

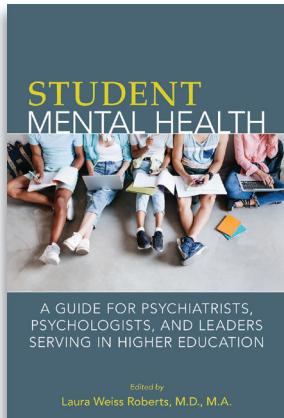
Student Mental Health

**A Guide for Psychiatrists,
Psychologists, and Leaders
Serving in Higher Education**

Edited by Laura Weiss Roberts, M.D., M.A.

Student Mental Health

is both down-to-earth and aspirational, providing evidence and best practices to ensure greater mental health on campus, while stimulating conversation about how to ensure and optimize the value of higher education through thoughtful, sophisticated approaches to student mental health.



The chapter authors address life transitions and the university student experience, as well as the challenges of caring for university students with mental health issues.

The book has positive strategies, including ways to foster mental health for distinct university student populations.

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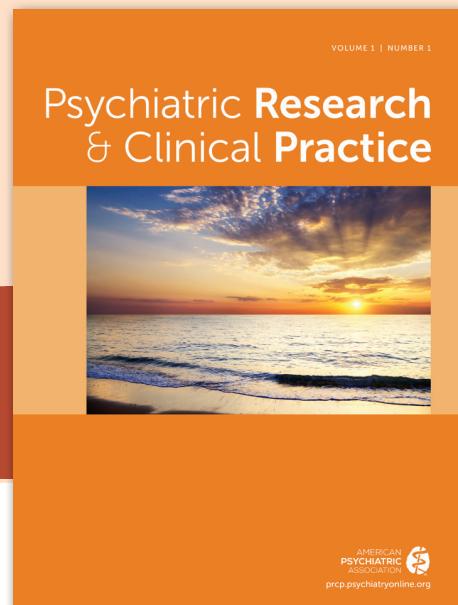
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About the Editor

Kimberly A. Yonkers, M.D., is Professor of Psychiatry, Epidemiology, Obstetrics/Gynecology, and Reproductive Sciences and Director of the Center for Wellbeing of Women and Mothers at Yale University. She brings to the task of serving as *PRCP*'s Editor a broad and deep experience in research and clinical work. Her research includes investigations into the clinical course, etiopathology, and treatment of psychiatric disorders as they occur in women. A major component of this work includes investigations into the occurrence and treatment of illnesses in pregnancy and the postpartum period and across the menstrual cycle. This area, by its nature, cuts across disciplines and requires psychiatric expertise as well as knowledge in neuroscience and reproductive biology. Her work has also included determining optimal methods for screening and treating women for substance use problems when they are pregnant or postpartum.



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