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Psychiatric Services in Advance

Latest research reports!

SHAPE Intervention Helps Young Adults Lose Weight, Get Fit

Young adults with serious mental illness who participated in the 12-month SHAPE life-style intervention achieved significant weight loss and reduced their cardiovascular risk.

Using the DSM-5's CFI to Build Culturally Sensitive Services

The Cultural Formulation Interview (CFI) in DSM-5 is a set of questions designed to help clinicians understand a person's treatment expectations within his or her cultural context. This Best Practices column describes how routine use of the CFI can identify a patient's unique needs and point to individualized treatment goals.



Revisit the field's rich history!

50 Years Ago in *Psychiatric Services*

- Six-Session Outpatient Therapy
- Hospital Duck Population Explodes
- Developments in British Psychiatric Services

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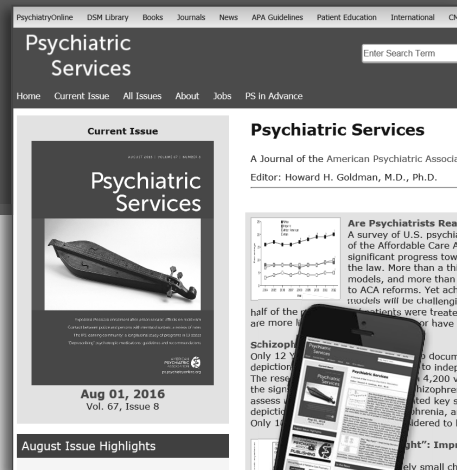
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Psychiatric Services focuses on service delivery in organized systems of care, evolving best practices, and federal and state policies that affect the care of people with mental illnesses.

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Psychiatry residents who are not currently APA Resident-Fellow Members should consider membership in the American Psychiatric Association. The benefits provided to residents are an example of how the APA serves the needs of its members throughout their careers. The low introductory dues APA extends to RFMs are even waived for the first year. Please visit www.psychiatry.org/joinapa for more information.



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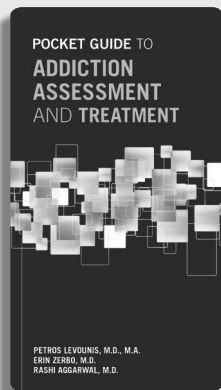


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Pocket Guide to Addiction Assessment and Treatment

Edited by Petros Levounis, M.D., M.A.,
Erin Zerbo, M.D., and Rashi Aggarwal, M.D.



The Pocket Guide to Addiction Assessment and Treatment is designed specifically to aid a wide range of clinicians, regardless of their training in addiction, to more confidently assess and treat this patient population. With an accessible, easily referenced format, this book serves as a go-to resource for general psychiatrists other practitioners involved in the addiction treatment field. And because all of the diagnostic discussions are DSM-5[®]-based, readers can be confident that they're getting the most relevant and up-to-date guidance on the topic.

2016 • 379 pages • ISBN 978-1-58562-512-3 • Paperback
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Anna Xiao, MD
Psychiatrist



"DMH offers a very good work-life balance, and I'm able to grow professionally without sacrificing my personal life. Another advantage is not being buried in endless paperwork, I'm free to provide the services I think are necessary to my clients."

V. Dorina Trufasu, MD
Psychiatrist & Internal Medicine



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*Based on CEO approval at step 15 of the mental health psychiatrist salary schedule.

www.psychiatristjobs.la

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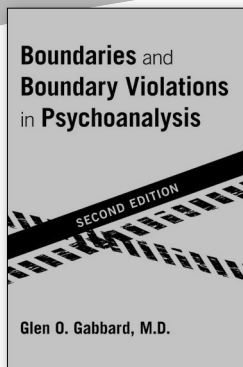
NYU Lutheran Family Health Center (NYU-LFHC), the FQHC outpatient component of the NYU Lutheran Psychiatry Service, is actively recruiting for multiple openings within our Behavioral Health Service Line. NYU-LFHC offers evidence based individualized treatment services for individuals managing mental health disorders, struggling with chemical dependency problems and/or coping with health issues associated with HIV/AIDS. Services are provided by multidisciplinary, multilingual, culturally competent treatment teams composed of physicians, nurses, psychologists, social workers and addiction counselors.

