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Supplemental Table

Recovery and traditional mental health outcomes at enrollment and 3-month follow up

	Peer-led (n=74)				Clinician-led (n=82)				Treatment as Usual (n=84)			
	Enrollment		3-months		Enrollment		3-months		Enrollment		3-months	
Recovery Outcomes	Mean	s.d.	Mean	s.d.	Mean	s.d.	Mean	s.d.	Mean	s.d.	Mean	s.d.
Patient Activation (PAM)	28.92	5.85	29.12	5.91	28.38	5.42	28.82	6.48	28.90	5.92	29.21	5.80
Empowerment	80.19	7.43	80.20	6.66	80.11	7.41	80.85	8.00	80.31	7.81	81.15	8.37
Social Support	61.35	16.87	63.18	16.59	57.89	17.92	58.21	19.00	61.74	18.20	64.30	16.31
Hope	23.40	3.09	23.51	3.69	23.72	4.11	24.10	4.02	23.42	4.10	23.77	4.13
Recovery Assessment Scale	163.7	19.11	164.2	20.07	163.8	20.29	164.7	22.19	163.8	23.81	166.5	22.47
Traditional Outcomes												
VR-12 MCS*	44.78	12.34	47.16	12.41	42.06	14.33	44.57	13.30	42.83	13.88	47.18	12.80
BASIS-24 Summary Score*	1.14	0.62	1.09	0.65	1.31	0.71	1.24	0.66	1.24	0.75	1.08	0.65
Depression/Functioning*	1.33	0.89	1.30	0.90	1.49	1.02	1.38	0.95	1.39	0.97	1.21	0.87
Interpersonal Relationships	1.45	0.85	1.28	0.76	1.43	0.89	1.50	0.82	1.46	0.92	1.26	0.85
Self-Harm	0.22	0.48	0.18	0.50	0.27	0.68	0.22	0.57	0.28	0.64	0.18	0.46
Emotional Lability	1.39	1.02	1.32	1.06	1.69	1.14	1.64	0.97	1.62	1.06	1.49	0.95
Psychotic Symptoms*	0.59	0.78	0.58	0.87	0.96	1.06	0.84	0.96	0.85	1.01	0.66	0.87
Alcohol/Drug Use	0.44	0.63	0.51	0.62	0.66	0.76	0.70	0.89	0.61	0.80	0.56	0.83

Outcome Measure Ranges: Patient Activation 0-52; Empowerment 28-112; Social Support 19-95; Hope 12-48; Recovery Activation 42-210

MCS 0-100; higher values indicate better mental health; BASIS-24 0-4; higher values indicate greater symptom severity

*Statistically significant effect of time (p<.05)