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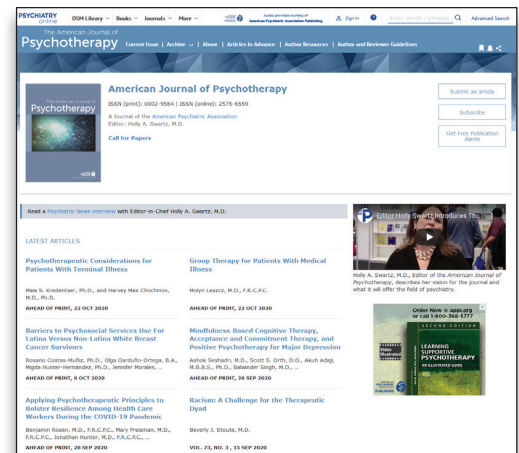
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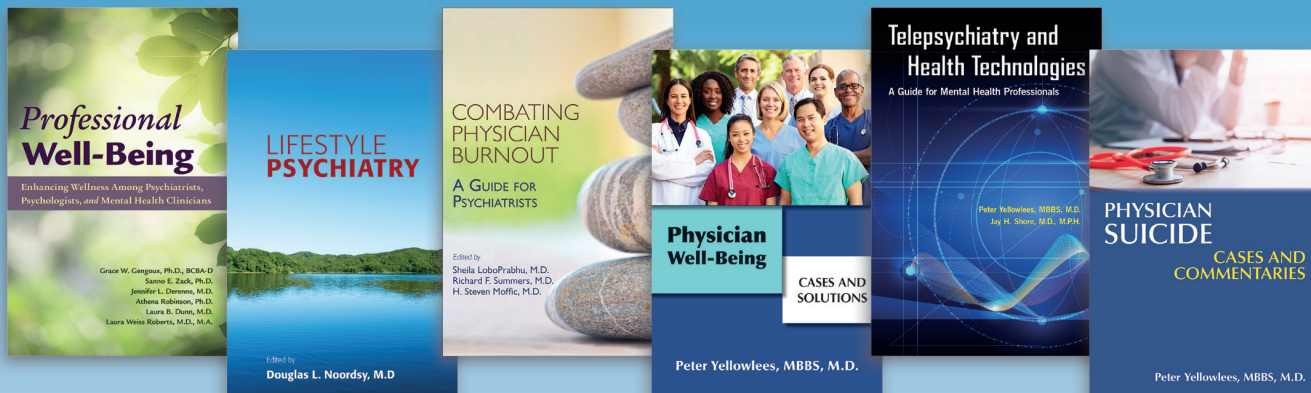- Racism: A Challenge for the Therapeutic Dyad

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Titles to Help Mental Health Professionals

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Enhancing Wellness Among Psychiatrists, Psychologists, and Mental Health Clinicians

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Athena Robinson, Ph.D.,
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Laura Weiss Roberts, M.D., M.A.

Physician self-care is correlated with patient care; a growing body of evidence supports this. Yet, a culture persists within medicine that values overwork, perfectionism, and self-sacrifice, often to the detriment of clinicians themselves. This book advocates for a new culture—one that is supportive of the health and well-being of health professionals to the benefit of the patients and populations they serve.

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A Guide for Psychiatrists

Edited by Sheila LoboPrabhu, M.D.,
Richard F. Summers, M.D., and
H. Steven Moffic, M.D.

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