

Veterans in Higher Education

Appendix A. Staffing and Veteran Demographics ($N = 80$ Schools)

	<i>N</i>	%
Number of mental health staff at center		
Psychologists		
1-5	36	45
6-10	18	23
11-15	6	8
16+	3	4
Post-doctoral trainees		
1-5	33	41
Pre-doctoral trainees		
1-5	38	48
6-10	4	5
11-15	1	1
Psychiatrists		
1-5	30	38
6-10	2	3
Marriage and family therapist		
1-5	41	51
6-10	1	1
11-15	1	1
Licensed clinical social workers		
1-5	24	30
6-10	2	3
Master's level trainees		
1-5	11	14
6-10	2	3
11-15	1	1
16+	1	1
Psychiatric nurse practitioners		
1-5	6	8
Mental health educators		
1-5	3	4
Other mental health staff		
1-5	7	9
Number of veterans receiving mental health services at the center ($n = 44$)		
0	1	2
1 – 10	37	84
11 – 20	3	7
21 – 40	1	2
41 – 60	2	5

Appendix B. Mental Health Education Provided and Needed ($N = 80$ Schools)

	N	% yes
Center provides education to school faculty and staff	77	96
Topics covered in faculty/staff education		
Depression	53	66
Anxiety	50	63
Alcohol and substance abuse	34	43
Suicide prevention	27	34
Identifying warning signs and general distress	27	34
PTSD	25	31
Combat veterans and combat related problems	22	28
Military culture	17	21
Other	14	18
Referring to the on-campus mental health center	10	13
Stress management	9	11
Center provides education to general student population	74	93
Topics covered in student education		
Anxiety	57	71
Depression	55	69
Alcohol and substance abuse	36	45
PTSD	17	21
Combat veterans and combat related problems	17	21
Military culture	16	20
Other - mindfulness, sleep hygiene, bystander training	16	20
Suicide prevention	15	19
Relational issues/domestic violence	13	16
Identifying signs of distress in other students/yourself	12	15
Stress management	12	15
Eating disorders	6	8
Sexual assault/sexual trauma	5	6
Education needs identified by directors		
Military sexual trauma	56	70
Military culture	53	66
Traumatic brain injury	51	64
PTSD	54	68
Resources for veterans and/or families	47	59
Substance abuse problems	41	51
Major depressive disorder	39	49
Family, marital, and parenting issues	38	48
Readjustment and transition issues	13	16
Other - female veteran issues, academic accommodations, sleep disorders, eating disorders,	17	21

Veterans in Higher Education

psychosis, concerns with confidentiality		
VA system - referrals, networking, facility tour	15	19
Encouraging Vets to seek MH treatment/developing rapport with Vet community/ overview of working with veterans	9	11
When to refer out	6	8
Faculty sensitivity training/PTSD in an academic setting/awareness of triggers	6	8
Preferred education modality (<i>n</i> = 70)		
Education workshop (4 hours)	45	64
Education lecture (1 hour)	42	60
Online training	33	47
Education handout	13	19
Other	2	3
