

# Understanding Mental Disorders

## Your Guide to DSM-5®

American Psychiatric Association

**A consumer guide for anyone who has been touched by mental illness!**

***Understanding Mental Disorders: Your Guide to DSM-5®*** is a vital resource for anyone who has been touched by mental illness.

Most of us know someone who suffers from a mental illness. This book helps those who may be struggling with mental health problems, as well as those who want to help others achieve mental health and well-being.

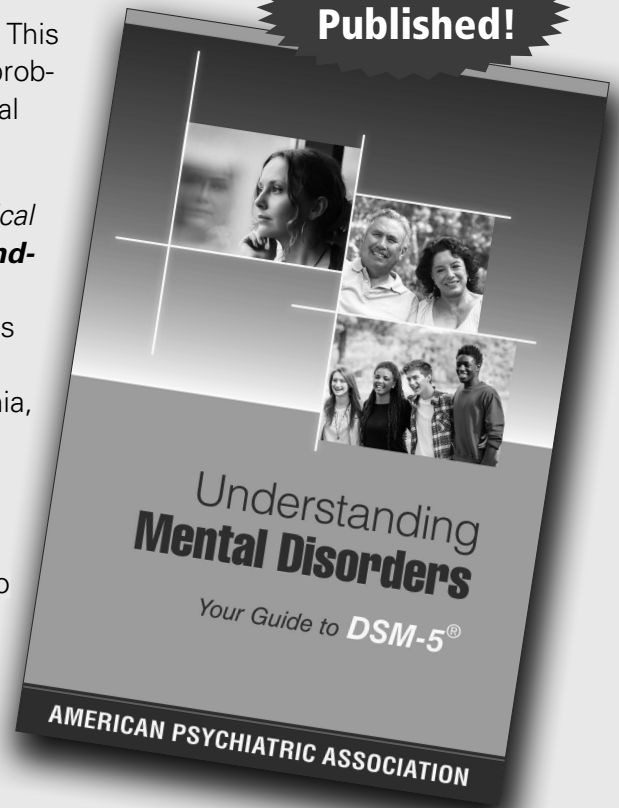
Based on the latest, fifth edition of the *Diagnostic and Statistical Manual of Mental Disorders*—known as DSM-5®—***Understanding Mental Disorders*** provides valuable insight on what to expect from an illness and its treatment—and will help readers recognize symptoms, know when to seek help, and get the right care. Featured disorders include depression, schizophrenia, ADHD, autism spectrum disorder, posttraumatic stress disorder, and bipolar disorder, among others.

The common language for diagnosing mental illness used in DSM-5® for mental health professionals has been adapted into clear, concise descriptions of disorders for nonexperts. In addition to specific symptoms for each disorder, readers will find:

- Risk factors and warning signs
- Related disorders
- Ways to cope
- Tips to promote mental health
- Personal stories
- Key points about the disorders and treatment options
- A special chapter dedicated to treatment essentials and ways to get help
- Helpful resources that include a glossary, list of medications and support groups

For more resources and information, go to [www.psychiatry.org/UnderstandingMentalDisorders](http://www.psychiatry.org/UnderstandingMentalDisorders)

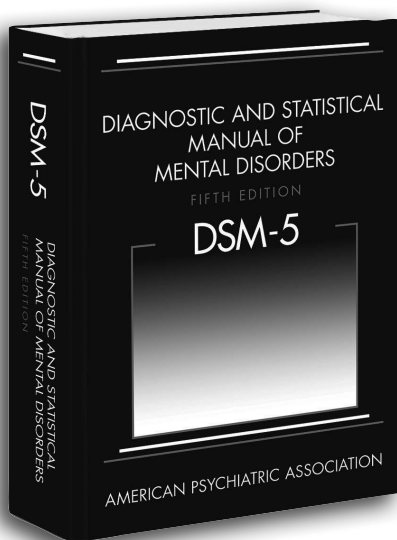
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*With Foreword by  
Patrick J. Kennedy*

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# The DSM-5 Collection



## Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5®)

American Psychiatric Association

This new edition of *Diagnostic and Statistical Manual of Mental Disorders (DSM-5®)*, used by clinicians and researchers to diagnose and classify mental disorders, is the product of more than 10 years of effort by hundreds of international experts in all aspects of mental health. Their dedication and hard work have yielded an authoritative volume that defines and classifies mental disorders in order to improve diagnosis, treatment, and research.

