

Table 1. Sample characteristics (N=594)

Characteristic	Overall (N=594)		New Patients (n=172)		Continuing Patients (n=422)		P
	N	%	N	%	N	%	
Gender							.568
Male	524	88.2	155	90.1	369	87.4	
Female	69	11.6	17	9.9	52	12.3	
Missing	1	.2	0	.0	1	.2	
Age (M±SD years)	33.92±9.15		32.85±8.94		34.36±9.21		.070
Marital Status							.604
Married	255	42.9	71	41.3	184	43.6	
Not Married	339	57.1	101	58.7	238	56.4	
Race							.001
Black	213	35.9	72	41.9	141	33.4	
Non-Black	288	48.5	64	37.2	224	53.1	
Missing	93	15.7	36	20.9	57	13.5	
Service Connected Disability Rating							.089
≥50 percent	266	44.8	67	39.0	199	47.2	
<50 percent	325	54.7	105	61.1	220	52.1	
Missing	3	.5	0	.0	3	.7	
Diagnosis							
Psychotic Disorders <sup>2</sup>	29	4.9	1	.6	28	6.6	.002
Depression	197	33.2	33	19.2	164	38.9	<.001
Other Anxiety	60	10.1	11	6.4	49	11.6	.056
Substance Use Disorder	99	16.7	15	8.7	84	19.9	<.001
Mild Traumatic Brain Injury	40	6.7	11	6.4	29	6.9	.834
Number of Co-Occurring Diagnoses							<.001
0	326	54.9	118	68.6	208	49.3	
1	175	31.3	48	34.5	127	30.2	
2	71	12.7	6	4.3	65	15.5	
3+	22	3.9	0	.0	22	5.2	
# of years between military discharge and PTSD program entry (mean±SD)	3.47±1.62		3.24±1.60		3.57±1.62		.026
# of years between 1 <sup>st</sup> PTSD diagnosis and PTSD program entry (mean±SD)	.92±1.29		.32±.80		1.17±1.37		<.001

<sup>1</sup> Two-tailed t-tests for age, years between military discharge and PTSD program entry, and years between 1<sup>st</sup> PTSD diagnosis and PTSD program entry; chi-squared tests for all other factors

<sup>2</sup> Psychotic disorder diagnoses included schizophrenia, schizoaffective disorder, bipolar disorder, and other psychotic conditions (see text).

Table 2. New and continuing patients' mental health service use in the 180 days following entry into a PTSD specialty program (N=594)

Service Category	New Patients (n=172)		Continuing Patients (n=422)		X <sup>2</sup>	p
	Mean	SD	Mean	SD		
Outpatient mental health (visits)	8.7	12.0	13.3	16.1	16.95	<.001
PTSD specialty clinical programs	5.2	9.5	8.3	14.3	9.66	.002
Other mental health programs	3.9	6.4	5.8	8.1	14.77	<.001
Outpatient substance use treatment (visits)	1.7	9.3	2.3	11.4	.36	.546
Inpatient mental health (bed days)	.5	4.0	1.3	9.3	1.54	.214
Residential mental health treatment (bed days)	4.0	19.0	14.9	37.6	5.87	.015
Psychotropic medication possession (days)	34.9	47.0	75.6	60.5	24.24	<.001
Antidepressants	31.0	45.0	62.9	57.9	15.40	<.001
Antipsychotics	2.9	14.0	20.4	41.0	20.83	<.001
Hypnotics	3.5	12.4	16.1	33.8	14.92	<.001
Mood stabilizers	4.7	18.7	15.7	37.3	6.28	.012
Anti-adrenergic agents	4.9	17.7	15.6	36.7	6.00	.014