

Appendix: The Illness Management & Recovery Treatment Integrity Scale (IT-IS)

Item	1	2	3	4	5
	Unsatisfactory	Needs Improvement	Satisfactory	Very Good	Excellent
1) Therapeutic Relationship	Clinician fails to use methods	Clinician applies either insufficient or inappropriate methods, and/or with limited skill and flexibility	Clinician applies sufficient range of methods with skill and flexibility. Some difficulties evident	Clinician systematically applies an appropriate range of methods in a creative, resourceful and effective manner	Clinician uses an excellent range of application or successful application in the face of difficulties
2) Recovery Orientation	Clinician fails to use methods	Clinician applies either insufficient or inappropriate methods, and/or with limited skill and flexibility	Clinician applies sufficient range of methods with skill and flexibility. Some difficulties evident	Clinician systematically applies an appropriate range of methods in a creative, resourceful and effective manner	Clinician uses an excellent range of application or successful application in the face of difficulties
3) Involving All Group Members <input type="checkbox"/> N/A	Clinician fails to use methods	Clinician applies either insufficient or inappropriate methods, and/or with limited skill and flexibility	Clinician applies sufficient range of methods with skill and flexibility. Some difficulties evident	Clinician systematically applies an appropriate range of methods in a creative, resourceful and effective manner	Clinician uses an excellent range of application or successful application in the face of difficulties

<p>4) Enlisting Support Between Group Members</p> <p><input type="checkbox"/> N/A</p>	<p>Clinician fails to use methods</p>	<p>Clinician applies either insufficient or inappropriate methods, and/or with limited skill and flexibility</p>	<p>Clinician applies sufficient range of methods with skill and flexibility. Some difficulties evident</p>	<p>Clinician systematically applies an appropriate range of methods in a creative, resourceful and effective manner</p>	<p>Clinician uses an excellent range of application or successful application in the face of difficulties</p>
<p>5) Involvement of Significant Other</p>	<p>No involvement of significant others in any way</p>	<p>Significant others are mentioned, but it is unclear whether they are directly involved</p>	<p>Clinician elicits significant other involvement or reinforces it when it arises</p>	<p>Clinician elicits significant other involvement and reinforces it when it arises</p>	<p>Clinician elicits significant other involvement and reinforces it when it arises and there is a plan for further involvement</p>

6) Structure/Efficient Use of Time	Session is not structured	<ul style="list-style-type: none"> • <i>Some</i> of the recommended items are included • Time is <i>not</i> used efficiently 	<ul style="list-style-type: none"> • <i>Some</i> of the recommended items are included • Time is <i>mostly</i> used efficiently 	<ul style="list-style-type: none"> • <i>Most</i> of the recommended items are included • Time <i>is</i> used efficiently • All critical items included 	<ul style="list-style-type: none"> • <i>All/Almost All</i> of the recommended items are included • Time <i>is</i> used efficiently • All critical items included
7) Use of Structured IMR Curriculum	No material and session is not relevant to IMR	Limited material that is not related to IMR Or No material and session is tangentially related to IMR	Structured curriculum material which is unrelated to IMR Or Limited material used to guide discussion tangentially IMR-related Or No material, but discussion is IMR-related	Structured curriculum material, which is tangentially related to IMR Or Limited material used to guide IMR-relevant discussion	Structured, IMR-related material is the focus of session

8) Goals	Clinician fails to use methods	Clinician applies either insufficient or inappropriate methods, and/or with limited skill and flexibility	Clinician applies sufficient range of methods with skill and flexibility. Some difficulties evident	Clinician systematically applies an appropriate range of methods in a creative, resourceful and effective manner	Clinician uses an excellent range of application or successful application in the face of difficulties
9) Weekly Action Planning	Homework and/or action steps meets 0-1 indicators below	Homework and/or action steps are being developed, but only fit 2-3 indicators below	Homework and/or action steps are being developed, but only fit 4-6 indicators below	Homework and/or action steps are being developed, but fits 7 indicators below	Homework and/or action steps are being developed, and exhibit all indicators of excellence below
10) Action Plan Review	Clinician fails to use methods	Clinician applies either insufficient or inappropriate methods, and/or with limited skill and flexibility	Clinician applies sufficient range of methods with skill and flexibility. Some difficulties evident	Clinician systematically applies an appropriate range of methods in a creative, resourceful and effective manner	Clinician uses an excellent range of application or successful application in the face of difficulties
11) Motivational Enhancement Strategies	Clinician fails to use methods	Clinician applies either insufficient or inappropriate methods, and/or with limited skill and flexibility	Clinician applies sufficient range of methods with skill and flexibility. Some difficulties evident	Clinician systematically applies an appropriate range of methods in a creative, resourceful and effective manner	Clinician uses an excellent range of application or successful application in the face of difficulties

12) Educational Strategies	Clinician fails to use methods	Clinician applies either insufficient or inappropriate methods, and/or with limited skill and flexibility	Clinician applies sufficient range of methods with skill and flexibility. Some difficulties evident	Clinician systematically applies an appropriate range of methods in a creative, resourceful and effective manner	Clinician uses an excellent range of application or successful application in the face of difficulties
13) Cognitive-Behavioral Techniques	Clinician fails to use methods	Clinician applies either insufficient or inappropriate methods, and/or with limited skill and flexibility	Clinician applies sufficient range of methods with skill and flexibility. Some difficulties evident	Clinician systematically applies an appropriate range of methods in a creative, resourceful and effective manner	Clinician uses an excellent range of application or successful application in the face of difficulties
<i>Optional Items</i>					
14) Relapse Prevention Training	Clinician fails to use methods	Clinician applies either insufficient or inappropriate methods, and/or with limited skill and flexibility	Clinician applies sufficient range of methods with skill and flexibility. Some difficulties evident	Clinician systematically applies an appropriate range of methods in a creative, resourceful and effective manner	Clinician uses an excellent range of application or successful application in the face of difficulties
15) Behavioral Tailoring for Medication Management	Clinician fails to use methods	Clinician applies either insufficient or inappropriate methods, and/or with limited skill and flexibility	Clinician applies sufficient range of methods with skill and flexibility. Some difficulties evident	Clinician systematically applies an appropriate range of methods in a creative, resourceful and effective manner	Clinician uses an excellent range of application or successful application in the face of difficulties

16) Coping Skills Training	Clinician fails to use methods	Clinician applies either insufficient or inappropriate methods, and/or with limited skill and flexibility	Clinician applies sufficient range of methods with skill and flexibility. Some difficulties evident	Clinician systematically applies an appropriate range of methods in a creative, resourceful and effective manner	Clinician uses an excellent range of application or successful application in the face of difficulties
-----------------------------------	--------------------------------	---	---	--	---