Table 1: Keywords and Search Terms Applied

Keywords

- 1. (first adj3 psychos*).mp.
- 2. (first adj3 psychotic).mp.
- 3. (early adj3 psychos*).mp.
- 4. (early adj3 psychotic).mp.
- 5. (initial adj3 psychos*).mp.
- 6. (initial adj3 psychotic).mp.
- 7. or/1-6
- 8. Resilience, Psychological/
- 9. "Power (Psychology)"/
- 10. exp social environment/
- 11. exp Attitude to Health/
- 12. exp Family/
- 13. Mental Health/
- 14. exp Adaptation,
- Psychological/
- 15. quality of life/
- 16. morale/
- 17. life change events/
- 18. resilien*.mp.
- 19. strong*.mp.
- 20. robust*.mp.
- 21. resistant.mp.
- 22. spirit*.mp.
- 23. tough.mp.
- 24. endur*.mp.
- 25. empower*.mp.
- 26. enabling.mp.
- 27. embolden*.mp.
- 28. encouragement.mp.
- 29. inspiration.mp.
- 30. inspire.mp.
- 31. courage*.mp.
- 32. morale.mp.
- 33. strength.mp.
- 34. happy.mp.
- 35. happiness.mp.
- 36. pleasant*.mp.
- 37. enjoy*.mp.
- 38. satisf*.mp.
- 39. pleasur*.mp.
- 40. pleasing.mp.
- 41. comfort*.mp.
- 42. reassuran*.mp.
- 43. well being.mp.

- 44. wellbeing.mp.
- 45. content*.mp.
- 46. hearten*.mp.
- 47. benefi*.mp.
- 48. useful.mp.
- 49. value.mp.
- 50. valuable.mp.
- 51. helpful.mp.
- 52. favorable.mp.
- 53. favourable.mp. 54. advantag*.mp.
- 55. constructive.mp.
- 56. benevolen*.mp.
- 57. caring.mp.
- 58. meaning.mp.
- 59. significan*.mp.
- 60. importan*.mp.
- 61. consequen*.mp.
- 62. adjust*.mp.
- 63. adapt*.mp.
- 64. open to experience.mp.
- 65. quality of life.mp.
- 66. qol.mp.
- 67. life chang*.mp.
- 68. life experienc*.mp.
- 69. (positive and (product or adjustment or adaptation or psychology)).mp.
- 70. recovery.mp.
- 71. empath*.mp.
- 72. neutral.mp.
- 73. harmless.mp.
- 74. awareness.mp.
- 75. greatness.mp.
- 76. self actuali*.mp.
- 77. promotion.mp.
- 78. creativ*.mp.
- 79. madness.mp.
- 80. pride.mp.
- 81. proud.mp.
- 82. holistic*.mp.
- 83. ((posttraumatic or stress) and growth).mp.
- 84. thriv*.mp.
- 85. blessing*.mp.
- 86. transformation*.mp.
- 87. or/8-86
- 88. 7 and 87
- 89. (surviv* or recover*).mp.
- 90. 7 and 89

91. exp empirical research/ or exp health services administration/ 92. (qualitative or

empirical or grounded or

ethno* or naturalistic or phenomenologic* or

interview* or experience* or theme*).mp.

93. 7 and 92

94. 90 or 93

95. 94 not 88

Additional Keywords

"First episode psychosis"

OR "early psychosis" OR "early psychotic"

OR"qualitative" OR

phenomenology" OR

"discourse analysis" OR

"ethnograph" OR

"narrative" OR

"narratives" OR "lived

experience" OR "lived experiences" OR "in-depth

interview" OR "in-depth

interviews" OR "grounded theory" OR "focus group"

OR "lived experience" OR

"open-ended" OR

"thematic analyses" OR
"themes" OR "theme" OR

"purposive sample" OR

"purposive sample" OR

"content analysis" Post

traumatic growth" OR

"thrive" OR "thriving" OR

"benefit" OR "benefits"

OR "recover" OR "recovering" OR

"recovery" OR "survive"

OR "surviving" OR

"integration" OR "sealing over" OR "recovery style

questionnaire"

Table 2: Flow Chart of Included Studies

