

Supplemental Data

Group Comparison of Baseline and Longitudinal Change - Single-response LMER

For each of participant and companion Symptom Checklist 90-Revised (SCL-90-R) global indices and primary symptom dimensions, three linear mixed effects regression (LMER) models were fitted separately to test for group intercept (baseline) and slope (longitudinal) differences. The three LMER models are:

Model 1 (Null model)

$$y_{ij} = (b_1 + \beta_{1i}) + (b_2 + \beta_{2i})dur_{ij} + \varepsilon_{ij}$$

Model 2 (Intercept Model)

$$y_{ij} = (b_1 + \beta_{1i}) + (b_2 + \beta_{2i})dur_{ij} + b_3low_i + b_4med_i + b_5high_i + \varepsilon_{ij}$$

Model 3 (Intercept and Slope Model)

$$y_{ij} = (b_1 + \beta_{1i}) + (b_2 + \beta_{2i})dur_{ij} + b_3low_i + b_4med_i + b_5high_i + b_6low_i \cdot dur_{ij} + b_7med_i \cdot dur_{ij} + b_8high_i \cdot dur_{ij} + \varepsilon_{ij}$$

where y_{ij} is the SCL-90-R score for person i at time j ; β_{1i} is the random intercept, β_{2i} is the random slope, and ε_{ij} is random error. It was assumed that two random effects follow a multivariate normal distribution with zero mean vector and unstructured covariance matrix; error terms follow a normal distribution with zero mean; and random effects and error terms are independent of each other. All models also included gender, years of education, and age at entry as covariates. The three models were evaluated using a scaling of Akaike's information criteria (AIC) corrected for small-sample bias (AICc). To rank the models, two scalings of AICc were computed: the difference in AICc (dAICc) and the AICc weight (wAICc). The dAICc was computed as the difference in AICc values between each model and the model with the lowest AICc, with smaller values indicating better fit (the best fitting model has dAICc=0 and all other models have dAICc>0). The wAICc is a probability scaling of all the AICc values ($0 \leq$

wAICc ≤ 1), with values closer to one indicating better fit. If Model 2 or 3 were the best fitting, then baseline and longitudinal differences between controls and each of the gene-expanded groups were reported (Table 3).

Participant and Companion Comparison - Multi-response LMER

In the multi-response LMER analysis (1), the focus is on the discrepancy between participant and companion ratings in each group over time. This discrepancy can be captured by the participant and companion slope difference. To test the slope difference between the participants and companions in each group, the participant and companion trajectories were fitted simultaneously accounting for the correlation between the participant and companion repeated measures on the same individual. The multi-response LMER was fitted stacking participant and companion data. In this stacked data, we added a new variable ‘trait’ which indicates whether the observation is from the participants or companions. Based on the trait, two indicator variables were created: (1) traitP (1 if trait=participant and 0 otherwise) and (2) traitC (1 if trait=companion and 0 otherwise). Then, these two indicator variables were used to create interactions with every independent variable in the model. In this way, stacked design matrices for the fixed and random effects can be built and we can estimate separate participant and companion fixed and random effects. The model with the group slope effect is as follows (covariates are excluded here for the simplicity but they can also be included in the same manner as groups):

For the outcome and fixed and random effects variables, participant (P) and companion (C) data were

stacked as follows:
$$Y^{P,C} = \begin{pmatrix} Y_{ij}^P \\ Y_{ij}^C \end{pmatrix}$$

$$X^{P,C} = \begin{pmatrix} cont_i^P & low_i^P & med_i^P & high_i^P & cont_i^P \cdot dur_{ij}^P & low_i^P \cdot dur_{ij}^P & med_i^P \cdot dur_{ij}^P & high_i^P \cdot dur_{ij}^P \\ cont_i^C & low_i^C & med_i^C & high_i^C & cont_i^C \cdot dur_{ij}^C & low_i^C \cdot dur_{ij}^C & med_i^C \cdot dur_{ij}^C & high_i^C \cdot dur_{ij}^C \end{pmatrix}$$

$$Z^{P,C} = \begin{pmatrix} 1^P & dur_{ij}^P \\ 1^C & dur_{ij}^C \end{pmatrix}$$

$Y^{P,C}$ is the stacked vector for the outcome variable; $X^{P,C}$ and $Z^{P,C}$ is the stacked matrix for fixed and random effect variables, respectively. Groups were coded as four dummy variables: cont, low, med, and high. Then, for each column of $X^{P,C}$ and $Z^{P,C}$, two indicator variables, traitP and traitC were multiplied separately:

