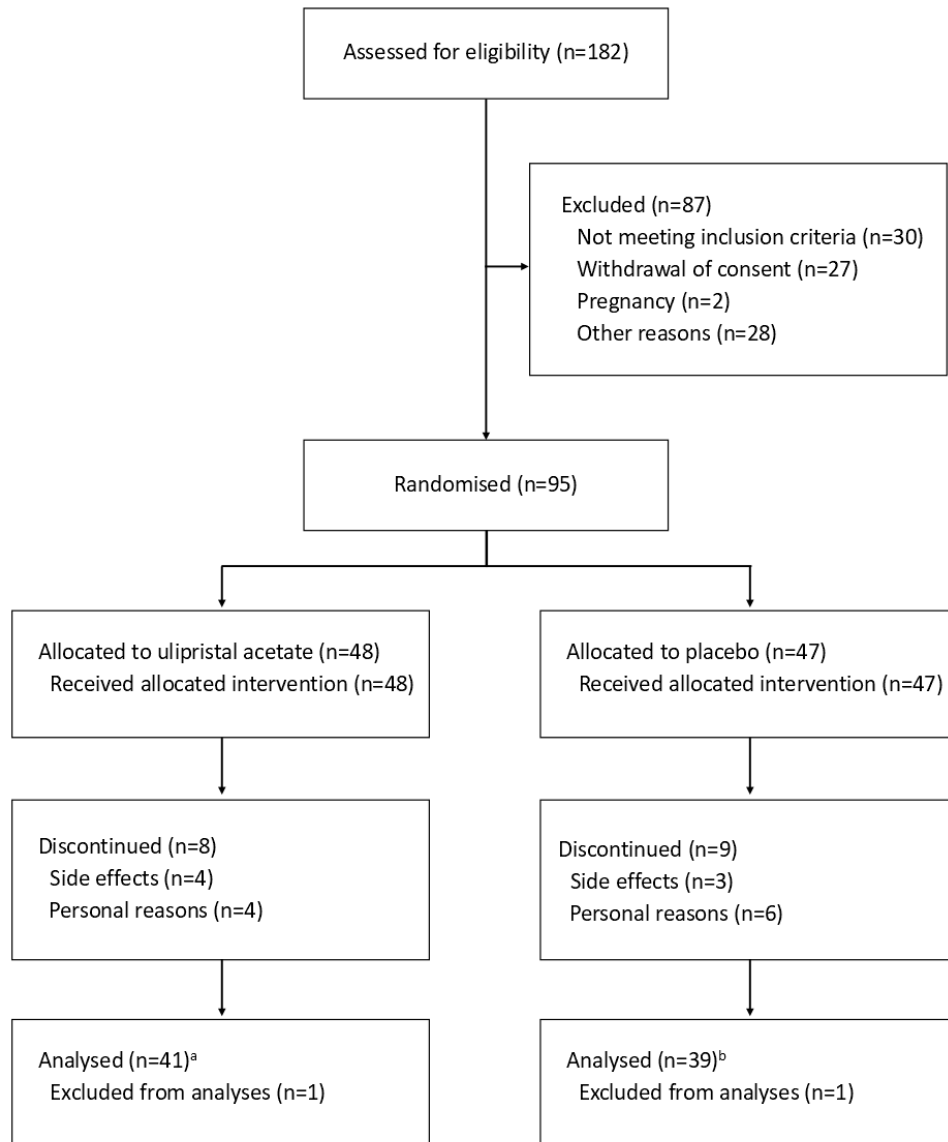


Figure S1. Study flowchart



<sup>a</sup>Including one woman with data from cycle 2

<sup>b</sup>Including one woman with data from cycle 2

**TABLE S1. The most commonly reported side effects. Data presented as n (%)**

	UPA N=48	Placebo N=47
Headache	4 (8.3)	2 (4.3)
Nausea	4 (8.3) <sup>a</sup>	0
Fatigue	3 (6.3)	2 (4.3)
Gastrointestinal problems	1 (2.1)	3 (6.4)
Depressive symptoms	1 (2.1)	2 (4.3)
Malaise	1 (2.1)	1 (2.1)
Anxiety	0	2 (4.3)

<sup>a</sup> Significantly different from placebo, chi-square test,  $p < 0.05$ .