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## Cover picture

*Woman with a Terrapin* (1966). Pat Douthwaite (1934–2002)

Pat Douthwaite is a major Scottish artist who has recently been the subject of an important retrospective at the Scottish Gallery in Edinburgh and a monograph, *Pat Douthwaite* by Guy Peplow (Samsom & Co., 2016). Douthwaite referred to herself as 'The High Priestess of the Grotesque' and her work is certainly striking and disturbing. She suffered from a bipolar illness but as Peplow comments: 'We can now easily think of her work as being affected by her bipolar mental illness, but we must be wary of letting this define her; she was not the eternal victim'.

Born in Glasgow, Douthwaite initially took up dance classes run by Margaret Morris. It was there she met Morris's partner, the painter J.D. Fergusson. She switched to painting in 1958 but was never formally educated in art.

In 1971 she was admitted to the Royal Edinburgh Hospital which ironically was the venue for one of her exhibitions the previous year. She had further admissions to the York Retreat and Sunnyside Hospital in Montrose. She died in 2002 of heart failure. Peplow writes:

'Her work is without doubt original and heart-felt; she is the expressionist par excellence in a post-Freudian world . . . Douthwaite is fearless as she pursues her subject, which is often grotesque or shocking but never gratuitously so and always moderated by the discipline of good composition and the painter's craftsmanship. The work has both romantic and expressionist characteristics and as such allies her with a tradition in European art which goes back to William Blake and includes Soutine, Picasso and Bacon'.

Image courtesy of the Scottish Gallery. Thanks to Guy Peplow and the Scottish Gallery for permission to reproduce this work.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescott Street, London E1 8BB, UK or [bjp@rcpsych.ac.uk](mailto:bjp@rcpsych.ac.uk).

