

FIGURE S1. Participant Distribution

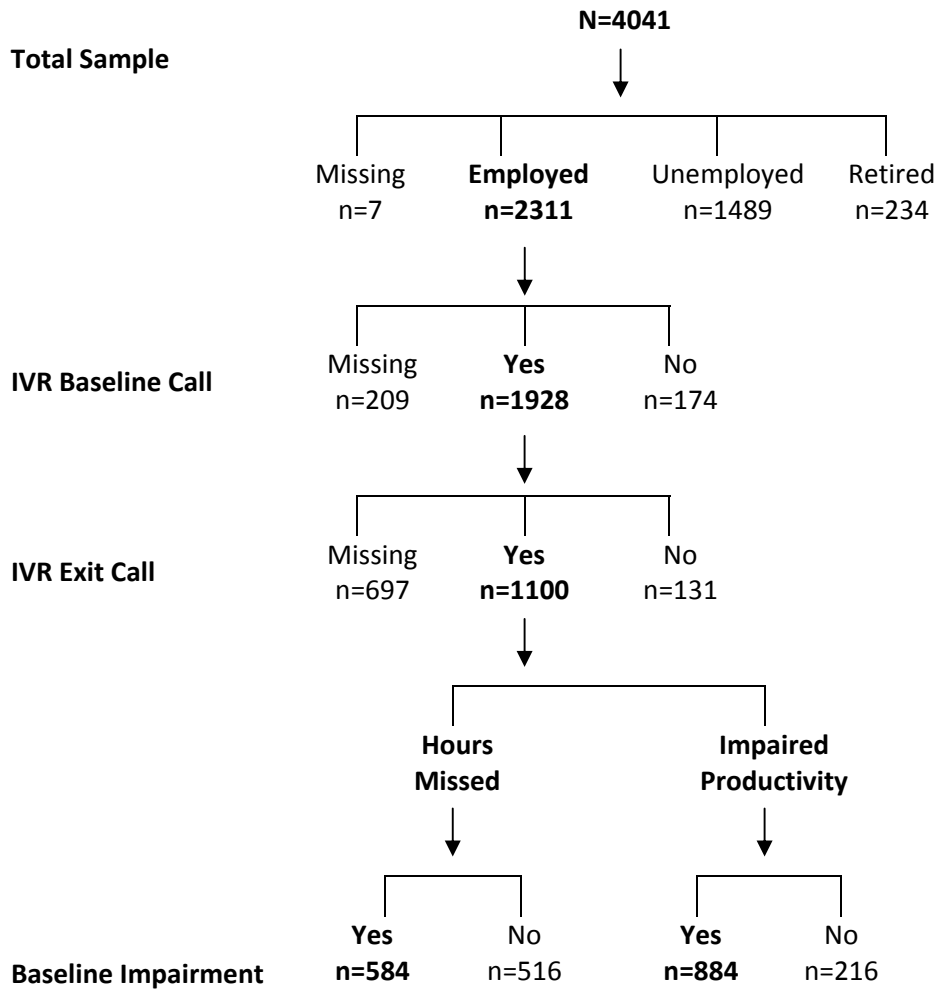


TABLE S1. Baseline Characteristics of Exit Sample

Characteristics	Exit Sample N=1100					
	Baseline Sample N=1928		Missed Hours N=584		Impaired Productivity N=884	
	N	%	N	%	N	%
Race						
White	1538	79.8	466	79.8	735	83.1
African-American	274	14.2	82	14.0	97	11.0
Others	116	6.0	36	6.2	52	5.9
Hispanic ethnicity	213	11.1	61	10.5	80	9.1
Gender – Female	1223	63.4	373	63.9	535	60.5
Marital Status						
Never Married	607	31.5	152	26.0	249	28.2
Married	822	42.6	272	46.6	407	46.0
Divorced	463	24.0	148	25.3	213	24.1
Widowed	36	1.9	12	2.1	15	1.7
Education						
< High School	118	6.1	28	4.8	36	4.1
High School - < College	1167	60.5	339	58.0	498	56.3
≥ College	643	33.4	217	37.2	350	39.6
Insurance Status						
Private Insurance	1286	68.2	415	72.3	620	71.8
Public Insurance	102	5.4	28	4.9	35	4.1
No Insurance	499	26.4	131	22.8	208	24.1
Age group						
8-25	312	16.2	64	11.0	120	13.6
6-35	564	29.3	160	27.4	235	26.6
6-50	721	37.4	239	40.9	351	39.7
1-65	296	15.3	107	18.3	162	18.3
6-75	34	1.8	14	2.4	16	1.8
Setting – Primary Care	712	37.1	197	33.7	299	33.8
Onset age <18 years	762	40.0	208	35.8	347	39.6
Family History of Depression	1072	56.1	319	55.1	496	56.6
History of Attempted Suicide	310	16.1	99	17.0	121	13.7
Current MDE ≥24 months	409	21.4	126	21.7	182	20.8
Recurrent Depression	1375	76.2	433	78.3	658	79.5
Anxious Depression	705	38.6	238	42.5	310	36.4
Melancholic Depression	334	18.3	120	21.4	160	18.8
Atypical Depression	284	15.5	107	19.1	144	16.9
Generalized Anxiety Disorder	356	18.6	100	17.3	152	17.3
Obsessive Compulsive Disorder	199	10.4	57	9.8	76	8.7
Panic Disorder	177	9.3	52	8.9	65	7.4
Social Phobia	546	28.6	167	28.8	246	28.0
PTSD	270	14.1	89	15.3	116	13.2
Agoraphobia	145	7.6	39	6.7	57	6.5
Alcohol abuse/dependence	205	10.7	51	8.8	78	8.9
Drug abuse/dependence	109	5.7	17	2.9	33	3.8
Somatoform Disorder	23	1.2	6	1.0	7	0.8
Hypochondriasis	56	2.9	15	2.6	18	2.1
Bulimia	245	12.8	77	13.3	118	13.4

