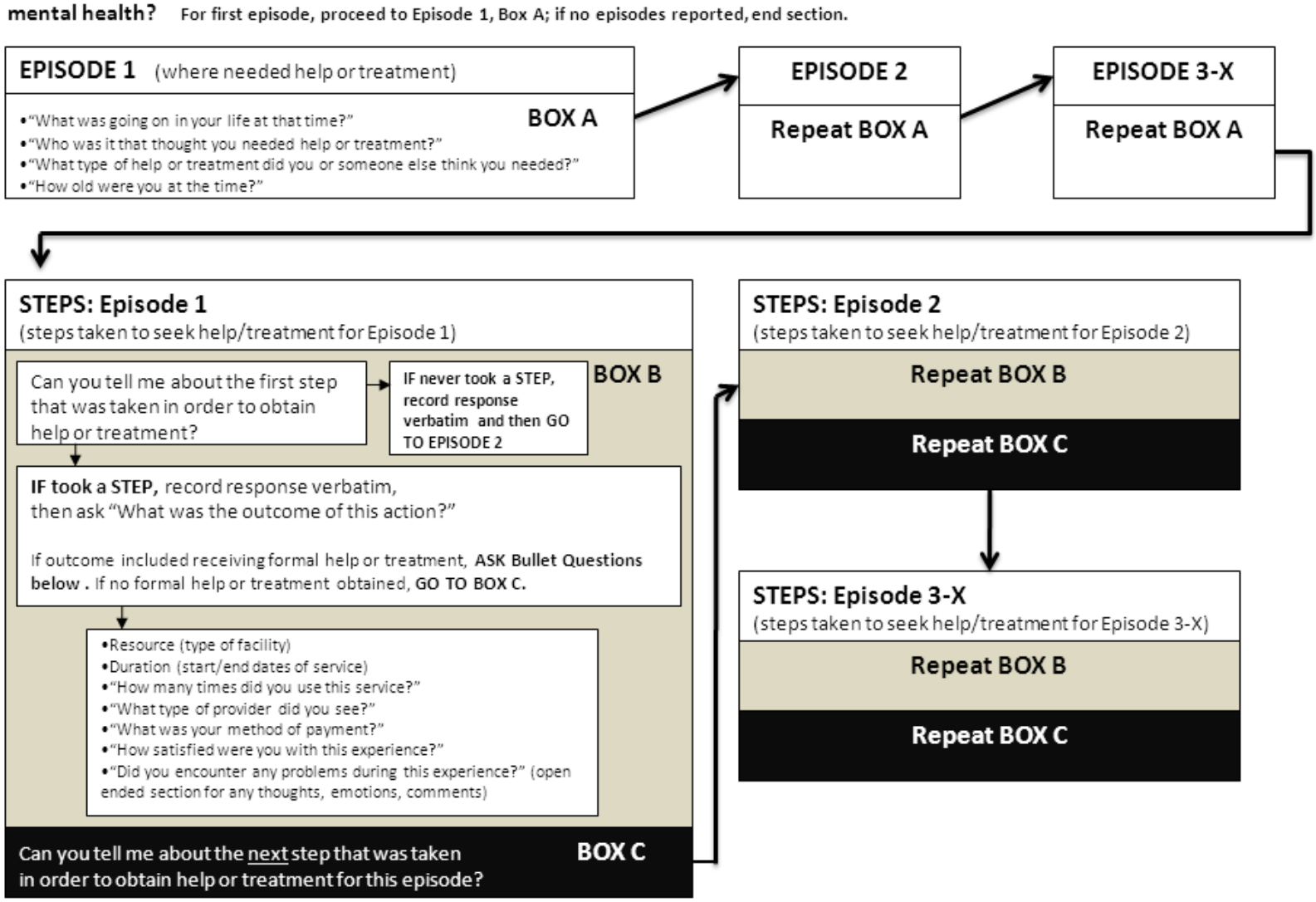
Figure 1


"How many times did you or someone else ever think you needed help or treatment for problems with your emotions, nerves, or mental health? For first episode, proceed to Episode 1, Box A; if no episodes reported, end section.
EPISODE 1 (where needed help or treatment)
BOX A
•"What was going on in your life at that time?"
•"Who was it that thought you needed help or treatment?"
•"What type of help or treatment did you or someone else think you needed?"
•"How old were you at the time?"
EPISODE 2
Repeat BOX A
EPISODE 3-X
Repeat BOX A
STEPS: Episode 1
(steps taken to seek help/treatment for Episode 1)
BOX B
Can you tell me about the first step that was taken in order to obtain help or treatment?
IF never took a STEP, record response verbatim and then GO TO EPISODE 2
IF took a STEP, record response verbatim, then ask "What was the outcome of this action?"
If outcome included receiving formal help or treatment, ASK Bullet Questions below. If no formal help or treatment obtained, GO TO BOX C.
•Resource (type of facility)
•Duration (start/end dates of service)
•"How many times did you use this service?"
•"What type of provider did you see?"
•"What was your method of payment?"
•"How satisfied were you with this experience?"
•"Did you encounter any problems during this experience?" (open ended section for any thoughts, emotions, comments)
Can you tell me about the next step that was taken in order to obtain help or treatment for this episode?
BOX C
STEPS: Episode 2
(steps taken to seek help/treatment for Episode 2)
Repeat BOX B
Repeat BOX C
STEPS: Episode 3-X
(steps taken to seek help/treatment for Episode 3-X)
Repeat BOX B
Repeat BOX C