

The Gravity of Weight

A Clinical Guide to Weight Loss and Maintenance

Sylvia R. Karasu, M.D., and T. Byram Karasu, M.D.

Foreword by Albert J. Stunkard, M.D.

The Gravity of Weight: A Clinical Guide to Weight Loss and Maintenance, is a scholarly and critical inquiry into the field of overweight and obesity. Reviewing more than 900 publications, from some of the early classical papers to the most recent research, the authors have integrated the complex psychological and physiological aspects of the mind, brain, and body to explain why the control of body weight is so daunting for so many people.

Written primarily for clinicians in all health-related fields, including physicians, psychologists, nurses, social workers, and nutritionists, as well as for their intellectually curious patients,

The Gravity of Weight explores the controversy regarding obesity as a disease with morbidity and mortality, as well as the complex methodological issues involved in obesity research. The authors delineate the extraordinary metabolic complexities implicated in weight control as well as the importance of circadian rhythms and sleep as they relate to weight and even disorders such as the night eating syndrome. They also investigate the psychological aspects of overweight and obesity, including discrimination against the obese and the fat acceptance movement, and they discuss some of the most common diets as well as the psychotherapeutic, pharmacological, and surgical treatment options currently available for these patients.

Drs. Karasu have drawn from both professional and personal experience to write ***The Gravity of Weight: A Clinical Guide To Weight Loss and Maintenance***. Both had fathers who suffered from morbid obesity. One died at the age of 56, while the other lived to be 91. The authors' professional curiosity led them to question how differences in environment, genetics, and overall physical and psychological health can affect one person's longevity and another's early passing.

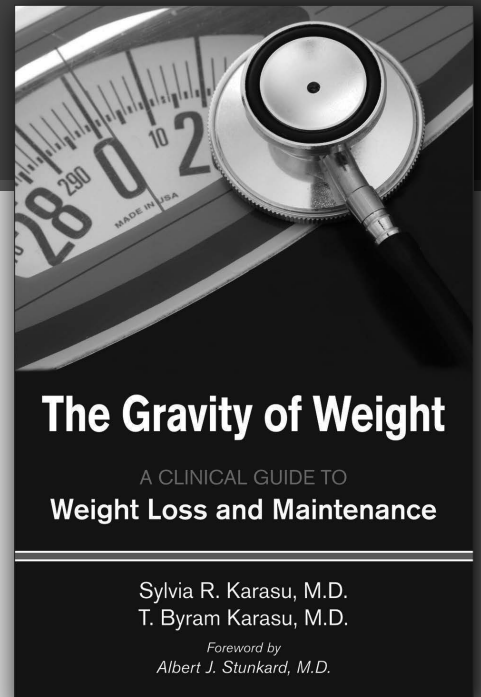
In searching for the answers to some of the most perplexing questions regarding weight, the authors have created what is perhaps the most comprehensive exploration of the relationship of the mind, brain, body and our environment to overweight and obesity. The resulting text deserves a prominent place in the library of those who work in this field.

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The Gravity of Weight

A CLINICAL GUIDE TO
Weight Loss and Maintenance

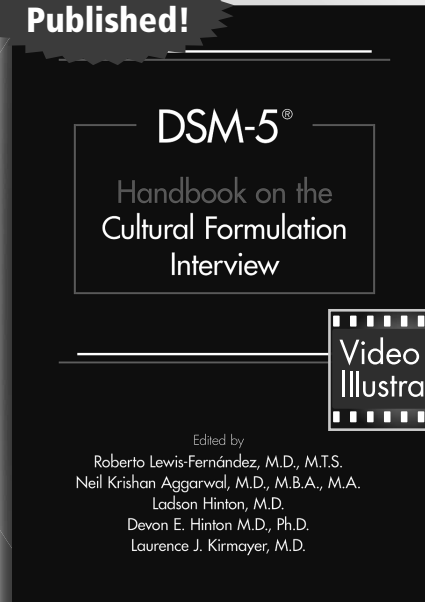
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Edited by Roberto Lewis-Fernández, M.D., M.T.S.,
Neil Krishan Aggarwal, M.D., M.B.A., M.A.,
Ladson Hinton, M.D., Devon E. Hinton M.D., Ph.D.,
and Laurence J. Kirmayer, M.D.