TABLE S1 Continued

Characteristics	Exit Sample N=1100					
	Baseline Sample N=1928		Missed Hours N=584		Impaired Productivity N=884	
	N	%	N	%	N	%
Psychiatric Disorder Count						
0	784	41.4	242	42.2	385	44.2
1	524	27.6	156	27.2	234	26.9
2	289	15.3	99	17.2	140	16.1
3	133	7.0	33	5.8	55	6.3
≥4	165	8.7	44	7.6	57	6.5
General Medical Conditions count						
0	288	14.9	77	13.2	114	12.9
1	390	20.2	101	17.3	181	20.5
2	370	19.2	109	18.7	166	18.8
3	272	14.1	86	14.7	130	14.7
4	608	31.6	211	36.1	293	33.1
	N	Mean (SD)	N	Mean (SD)	N	Mean (SD)
Age (years)	1927	38.3 (11.9)	584	40.2 (11.6)	884	39.6 (11.8)
Education (years)	1925	14.2 (3)	584	14.5 (3)	884	14.6 (3)
Monthly Income	1787	3238 (3631)	553	3411 (3309)	843	3500 (3755)
Age at Onset (years)	1907	23.6 (12.7)	581	24.7 (13.1)	876	23.9 (13.1)
Number of MDEs	1675	5.6 (9.8)	514	5.8 (10.1)	760	6.3 (11.5)
Length of Current MDE (months)	1912	20.4 (43.8)	581	19.2 (38.6)	874	18.6 (38.7)
Length of Illness (years)	1906	14.7 (12.5)	581	15.6 (12.4)	876	15.7 (12.7)
General Medical Conditions						
Categories endorsed	1928	2.5(2.1)	584	2.8(2.1)	884	2.6(2.1)
Total Score	1928	3.4(3.1)	584	3.7(3.2)	884	3.5(3.1)
Severity Index	1928	1.1(0.6)	584	1.1(0.6)	884	1.1(0.6)
Symptom Severity						
HRSD ₁₇ (ROA)	1819	19.1 (6.3)	555	20.2 (6.1)	845	19.2 (6.2)
IDS-C ₃₀ (ROA)	1814	34.2 (10.9)	558	36.2 (10.5)	844	34.5 (10.4)
QIDS-SR ₁₆	1922	15 (4.1)	581	15.4 (4)	882	14.9 (4)
Function and QOL						
SF-12 Physical	1928	52.7 (10.1)	584	52 (10.2)	884	52.9 (10.1)
SF-12 Mental	1928	25.9 (8.4)	584	24.7 (7.6)	884	25.2 (7.6)
Q-LES-Q	1928	44.3 (14.1)	584	42.2 (12.8)	884	44 (12.6)
WSAS	1928	22.1 (8.7)	584	23.9 (8)	884	22.6 (7.8)
Hours Impaired	1928	7.0 (11.4)	584	11.3 (12)	---	---
Impaired Productivity	1928	3.8 (2.8)	---	---	884	4.7 (2.2)

Baseline N=1928, Exit N=1100. Abbreviations: HRSD₁₇, 17-item Hamilton rating scale for depression; IDS-C₃₀, 30-item inventory of depressive symptomatology – clinician-rated, MDE, Major depressive episode, PTSD, Post-traumatic stress disorder; QIDS-SR₁₆, 16-item quick inventory of depressive symptomatology – self-report; Q-LES-Q, Quality of life enjoyment and satisfaction questionnaire; ROA, research outcomes assessor; SF-12 Physical, Physical subscale of the 12-item short-form health survey; SF-12 Mental, Mental subscale of the 12-item short-form health survey; WSAS: Work and social adjustment scale.