



# The American Journal of Psychiatry

Official Journal of the American Psychiatric Association

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## Department of Psychiatry

*With the continued growth of our Department of Psychiatry and our New General Psychiatry Residency Programs at Ocean Medical Center and Jersey Shore University Medical Center our vision for Behavioral Health is Bright.*

**Hackensack Meridian Health** is a leading not-for-profit health care network in New Jersey offering a complete range of medical services, innovative research, and life enhancing care aiming to serve as a national model for changing and simplifying health care delivery through partnerships with innovative companies and focusing on quality and safety.

Through a partnership between Hackensack Meridian Health and Seton Hall University, the School of Medicine will re-define graduate medical education, research, and clinical practice; reverse the critical physician shortage in both the New York/New Jersey metropolitan area and the nation; and stimulate economic development in northern New Jersey.

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The School of Medicine will be the cornerstone of a dynamic venue for the exchange of ideas, the development of healthcare and research thought leaders and practitioners, and the discovery of novel therapies to meet the medical challenges of the future.

"Ocean Medical Center's psychiatry program will be a community-based program," said Ramon Solkhah, M.D., program director for psychiatry as well as founding Chair of Psychiatry & Behavioral Health at the Hackensack Meridian School of Medicine at Seton Hall University. "Our new psychiatry residency program will improve clinical care and ultimately encourage future health care leaders to build practices in the Jersey Shore area."

As the area's premier provider of psychiatric services, **Hackensack Meridian Behavioral Health Services** has provided comprehensive mental health and substance abuse services to the residents of Monmouth, Ocean, Middlesex, and Bergen Counties for over forty years. Due to continued growth and expansion, we are currently accepting applications for Psychiatrists to join our Mental Health and Addiction Interdisciplinary Teams in the following positions:

- Medical Director/Section Chief, Child & Adolescent Psychiatry: Jersey Shore University Medical Center (Neptune, NJ)
- Outpatient Child & Adolescent Psychiatrist: Jersey Shore University Medical Center (Neptune, NJ) and Hackensack University Medical Center (Hackensack, NJ)
- Consultation Liaison Psychiatrists: Jersey Shore University Medical Center (Neptune, NJ) and Riverview Medical Center (Red Bank, NJ) and Hackensack University Medical Center (Hackensack, NJ)
- Staff Psychiatrist for Adult Inpatient Unit: Jersey Shore University Medical Center (Neptune, NJ) and Riverview Medical Center (Red Bank, NJ) and Hackensack University Medical Center (Hackensack, NJ)
- Outpatient General Psychiatrist: Jersey Shore University Medical Center (Neptune, NJ), Riverview Medical Center (Red Bank, NJ), and Raritan Bay Medical Center (Perth Amboy, NJ)
- Medical Director of Adult Inpatient Unit Riverview (Red Bank, NJ)
- Emergency Psychiatry: Raritan Bay Medical Center (Perth Amboy, NJ)
- Geriatric Psychiatry – Hackensack University Medical Center (Hackensack, NJ)

In addition to our collegial work environment, we offer a highly competitive compensation package which includes: medical/dental plans, 403(b) retirement plan, and relocation assistance. For immediate consideration, please contact **Renee Theobald**, at: [Renee.Theobald@hackensackmeridian.org](mailto:Renee.Theobald@hackensackmeridian.org) or call: 732 751-3597



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**Department of Psychiatry**

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If interested, please send your CV to:

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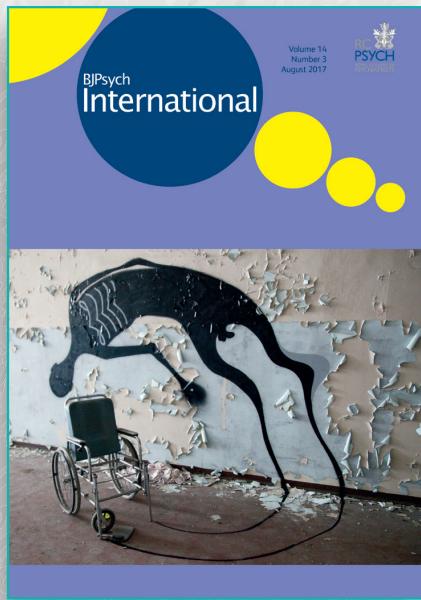
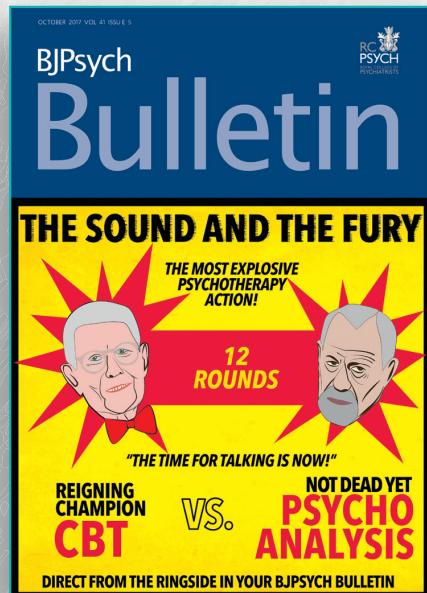
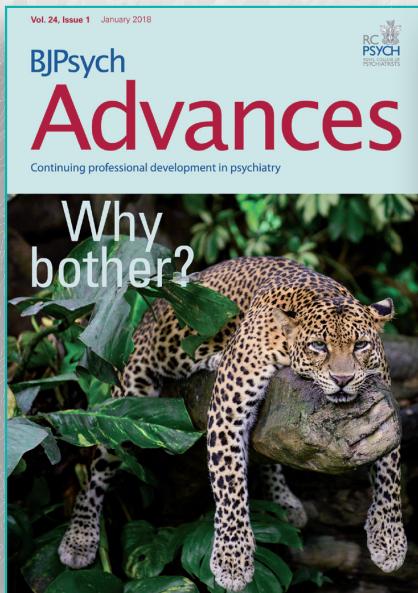
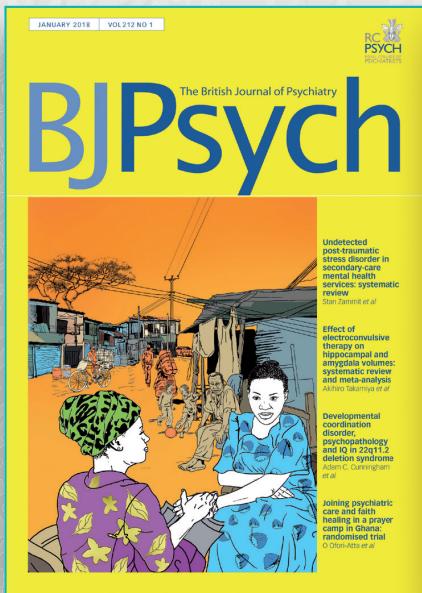
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# The American Journal of Psychiatry

