BJPsych Contents

- A9 Editorial Board
- A11 Highlights of this issue

Editorials

- 177 Psychedelics and the science of self-experience M. M. Nour and R. L. Carhart-Harris
- 179 Laurence Michael Dillon of Lismullen: world's first transsexual man – extra Aidan Collins
- Are some of the stigmas of addictions culturally sanctioned?
 P. Corrigan, G. Schomerus and D. Smelson

Review articles

- 182 Mood disorders in first- and second-generation immigrants: systematic review and meta-analysis I. Mindlis and P. Boffetta
- 189 What Lord of the Flies teaches us about primitive defence mechanisms and societal discontent – psychiatry in literature

Ruchi Bhalla and Christopher Kowalski

190 Initial severity of depression and efficacy of cognitive-behavioural therapy: individual-participant data meta-analysis of pill-placebo-controlled trials

T. A. Furukawa, E. S. Weitz, S. Tanaka, S. D. Hollon, S. G. Hofmann, G. Andersson, J. Twisk, R. J. DeRubeis, S. Dimidjian, U. Hegerl, R. Mergl, R. B. Jarrett, J. R. Vittengl, N. Watanabe and P. Cuijpers

Papers

197 Pharmacological treatment and risk of psychiatric hospital admission in bipolar disorder E. Joas, A. Karanti, J. Song, G. M. Goodwin, P. Lichtenstein

and M. Landén

- 203 Relationship between prescribed psychotropic medications and co-ingested alcohol in intentional self-poisonings K. M. Chitty, T. Dobbins, A. H. Dawson, G. K. Isbister and N. A. Buckley
- 209 Cerebral blood flow alterations specific to auditory verbal hallucinations in schizophrenia C. Zhuo, J. Zhu, W. Qin, H. Qu, X. Ma and C. Yu
- 216 Neuroplastic changes in patients with schizophrenia undergoing cognitive remediation: triple-blind trial I. S. Ramsay, T. M. Nienow, M. P. Marggraf and A. W. MacDonald
- 223 Brief cognitive-behavioural therapy for patients in the community with schizophrenia: randomised controlled trial in Beijing, China

Z.-H. Guo, Z.-J. Li, Y. Ma, J. Sun, J.-H. Guo, W.-X. Li, Z.-Q. Wang, H.-L. Xu, R. M. K. Ng, D. Turkington and D. Kingdon

Short report

```
230 Hallucinations in borderline personality disorder
and common mental disorders
I. Kelleher and J. E. DeVylder
```

Columns

232 Correspondence

233 Restraint – poems by doctors Cate Bailey

- 234 Book reviews
- 236 Contents of the American Journal of Psychiatry
- 236 Contents of BJPsych Advances
- 237 Kaleidoscope
- 239 From the Editor's desk

Cover picture

One Mile (2016) by Mark Power (b. 1959) & Jo Coles (b. 1966).

Hospital Rooms has worked in collaboration with South West London and St George's Mental Health NHS Trust to commission world class artists to refurbish the Phoenix Unit, a secure psychiatric rehabilitation residential ward for patients who have a diagnosis schizophrenia at Springfield of University Hospital in Tooting. Hospital Rooms promotes the improved health and wellbeing of mental health service users by enhancing environments in mental health hospitals through the provision of high-quality and compliant design, art and creative activity.



Magnum Photos member Mark Power is a documentary photographer and Jo Coles is a community artist. Together, Mark and Jo created a collaborative response to the landscape within a one mile radius of Springfield University Hospital for the Relative's Room at the Phoenix Unit. Mark photographed urban trees while Jo acted as a kind of urban archaeologist: collecting, classifying and photographing discarded, weathered objects. They created a grid of all these images and printed them onto custom-made wallpaper. Since both the trees and the found debris are often overlooked, Mark and Jo have sought to demonstrate the beauty and diversity of each.

Courtesy of Mark Power & Jo Coles and Hospital Rooms, a charity registered in England and Wales (no. 1168101)

www.hospital-rooms.com info@hospital-rooms.com

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London E1 8BB, UK or bjp@rcpsych.ac.uk.