



APA Publishing

Publisher

John McDuffie
Editorial Director, Journals
Michael D. Roy
Managing Editor, Journals
Demarie S. Jackson
Production Manager, Journals
Wendy Lieberman Taylor

APA Department of Continuing Medical Education

Associate Director, Focus
Kristen Moeller
Editorial Manager, CME and MOC
Ann Thomas

Focus (ISSN 1541-4094) is published quarterly by the American Psychiatric Association, 800 Maine Ave. S.W., Suite 900, Washington, D.C. 20024. Printed in U.S.A. Periodicals postage paid at Washington, D.C., and additional mailing offices. POSTMASTER: Send all address changes to *Focus*, Circulation Department, American Psychiatric Association Publishing, 800 Maine Ave. S.W., Suite 900, Washington, D.C. 20024.

Subscriptions

U.S. APA member \$426, U.S. non-member \$667. For additional subscription options, including international and student rates, contact Customer Service at (202) 559-3900 or (800) 368-5777.

Officers of the Association

Altha J. Stewart, M.D., *President*
Bruce J. Schwartz, M.D., M.A.,
President-Elect
Saul Levin, M.D., M.P.A., *CEO and Medical Director*

Editorial Offices

Telephone: (202) 559-3897
Journal Web site: focus.psychiatryonline.org
Focus CME: psychiatryonline.org/cme

Change of Address and Assistance With Subscriptions

Contact Customer Service at (202) 559-3900 or (800) 368-5777 or e-mail appi@psych.org.

CME

Telephone: (202) 559-3897
Email: educme@psych.org

Online Access

Call (800) 368-5777 or e-mail appi@psych.org for assistance with online access to *Focus* and CME activities.

APA Learning Center

education.psychiatry.org

Copyright © 2019, American Psychiatric Association

Editor

Mark Hyman Rapaport, M.D.
Atlanta, Georgia

Applied Armamentarium

Boadie Dunlop, M.D.
Atlanta, Georgia

Communication Commentary

Dorothy E. Stubbe, M.D.
New Haven, Connecticut

Ethics Commentary

Laura B. Dunn, M.D.
Palo Alto, California
Laura Weiss Roberts, M.D.
Palo Alto, California

Patient Management Exercise

Ian A. Cook, M.D.
Los Angeles, California
B. Harrison Levine, M.D., M.P.H.
Denver, Colorado

Safety Commentary

Yad M. Jabbarpour, M.D.
Catawba, Virginia

Senior Advisory Board

Carol A. Bernstein, M.D.
New York, New York
Kathleen T. Brady, M.D., Ph.D.
Charleston, South Carolina
Peter F. Buckley, M.D.
Augusta, Georgia
Glen O. Gabbard, M.D.
Houston, Texas
Ira M. Lesser, M.D.
Torrance, California
Charles F. Reynolds III, M.D.
Pittsburgh, Pennsylvania
Pedro Ruiz, M.D.
Houston, Texas
Stephen C. Scheiber, M.D.
Glenview, Illinois
Daniel K. Winstead, M.D.
New Orleans, Louisiana
Joel Yager, M.D.
Denver, Colorado

Editorial Board

Richard Balon, M.D.
Rochester Hills, Michigan
Joseph A. Cheong, M.D.
Nashville, Tennessee
Raymond Lam, M.D., F.R.C.P.C.
Vancouver, Canada

Avram H. Mack, M.D.
Philadelphia, Pennsylvania
Vishal Madaan, M.D., M.B.B.S.
Charlottesville, Virginia
David Mischoulon, M.D., Ph.D.
Boston, Massachusetts
Francisco A. Moreno, M.D.
Tucson, Arizona
Philip R. Muskin, M.D.
New York, New York
Michele T. Pato, M.D., M.P.H.
Brooklyn, New York
Jeffrey Rakofsky, M.D.
Atlanta, Georgia
Lori E. Raney, M.D.
Dolores, Colorado
Victor I. Reus, M.D.
San Francisco, California
James W. Thompson, M.D., M.P.H.
Palm Beach, Florida
Marcia L. Verduin, M.D.
Orlando, Florida
Sidney Zisook, M.D.
San Diego, California

Associate Editors eFOCUS

David L. Fogelson, M.D.
Los Angeles, California
Robert J. Boland, M.D.
Boston, Massachusetts

Focus Self-Assessment

Editorial Board

Robert J. Boland, M.D.
Boston, Massachusetts
Vivek Datta, M.D., M.P.H.
San Francisco, California
Arden D. Dingle, M.D.
Harlingen, Texas
Laura Fochtmann, M.D.
Stony Brook, New York
Vishal Madaan, M.D.
Charlottesville, Virginia
Annette M. Matthews, M.D.
Portland, Oregon
Lindsay J. Moskowitz, M.D.
New Hyde Park, New York
Randon S. Welton, M.D.
Dayton, Ohio

Editor Emerita

Deborah J. Hales, M.D.
Washington, D.C.