

APPENDIX A

States from which County-Level Mental Health Agency Policymakers were Recruited

U.S. Census Region	States
West	CA, OR, UT, WA
Midwest	IA, MN, NE, OH, WI
South	FL, NC, TX
Northeast	CT, NY, PA

APPENDIX B

Survey Instrument

First, we would like your responses to some broad questions about the extent to which you think that issues important for children's mental health have been impacted by the COVID-19 pandemic.

To what extent do you think that the COVID-19 pandemic has **prevented youth and their families in your state from receiving needed mental health services**? (Please slide the bar to select the number) 1= No effect, 7= Completely preventing

1 2 3 4 4 5 6 7

1= No effect ()



To what extent do you think that the COVID-19 pandemic has **negatively impacted the quality of mental health services** provided to youth and their families in your state? (Please slide the bar to select the number) 1= No impact, 7= Major negative impact on quality

1 2 3 4 4 5 6 7

1= No effect ()



To what extent do you think that the COVID-19 pandemic has **increased the demand for mental health services** among youth and their families in your state? (Please slide the bar to select the number) 1= No effect, 7= Major increase in demand

1 2 3 4 4 5 6 7

1= No effect ()



Q62 To what extent do you think that the COVID-19 pandemic has **reduced the supply of mental health services** for youth and their families in your state? 1= No effect, 7= Major reduction in supply (Please slide the bar to select the number)

1 2 3 4 4 5 6 7

1= No effect ()



Q64 To what extent do you think that the COVID-19 pandemic has **had negative impacts on the mental health** of youth and their families in your state? (Please slide the bar to select the number) 1= No effect, 7= Major negative impact on mental health

1 2 3 4 4 5 6 7

1= No effect ()



Q65 To what extent do you think that the COVID-19 pandemic has had **disproportionately negative impacts on the mental health of socially disadvantaged** youth and their families in your state. (Please slide the bar to select the number) 1= Equal impact, 7= socially disadvantaged youth/families much more negatively impacted

1 2 3 4 4 5 6 7

1= Equal impact ()



Q5 Below is a list of **challenges** your agency might have faced in providing mental health services to youth and their families during the COVID-19 pandemic. Please select the number that represents the extent to which you think each issue has been a challenge.

	1 (Not a challenge)	2	3	4	5	6	7 (Major challenge)
Provider capacity/staffing issues because of illness and /or childcare obligations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lack of personal protective equipment for providers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Patients missing appointments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Facility closures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Redeployment of inpatient psychiatric beds for anticipated/actual COVID-19 patients	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Medication supply	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Inability to provide some services remotely (e.g., home-based and community-based programs, mobile crisis, respite for caregivers)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

*Next are a few questions about challenges your agency might have faced in providing **tele-mental health services** to youth and their families during the COVID-19 pandemic.*

Below is a list of **provider-related** challenges your agency might have faced in providing **tele-mental health services** to youth and their families during the COVID-19 pandemic. On a scale of 1-7, please indicate the extent to which you think each issue has been a challenge.

	1 (Not a challenge)	2	3	4	5	6	7 (Major challenge)
Access to a HIPPA adherent platform to practice tele-mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lack of remote work policies for providers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lack of provider training on tele-mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Licensing challenges	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Types of therapies offered do not translate to tele-mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Providers not comfortable with tele-mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Regulations regarding billing (e.g., unable to bill for text messaging)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Regulations do not permit flexible delivery of the service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Below is a list of **patient-related** challenges your agency might have faced in providing **tele-mental health services** to youth and their families during the COVID-19 pandemic. On a scale of 1-7, please indicate the extent to which you think each issue has been a challenge.

	1 (Not a challenge)	2	3	4	5	6	7 (Major challenge)
Lack of reliable internet access, data on cellphone plans, or equipment (i.e., laptops, iPads, smartphones)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Youth or families not comfortable with tele-mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Youth or families not aware of the option for tele-mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Youth or families concerned about privacy issues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Telehealth services not developmentally appropriate for some youth (e.g., age of child; child is non-verbal)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Below is a list of **financing-related** challenges your agency might have faced in providing **tele-mental health services** to youth and their families during the COVID-19 pandemic. On a scale of 1-7, please indicate the extent to which you think each issue has been a challenge.

	1 (Not a challenge)	2	3	4	5	6	7 (Major challenge)
Lack of/insufficient Medicaid reimbursement for tele-mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lack of/insufficient CHIP reimbursement for tele-mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lack of/insufficient private/commercial insurance reimbursement for tele-mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Limited number of tele-mental health services for which reimbursement is provided	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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