

Appendix Table 1. PBHCI consumers (%) with at least one provider contact within one year of enrollment

Provider type	Site 1		Site 2		Site 3		All Other Sites (n=53)	
	N	%	N	%	N	%	N	%
Care manager	873	88	564	98	144	17	16,128	69
PC provider	897	90	501	87	780	89	17,313	75
Psychiatrist/psychiatric nurse	868	87	358	62	622	71	16,802	72
Counselor	743	75	141	25	649	74	11,317	49
Peer specialist	150	15	51	8	41	5	5,926	26
Other specialist	459	46	0	0	115	13	5,182	22

Appendix Table 2. PBHCI consumers (%) with at least one physical health service contact within one year of enrollment

Type of service	Site 1		Site 2		Site 3		All Other Sites (n=53)	
	N	%	N	%	N	%	N	%
Screening/assessment	996	100	512	89	780	89	19,939	86
Referral	499	50	233	41	0	0	9,086	39
Planning	943	95	459	80	780	89	16,686	72
Medication management	941	94	459	80	729	84	14,780	64
Hospitalization	0	0	59	10	0	0	2,580	11

Appendix Table 3. Change in physical health indicators from intake to 12-month follow-up^a among PBHCI consumers “at risk” for physical illness

Indicator ^b	Intervention Sites (n=3)						All Other Sites (n=53)					
	Both Records (N)	Baseline		Follow-up		Mean Difference ^c	Both Records (N)	Baseline		Follow-up		Mean Difference ^c
		Mean	SD	Mean	SD			Mean	SD	Mean	SD	
SBP	107	142.0	11.6	128.3	14.1	-13.77***	775	143.6	12.9	133.0	18.0	-10.56***
DBP	90	92.5	5.8	80.0	10.5	-12.54***	636	93.5	8.5	84.2	11.1	-9.33***
BMI	217	35.2	9.1	34.5	8.0	-0.68	1480	34.5	7.6	34.1	7.4	-0.41*
TC	21	265.1	18.7	209.6	44.6	-55.48***	157	267.5	28.3	232.6	47.3	-34.84***
HDL C	77	33.2	4.6	39.3	9.7	6.06***	346	32.9	4.7	36.9	8.5	4.02***
LDL C	65	159.0	38.0	124.8	35.5	-34.18***	269	156.0	23.1	133.8	36.7	-22.15***
Trig	95	254.3	103.4	221.1	113.3	-33.19*	439	238.7	77.8	205.2	91.2	-33.55***
PG	33	1.0	0.0	0.5	0.5	-0.48***	371	1.0	0.0	0.7	0.5	-0.33***
A1c	16	7.8	3.1	6.7	1.3	-1.10	338	7.0	1.9	6.6	1.8	-0.34***
Smoking	199	1.0	0.0	0.9	0.3	-0.11***	1141	1.0	0.0	0.9	0.3	-0.10***

^aFor consumers enrolled during the (approximately) second year of grant funding: August 2010 through July 2011 for the 2009-funded grantee, and August 2011 through July 2012 for the 2010-funded grantees)

^bSBP: systolic blood pressure (mmHg); DBP: diastolic blood pressure (mmHg); BMI: body mass index (kg/m²); TC: total cholesterol (mg/dL); HDL C: high-density lipoprotein cholesterol (mg/dL); LDL C: low-density lipoprotein cholesterol (mg/dL); Trig: triglycerides (mg/dL); PG: plasma glucose (proportion “at-risk”—see cutoffs in Table 2—based on fasting or non-fasting measures); A1c: hemoglobin A1c (%); Smoking: self-reported tobacco smoking in past 30 days

^cFollow-up minus baseline means

*p<.05, **p<.01, ***p<.001; based on t-tests comparing baseline to follow-up means