| General Structure of CIT Training of the Trainers Program | | Data Supplement for Boazak et al. (10.1176/appi.ps.201800510) | | | |
|---|---|---|---|---|---|
| 8:00 | Breakfast | | | | |
| | Introduction* | Review* | Personal Story•• | Personal Story•• | Personal Story•• |
| | Pre-Assessment*<br><br>My New Friend*<br><br>Discussion Group- CIT, What Do You Remember?*<br><br>Group Presentation- CIT, What Do You Remember?* | CIT Principles**<br><br>Communication*<br><br>How to De-escalate-Basics❖<br><br>How to Lead De-escalation-Basics* | Your Second Class- Violence Precautions and Safety Planning••<br><br>Providing Feedback❖<br><br>Creating Scenarios❖<br><br>De-escalation Exercise 2* | Liberia Mental Health Policy❖❖<br><br>Rights of Persons With Disabilities❖❖<br><br>How to De-escalate-Advanced❖<br><br>How to Lead De-escalation-Advanced* | CIT Partners*<br><br>Partnering with Grant Hospital❖❖<br><br>Coordinating a CIT Couse* |
| 12:00 | Lunch | | | | |
| | The Benefits of CIT**<br><br>How to Teach CIT•<br><br>Teaching Your First Class- Myths and Facts•• | De-escalation Exercise 1*<br><br>Suicide Precautions•<br><br>How to Share a Personal Story** | Psychological First Aid Talk 1❖<br><br>Psychological First Aid Talk 2• | De-Escalation-Exercise 3*<br><br>Empathy Exercise**<br><br>The Role of the Law Enforcement Coordinator• | Review: CIT/ToT Matieral••<br><br>How to Administer Pre/Post-Assessment* |
| 4:00 | Class Concludes | | | | Graduation |

* Classes are meant to be led by any facilitator.A8
❖ Classes are meant to be led by LEO's .
• Classes are meant to be led by MHC's.
** Classes are meant to be led by Advocates/Service Users.
❖❖ Classes are meant to be led by special guests.
•• Classes are meant to be led by ToT Trainees.