

**Risk of Bias Assessment**

Study (Author, Year): \_\_\_\_\_

**1. Sample**

1. The sample is representative of the population from which it was drawn.			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

2. The source of the sample is clearly stated.			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

3. The sample size is appropriate to determine statistical significance for primary outcomes.			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

**2. Quality of measurements**

4. Insight measure(s) is/are operationalized precisely.			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

5. Psychometric properties of insight measure(s) is/are adequate (reliability $\geq$ .80 + face validity)			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

6. Outcome measure(s) is/are operationalized precisely.			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

7. Psychometric properties of outcome measure(s) is/are adequate (reliability $\geq$ .80 + face validity)			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

**3. Further Distorting Influences**

8. Attrition rate is less than 5%.			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

9. Insight and outcome are rated by different sources (patient, therapist, external observer ...)?			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

10. Time of measurement(s) of insight is clearly indicated.			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

11. Time of measurement(s) of outcome is clearly indicated.			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

12. Insight and outcome are rated in different sessions.			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

13. Zero-order correlation of insight and outcome is directly reported.			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

#### 4. Reporting of data

14. Explanation for missing data is given.			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

15. Data are clearly and accurately presented (including CIs where appropriate).			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

16. There is <b>no</b> evidence for selective reporting.			
<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> unclear	<input type="checkbox"/> not applicable

#### Conclusion

Sum of "no" and "unclear"-answers:	
Sum of applicable items:	
Ratio (i.e. Risk of Bias score):	