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2. Child and Adolescent Psychiatrist: Will serve as Associate Medical Director and be responsible for evaluation of patients, diagnosis of illness, overall treatment planning, implementation and follow-up of treatment, and disposition of psychiatric patients. Participates in development of clinical programs and supervision of clinical staff participating in such programs.
3. Adult Psychiatrists (3 positions): Responsible for evaluation of patients, diagnosis of illness, overall treatment planning, implementation and follow-up of treatment, and disposition of psychiatric patients, in the outpatient setting. Specialization in addiction treatment is preferred for one of the open positions.

Learn more about our program and apply for a position by sending your CV to: **W. Gordon Frankle, MD, MBA, Chief, NYU Lutheran Psychiatry Service, and Sean Pavlow, Administrative Director, NYU Lutheran Psychiatry Service at Sean.Pavlow@nyumc.org**

New Psychotherapy Resources

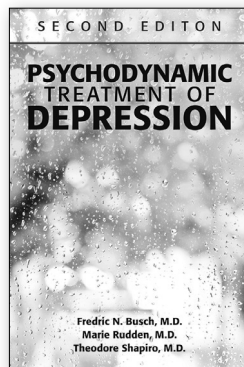


Boundaries and Boundary Violations in Psychoanalysis, Second Edition

Glen O. Gabbard, M.D.

This new, thoroughly revised edition contains a wealth of new material, reflecting the current knowledge and evolving attitudes about boundary violations. The volume, which is based on the author's 30 years of experience evaluating, treating, and consulting on more than 300 cases of professional boundary violations, is essential reading for psychoanalysts, residents, training directors, therapists, and other mental health professionals.

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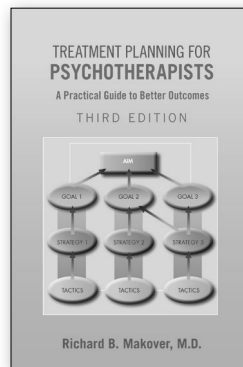


Psychodynamic Treatment of Depression, Second Edition

Fredric N. Busch, M.D., Marie Rudden, M.D., and Theodore Shapiro, M.D.

The book's clear presentation of psychodynamic theories and their clinical applications promotes understanding for mental health professionals in diverse roles and practice settings. *Psychodynamic Treatment of Depression* offers current, concise, and comprehensive counsel for clinicians and trainees who seek to understand psychotherapeutic dynamics and hone their treatment skills.

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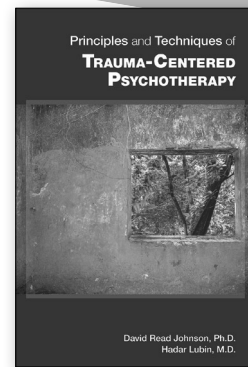
Treatment Planning for Psychotherapists

A Practical Guide to Better Outcomes, Third Edition

Richard B. Makover, M.D.

This popular book offers a straightforward, practical method of organizing a treatment plan. It emphasizes a top-down, results-oriented approach that begins with the proposed outcome and then selects the objectives and methods to reach it. In this revised edition, Dr. Makover describes a new, simplified system that uses the initial assessment to formulate a case. The formulation then becomes the foundation of treatment decisions. Clinical cases offer clear examples of the planning process.

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Principles and Techniques of Trauma-Centered Psychotherapy

David Read Johnson, Ph.D., and Hadar Lubin, M.D.

From establishing the trauma treatment framework to navigating the inevitable disruptions to dealing with the negative effects on the therapist of hearing detailed accounts of traumatic events, *Principles and Techniques of Trauma-Centered Psychotherapy* is both pragmatic and empathic, providing effective strategies in the context of true life treatment.

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