

Supplemental Material

Key terms used in the electronic database searches

	AND \Rightarrow	AND \Rightarrow
OR	College students	Community mental health service(s)
↓	Higher education	Counseling
	Undergraduate students	Counseling center(s)
	University students	Counseling service(s)
	Young adults	Health care seeking
		Health service(s)
		Help-seeking
		Help seeking
		Help seeking behavior(u)r(s)
		Mental health
		Mental health care
		Mental health service(s)
		Mental health service use
		Mental health service utilization
		Mental health treatment
		Professional psychological help
		Psychiatry
		Psychiatric medication
		Psychological service(s)
		Psychopharmacology
		Psychotherapy
		Psychotropic
		Treatment utilization
		University health service(s)

