

Table 1 Characteristics of the sample of patient visits to primary care practices (N=290) with a reason for visit code and a physician diagnosis of anxiety by EHR status

Characteristic	Primary Care Visits	
	No EHR (N=175)	EHR (N=115)
	%	%
Male (reference: female)	37.1	33.0
Age(M±SD)	45.7±15.3	42.52±16.7
Race/ethnicity		
White	37.1	51.3
African american	2.3	6.1
Latino	1.1	5.2
Other race	59.4	37.4
Insurance		
Medicare	14.3	14.8
Medicaid	12.0	8.7
Self-pay	13.1	9.6
Private insurance	61.7	64.3
Primary care visits in past year (M±SD)	4.35±4.65	5.29±5.65
Practice ownership		
Physician-owned practice	70.3	50.4
Community health center	20.0	14.8
HMO	.6	7.0
Academic practice	.6	1.7
Other	8.6	26.1
Income range		
Median income quartile 1	14.9	10.4
Median income quartile 2	19.4	14.8
Median income quartile 3	26.9	15.7
Median income quartile 4	18.9	15.7
Region		
Living in north	23.4	14.8
Living in midwest	33.7	32.2
Living in south	24.6	21.7
Living in west	18.3	31.3

Table 2 Percent of weighted sample of visits to a primary care practice with antianxiety medication, mental health counseling, or any anxiety treatment ^a

Variable	No EHR		EHR		Total	
	%	95% CI	%	95% CI	%	95% CI
Primary care practices	38.8	29.3-48.3	61.2	51.7-70.7	-	-
Antianxiety medication	81.9	74.0-89.7	69.2	58.7-80.7	77.0	70.5-83.5
Mental health counseling	36.6	24.5-48.8	18.1	9.39-26.8	29.4	21.5-37.4
Any anxiety treatment	85.8	78.3-93.2	74.8	62.9-86.7	81.5	75.0-88.0

^aData are a weighted sample from the 2007-2010 National Ambulatory Medical Care Surveys and are limited to visits at a primary care practice by patients with a reason visit code and a physician diagnosis of anxiety.

