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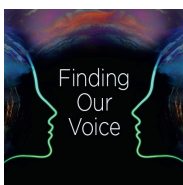
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Focus, the APA clinical review and continuing medical education (CME) journal, is designed as a personal study resource to help practicing psychiatrists keep abreast of significant advances in the field, with particular attention to clinical practice.

With each issue, participants review current knowledge, recognize gaps in learning, and increase their understanding of an important topic in the field of psychiatry.

Participants also can prepare for an annual self-assessment designed to aid the physician in addressing areas where more study is needed to enhance management of patients.

TO EARN CME CREDIT

Each issue, prepared by distinguished faculty who are recognized leaders in their fields, incorporates a CME component. To earn CME credit for *Focus*, subscribers should read through the material presented in each issue. After reading the material, complete the CME Quiz and course evaluation online and earn credit with a passing score of 60%.

ACCREDITATION AND DESIGNATION

In support of improving patient care, the American Psychiatric Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The APA designates this enduring activity for a maximum of 5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Focus

The Journal of Lifelong Learning in Psychiatry

"Lifelong Learning in Psychiatry" is an evolving series of educational initiatives developed by the American Psychiatric Association to meet the changing needs of psychiatrists for the 21st century.

Focus offers clinical reviews and original research for practicing psychiatrists to keep abreast of significant advances in the field. Developed as part of APA's "Lifelong Learning in Psychiatry" series—educational initiatives to meet the changing needs of psychiatrists for the 21st century—*Focus* has as its goal the dissemination of up-to-date information while facilitating lifelong study skills and critical self-assessment for improving patient care and preparation for maintenance of certification. Each issue is designed as a personal study resource with particular attention to clinical practice and offers opportunities to earn *AMA PRA Category 1 Credit*[™].

The American Board of Psychiatry and Neurology

The American Board of Psychiatry and Neurology has reviewed *Focus: The Journal of Lifelong Learning in Psychiatry* and the *Focus Self-Assessment Examination* and has approved this program as part of a comprehensive lifelong learning and self-assessment program, which is mandated by the American Board of Medical Specialties as a necessary component of maintenance of certification.

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Mark H. Rapaport, M.D., has no relevant financial relationships to disclose.

Editor and Advisor Program Planner Disclosure Listing for *Focus* and *Focus* Self-Assessment Editors, Associate Editors, Editorial Boards, and staff:

Ian Cook, M.D., active biomedical device patents assigned to the University of California; CEO and director of HeartCloud Inc. and BrainCloud Corporation; CEO and board chair of NeuroSigma Inc. (on leave since 2016 as chief medical officer); equity interest in HeartCloud Inc. and the BrainCloud Corporation; stock options in NeuroSigma Inc. Boadie Dunlop, M.D., grant/research funding from Compass Pathways, Otsuka, Aptinyx, Acadia; consultant at Myriad Neuroscience, Sage Therapeutics, Otsuka Pharmaceutical, Greenwich Biosciences. James L. Knoll IV, M.D., annual honorarium as a member of the teaching faculty for the annual AAPL forensic psychiatry board review course. Raymond Lam, M.D., consultant: Allergan, Asia-Pacific Economic Cooperation, Canadian Network for Mood and Anxiety Treatments, Janssen, Lundbeck, Myriad Neuroscience, Otsuka, Pfizer; ad hoc speaking honoraria: Canadian Network for Mood and Anxiety Treatments, Canadian Psychiatric Association, Hansoh, Lundbeck, Lundbeck Institute, Pfizer; grant/research funding from BC Leading Edge Endowment Fund, Canadian Institutes of Health Research, Canadian Network for Mood and Anxiety Treatments, Healthy Minds Canada, Janssen, Lundbeck, Michael Smith Foundation for Health Research, MITACS, Ontario Brain Institute, St. Jude Medical, University Health Network Foundation, VGH-UBCH Foundation; book royalties: Cambridge University Press, Informa Press, Oxford University Press; copyright: Lam Employment Absence and Productivity Scale (LEAPS). Vishal Madaan, M.D., grant/research funding from Allergan, Boehringer-Ingelheim, Neurocrine, Otsuka, Pfizer, Shire, Supernus. David Mischoulon, M.D., Ph.D., employed part time, MGH Clinical Trials Network and Institute (CTNI), which has received research funding from multiple pharmaceutical companies and NIMH; grant/research funding from Nordic Naturals (donated omega-3 fatty acid medication and placebo for clinical trial) and heckel medizintechnik GmbH (supplied whole body hyperthermia device for clinical trial). Francisco A. Moreno, M.D., Liva Nova: DSMB chair. Jeffrey J. Rakofsky, M.D., grant/research funding from Compass, Otsuka. Sidney Zisook, M.D., grant/research funding from COMPASS Pathways.

Editors and Members of the Editorial Boards of *Focus* and the *Focus* Self-Assessment and staff listed below report no disclosures:

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Performance in Practice: Practice Assessment
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Performance in Practice: Clinical Module for the Care
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Posttraumatic stress disorder (PTSD) is a complex, nuanced disorder, but novel treatments, such as MDMA and ketamine therapy, are rapidly emerging. This issue of *Focus* explores innovative methods for treating the different manifestations of PTSD. (Photo: LUVLIMAGE, via Getty Images)