Figure 1. Mixed ANOVA plots for Experience of Caregiving Inventory (ECI; panels A-B), Psychosis Attitude Scale (PAS; panel C), Family Attitude Survey (FAS; panel D), and Hospital Anxiety and Depression Scale (HADS; panels E-F). *p <.05, **p <.01, ***p<.001. Time = Significant main effect of time (i.e. significant change from baseline for the full sample), Time x Condition = Significant Time-by-Condition interaction (i.e. significant difference between conditions in the amount of change from baseline). Corresponds to Pre Training-Post Training and Pre Training -Follow Up mixed ANOVAs. Main effects of Condition are not shown and are displayed in Table 4.
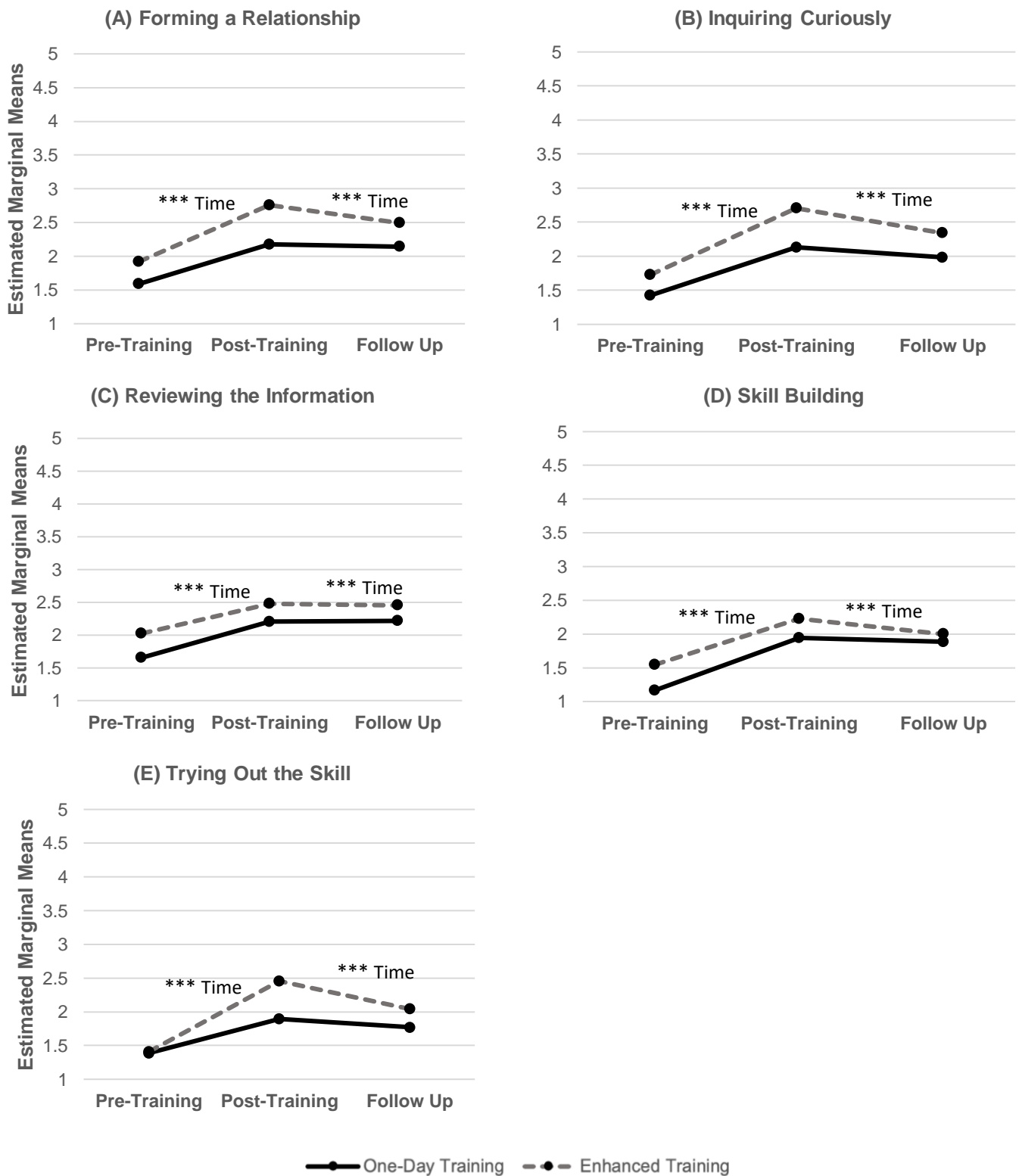
Figure 2. Mixed ANOVA plots for CBTp-informed FIRST skills. *p <.05, **p <.01, ***p<.001. Time = Significant main effect of time (i.e. significant change from baseline for the full sample). Main effects of Condition are not shown and are displayed in Table 4.