## Residents' Journal

[ajp.psychiatryonline.org/loi/ajp-rj](https://ajp.psychiatryonline.org/loi/ajp-rj)

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Elon E. Richman, M.D., Benson S. Ku, M.D., and Alexander G. Cole, M.D.

*Assessing historical perspectives, disparities, and next steps*

#### 5 Depression: What's Buprenorphine Got to Do With It?

Sean Lynch, B.A., and Ori-Michael Benhamou, M.D.

*Examining treatment for co-occurring substance use and mood disorders*

#### 8 Valproate Monitoring in Patients With Hypoalbuminemia

Stephanie Han, M.D.

*Analyzing pharmacology, side effects, and acid toxicity*

#### 10 An Interview With Charles Sophy, D.O.

Oliver Glass, M.D.

*Discussing work-life balance while working with celebrity clients*

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**The Residents' Journal** is an e-publication that serves as a forum for sharing ideas and experiences in training, clinical practice, research, and careers.

**The Residents' Journal** considers manuscripts authored by medical students, resident physicians, and fellows. For information about submitting manuscripts, visit the **Author Resources** page online: [https://ajp.psychiatryonline.org/residents\\_journal/rj\\_ifora](https://ajp.psychiatryonline.org/residents_journal/rj_ifora).

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To submit an article, go to <https://mc.manuscriptcentral.com/appi-ajp>, and select a manuscript type for AJP Residents' Journal.



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## AJP in Advance

***Discover the latest research advances before they appear in print***

### **Doubly Randomized Preference Trial of Prolonged Exposure Versus Sertraline for Treatment of PTSD**

Prolonged exposure, as part of cognitive behavioral therapy, and selective serotonin reuptake inhibitors (SSRIs) represent established treatments for posttraumatic stress disorder (PTSD). The authors examine the degree to which a patient's preference for one of these therapies impacts treatment response. They use a creative design to show that patient choice impacts on response to treatment, at least partially through adherence.

### **Cerebellar-Prefrontal Network Connectivity and Negative Symptoms in Schizophrenia**

The authors first examined perturbations in resting-state functional magnetic resonance imaging connectivity as they relate to negative symptoms in patients with schizophrenia, then used this information to provide a brain-based target for transcranial magnetic stimulation. The findings highlighted dysfunction in a neural circuit connecting the prefrontal cortex to the cerebellum.

## AJP CME

***Earn CME credit: 3 courses per issue***

This month's courses appear on pages 253–256.

Each short course is based on one article in this issue and can earn up to 1 AMA PRA Category 1 Credit™. CME credit is issued only **online**, and a paid subscription to AJP's CME course program is required.

Visit [psychiatryonline.org/cme](http://psychiatryonline.org/cme) and click on the "American Journal of Psychiatry" tab.

## AJP Multimedia

***Access Audio or Video for highlights of each issue***

In AJP Audio this month, Executive Editor Michael Roy speaks with Leah S. Richmond-Rakerd, Ph.D., about her research on the antecedents, clinical features, and life characteristics of adolescents who engage in both self-harming and violent criminal behaviors.

In this month's video, Deputy Editor Daniel S. Pine, M.D., discusses the articles "Age-Associated Deviations of Amygdala Functional Connectivity in Youths With Psychosis Spectrum Disorders: Relevance to Psychotic Symptoms" and "A Contagion Model for Within-Family Transmission of Drug Abuse."

## History of Psychiatry

***Revisit the field's rich history through the AJP Archive***

### **25 Years Ago This Month: Panic Data**

William W. Eaton and colleagues present the first data on panic attacks and panic disorder in a large sample representative of the U.S. population in a paper that went on to be highly cited, including referenced in a 2013 patent application.