$$X^{P,C} \cdot (\text{trait} = P) = \begin{pmatrix} cont_i^P & low_i^P & med_i^P & high_i^P & cont_i^P \cdot dur_{ij}^P & low_i^P \cdot dur_{ij}^P & med_i^P \cdot dur_{ij}^P & high_i^P \cdot dur_{ij}^P \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$$

$$X^{P,C} \cdot (\text{trait} = C) = \begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ cont_i^C & low_i^C & med_i^C & high_i^C & cont_i^C \cdot dur_{ij}^C & low_i^C \cdot dur_{ij}^C & med_i^C \cdot dur_{ij}^C & high_i^C \cdot dur_{ij}^C \end{pmatrix}$$

$$Z^{P,C} \cdot (\text{trait} = P) = \begin{pmatrix} 1^P & dur_{ij}^P \\ 0 & 0 \end{pmatrix}, Z^{P,C} \cdot (\text{trait} = C) = \begin{pmatrix} 0 & 0 \\ 1^C & dur_{ij}^C \end{pmatrix}$$

Then,

$$Y^{P,C} = [X^{P,C} \cdot (\text{trait} = P), X^{P,C} \cdot (\text{trait} = C)] \begin{bmatrix} b^P \\ b^C \end{bmatrix} + [Z^{P,C} \cdot (\text{trait} = P), Z^{P,C} \cdot (\text{trait} = C)] \begin{bmatrix} \beta^P \\ \beta^C \end{bmatrix} + e^{P,C}$$

$$y_{ij}^{trait} = b_1^{trait} cont_i^{trait} + b_2^{trait} low_i^{trait} + b_3^{trait} med_i^{trait} + b_4^{trait} high_i^{trait} \\ + b_5^{trait} cont_i^{trait} \cdot dur_{ij}^{trait} + b_6^{trait} low_i^{trait} \cdot dur_{ij}^{trait} + b_7^{trait} med_i^{trait} \cdot dur_{ij}^{trait} + b_8^{trait} high_i^{trait} \cdot dur_{ij}^{trait} \\ + \beta_{1i}^{trait} + \beta_{2i}^{trait} \cdot dur_{ij}^{trait} + e_{ij}^{trait}$$

For any k^{th} fixed effect in the above model, we observe two separate parameters for participant (b_k^P) and companion (b_k^C). The participant and companion random effects for intercept and the duration (dur) follow multivariate normal distribution, $(\beta_{1i}^P, \beta_{2i}^P, \beta_{1i}^C, \beta_{2i}^C)^T \sim MVN(0, \Sigma)$. The error terms follow normal distribution: $e^{P,C} \sim N(0, \sigma_e^2)$.

As each of the four groups (control, low, medium, and high) has either a slope discrepancy or no discrepancy between participants and companions, there were 16 possible models (Table A.1). As shown in the table A.1, Model 1 is the simplest model with no slope discrepancy in any of the groups and Model 16 is the most complex model with slope discrepancies in all groups. All models were adjusted for gender, years of education, and age at entry. These models were evaluated using AICc weights (wAICc). The relative importance of the slope discrepancy of each group was quantified by the sum of the weights

