry. His life is highlighted in this issue's Images in Psychiatry (p. 605). [Credits: Everett Historical (Alexander Hamilton, 1755–1804, engraving 1859) and Amesto, Shutterstock.com.]

**La Tabla de Contenidos de Este Número Está Disponible en Español**

*[This issue's Table of Contents is available in Spanish]*

*(Abstracts are also available in Spanish)*

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## AJP in Advance

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### **Prevalence and Correlates of Prescription Stimulant Use, Misuse, Use Disorders, and Motivations for Misuse Among Adults in the United States**

The most common reasons for misuse of prescription stimulant medication were for the direct effects to improve performance, including for alertness, for concentration, or as a study aid. Patients who are using their medication for cognitive enhancement or diverting their medication to others present a high risk.

### **Epigenetic Aging in Major Depressive Disorder**

Epigenetics represents one of the more exciting areas of research. Major questions exist on the clinical relevance of this process. The authors provide novel information on the relationships among ageing, major depressive disorder, and DNA methylation, an important form of epigenetic change. Importantly, their analyses considered both data from living patients and post-mortem tissue. Both sets of data suggested that epigenetic changes associated with aging occur more strongly in subjects with a history of depression, relative to no such history.



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## AJP Multimedia

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In AJP Audio this month, Executive Editor Michael Roy talks with M. Camille Hoffman, M.D., about her research on the use of nutritional supplements in pregnancy. Michael Roy also speaks with Danny Pine about a clinical trial involving intranasal esketamine and whether a framework can be established for its safe use. Other highlights: patients with comorbid depression and hypothyroidism, how physical activity can affect depression, and treatment of alcohol-dependent adults who are involved with the criminal justice system.

In this month's video, Deputy Editor Danny Pine, M.D., discusses the articles "Prenatal Primary Prevention of Mental Illness by Micronutrient Supplements in Pregnancy" and "Efficacy and Safety of Intranasal Esketamine for the Rapid Reduction of Symptoms of Depression and Suicidality in Patients at Imminent Risk for Suicide: Results of a Double-Blind, Randomized, Placebo-Controlled Study."



## History of Psychiatry

*Revisit the field's rich history through the pages of AJP*

### **100 and 75 years ago this month: Effects of War**

One sees a lot of the world in 175 years, including its wars. 100 years ago this month: "Traumatic and Emotional Psychoses: So-Called Shell Shock." Fast forward 25 years: the entire July 1943 issue is devoted to psychiatric issues facing the armed forces.

