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**Holly A. Swartz, M.D., Editor-in-Chief**

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The journal publishes empirical papers on psychotherapy outcomes, process, measurement, and education. Maintaining a strong clinical focus, it welcomes case reports, review articles, and training tools that will guide and shape clinical practice.

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*The American Journal of Psychotherapy* inclusively addresses topics across treatment modalities, age groups, genders, races and ethnicities, and diagnoses. The journal serves the international community by curating a vibrant, pluralistic, dialogue about psychotherapy that ultimately will inform clinical care.



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SIDE EFFECTS

STARTED  
COLLEGE

STARTED  
MEDICATION

STOPPED  
MEDICATION

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# Schizophrenia shouldn't derail her life



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