DSM-5® Handbook of the Cultural Formulation Interview provides the background, context, and detailed guidance necessary to train clinicians in the use of the Cultural Formulation Interview (CFI), which was created as part of the 2007-2013 DSM revision process. The purpose of the CFI—and this unique handbook—is to make it easier for providers to account for the influence of culture in their clinical work to enhance patient-clinician communication and improve outcomes.

Cultural psychiatry as a field has evolved enormously from the days when it was principally concerned with epidemiological and clinical studies of disease prevalence; it now examines a multitude of issues, primary among them the differing patient, family, and practitioner models of illness and treatment experiences within and across cultures. The editors, all of whom have been intimately involved in the evolution of the field, have designed the book and accompanying videos for maximum instructional and clinical utility.

The *Handbook* boasts many strengths and useful features, including:

- A detailed description of each of the three CFI components: a core 16-item questionnaire, which can be applied in any clinical setting with any patient by any mental health clinician; an informant version of the core CFI used to obtain information from caregivers; and 12 supplementary modules that expand on these basic assessments. This material facilitates implementation of the CFI by clinicians.
- Over a dozen clinical vignettes are included to illustrate use of the three components, and the *Handbook* also includes multiple videos that demonstrate the application of portions of the core CFI, and several supplementary modules.
- Strategies for incorporating the CFI into clinical training are identified and discussed, furthering the objective of developing culturally-sensitive and astute practitioners.
- The theoretical bases of the CFI are explored, raising questions for discussion and identifying areas for further research.

The CFI is a valuable tool for all patients, not just those judged to be culturally different. The CFI has been called the single most practically useful contribution of cultural psychiatry and medical anthropology to clinical psychiatry, primary care, and medicine in general. *DSM-5® Handbook on the Cultural Formulation Interview* is the only book on the market that equips readers with the skills and insight to incorporate the CFI into practice, making it a critically important addition to the clinical literature.

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IN THIS ISSUE



This month's issue features articles on the topic of **Pediatric Neuropsychiatry**. In an editorial, Aaron J. Hauptman, M.D., discusses the relevance of utilizing the neuropsychiatric approach in the complex care of children. Ross E. Goodwin, M.D., examines diagnostic differences between pediatric bipolar disorder and attention deficit hyperactivity disorder (ADHD), emphasizing the deleterious effects of misdiagnosis. Muhammad Puri, M.D., M.P.H., analyzes the challenge of diagnosing ADHD in traumatized children. Vanita Sahasranaman, M.D., examines pediatric anti-N-methyl-D-aspartate encephalitis, including discussion on clinical presentation, pathophysiology, and treatment. Taranjeet Singh Jolly, M.D., investigates a case of Guillain-Barré syndrome masquerading as conversion disorder in an 8-year-old female patient. Jennifer Severe, M.D., provides discussion on delineating pediatric autoimmune neuropsychiatric disorders associated with streptococcal infections and pediatric acute-onset neuropsychiatric syndrome in the case of an 8-year-old patient. Lastly, Venkata B. Kolli, M.B.B.S., M.R.C.Psych., presents a review of *Clinical Topics in Child and Adolescent Psychiatry*.

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Applicants must be APA members with knowledge of and experience in book publishing (digital and print), mental health research, and clinical care for people with mental illness. Applications are due by October 30, 2015. Candidates should submit their curriculum vitae and a cover letter outlining their qualifications by e-mail to EditorBooksSearch@psych.org. For further information, please contact Rebecca Rinehart, Publisher: rinehart@psych.org, 703-907-7876.



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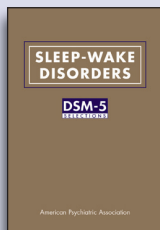
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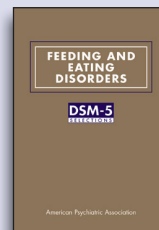
These selections provide a comprehensive overview of the process of diagnosing disorders while serving as a reference guide to assist in the diagnosis of individual patients. The disorder-specific resource is an invaluable addition to the DSM-5® collection and an important contribution to the mental health profession.

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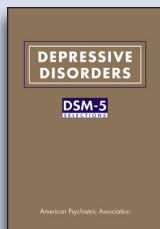
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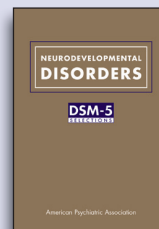
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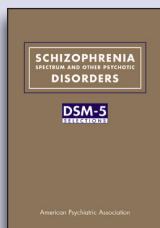
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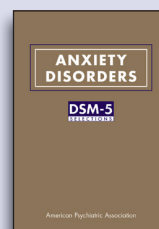
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