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#### EDUCATIONAL OBJECTIVES

*Focus*, the APA clinical review and continuing medical education (CME) journal, is designed as a personal study resource to help practicing psychiatrists keep abreast of significant advances in the field, with particular attention to clinical practice.

With each issue, participants review current knowledge, recognize gaps in learning, and increase their understanding of an important topic in the field of psychiatry.

Participants also can prepare for an annual self-assessment designed to aid the physician in addressing areas where more study is needed to enhance management of patients.

#### TO EARN CME CREDIT

Each issue, prepared by distinguished faculty who are recognized leaders in their fields, incorporates a CME component. To earn CME credit for *Focus*, subscribers should read through the material presented in each issue. After reading the material, complete the CME Quiz online at [education.psychiatry.org/diweb/mylearning](http://education.psychiatry.org/diweb/mylearning), and earn credit with a passing score of 60%.

#### ACCREDITATION AND DESIGNATION

The American Psychiatric Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide CME for physicians. The APA designates this journal-based CME activity for a maximum of 5 AMA PRA Category 1 credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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# Focus

The Journal of Lifelong Learning in Psychiatry

"Lifelong Learning in Psychiatry" is an evolving series of educational initiatives developed by the American Psychiatric Association to meet the changing needs of psychiatrists for the 21st century.

*Focus* offers clinical reviews and original research for practicing psychiatrists to keep abreast of significant advances in the field. Developed as part of APA's "Lifelong Learning in Psychiatry" series—educational initiatives to meet the changing needs of psychiatrists for the 21st century—*Focus* has as its goal the dissemination of up-to-date information while facilitating lifelong study skills and critical self-assessment for improving patient care and preparation for maintenance of certification. Each issue is designed as a personal study resource with particular attention to clinical practice and offers opportunities to earn AMA PRA Category 1 Credit™.

#### The American Board of Psychiatry and Neurology

The American Board of Psychiatry and Neurology has reviewed *Focus: The Journal of Lifelong Learning in Psychiatry* and the *Focus Self-Assessment Examination* and has approved this program as part of a comprehensive lifelong learning and self-assessment program, which is mandated by the American Board of Medical Specialties as a necessary component of maintenance of certification.

#### Royal College of Physicians and Surgeons of Canada

The *Focus Self-Assessment* is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Canadian Psychiatric Association. You may claim a maximum of 24 hours (credits are automatically calculated).

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**Improvement in Medical Practice/Performance in Practice (PIP) Clinical Modules Published in *Focus***

Contact American Psychiatric Association, Department of CME, [educme@psych.org](mailto:educme@psych.org) for information regarding revised end dates and updates to the MOC Part 4 PIP clinical modules. Performance in Practice modules are available to all *Focus* subscribers online in the APA Learning Center at [education.psychiatry.org](http://education.psychiatry.org).

The American Board of Psychiatry and Neurology has approved the following *Focus* Performance in Practice clinical chart review tools of the American Psychiatric Association as Maintenance of Certification, Part 4, Clinical Modules.

Performance in Practice: Practice Assessment  
Tool for the Care of Patients with Schizophrenia  
October 2020–October 2023

Performance in Practice: Physician Practice Assessment  
Tool for the Assessment and Treatment of Adults at Risk for Suicide and Suicide-Related Behaviors  
March 2011–March 2023

Performance in Practice: Clinical Module for the Care of Patients with Posttraumatic Stress Disorder  
September 2018–September 2023

Performance in Practice: Clinical Module for Screening Adult Psychiatric Patients for Substance Use Disorders  
September 2018–September 2021

**PIP Clinical Modules online (MOC Part 4)**

FOCUS subscribers who are also APA members: Access and complete PIP Clinical Modules online in the APA Learning Center at [education.psychiatry.org](http://education.psychiatry.org) using your APA member login.

Non-member subscribers: Contact [educme@psych.org](mailto:educme@psych.org) for access to PIP Clinical Modules online at [education.psychiatry.org](http://education.psychiatry.org).



October 15, 1970: Dr. Julius Axelrod poses in his laboratory at the National Institute of Mental Health after the announcement that he had won the Nobel Prize for Medicine. He described his prize-winning work as a long-time study of how nerves transmit messages to body organs. "This can lead to a better understanding of suitable drugs and treatment for some illnesses." (Photo credit: Bettmann, Getty Images)