

**Appendix Table A:** Socio-demographic and clinical characteristics and prevalence of delays in medical care seeking for any reason in adults with serious mental illness in two urban psychiatric clinics.

Characteristics	Delays in care seeking		No delays in care seeking		Unadjusted comparison among groups			Adjusted comparison among groups <sup>b</sup>		
	N	Column %	N	Column %	OR	95% CI	P	AOR	95% CI	P
Sex										
Female	95	56.2	49	48.0	1.00	Ref.	--	1.00	Ref.	--
Male	74	43.8	53	52.0	.72	.44-1.18	.192	.76	.40-1.42	.385
Age, years										
<30	33	19.5	19	18.6	1.00	Ref.	--	1.00	Ref.	--
31-45	68	40.2	38	37.3	1.03	.52-2.05	.932	1.34	.57-3.10	.500
46-55	53	31.4	32	31.4	.95	.47-1.95	.896	.93	.35-2.43	.877
56+	15	8.9	13	12.8	.66	.26-1.69	.390	.42	.12-1.41	.158
Race/ethnicity										
Non-Hispanic white	63	37.3	28	27.5	1.00	Ref.	--	1.00	Ref.	--
Non-Hispanic black	89	52.7	58	56.9	.68	.39-1.19	.176	.63	.32-1.25	.186
Other	17	10.1	16	15.7	.47	.21-1.07	.071	.36	.14-.94	.037
Education										
<12 years	53	31.4	35	34.3	1.00	Ref.	--	1.00	Ref.	--
12 years or GED	65	38.5	37	36.3	1.16	.64-2.09	.620	1.18	.58-2.40	.640
At least some college	51	30.2	30	29.4	1.23	.60-2.09	.715	1.81	.77-4.26	.176
Employment										
Currently working	18	10.7	13	12.8	1.00	Ref.	--	1.00	Ref.	--
Not working, not disabled	47	27.8	24	23.5	1.41	.59-3.36	.433	1.74	.61-4.95	.299
Not working, disabled	104	61.5	65	63.7	1.16	.53-2.52	.716	1.35	.50-3.63	.548
Number of health conditions										
0	43	25.4	36	35.3	1.00	Ref.	--	1.00	Ref.	--
1	51	30.2	25	24.5	1.71	.89-3.28	.108	1.87	.86-4.08	.115
2	34	20.1	19	18.6	1.50	.73-3.06	.268	1.47	.60-3.61	.404
3+	41	24.3	22	21.6	1.56	.79-3.08	.201	1.90	.76-4.79	.171
Place for routine medical care										
Doctor's office or HMO	103	61.3	73	72.3	1.00	Ref.	--	1.00	Ref.	--
Public clinic or health center	39	23.2	12	11.9	2.30	1.13-4.70	.022	4.59	1.91-11.02	.001
Other	10	6.0	6	5.9	1.18	.41-3.39	.757	1.25	.34-4.60	.738
No place	16	9.5	10	9.9	1.13	.49-2.64	.771	1.01	.39-2.64	.979

Psychiatric diagnosis										
Bipolar disorder	75	44.4	48	47.1	1.00	Ref.	--	1.00	Ref.	--
Schizophrenia	54	32.0	35	34.3	.99	.56-1.73	.965	1.73	.79-3.77	.169
Major depressive disorder	28	16.6	12	11.8	1.49	.69-3.22	.306	1.71	.64-4.60	.284
Psychotic disorder, NOS	12	7.1	7	6.9	1.10	1.09-2.24	.856	1.51	.41-5.59	.538
Received any help for making it to the doctors or health appointments	86	50.9	50	49.5	1.06	0.65-1.73	.826	1.05	.56-1.97	.871
	<b>Mean</b>	<b>SD</b>	<b>Mean</b>	<b>SD</b>						
Positive and Negative Symptoms Scale (PANSS) <sup>a</sup>										
Positive symptoms	15.34	6.44	15.06	6.00	1.05	.81-1.35	.729	.81	.47-1.37	.424
Negative symptoms	12.03	5.44	12.71	5.50	.89	.69-1.14	.343	.72	.49-1.05	.089
General psychopathology	31.74	9.39	29.92	8.24	1.23	.95-1.60	.120	1.21	.68-2.16	.509
Behavior and Symptom Identification Scale (BASIS-24) <sup>a</sup>										
Depression and functioning	2.79	.64	2.46	.67	1.70	1.28-2.26	<.001	1.55	1.00-2.41	.048
Interpersonal problems	3.35	.89	3.50	.80	.84	.65-1.09	.189	.96	.65-1.42	.841
Psychotic symptoms	2.06	.92	1.93	.88	1.16	.89-1.50	.271	.89	.57-1.39	.604
Alcohol and drug use	1.54	.75	1.59	.78	.93	.72-1.20	.566	.76	.55-1.05	.091
Emotional lability	3.08	1.03	2.62	1.04	1.57	1.20-2.05	.001	1.37	.88-2.14	.168
Self-harm	1.45	.83	1.25	.58	1.35	.99-1.83	.051	1.01	.70-1.46	.948
Mini-Mental State Examination (MMSE) <sup>a</sup>	26.03	2.93	26.25	3.04	.93	0.72-1.20	.570	.81	0.57-1.13	.215
Impairment in activities of daily living <sup>a</sup>	1.34	.49	1.28	.56	1.11	.86-1.44	.416	.92	.67-1.28	.623
<b>Note:</b> OR stands for odds ratio, CI for confidence interval, HMO for Health Maintenance Organization, NOS for not otherwise specified.										
<sup>a</sup> Regression analyses were conducted with standardized score computed by subtracting the sample mean value from each individual score and dividing the result by the sample standard deviation.										
<sup>b</sup> Results of analyses with multiply imputed data.										