

<b>Reasons for self-discontinuation of 334 individual antidepressant medication treatment episodes in 313 participants of the Collaborative Psychiatric Epidemiology Surveys, 2001-2003.</b>							
		Specific reasons for self-discontinuation of antidepressant medications					
Characteristics	Total N	Side Effects	Medications ineffective	Medications unaffordable	Resolve without medication	Attitudinal reasons	Other Reasons
		N (Col %)	N (Col %)	N (Col %)	N (Col %)	N (Col %)	N (Col %)
<b>Sex</b>							
Female	263	64 (84)	57 (75)	16 (49)	35 (70)	20 (75)	45 (64)
Male	71	8 (16)	16 (25)	7 (51)	11 (30)	3 (25)	20 (36)
<b>Age (years)</b>							
18-30	84	18 (24)	23 (37)	5 (52)	13 (29)	12 (47)	17 (35)
31-40	87	21 (33)	15 (11)*	8 (16)	15 (27)	4 (19)	21 (25)
41-50	98	25 (30)	22 (32)	7 (21)	14 (35)	6 (30)	14 (19)
51+	65	8 (12)	13 (21)	3 (11)	4 (8)	1 (4)*	13 (21)
<b>Race</b>							
White	172	37 (79)	36 (76)	10 (81)	24 (83)	9 (69)	38 (85)
Black	52	9 (5)	10 (5)	2 (1)	5 (3)	1 (1)	4 (1)*
Latino	61	17 (14)*	18 (13)	5 (8)	12 (11)	9 (21)*	11 (6)
Other	49	9 (2)	9 (6)	6 (11)	5 (3)	4 (8)	12 (8)
<b>Education</b>							
0-11	69	13 (13)	19 (23)	5 (8)	10 (18)	8 (36)	10 (12)
12	95	21 (46)	23 (30)*	8 (60)	13 (35)	2 (6)**	19 (29)
13-15	106	25 (29)	20 (32)	8 (24)	10 (26)	7 (17)	24 (45)
16+	64	13 (13)	11 (15)*	2 (8)	13 (21)	6 (41)	12 (14)
<b>Diagnosis<sup>a</sup></b>							
No mood, anxiety or substance disorder	160	30 (45)	27 (33)	5 (50)	16 (31)	7 (27)	27 (33)
Mood disorder	92	22 (23)	26 (38)*	13 (39)	18 (35)	13 (56)*	21 (39)
Anxiety disorder	143	34 (46)	36 (52)	15 (42)	22 (57)	14 (69)*	33 (56)
Substance disorder	26	6 (6)	9 (14)	3 (5)	4 (14)	5 (28)	11 (24)**
<b>Prescriber</b>							
Psychiatrist	70	17 (16)	17 (24)	11 (73)	9 (19)	5 (12)	10 (11)
PCP	181	36 (66)	34 (47)	7 (13)**	28 (59)	14 (78)	34 (82)*

Other	46	13 (17)	14 (29)	3 (15)	9 (23)	3 (10)	6 (7)
Medication							
SSRI	212	43 (67)	48 (67)	14 (53)	35 (71)	19 (89)*	39 (64)
SNRI	19	6 (4)	1 (0)**	1 (5)	3 (12)	0 (0)	4 (6)
TCA	36	8 (5)	4 (4)	1 (4)	4 (5)	2 (3)*	8 (10)
Other	67	15 (23)	20 (29)	7 (38)	4 (11)	2 (9)	14 (20)

*Note:* PCP stands for primary care physician, SSRI for selective serotonin reuptake inhibitor, SNRI for selective norepinephrine reuptake inhibitor and TCA for tricyclic antidepressant.

<sup>a</sup> Percentages add to more than 100% because some participants met criteria for more than one diagnosis.

\* $p < .05$ , \*\* $p < .01$ , based on results of logistic regression analyses comparing each reason of discontinuation with all other reasons combined.