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The American Journal of Psychotherapy is a peer-reviewed, interdisciplinary journal published quarterly by the American Psychiatric Association. Begun in 1947 by the Association for the Advancement of Psychotherapy, *The American Journal of Psychotherapy* provides a forum for advancing the theory, science, and clinical practice of psychotherapy, publishing articles that expand the understanding of psychotherapies, especially in the domains of efficacy, process, education, and practice.

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