The criteria are concise and explicit, intended to facilitate an objective assessment of symptom presentations in a variety of clinical settings—inpatient, outpatient, partial hospital, consultation-liaison, clinical, private practice, and primary care.

- The latest findings in neuroimaging and genetics have been integrated into each disorder along with gender and cultural considerations.
- The revised organizational structure recognizes symptoms that span multiple diagnostic categories, providing new clinical insights in diagnosis.

- Both ICD-9-CM and ICD-10-CM codes are included for each disorder.

The *Diagnostic and Statistical Manual of Mental Disorders*, Fifth Edition, is the most comprehensive, current, and critical resource for clinical practice available to today's mental health professionals.

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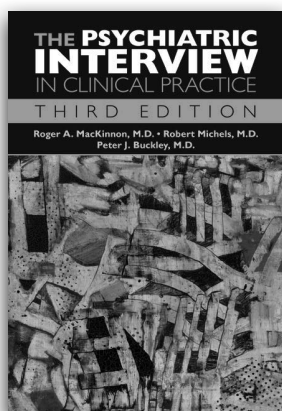
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## The Psychiatric Interview in Clinical Practice, Third Edition

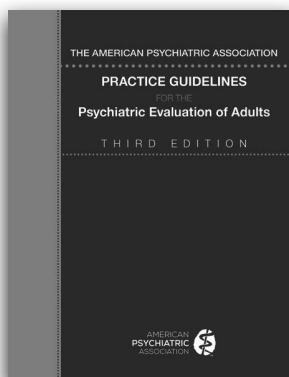
Roger A. MacKinnon, M.D., Robert Michels, M.D., and Peter J. Buckley, M.D.

It has been nearly a half-century since the inaugural edition of *The Psychiatric Interview in Clinical Practice*, and the book's status as a classic was again validated with the second edition a decade ago. This new, third edition maintains the book's reputation with thoroughly updated content that reflects changes brought about by the publication of DSM-5. The book presents the psychiatric interview in the context of the enormous and ongoing progress that has been made in biological and descriptive psychiatry. In addition, the book emphasizes the shift in the social

relationship between patient and clinician, recognizing that the therapeutic alliance has become the foundation of all medical treatment efforts and that patients are now better informed and seek active involvement in treatment decisions. The text reflects this growing equality and supports the clinician's efforts to nurture the relationship for optimum therapeutic outcomes. The chapter on the traumatized patient has been completely updated for this edition, and a chapter on the patient with dissociative identity disorder has been added.

*The Psychiatric Interview in Clinical Practice* will benefit mental health clinicians, both seasoned and in training, ensuring that their skills are current and their knowledge cutting-edge.

2016 • 704 pages • ISBN 978-1-61537-034-4 • Hardcover • \$79.00 • Item #37034



## The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults, Third Edition

American Psychiatric Association

This new edition of the practice guidelines on psychiatric evaluation for adults is the first set of the APA's guidelines developed under the new guideline development process. These guidelines address the following nine topics, in the context of an initial psychiatric evaluation: review of psychiatric symptoms, trauma history, and treatment history; substance use assessment; assessment of suicide risk; assessment for risk of aggressive behaviors;

assessment of cultural factors; assessment of medical health; quantitative assessment; involvement of the patient in treatment decision making; and documentation of the psychiatric evaluation. Each guideline recommends or suggests topics to include during an initial psychiatric evaluation. Findings from an expert opinion survey have also been taken into consideration in making recommendations or suggestions. In addition to reviewing the available evidence on psychiatry evaluation, each guideline also provides guidance to clinicians on implementing these recommendations to enhance patient care.

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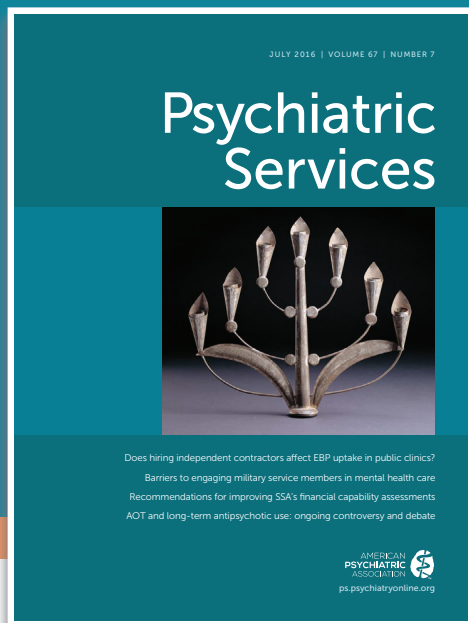
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