

Appendix A

Survey of pathological lying behaviors (SOPL)

1 (*strongly disagree*) to 7 (*strongly agree*) for items 1-7

1. My lying behaviors have resulted in impairment for me in:
 - a. My occupation
 - b. Social relationships
 - c. Finances
 - d. Legal contexts
2. My lying causes me significant distress.
3. My lying has put myself or others in danger.
4. My lying is something out of my control.
5. After I lie I feel less anxious.
6. My lies tend to grow larger from an initial lie.
7. Most of the lies I tell are for no reason.
8. What is the earliest stage that you or others considered yourself to be a pathological liar?
Childhood (3-10 years)
Adolescence (10-20 years)
Early adulthood (20-40 years)
Middle Adulthood (40-60 years)
Late adulthood (65 years or more)
9. How long have you been telling numerous lies/engaged in pathological lying?
3 months
6 months
1 year
1-5 years
More than 5 years