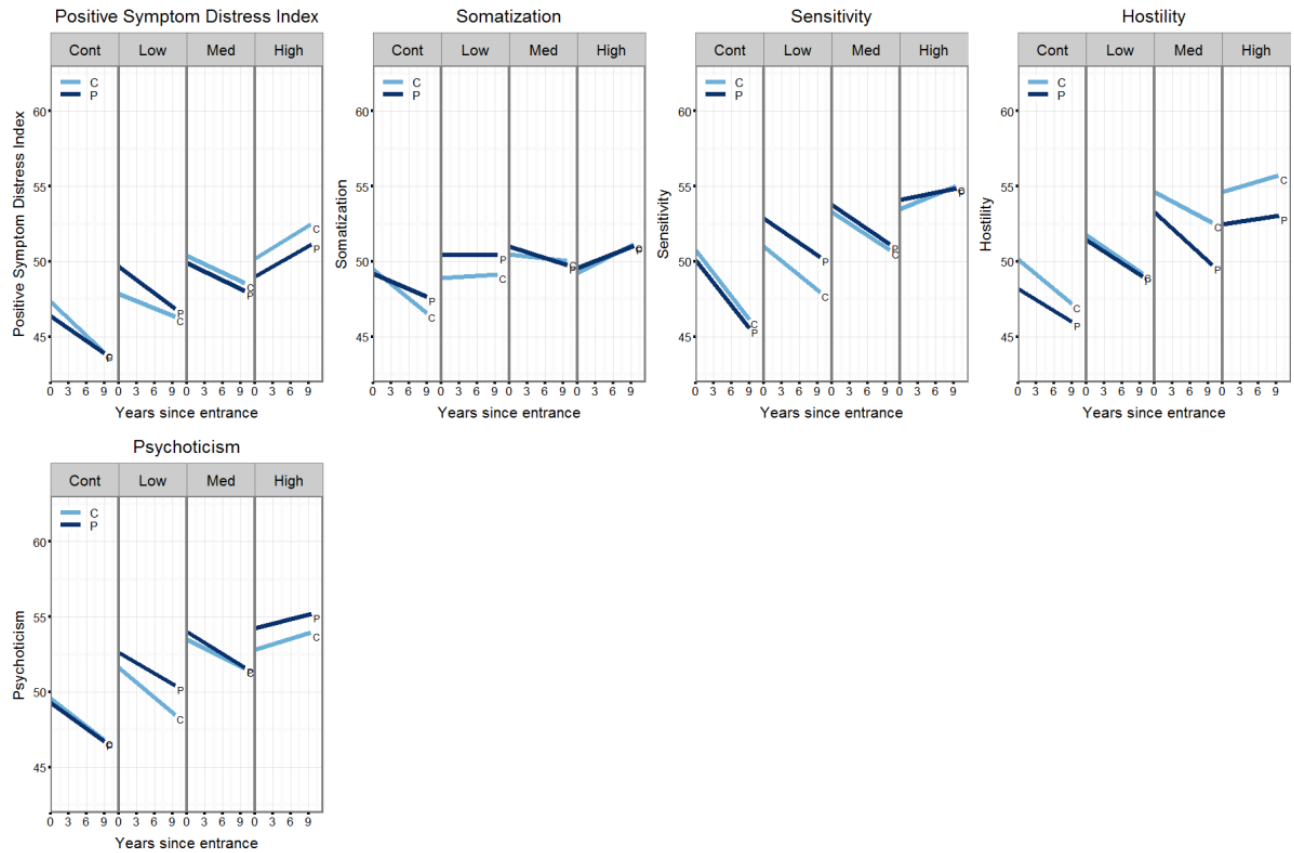
over all the models with unequal group slopes (2). For example, the relative importance for the high group was assessed by summing the wAICc values over 8 models where the high group with a slope discrepancy appeared (Model 5, 8, 10, 11, 13, 14, 15, and 16). The weights close to 1 indicate higher relative importance. Model-averaged coefficients were computed by averaging model parameters over all models after multiplying the weight (wAICc) of the model and the estimated parameters for the given model (3, shows how to calculate $\tilde{\beta}$).

TABLE S1. 16 multi-response LMER models testing a discrepancy between the slopes of participants (P) and companions (C) ratings in each group

Model	Group with Discrepancy	Group with Unequal Slopes (P slope \neq C slope)			
		Control	Low	Medium	High
1	None	0	0	0	0
2	Cont	1	0	0	0
3	Low	0	1	0	0
4	Med	0	0	1	0
5	High	0	0	0	1
6	Cont, Low	1	1	0	0
7	Cont, Med	1	0	1	0
8	Cont, High	1	0	0	1
9	Low, Med	0	1	1	0
10	Low, High	0	1	0	1
11	Med, High	0	0	1	1
12	Cont, Low, Med	1	1	1	0
13	Cont, Low, High	1	1	0	1
14	Cont, Med, High	1	0	1	1
15	Low, Med, High	0	1	1	1
16	Cont, Low, Med, High	1	1	1	1

Note. P = Participant; C = Companion; In column 3 to 6, 0 indicates equal P and C slopes were estimated for that group whereas 1 indicates unequal P and C slopes were estimated. All models included gender, years of education, and age at entry as covariates.

FIGURE S1. Fitted LMER curves by group for participant and companion SCL-90-R ratings. All model coefficients were estimated adjusting for gender, years of education, and age at entry. The plots show the SCL90 score as a function of duration, person (participant or companion) and group.



Supplemental Data References

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