

## Supplementary Table

## Summary of the characteristics of CMHC (N=300) and the general population (N=300) samples

	CMHC		The general population		Chi-square Test		
	n	%	n	%	$\chi^2$	df	p
Sex <sup>a</sup>					1.69	1	.193
Female	178	60	164	55			
Race							
White Alone	179	60	236	79	25.39	1	<.001
Black Alone	76	25	29	10	25.50	1	<.001
Asian Alone	2	1	4	1	0.67	1	.412
Hispanic/Latino Alone	12	4	9	3	0.44	1	.505
Native American Alone	3	1	4	1	0.14	1	.704
Pacific Islander Alone	0	0	1	0	1.00	1	.317
Other Race Alone	6	2	2	1	2.03	1	.155
Multiracial (Including Hispanic/Latino)	22	7	15	5	1.41	1	.235
Education <sup>b</sup>					109.91	2	<.001
Less than High School	66	22	13	4			
High School or GED	101	34	32	11			
More than High School	132	44	254	85			
Having an independent housing <sup>c</sup>	177	59	281	94	103.87	1	<.001
Currently Employed <sup>d</sup>	48	16	180	60	122.93	1	<.001
Ever Employed <sup>d</sup>	267	89	294	98	21.00	1	<.001
Own Car <sup>e</sup>	58	20	255	85	257.41	1	<.001
Urban Block Group <sup>f</sup>	213	71	184	64	2.98	1	.085

<sup>a</sup> Data available for 297 participants for CMHC sample.

<sup>b</sup> Data available for 299 participants for CMHC sample and 298 participants for the general population sample.

<sup>c</sup> Data available for 298 participants for the general population samples.

<sup>d</sup> Data available for 299 participants for both CMHC and the general population samples.

<sup>e</sup> Data available for 298 participants for CMHC sample.

<sup>f</sup> Data available for 286 participants for the general population sample.

Supplementary Table

Comparison of participation amount between CMHC (N=300) and the general population (N=300) samples

	CMHC			The general population			T-Test		
	n	Mean	SD	n	Mean	SD	<i>t</i>	<i>df</i>	<i>p</i>
Shopping	299	7.12	7.44	300	9.80	6.54	-4.68	586.74	<.001
Restaurant/Coffee Shop	299	3.38	5.80	300	6.21	5.90	-5.91	596.89	<.001
Place of Worship	299	2.51	4.80	300	2.55	3.89	-0.11	571.50	.915
Movie	299	0.40	1.18	300	0.49	0.89	-1.08	552.84	.282
Park/Recreation Center	299	3.02	6.57	300	2.99	5.83	0.06	588.06	.953
Theater/Cultural Event	299	0.34	1.12	300	0.73	1.83	-3.14	496.40	.002
Zoo/Botanical Garden/Museum	299	0.22	1.40	300	0.28	0.81	-0.67	477.79	.504
Run Errands	300	6.96	9.03	300	9.25	8.30	-3.23	593.77	.001
Library	300	1.89	4.43	300	1.35	3.52	1.66	568.61	.097
Watch a Sports Event	300	0.46	2.26	300	0.65	1.52	-1.17	524.14	.244
Gym	300	1.42	3.70	300	3.36	6.41	-4.53	478.55	<.001
Barber Shop	299	0.57	1.28	300	0.78	0.99	-2.33	559.41	.020
Use Public Transit	296	7.37	10.32	300	1.05	3.88	9.87	375.98	<.001
Social Group in the Community	300	1.19	3.90	300	1.47	2.93	-1.02	554.55	.309
Work for Pay	300	2.31	6.10	300	11.37	10.63	-12.8	476.94	<.001
School for Degree	300	0.25	2.03	300	0.58	3.32	-1.47	495.40	.143
Class for Leisure/Life Skills	300	1.03	3.16	300	0.25	1.89	3.68	488.54	<.001
Volunteer	300	2.92	6.63	300	2.57	5.29	0.71	569.99	.480
Get together/Attend Event with Family & Friends	300	1.55	3.70	300	1.66	2.59	-0.42	535.96	.673
Entertain Family or Friends or Visit Them	300	4.64	7.43	300	4.67	5.27	-0.06	539.36	.955
Community Fair, Event or Activity	299	0.62	2.44	300	0.36	1.16	1.66	426.91	.098
Civic/Political Activities	300	0.42	2.39	300	0.27	1.10	0.99	419.44	.325

Supplemental Table

Comparison of participation sufficiency between CMHC and the general population sample

	CMHC			The general population			Chi-Square Test		
	N <sup>a</sup>	n <sup>b</sup>	%	N <sup>a</sup>	n <sup>b</sup>	%	$\chi^2$	df	p
Shopping	271	162	59.78	259	200	77.22	18.61	1	<.001
Restaurant/Coffee Shop	208	88	42.31	210	141	67.14	26.02	1	<.001
Place of Worship	240	98	40.83	216	130	60.19	17.03	1	<.001
Movie	171	56	32.75	135	65	48.15	7.48	1	.006
Park/Recreation Center	219	70	31.96	210	89	42.38	4.99	1	.025
Theater/Cultural Event	170	35	20.59	181	80	44.20	22.18	1	<.001
Zoo/Botanical Garden/Museum	175	37	21.14	190	60	31.58	5.08	1	.024
Run Errands	271	156	57.56	256	199	77.73	24.36	1	<.001
Library	201	85	42.29	173	114	65.90	20.81	1	<.001
Watch a Sports Event	120	41	34.17	131	72	54.96	10.94	1	.001
Gym	205	62	30.24	193	63	32.64	0.27	1	.606
Barber Shop	209	101	48.33	194	152	78.35	38.82	1	<.001
Use Public Transit	211	131	62.09	83	61	73.49	3.42	1	.064
Social Group in the Community	183	78	42.62	172	96	55.81	6.17	1	.013
Work for Pay	237	68	28.69	244	140	57.38	40.31	1	<.001
School for Degree	193	65	33.68	121	79	65.29	29.93	1	<.001
Class for Leisure/Life Skills	187	64	34.22	140	45	32.14	0.16	1	.693
Volunteer	225	90	40.00	235	118	50.21	4.84	1	.028
Get together/Attend Event with Family & Friends	248	88	35.48	254	158	62.20	35.85	1	<.001
Entertain Family or Friends or Visit Them	255	115	45.10	291	189	64.95	21.70	1	<.001
Community Fair, Event or Activity	163	55	33.74	177	96	54.24	14.44	1	.001
Civic/Political Activities	123	58	47.15	143	88	61.54	5.53	1	.019

<sup>a</sup> The number of participants who considered the activity was important.

<sup>b</sup> The number of participants, among those who indicated the activity was important, who had done the activity enough.